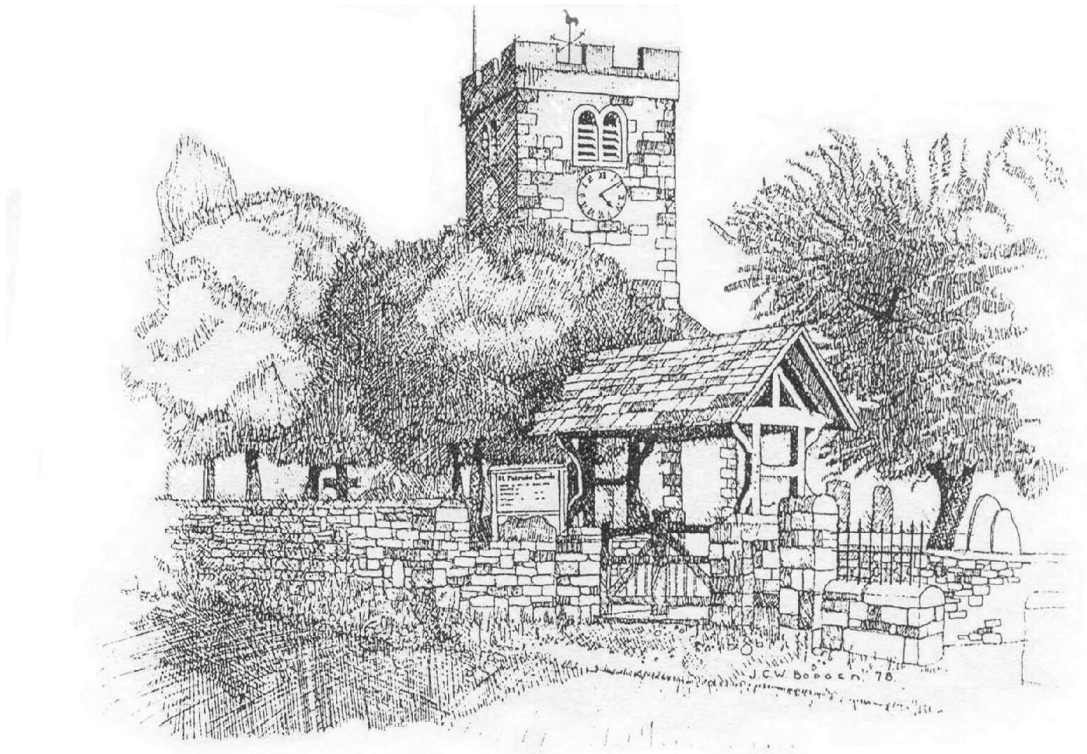


BAMPTON PARISH NEWSLETTER FEBRUARY - MARCH 2017



Dear Friends

It is now a year since Beverley left the High Westmorland Benefice to become vicar of Ambleside. We are now looking forward to the arrival of our new vicar Alun Hurd at the beginning of March. You can read more about Alun and his wife Sharon elsewhere in the newsletter.

So for the past year there has been what the Anglican Church calls an interregnum in our parishes. Interregnum is a Latin word meaning between reigns, though I doubt whether Alun or any present day members of the clergy would think of themselves as coming to *reign* over their parishioners. The word reflects a much earlier idea of Christian ministry just as the phrase Prince Bishops of Durham does. Every time I drive along the A66 and cross from Cumbria into Durham I wince at the sign that says "Home of the Prince Bishops" and wonder what St. Cuthbert would have thought of the title.

Jesus taught that he came as a servant to love and care for all people and that his disciples should follow his example. Last time I wrote for the newsletter I commented how blest we were to live in a community of people who not only looked after their immediate neighbours but were also concerned about others in need. Last Sunday which was Homeless Sunday and also our first informal Café Church service we heard the parable of the Good Samaritan and this reminded us

that our neighbour is not necessarily someone like ourselves but anyone in need. Our collection then went to Shelter, one of the charities which help the homeless in the UK, but during Lent donations received at our Wednesday Lent lunches will go to the International Red Cross which helps people both in the UK and all over the world – wherever the need is. So do come and join us on Wednesdays – the soup is always delicious! – and help us to raise money for those who suffer so much throughout the world.

*God Bless,
Diana*

Contact Details

Stewart Fyfe, Rural Dean	01931 714620
Sandra Ward, Curate	01539 624125
Tony Hall, Church Warden	01931 713204
Elizabeth Coy, Church Warden	01931 713211
Kathy Jenkins, Church Warden	01931 714400

Welcome

The PCC are pleased to announce that the Reverend Alun Hurd is to be licensed as the incumbent Priest in Charge for the five parishes of the High Westmorland benefice, which includes Bampton, on **Monday 6th March at 7pm**. The licensing will take place at St. Michael's church, Shap, and all are invited to attend this service to welcome Mr. Hurd to the area. Mr. Hurd and his wife Sharon will be living in the Vicarage at Shap. The PCC look forward to welcoming Mr. Hurd to St. Patrick's and to social events in and around Bampton as he begins his ministry amongst us.

Christmas Coffee Morning

The season is behind us, but the memories do not fade. After the problems of 2015, our event this time was mercifully trouble-free. The church was thronged with folk from near and far and a most enjoyable morning was appreciated by all. Coffee and cakes, Christmas gifts across a wide range, raffle and auction were all so successful that the result was one of the best fund-raising results that anyone could remember, so important as this continues to be the most significant event in our financial year. The church has of course to be self-sufficient, and that it is owes thanks to the unending generosity of our parishioners and visitors. So, big thanks to all our friends and neighbours in the parish who helped us to achieve an excellent result of £1,077.

Christmas Carols and The Children's Society

As always, our Christmas Carol Service was well supported with traditional carols and readings and, as ever, our collection was in aid of others in need. This year we

were able to send The Children's Society £213, in addition to which Margaret Lightburn's collection boxes around the village raised a further £68.42. Many thanks to all who supported this most worthy cause.

Café Church

Our first event of this type was in the Church hall on Sunday January 22nd. This was well-attended and popular, starting with coffee and cakes followed by informal worship. Our theme was Homeless Sunday which involved much useful discussion, and a retiring collection enabled us to send £117 to Shelter in aid of their good work for the homeless.

Lent Discussion Groups

As in previous years these will take place on **Tuesday** afternoons from **2.30pm to 4pm** and we shall again be following a York Lent Course. This year the title is Receiving Christ in Five Different Ways. The contributors are Christian thinkers from different denominations, including Margaret Sentanu the wife of the Archbishop of York, a former president of the Methodist conference and a Roman Catholic nun. So it is not a course just for Anglicans, or even just for practising Christians. The York Courses always open up discussion and we do hope that people outside the regular St Patrick's congregation will come. If you cannot come to every session do not worry as each week is complete in itself. The dates and venues for the meetings are:

Tuesday 7th March 65 Burnbanks hosted by Diana and Philip Nicholson

Tuesday 14th March Bridge End, Bampton Grange hosted by Andrew Yates

Tuesday 21st March Leyton Barn, Bampton Grange hosted by Maureen Barber

Tuesday 28th March Irving House, Sleagill hosted by Kathy Jenkins

Tuesday 4th April 65 Burnbanks hosted by Philip and Diana Nicholson

Lent Lunches

Lent begins on Ash Wednesday 1st March and on Wednesdays during Lent, though **not** Ash Wednesday, we shall again be providing a simple lunch of soup (homemade and delicious), rolls and coffee or tea in the Church Hall from **12 noon until 1.30pm**. There is no charge but all donations will be given to the International Red Cross for their work both in the UK and overseas. We hope that many people in the village will take this opportunity to enjoy a sociable lunch and to support a very worthwhile charity. The lunches are on **8th, 15th, 22nd, 29th March and 5th April**.

Drop-in for Coffee

This will take place as usual on **Wednesday 8th February**, but on 8th March there will be no Drop-in for Coffee as it is the first of the Lent lunches. If you like a good natter, a chance to meet people and the opportunity to keep up with all the Bampton news, then do come along to the Church Hall on the 2nd Wednesday of the month any time from **10.30am to 12 noon**.

St Patrick's Day Supper on Friday, 17th March

There will be steak and Guinness pie, puddings, cheese and biscuits and a small tittle at the supper in the Church Hall starting at **7pm**. If you wish to come, please inform Maureen Barber (713314). Since numbers are limited it is wise to get your tickets early. The cost is £15 and the proceeds will go towards the upkeep of St Patrick's.

There will be a short service beforehand at **6.30pm** for those who wish to attend, as Patrick is our patron saint.

Church Bells – Ding Dong Merrily on High!!

There has been an amazing response to the appeal so far – beyond our expectations – which shows the place that St. Patrick's Church has in the affection of many within, and outside, the parish. We are now almost approaching the time when we can place an order which could lead to a casting date for the bells in late July/early August, an installation date late in 2017 and Bells for Christmas!!

Sponsorship for five of the six new bells is in place with the remaining one, the Butterwick bell, close to being finalised. There remains a need for additional funds towards the cost of fittings for the bells – illustrated in the enclosed update leaflet prepared by Ron East, Diocesan Bell Adviser, who is leading our project – and some contingency funds. Grants have been applied for but the result of those is some time away and the outcome is uncertain.

It is expected that an additional feature of the scheme will be the installation during the building work of a simulator for training bell ringers and for bell ringing practice. This will mean that during these periods the bells will be silent – music to the ears of parishioners within earshot of the church!! This will not of course apply to the chimes of the church clock which will ring out anew following the conservation work.

Sadly the attempt to organise a reprint of Alfred Wainwright's 'Westmorland Heritage' book has failed to reach its target sales figure, despite widespread publicity and as the general appeal fundraising is proving so successful, it is to be discontinued.

But the finishing line is in sight – will you help us to reach it soon?

Bampton PCC

Memories of Bampton

I spent many happy holidays with my parents and sister Eve at the Crown & Mitre in Bampton in the early 1980's. We came across from Sunderland and soon learned it was a lovely base for walking and exploring the area. Our bedroom was always at the front of the pub and being a light sleeper I was awoken every quarter of an hour by the 'unusual' chimes! The 'musicality' of them was always a talking point and, strangely enough, something I always looked forward to hearing on my next visit!

Decades later I returned to Bampton, this time with my family – husband Jim and our sons Oliver and Tom. Not a lot had changed, the chimes still struck on the quarter and even Wendy was still at the pub – much to my delight!

It was because of my happy memories of this wonderful part of the Lake District that I thought it a fitting tribute to offer to fund one of the new bells in memory of my Dad, Trevor Howell, who died, much too young, aged 49 and I greatly appreciate that my offer has been accepted. The knowledge that my Dad's name will be on one of the new bells for generations to come makes Bampton an even more special place for our family.

Clair Crowther

Bampton Parish Council

The Parish Council met for its first meeting of the New Year on January 24th. A letter had been received regarding the expenditure of public money on the bells for the church. Mr Hall explained that no public money was involved either through the PC or the PCC as it was an entirely stand alone project with private sponsorship of new bells. Various highway matters were raised which Richard Carruthers would bring up with Highways. Local residents have all been informed when parts of the Shap road will be closed for necessary repairs and maps showing the exact location of works are in the Post Office.

It had been suggested at a previous meeting that there was a need for a new bus shelter at Bampton Grange for the use of children awaiting the school bus. Councillors agreed to investigate further, with information from parents regarding the need for this and the ownership of a suitable site among other issues. Councillors would be grateful to hear from anyone who has views on this. Please contact the Clerk or any councillor; contact details are on the village web-site.

There was considerable discussion on community asset registration.

Malcolm Evans has been the parish Highwayman for very many years but a successor is now being sought. His will be a hard act to follow and he is thanked for all his hard work. Being the highwayman involves keeping an eye out for road issues such as pot holes or blocked gullies and acting as a contact person for complaints by parishioners which he, or she, passes on to Highways. If you are interested in fulfilling this role please contact Richard Carruthers or any councillor. Thank you.

There is still concern over the disposal of green waste as the skip will not be coming until April and the mild weather has resulted in more gardening being done and therefore more waste already accumulating. Councillors agreed that the council should fund a private skip earlier in the season.

Anyone interested in keeping track of the council's activities will find all the agendas, minutes, financial reports etc. on the village web-site as required by legislation. The next meeting will be held on **Tuesday March 21st** and you are all welcome to attend.

Marion Drinkwater (Clerk)

Peter Pan has flown away.....

Another pantomime has come and gone...and what a great success this one was. The well known story, retold by Heather Pitt, provided plenty of opportunity for displaying great talents in our community. The visual images on the sets, painted by Mike Jones, were stunning. Ken Jones made some magnificent props...and the scene was set for the actors.

The Darling family...Lucinda Weymouth as Mrs Darling, Mike Jones as Mr Darling, with their children Wendy, Liz Dyke, John, Adam Russell and Michael, Alexa Weymouth, started the Panto with great style...not to mention Nana, Rita Jones, the family dog, a firm favourite with all. Then in comes Peter Pan, Kerry Harmer, full of confidence and certainty and her minder, the fairy Tinkerbell, Lizzie Lindwall, received with great applause. Eventually, Peter Pan and Tinkerbell lead the children off to Never Land. Here they meet with the Lost Boys, Bradley Russell, Emma Campbell, Samuel Carruthers and Connie Riley, who are so happy to have Wendy as their mother to read them stories.

The Pirates were a fearsome lot...lots of fun too. With Julian Russell as Captain Hook, he was supported by four other jolly crew. Chris Robinson, Chizzer Childs, Andrew Yates and Atlanta Russell. But the real danger for Hook is the crocodile, beautifully played in a fantastic costume by Alexa Weymouth.

Then there were the Indians...the chief, Heather Pitt, backed up by the dramatic Medicine woman, Vickie Haddock, with four young squaws, Autumn Carruthers, Katie White, Jessica and Lily Blenkinship. Tiger Lily, Emma Dickinson, joined them with warnings of the dangers ahead.

And so the plot thickened. Threats of walking the plank...or worse...sword fights...and the lurking crocodile.

It was excellent this year to have a new group of people, some who have performed in previous pantos and new faces, some new to the village or others just new to the stage. We rarely have the chance to have such a mix of young and older people, from all parts of the community, all working together...but this was it. From the autumn, people have put a lot of time and energy into making the Panto the great show that it is and such a lovely team it turned into. Our huge thanks to all of the actors, for their hours of work, patience and support at rehearsals and for the fabulous costumes that they came up with between them. In the end, the joy was theirs, as well as the pleasure that was shown by the audiences and given in feedback. Thanks also to those not on stage but who are vital to making the show work so well...Mike Jones, Ken Jones and Neil Haddock on stage management, Ray Bruin on the lights, Marion Jones on the keyboard, David White on the sounds board, Bridget Kelly on publicity and the DVD, the bar staff, those on the door and the raffle. They are all part of the team.

It was a pleasure and often huge fun to coordinate this stimulating team and a wonderful example of how good this community can be.

Alison Jones....director

50/50 Club

Very many thanks to all who have supported this fund raiser for 2017. Your allocated numbers are displayed on the Post Office notice board, so Good Luck.

If you have forgotten to renew your membership or wish to become a new member **it's not too late to join.** All monies collected are shared equally between cash prizes and the Memorial Hall funds. Application forms are available from Bampton Post Office or from Christine Evans at Brandscroft, Gatefoot, Bampton.

The 50/50 Club is open to everybody and costs £1 per month to be paid in a lump sum for the year i.e. £11 pounds for 11months, £10 for 10 months etc. Full details are on the application form. Remember, ***if you're not in, you can't win!***

A list of previous winners is displayed in the Post Office.

Christine Evans

Half Marathon

It's that time of year again! The Half Marathon will be held on **5th March** and as usual will start from the Memorial Hall. We need volunteers to serve refreshments so if you feel you can help, even if you can only spare an hour or two, please contact Lesley on 713530. Please note that, weather permitting, parking will be in the Hall field.

Lesley White for the Bampton Memorial Hall Committee

Bampton Sports

The Winter Sports day will soon be here on **Sunday 5th February** – hopefully you have all been practicing your snowball throwing with the real snow we have had recently. The doors are open at **1.30pm** and there will be fun and games for everyone and tea and cake to replenish the energy.

Although the Summer Sports day is a long way off, **Sunday 2nd July**, the committee are already thinking and planning the day, so if anyone would be interested in volunteering to help with the games, stalls or just the setup, please get in touch.

Vickie Haddock (713466) Bampton Sports Committee

Singing for Syrians

Singing for Syrians was a fundraising initiative last December in which choirs up and down the country held concerts in aid of the Hands Up Foundation. This is a small UK charity which supports work on the ground in Syria, providing funds for medical teams, prosthetic limbs and salaries for doctors in Aleppo. The Village Choir would like to support this charity by holding its own event later this year. The date hasn't yet been chosen but will appear in the next newsletter. However, it isn't too early to start planning! The programme will include pieces from the choir, community singing and other "turns". If you, or groups you belong to, have a party piece you think worthy of a wider audience, please contact John Garside or Marion Jones. You don't have to sing to take part!

Marion Jones (713555) & John Garside (713294)

Rainfall 2016 Mill Craggs Bampton – A Very Mixed Year

Having reported 2015 as an exceptionally wet year, 2016 was a very mixed bag but overall the year was drier than average, would you believe it?

This was principally as a result of the very dry months of May, October, November and December. The rainfall of December was only 16% of 2015, though 80mm fell between 20th and 26th which was light compared to in excess of 200mm for the same period in 2015. These months offset the wet January to April. August on the other hand had 163% of that month's average, a continuing upward trend since early this century.

Water levels in Haweswater are currently very low and unless there is very significant rainfall in the next few weeks a hosepipe ban is foreseen this summer and lots of visitors to see the remains of Mardale.

Yet again there were only 4 months when sub-zero temperatures were not experienced at some point in the month, not good for the gardeners. Winds were a factor too in December with Storms Barbara and Conor presenting those of us who walked up Knipe Scar on Christmas Day with some exertion.

When will there be a good hot and dry summer again?

	Rainfall mm	% of Average 1993-2015	Min Temp
January	287	148	-6.4c
February	152	109	-6.6c
March	103	105	-4.5c
January-March	542	126	
April	102	126	-4.5c
May	37	39	-2.7c
June	104	134	+2.2c
April-June	243	96	
July	68	78	+4.9c
August	165	163	+5.3c
September	120	114	+2.0c
July-September	353	120	
October	47	31	-1.5c
November	111	63	-7.1c
December	107	50	-5.7c
October-December	265	49	
January- June	785	115	
July-December	618	74	
Year 2016	1403	92	

David Cooke

Bampton and District Local History Society *A New Year 2017*

Your new Committee has been planning the BDLHS's activities for 2017 – there will be familiar items and some new ideas. The aim is to refresh our programme so that we can offer some different things. Copies of the programme will be available at the first meeting. Currently we have planned 6 meetings this year, plus a summer walk and social.

The 2017 programme begins on **Tuesday February 7th** when I will be speaking on 'Saints and Sinners: Keeping the Peace in Bampton'. We'll be looking at how Bamptonians managed conflict in the parish and encouraged good neighbourliness in the 16th and 17th centuries. A golden age perhaps?

The March meeting will be on **March 7th** – “‘The Iron Crown?’ Fingerposts in Cumbria”. Intense detective work is going on to try and discover who placed these posts, who decided what was written on them and who ‘crowned’ them – the very stuff of local history!

Pat Garside, Chair, BDLHS

Pilates

Pilates is back in full swing after a short break, so if you want to join us, men and women, young and not so young, it helps to keep you flexible and strong, whether you lead an active lifestyle or are more sedentary. Come along, **Monday** evenings, either **7pm – 8pm or 8pm – 9pm** in the Memorial Hall. For further details, contact Alexis, 07411 902674 or penrithpilates@gmail.com

Hello Butterwick!

We are the new owners of Stoney Ghyll, which was previously the home of the lovely Mary and Bernard Kirkbride. We bought the property in the summer of 2016 and have spent the last few months having quite a lot of building work done, so we would like to apologise for any inconvenience caused to our neighbours. However, all the interior work has been done now, which means we can start spending much more time in our gorgeous new home!

At the moment we are still working in Manchester but are planning on spending most weekends here and as much time as we can during the week. Full retirement is still a few years away but we hope to become part of your community very quickly. We have four adult children, who will often be joining us at weekends, as well as a rather mad Springer Spaniel called Molly and an equally lively cocker called Jack. We look forward to meeting you all and please feel free to pop in and say hello!

Suzanne and Jeremy Stolberg

Children in Need

The Children in Need collection for 2016 in the Village Shop raised £52.82 – many thanks to everybody who donated to this worthwhile charity. Although I have said this before, **this** is definitely my last notice for the newsletter!

John Stones

Bampton Amblers

Unlike last year's wet winter the weather this winter has been kind to us so far. In November a walk from Swindale to Wet Sleddale was, on a beautiful day, challenging in terrain if not in distance. Once again our 'Christmas' walk was to the falls at Measand followed by tasty, warming soup and mince pies which put us in the festive mood early in the month. Our New Year walks have been local ones – a glorious day around the Naddle valley with excellent views of Haweswater and the Mardale fells (again followed by tea and scrumptious cakes!); and a short amble above Butterwick and back along the river. Why not help shed those few extra Christmas pounds by joining us on any of the forthcoming walks. Dates for your diaries are as follows:

Tuesday 7th February Meet at **10.00am** Mike & Marion (713555)

[Easy: A walk in Keswick – see PO notice board for further details]

Saturday 18th February Meet at **10.00am** David & Heather (716861)

[See PO notice board for details]

Tuesday 28th February Meet at **10.00am** Andrew (713343)

[Easy: Shap Abbey via Hegdale & Rosgill – 6 miles – 580 feet of ascent]

Sunday 12th March Meet at **9.30am** David & Katharine (713392)

[Hard: Hart Side from Dockray – 8 miles – 1,600 feet of ascent]

Sunday 19th March Meet at **10.30am** Ruth (713197)

[Easy/Mod: Askham to Pooley Bridge & back – 6¼ miles – 960 feet of ascent]

Wednesday 29th March Meet at **9.30am** Andrew (713343)

[Mod: Around Mardale Head & Whelter – see PO notice board for further details]

Meet at the Memorial Hall in Bampton and bring a packed lunch, unless advised otherwise. Please note that start times may vary from those quoted depending on the nature of the walk, so please see the notice board in Bampton Post Office for full details of/changes to all walks. In the event of bad weather please contact the above leaders.

Heather Pitt and Alison Jones

Bampton WI

In December we had our Christmas dinner which was at Dockray Hall in Penrith. We all had a lovely meal and the service was very good. So a big 'thank you' to Sue and Lizzie for arranging it all.

January's meeting was on the 24th and was held at Sue's home. Discussions took place about Sport's teas and other WI related items.

On **14th February** we have Rita Williamson who will demonstrate 'Belly Dancing'. This is an open meeting so why not come along and have a go! On **14th March** Tom Clare will speak on 'How farming came to the Lake District'. This is also an open meeting so do please come and enjoy this interesting topic.

Elsie Mounsey

Bampton Cinema: 2016-2017

Saturday 4th February: *Eddie the Eagle* (2016), PG, 103 minutes: drama, comedy

Saturday 4th March: *Addicted to Sheep* (2015), PG, 86 mins: documentary, nature

Saturday 1st April: *Glory* (1989), 15, 122 minutes: drama, history

Saturday 29th April: *The Sound of Music* (1965), U, 174 minutes: musical drama

Eddie the Eagle is free! It starts at **5pm**, doors open at **4:30pm**. Just come along to enjoy this feel-good story about Michael "Eddie" Edwards (Taron Egerton), an unlikely but courageous British ski-jumper who never stopped believing in himself – even as an entire nation was counting him out. With the help of a rebellious and charismatic coach (played by Hugh Jackman), Eddie takes on the establishment and wins the hearts of sports fans around the world by making an improbable and historic showing at the 1988 Calgary Winter Olympics. (No supper with this film).

Addicted to Sheep: In the North Pennines, tenant farmers Tom and Kay spend their days looking after their flock of prized sheep, and hoping that this will be the year they breed the perfect one. Director Magali Pettier, herself a farmer's daughter, follows a year in their lives, capturing both the stark, stunning beauty of the landscape, and the brutally hard graft it takes just to survive. Their three children are growing up close to the land, attending a school entirely comprised of farmers' children, thoroughly immersed in their remote rural world.

Glory: A rare period film that does justice to black lives and their part in history, *Glory* is the story of the fate of one of the first army units to be made up of black soldiers during their fight for freedom and dignity in the American Civil War. Colonel Robert Gould Shaw (Matthew Broderick) is tasked with recruiting men to the regiment, starting with gravedigger John Rawlins (Morgan Freeman) and slave escapee Silas Trip (Denzel Washington). What follows is a stirring depiction of the struggles of the Civil War told through the eyes of the black recruits, from the harsh conditions within the unit to the racist threats of the Confederacy.

The Sound of Music: Get ready to climb every mountain in this epic film....more details in the next newsletter.

The venue is Bampton Memorial Hall: all films apart from *Eddie the Eagle* begin at **7:30pm**, doors opening at **7pm**. Tickets are on sale at the door on the night, price **£5 adults, £2 U16**. Or, a **film plus supper ticket can be bought in advance at Bampton Post Office, price £10 adults; £7 for U16**. Supper is served at **6pm**. Please remember to buy tickets for *Addicted to Sheep* by **Wednesday 1st March** and **Wednesday 29th March** for *Glory*. Suppers are proving a very popular sell-out, so buy early.

Bar, ice-creams and an interval as always, look us up on Facebook, see you soon.

Hazel (713311), Katharine (713392), Mike (713555), Vickie (713466)

Bampton cinema committee

Tinclar's Library

The Library will be open in the Church Hall on **Monday 6th February** and **Monday 6th March** from **7pm – 9.30pm**.

The Trustees

Bampton Trust

In the last newsletter we mentioned the vacancies that had arisen which have taken far longer to fill than envisaged – in fact the Burbanks property still awaits a tenant but there is keen local interest.

It has been frustrating for us, but especially for the incoming tenants Graham Uney and Olivia Abbott, as we have jointly battled against the difficulties created by a change in Post Office procedures. However, the good news is that by the time you read this Graham and Olivia will have started their stay amongst us and we are sure that it will be a happy one. They have provided below a note of their initial opening times as they find their feet so do please call in to welcome them.

We, and we are sure many in the community, would like to wish John and Janet a happy and healthy retirement in Askham and hope that we can welcome them to some of our local activities in the future. Their willingness to stay on, to see us through this difficult patch until Graham and Olivia's arrival, has been greatly appreciated by all.

We also welcome a new tenant, Andy Weston, to Bampton Grange also from February 1st. Andy teaches mathematics at Queen Elizabeth's Grammar School, Penrith alongside working with schools in an outdoor activities capacity. An outdoor enthusiast who knows the area well, he is looking forward to becoming part of Bampton life.

The Trustees

Bampton Village Shop and Post Office

Graham and Olivia are taking over the village shop at Bampton and will be starting to restock the shop in early February – so please do come in and tell us what you'd like to see on the shelves. We will be continuing with limited opening hours until we've got our feet under the table: our core hours will be **9am-1pm Monday to Saturday** and **10am-1pm on Sunday**. We will be extending these as soon as we can – again, please do come and tell us when you'd like to see the shop open. We can't promise to be able to accommodate everybody, but we'll do our best!

John is not throwing his fishing rod over his shoulder and disappearing off into the sunset just yet – he will be showing us the ropes until we're settled, and will be continuing to operate the Post Office for now. **The Post Office opening hours will remain the same.**

We'd like to thank John and Janet for all their help, and also the trustees at Bampton Trust for offering us this opportunity. We look forward to meeting you all soon.

Graham Uney and Olivia Abbott

Used Stamps

Many thanks to everybody who saved their used stamps which are passed on to charity shops in Penrith. It is such an easy way to raise funds for good causes. Please leave plenty of borders around the stamp and remember they can be left at

the Post Office – but perhaps not until mid February in order to let Graham and Olivia settle in.

Sylvia Hindmarch

Bampton Community First Responders

Thank you to everyone who purchased one of the 2017 Bampton CFR Calendars. Your ongoing support is much appreciated and we hope you enjoy it throughout the year. Thanks also to all the contributors and the Fundraising committee without whom it wouldn't have been possible.

The team continue to train regularly, keeping our skills levels up and advancing our knowledge. One member of the team has been particularly busy this past 6 months. Ruth Walters has undertaken additional training which allows her to attend a wider range of incidents and undertake a more detailed patient assessment, in advance of an ambulance arriving. Ruth has worked very hard to achieve this, all in her own time, and I would like to thank her for her commitment and hard work. Well done Ruth!

If you think you'd like to join the team and help provide essential emergency cover for the local community please feel free to get in contact with me for an informal chat or look at the NWS CFR page <http://www.nwas-responders.info/> All applications are submitted through the web page and are confidential.

If you feel unwell and think it is a medical emergency DIAL 999 or 112 and ask for AMBULANCE. Any on call CFR's will then be tasked by Ambulance control to attend if appropriate. CFR's will not be tasked to attend all 999 calls but will be asked to attend the following type of emergencies: abdominal pain, severe allergic reaction, breathing problems, fitting, diabetic emergency, chest pain, stroke, loss of consciousness, collapse, cardiac arrest, respiratory arrest, some trauma. We will not normally be tasked to any incident involving children under 12.

Big Breakfast

We are planning to hold this fundraising event again in early April – full details in the April – May newsletter.

*Christine Hill, Bampton CFR Team,
07771 934996/01931 713210 christinehillski@gmail.com*

It's marmalade time again

So if you are a marmalade maker, why not enter a jar in our local Marmalade Festival. Entries have to be submitted by **10th February** to Dalemain or the Hospice at Home shop in Penrith (although the actual festival is not until 18th/19th March). The entry fee goes to charity, shared between Hospice at Home and Marie Curie, both supporting people through terminal illness.

Further details from www.marmaladeawards.com

Alison Jones

Extracts from Cumbria Constabulary report

Crime figures can be obtained via the Cumbria Police Website:

<https://www.cumbria.police.uk/Your-Area/Your-area.aspx>

Alternatively use the following link: <https://www.police.uk/>

Recently there has been a report of theft of sheep between the beginning of September and the middle of October 2016 from the Orton area.

If you have any information or have seen anything suspicious in this area please contact Police via 101 incident 63 of the 22/12/2016.

If you would like to join Cumbria Community Messaging then please contact us or visit: www.cumbriacommunitymessaging.co.uk

It is managed by the Cumbria Neighbourhood Watch Association and offers you and other members of communities across Cumbria the means to receive crime information from Cumbria Police. You can select which information you wish to receive by managing your own settings, and it is completely **free**. Anyone can join, you do not have to be a member of Neighbourhood Watch (NHW), or become a member of NHW to join. Farm Watch, Church Watch and Camping and Caravan Watch are a small example of the schemes that you can register for. You can join as an individual or as a group. If you want to receive information but do not wish to be responsible for a larger group, you are still welcome to make use of this messaging system.

As well as Cumbria Constabulary the partners providing information are Cumbria County Council, Cumbria Fire and Rescue Service and Cumbria Neighbourhood Watch Association. If you do not have internet access, contact your local PCSO and they will aid in registering your details on the system.

Your Police Community Support Officer is: PCSO 5206 Karen Dakin and PCSO 5133 Larmour.

Email: karen.dakin@cumbria.police.uk or joel.larmour@cumbria.police.uk

MyCumbria – save money and support local businesses!

MyCumbria is a membership scheme from Cumbria Tourism **exclusively** for residents with a CA or LA Cumbria postcode and those who work in Cumbria. A MyCumbria card entitles you to a whole range of fantastic deals, offers and a wide range of discounts across the whole county for an entire year. The scheme aims to reward, inform and simply remind residents what fantastic attractions, restaurants, leisure facilities and shops we have to enjoy across our fabulous county.

For an annual membership fee of just £20 you, your friends and family will be entitled to everything from buy one get one free, to percentage discounts to kids go free – MyCumbria has it all.

There are currently over 220 offers available to card holders. We are working hard with local businesses to provide new routes to markets and we are helping local residents to enjoy and experience the high quality of Cumbrian products, attractions, food and drink and retail offerings we have in the county.

So start saving today! For more examples of offers and to purchase your card sign up online at www.mycumbriacard.co.uk or purchase your card over the phone on 01539 822222.

Samantha Tollerson, Commercial Assistant, Cumbria Tourism

From ‘100 years ago in The Herald – January/February 1917’

Dull, snowy, cold: blizzards in January; hundreds of sheep dead in February.

A three year old Herdwick ewe in Mr. Robert Ebdell’s flock (Low Drybarrows) was found alive after 40 days in a snowdrift – the report dated 24th February adds that 30 days is the longest period most sheep usually survive.

“Grow potatoes!” says the Government. “Food will soon be short. No cakes to be iced (sugar is short)”

Jeremy Godwin

Events in Shap

The Old Courthouse

Winter Opening Times (from 1st October to 31st March)

Mon: 10am - 2pm Tues: 2pm - 5pm Wed: 12pm - 2pm Thurs: CLOSED
Fri: 2pm - 6pm Sat: 10am - 2pm Sun: CLOSED

In the Memorial Hall

An introduction to Mull, Iona, Staffa and the Treshnish Isles

An illustrated talk by Stephen Mott on **Saturday March 4th at 7.30pm** Admission at the door: £6 per person or £15 for family tickets (2 adults and children under 18) to include refreshments. Raffle. All proceeds will go towards the upkeep of Shap Memorial Hall. For further information contact Stephen Mott on 01931 716122 or stephen@mott.me.uk

Highlights Rural Touring

Sunday 12th February at 7.30pm – ‘The Hut People’ present an infectious blend of world folk on accordion and percussion.

One of the most unique, entertaining and best loved acts on today’s UK folk scene arrive in Shap and will be taking audiences on a musical voyage across the globe with their hugely entertaining blend of ‘world folk’.

Great music aside, a show from The Hut People is filled to the brim with spontaneity, often hilarious patter and a 110% commitment to their getting-the-crowd-involved ethos. Audiences can expect feel-good dancing tunes, audience participation and humour aplenty – with some Quebécois foot percussion & dancing thrown in for good measure.

Thursday 6th April at 7.30pm – Theatre by the Lake presents ‘Two-Way Mirror’ – this combines two beautiful and rarely performed one-act plays by the great American playwright Arthur Miller. Written in the 1960’s, first presented in 1982 and not seen since 1989, this double bill explores illusion, love and the power of desire.

In the thrilling yet tender *Some Kind of Love Story*, a private detective is determined to expose a miscarriage of justice. But his fragile ex-lover seems to know more than she's telling and as the pressure grows, reality and truth prove harder and harder to grasp.

Elegy for a Lady follows a conversation between a shopkeeper and a man searching for a gift for his dying mistress. Confidences and secrets are shared in an intimate exchange through which we question how well we ever really know the ones we love.

Tickets: Adult: £9 Conc.:£8 Child: £5 Family: £23

Bookings: Tel. 01931 716273 or online at www.highlightsnorth.co.uk

Janet Wood

The local bus

The bus is run by Fellrunner and operates every **Thursday**. It will leave **Burnbanks at 10.00am**, travelling via **Grange Bridge (10.07am)** and leave **Bampton at 10.14am** to arrive at **Penrith Bus Station at 10.48am**. The return bus will leave **Penrith Bus Station at 1.30pm** to arrive back in **Bampton at 2.02pm** and **Burnbanks at 2.16pm**. For those in the Rosgill area the bus reaches **Rosgill Head around 9.45am** and returns **around 2.30pm**. Fellrunner tell us it is a 'hail and ride' service i.e. the bus will stop if you flag it down. However, it would be better to ring 01768 88232 in advance so the driver has warning.

Bus passes can be used. Use it or lose it!

Bampton Village Website - www.bamptonlakedistrict.org.uk

Please send any updates for the website to Chris Cant on chris@phdcc.com or 713240. Any new photos very welcome.

PARISH DIARY (Note MH = Memorial Hall)

FEBRUARY

We 1st Indoor Bowls, MH, 7.30pm
Sa 4th Bampton Cinema, MH, "Eddie the Eagle". Doors open 4.30pm
Su 5th Holy Communion with Ian Elliott, **9.15am**
Winter Sports, MH. Doors open 1.30pm
Mo 6th French Group, Church Hall, 2-3pm
Village Choir, Bryham House, 6-7pm
Pilates, MH, 7-8pm and 8-9pm
Tinclar's Library Open Evening, Church Hall, 7-9.30pm
Tu 7th Bampton Amblers. Meet MH, 10am
Yoga, Small Hall, 4-5.30pm
BDLHS, MH, 7.30pm, "Saints and Sinners: Keeping the Peace in Bampton" by Pat Garside
We 8th Drop In For Coffee, Church Hall, 10.30-12 noon
Indoor Bowls, MH, 7.30pm
Sa 11th Orton Farmers' Market, 9am-2pm

Su 12th Holy Communion by reservation with Neil, **6pm**
Mo 13th Pilates, MH, 7-8pm and 8-9pm
Tu 14th Yoga, Small Hall, 4-5.30pm
 WI meeting, MH, 7.15pm, Belly Dancing by Rita Williamson.
 Open meeting. All welcome
We 15th Indoor Bowls, MH, 7.30pm
Sa 18th Bampton Amblers. Meet MH, 10.00am
Su 19th Holy Communion with Sandra, **9.15am**
Mo 20th French Group, Church Hall, 2-3pm
 Village Choir, Bryham House, 6-7pm
 Pilates, MH, 7-8pm and 8-9pm
Tu 21st Yoga, Small Hall, 4-5.30pm
We 22nd Indoor Bowls, MH, 7.30pm
Su 26th ‘Café Church’, Church Hall, **10am**
Mo 27th Pilates, MH 7-8pm and 8-9pm
Tu 28th Bampton Amblers. Meet MH, 10am
 Yoga, Small Hall, 4-5.30pm

MARCH

We 1st Indoor Bowls, MH, 7.30pm
Sa 4th Bampton Cinema, MH, “Addicted to Sheep”. Doors open 7pm
Su 5th Holy Communion with Sandra, **9.15am**
 The Half Marathon, MH. All day till 4pm
Mo 6th French Group, Church Hall, 2-3pm
 Village Choir, Bryham House, 6-7pm
 Licensing of Rev. Alun Hurd at St. Michael’s, Shap 7pm
 Pilates, MH, 7-8pm and 8-9pm
 Tincar’s Library Open Evening, Church Hall, 7-9.30pm
Tu 7th Lent Discussion Group, 65 Burnbanks, 2.30-4pm
 Yoga, Small Hall, 4-5.30pm
 BDLHS, MH, 7.30pm, “‘The Iron Crown’. Fingerposts in Cumbria”
 by Mike & Kate Lea
We 8th Lent Lunch, Church Hall, 12.00-1.30pm. All welcome
 Indoor Bowls, MH, 7.30pm
Sa 11th Orton Farmers’ Market, 9am-2pm
Su 12th Bampton Amblers. Meet MH, 9.30am
 Holy Communion by reservation with Diana, **6pm**
Mo 13th Pilates, MH, 7-8pm and 8-9pm
Tu 14th Lent Discussion Group, Bridge End, Bampton Grange, 2.30-4pm
 Yoga, Small Hall, 4-5.30pm
 WI meeting, MH, 7.15pm, ‘How farming came to the Lake District’
 by Tom Clare. Open meeting. All welcome
We 15th Lent Lunch, Church Hall, 12.00-1.30pm. All welcome
 Indoor Bowls, MH, 7.30pm
Fr 17th St. Patrick’s Day service, **6.30pm**, followed by supper in the

Church Hall, 7pm
Su 19th Holy Communion with Ian Elliott, **9.15am**
 Bampton Amblers. Meet MH, 10.30am
 Mo 20th French Group, Church Hall, 2-3pm
 Village Choir, Bryham House, 6-7pm
 Pilates, MH, 7-8pm and 8-9pm
 Tu 21st Lent Discussion Group, Leyton Barn, Bampton Grange, 2.30-4pm
 Yoga, Small Hall, 4-5.30pm
 Bampton Parish Council Meeting, MH, 7.30pm. All welcome
 We 22nd Lent Lunch, Church Hall, 12.00-1.30pm. All welcome
 Indoor Bowls, MH, 7.30pm
Su 26th ‘Café Church’ service for Mothering Sunday, Church Hall, **10am**
 Mo 27th Pilates, MH 7-8pm and 8-9pm
 Tu 28th Lent Discussion Group, Irving House, Sleagill, 2.30-4pm
 Yoga, Small Hall, 4-5.30pm
 We 29th Bampton Amblers. Meet MH, 9.30am
 Lent Lunch, Church Hall, 12.00-1.30pm. All welcome
 Indoor Bowls, MH, 7.30pm

APRIL

Sa 1st Bampton Cinema, MH, “Glory”. Doors open 7pm
 Mo 3rd French Group, Church Hall, 2-3pm
 Village Choir, Bryham House, 6-7pm
 Pilates, MH 7-8pm and 8-9pm
 Tu 4th Lent Discussion Group, 65 Burnbanks, 2.30-4pm
 Yoga, Small Hall, 4-5.30pm
 BDLHS, MH, 7.30pm, “The Ice Age in the Lowther Valley: Bringing
 Local Geology up to date” by Joe Cann
 We 5th Lent Lunch, Church Hall, 12.00-1.30pm. All welcome
 Indoor Bowls, MH, 7.30pm

Copy deadline for the April/May issue is 5pm on Friday 24th March. Please send all items to Heather Pitt (Tel no: 01931 716861) pathfinders2509@btinternet.com; Jane Storey (Tel no: 01931 713490) roger_storey@btinternet.com; or leave at the Post Office. Thank you.

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