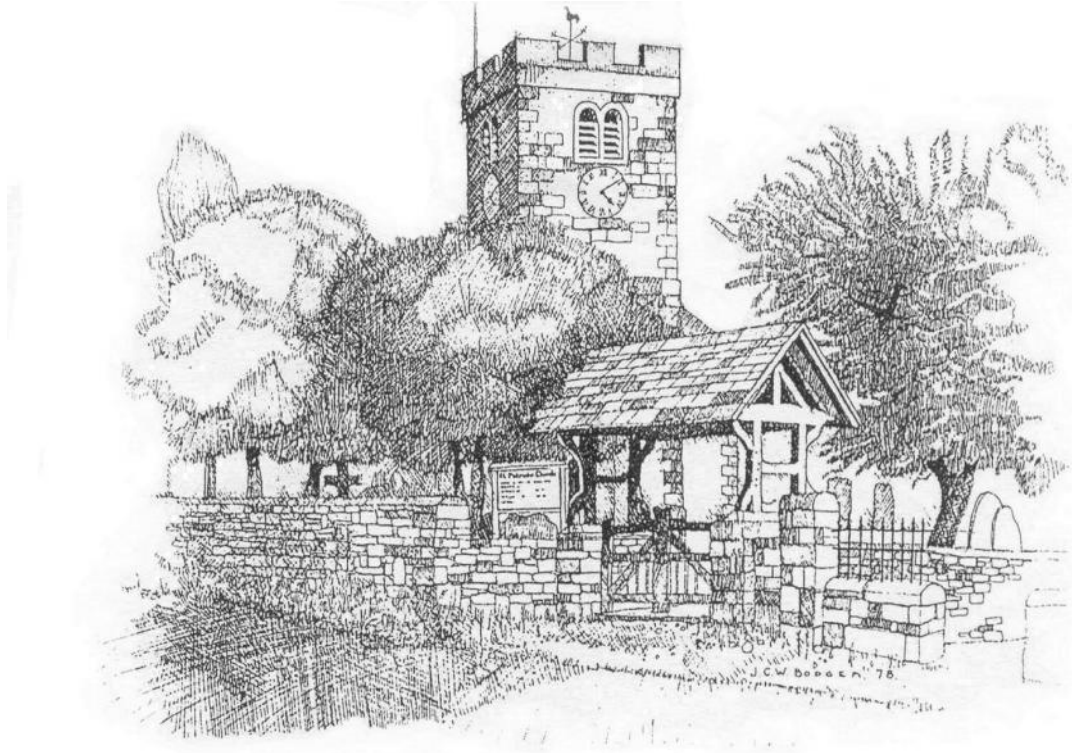


# BAMPTON PARISH NEWSLETTER APRIL – MAY 2015



## *Dear Friends*

The beginning of April this year is the Christian festival of Easter. The beginning of May in this country is the General Election.

Both the Anglican Archbishops and the leaders of the other denominations have put out letters suggesting the issues that we – the voters – should ask of our prospective elected representatives. There has been much in the press about whether the church leaders should be commenting but one of my favourite quotations is from Archbishop Desmond Tutu: “When people say that the Bible and politics don’t mix, I ask them which Bible they are reading”. The fact is that while I would be the last person to tell anybody for whom they should vote, however, I do think that one of the Easter images gives us much to reflect upon when we consider where we put our cross.

It is the Cross itself – that iconic instrument of Roman torture – that is for Christians the symbol of sacrifice. Jesus, God’s image in human shape, sacrificed his life – allowed himself to be killed – so that we would see the very worst humans could do and choose life instead. That our hearts would be softened and we would turn away from all that would corrupt and damage. In that death of an innocent man Jesus drew compassion from people then and

down the ages and took on the price of our human sins and failings as he hung in agony.

It is an horrific image but it can be a very cruel and ugly world. Christians for over 2,000 years have honoured the cross shape. They have used it as an icon of the faith. They have let it remind them of Jesus' sacrifice. On 7<sup>th</sup> May (or earlier if we have a postal vote) we will have the opportunity to use our cross. Will we use it as a sign of sacrifice or will we vote for those who we judge will put more money in our pockets? Will we consider the poor; the young; the disadvantaged? Perhaps Easter is a good time to start to think – carefully – about where we should be placing our cross.

“He has told you, O mortal, what is good; and what does the LORD require of you but to do justice, and to love kindness, and to walk humbly with you God?” (Micah 6:8) (NRSV)

Our cross, dedicated to his cross, to change the world ...now that's a thought!

*Happy Easter,  
Yours,  
Beverley*

### **Contact Details**

Beverley Lock, Priest in Charge	01539 624045
Sandra Ward, Curate	01539 624125
Morag Lloyd, Church Warden	01931 713202
Tony Hall, Church Warden	01931 713204
Elizabeth Coy, Church Warden	01931 713211

### **From the Register**

#### **Interment**

Sylvia Hutchinson

Sunday, 1<sup>st</sup> March

### **Annual Public Meeting**

The annual meeting of St. Patrick's PCC will be held on **Monday 13th April at 7pm** in the church. It is hoped that as many people as possible will attend, to learn what the Church has done during 2014 and proposes to do within the parish in the future.

*Bampton PCC*

## **Easter Services**

On **Good Friday, 3<sup>rd</sup> April** there will be a short service for the day at 10am. On **Saturday 4<sup>th</sup>** we will be decorating the Church from 1pm, with an Eastingle Service at 6pm. This is like a Christingle, but for Easter – your children may be able to tell you about it if they have taken part in one at school. It will be a short service especially for families, with action as well as singing and the telling of the Easter story. We hope that adults without children will also come! It will include rolling the stone away from our Easter garden, which is something we usually do, and, at the end of the service we shall light the big Easter candle and bring it into church to celebrate Christ as the light of the world. And on **Sunday 5<sup>th</sup>** Bishop Alec will lead our Easter celebrations at **10am** – note slightly later start time for this service.

*Bampton PCC*

## **Confirmation**

Most people are ‘Christened’ as babies in the Church of England. These are lovely events and we have a steady stream of Christenings (technically called ‘baptism’) in church. As you know, Confirmation is when a person ‘confirms’ the promises that were made at Christening/baptism for them by the parents and godparents. It can happen any time as long as the person concerned understands what it is they are taking on – i.e. they promise to follow the teachings and example of Jesus Christ.

We are planning to have some preparation for Confirmation in time for the next Confirmation service which will be in **November**. If you are interested in joining either an adult or a young person’s group please give me a ring.

*Beverley Lock 01539 624045*

## **Christian Aid Week 10<sup>th</sup> – 16<sup>th</sup> May 2015.**

The money given to Christian Aid each year is used for emergency relief where necessary, but is mostly given to some of the poorest communities in the world for long term development to help them lift themselves out of poverty. Christian Aid always works with carefully selected local partners so that all the money given is used effectively and only 1% of donations are used for anything other than direct aid or fundraising. We do hope that you will give generously again this year.

We are very short of collectors who will put envelopes through the door and then collect them later and if you feel that you could help with this – it need not be more than a few houses – then please contact Diana Nicholson (713194)  
There will also be envelopes available at the Post Office and you can return your envelope there if it is not collected.

*Bampton PCC*

## **Exploring Pastoral Care course**

If you are interested in pastoral care or carry out some pastoral care already within the Parishes you are most welcome and encouraged to attend this course which will help you to explore and understand the role and purpose of very valuable pastoral care.

The aim of this 6 week course is to encourage people in small groups to expand their understanding of the nature, purpose and missional potential of pastoral care and to consider how it might be offered in their everyday encounters of life.

The six sessions will be held on Monday afternoons on **20<sup>th</sup> & 27<sup>th</sup> April, 11<sup>th</sup> & 18<sup>th</sup> May and 1<sup>st</sup> & 8<sup>th</sup> June at 2.00 – 3.15pm** in Orton and will consider:

1. What is Pastoral Care?
2. Why Care? A Biblical Perspective.
3. Who Cares?
- 4-6. How do we Care?

Each session contains opportunity for prayer and worship, discussion and reflection and is self-contained; therefore there is no problem if you cannot attend all of the sessions. If you would like to attend please contact me.

*Sandra Ward 01539 624125 or [sandra@swardconsulting.co.uk](mailto:sandra@swardconsulting.co.uk)*

## **Lent Lunches**

Warmest thanks to all our parishioners who supported the Lent Lunches in the Church Hall. Generous donations during these five weeks totalled just short of £500, a quite magnificent effort.

As before, our nominated beneficiary has been The Red Cross organization, to whom we can send £615 after the GASDS tax allowance has been added.

Thanks are also due to all the volunteers and helpers who produced and served such a delicious variety of warming winter soups.

*Bampton PCC*

## **Drop in for Coffee**

Our drop-in mornings are continuing to be a great success, providing opportunities for a warm drink and a catch-up. Our drop-in dates for the next two months are **Wednesday 8<sup>th</sup> April** and **Wednesday 13<sup>th</sup> May**, any time between **10.30am** and **12 noon** in the Church Hall.

As before, this is not a fund raising event; it is just an opportunity to get out and meet people. If you would like to come and need a lift, then please contact me. We look forward to seeing you.

*Diana Nicholson 713194*

## **Welcome to the valley**

Over the past few months there have been a number of new people coming to live in Bampton and its surrounding area and I am sure you will extend a warm welcome to our new neighbours. Once they have settled into their new homes we hope they will come along and sample the various organisations in our community where they can be assured of another warm welcome! Most groups' activities are covered in the newsletter which has relevant contact details.

*Editor*

## **Spring and summer events at RSPB Haweswater**

This year RSPB staff and volunteers will host an exciting programme of community events to celebrate the wonderful landscapes and wildlife of the Haweswater area. We will help you to identify the singers in the dawn chorus, go in search of rare mountain ringlet butterflies, teach you about the threats to our precious red squirrels and tramp into the wilderness in search of England's only golden eagle. Assuming a certain level of fitness, the events are suitable for all ages and we would encourage families to bring children along. We are also keen to offer local school children the opportunity to enjoy and learn about nature outside the classroom and will be organising visits to the reserve by local primary schools. Most public events will be run at weekends and will include an invigorating walk guided by a local expert, followed by a chance to chat over a cup of tea. RSPB Haweswater operates as a commercial sheep farm and is managed to protect wildlife, produce high quality livestock and help supply clean drinking water. Here is a list of forthcoming events:

- **Red squirrels on the frontline.....Sunday 26<sup>th</sup> April, 10am**, led by Mic Mayhew

- **A dawn chorus extravaganza.....Saturday 16<sup>th</sup> May, 5am**, led by Spike Webb
- **In search of golden eagles.....Sunday 31<sup>st</sup> May, 10am**, led by Dave Shackleton
- **Moths & more.....Saturday 6<sup>th</sup> June, 8.00am**, led by Jim Morgan
- **Conserving mountain ringlets.....Date TBC – see Cumbria Wildlife Trust website**
- **A guided walk through Swindale.....Sunday 12<sup>th</sup> July, 10am**, led by Lee Schofield

All events are free, but booking is essential. For more information and to book, please phone **01931 713376** or email [vanessa.moss@rspb.org.uk](mailto:vanessa.moss@rspb.org.uk) Please bring sturdy footwear and come prepared for wet weather. For a full list of events please go to RSPB Haweswater webpage: [www.rspb.org.uk/haweswater](http://www.rspb.org.uk/haweswater)

*Lee Schofield, RSPB*

### **In Memoriam**

Rifleman Anthony Noble 2<sup>nd</sup> Battalion, King's Royal Rifle Corps.  
Died from wounds in France 31<sup>st</sup> May 1915 aged 31

1<sup>st</sup> Lieut Charles Noble Stacey 7<sup>th</sup> Battalion Middlesex Regt.  
KIA in France 10<sup>th</sup> May 1915 aged 20

### **Tinclar's Library**

The Library will be open in the Church Hall on **Monday 20<sup>th</sup> April** (6<sup>th</sup> April being a Bank Holiday) from 7-9.30pm.

The **Annual General Meeting** of the Friends of the Library will be held in the Church Hall at **6.30pm on Monday 11<sup>th</sup> May**. Further details will be displayed on the Parish notice boards. The usual May monthly opening of the Library will commence at **7.30pm** on the same date (another Bank Holiday) but will be extended until 10pm if required.

*The Trustees*

## **Bampton Amblers**

Over the past couple of months we have again managed a varied programme of walks: from an ascent of The Calf in the Howgill Fells (sadly in the mist) to a gentle stroll along the river to Askham. Once again we have welcomed new 'members' to the group and hope that more of you will be tempted to join us. Our aim is to provide a balanced programme of walks and with the advent of lighter nights our next batch includes the first of our easy evening strolls. Dates for your diaries are as follows:

Sunday	12 <sup>th</sup> April	Meet at 9.30 a.m.	David & Katharine (713392)
[Hard: Bowscale Fell and Bannerdale Crag: 7½ miles]			
Monday	20 <sup>th</sup> April	Meet at 9.30 a.m.	See PO notice-board
[Mod: Details to follow]			
Tuesday	28 <sup>th</sup> April	Meet at 9.30 a.m.	Ruth (713197)
[Easy: Hackthorpe, Whale & Lowther: 6 miles]			
Tuesday	5 <sup>th</sup> May	Meet at 9.30 a.m.	Alison (713350)
[Mod: Details to follow]			
Thursday	14 <sup>th</sup> May	Meet at 7.00 p.m.	Alison (713350)
[Easy: Around Drybarrows]			
Thursday	21 <sup>st</sup> May	Meet at 9.30 a.m.	David & Heather (716861)
[Hard: St. Sunday Crag & Birks: 7¾ miles]			
Wednesday	27 <sup>th</sup> May	Meet at 7.00 p.m.	Alison (713350)
[Easy: Details to follow]			

Meet at the Memorial Hall in Bampton and bring a packed lunch, unless advised otherwise. Please note that start times may vary from those quoted depending on the nature of the walk, so please see the notice board in Bampton Post Office for full details of/changes to all walks. In the event of bad weather please contact the above leaders.

*Heather Pitt and Alison Jones*

## **French Group**

The French Group has met regularly each Monday since September but will be finishing at the end of April for the summer. We have all made new friends and developed our confidence in "having a go" at communicating in a foreign language. We haven't yet reached the stage where we could be contenders for "Just a minute", speaking without repetition, hesitation, or deviation from the subject but hope springs eternal. We'll resume in September so.....  
*Regardez cet espace!*

*Marion Jones*

## **Indoor Bowls**

As summertime approaches, the Indoor Bowls in the Memorial Hall closes until October. We have had another enjoyable and successful season. Most Wednesday evenings we have had 10+ players, including some new faces. We have played 4 matches against other village teams - and won 3 which is a record! We still have 2 to play as the middle of the season was interrupted by the pantomime preparations. We hope to see all the familiar and, hopefully, some new faces in the autumn and wish those who go on to play outdoor a good summer.

*Bernard Kirkbride*

## **Bampton Trust**

The Trust have purchased another property for rent in Burnbanks and are pleased to welcome Jonathan Terry, well known locally, and his partner Natalie Tickle, as tenants and hope they will be happy in their new home. Nicholas Lloyd has resigned as a trustee due to his impending move from the valley and his enthusiasm and experience will be greatly missed. Ruth Walters, who took over as Chair of the Trust when Ian Gregg (who had established the Trust) resigned, has herself resigned but will remain as a trustee. Ruth has guided the Trust's affairs well during its developing years and leaves it in good shape. David Pitt, who has handed over the reins of treasurer to Chloe Randall, has agreed to become the Chair. The trustees are confident that Chloe will prove invaluable as the Trust consolidates its role in our community.

*The Trustees*

## **Village Choir**

The Village Choir continues to meet every other Tuesday in the church hall, gradually expanding our repertoire to include a range of music and harmonies. Following the successful World War 1 commemoration when we sang songs and parodies of the period, we are working towards an Old Time Music Hall show in November. New members, musicians as well as singers, are always welcome – no audition! Check the diary section at the end of the magazine and come and join in when you can.

*Marion Jones*



## **Bampton & District Local History Society**

The February meeting was an interesting history of Shap Granite Works by Jean Scott-Smith, a local historian with strong personal connections to Shap. With the possibility of Shap Pink granite quarry re-opening this was an interesting and timely talk. Both Shap Pink and Blue quarries opened in 1864 and the stone has been widely used in monuments and building both locally and further afield, including London. Shap Blue was a bulk commodity and used the railway station at Shap to distribute hard core and aggregate across the country. Shap sidings and works were the core of the operation, expanding in the 20<sup>th</sup> century, to handle the increasingly important (white) limestone processing industry that produced a huge range of goods from sections of Mulberry Harbours to manholes and non-slip paving. Working conditions were tough, with very little concern for safety. A small school was provided at Wickersgill by the A6 and workers ran their own 'sick society' where benefits were dependent on good behaviour.

The March meeting: '*War means Whisky*' by Professor Mike Rose of Manchester University was the second of our talks about the impact of World War One on those who stayed at home. Professor Rose drew us back to the world of drink before and after World War One. Tackling the fear that 'War means Whisky' Mike described the impact of alcohol on pre-war society, the controls introduced by the wartime government and the effect these had in a changing world. Cumbria played a central role in all of these aspects, particularly round Carlisle and the coastal ports such as Maryport. Before the war alcohol consumption was high and, although falling, in 1914 on average a quarter of people's income was still being spent on beer. With the outbreak of war and increased production of arms and ammunition, a greater degree of control over alcohol was felt to be needed. In Cumbria, there were armament production centres at Carlisle, Maryport and Longtown, along with Gretna just across the border. Pub hours were restricted and all adverts were removed. This control over pubs continued in Carlisle into the 1970's!

The next meeting of the Society on **Tuesday 7<sup>th</sup> April** is '*Cattle Droving Through Cumbria 1600 – 1850*' by Peter Roebuck, 7.30pm at the Memorial Hall. There is no May meeting planned as it coincides with the May holiday.

*Christine Hill, BDLHS*

## **50 years at Gillian's.**

Gillian's salon was started by Gill Woof in 1965. Gillian and Sheila took over the business in 2009 when Gill Woof retired and continued to trade under the name. From May this year we have a new stylist joining us and we feel the time is right to move forward and change the name. Our new name will be "Fusion3". The salon is going to be re equipped and new high class products

from ITELY are being introduced. The new name has been chosen to represent the joining together of three individual stylists, each with their own special skills. Our new stylist is Paul Hassall. Paul has worked in London, Germany and Norway and is advanced in colour work, styling and classic cutting for both ladies and gents. His speciality is Wedding and Prom up do's and he also does make up. As a guest stylist at Toni&Guy, Paul can create celebrity inspired looks, he has a natural flair for hair and uses his skills to make his clients have that extra special feel.

We will be holding an open night on **29th April between 5 and 9pm** to say “goodbye” to Gillian's and hello to Fusion3. Please feel free to pop in at anytime to see Paul work some of his magic. We will be having wine and nibbles.

We will be offering 25% off your first appointment with Paul. To receive this, just book your appointment at Fusion3 by ringing 01931 716635.

*Gill Robinson*

## **Plans afoot for Bampton Sports**

This year it is ten years since the Sports were first held without the support of Bampton School. We have tried to mix the traditional and the new to keep this village event alive. In 2015 we hope to add new attractions.

There will be a Bouncy Castle for the young and young at heart. And after the success of the maypole dance at the pantomime we hope to have an outdoor display around the maypole to set proceedings off. This will depend on youngsters coming forward. If you took part in the pantomime or if you missed your chance then why not put your name down? There will be practice sessions nearer the time. Contact me or Alison Jones direct, if you would like to take part.

Also new are the trophies for the Junior Cross Country. This event has gone from strength to strength and to celebrate this we are presenting trophies to each girl and boy winner in the three age groups. Thank you to the individuals and organizations in the village who have agreed to sponsor cups.

The usual sports features have not been overlooked. There will be WI teas, a fell race, children's races both serious and fun as well as sideshows, a bar and a burger stall. An application has been made for a fly-past but we can't make any promises.

All of this is dependent on help on the day. The more action we pack into the afternoon the more people we need to lend a hand. Committee members will be asking around but offers are always welcome. You can contact me or any of the committee.

*Katharine Cooke for the Sports committee*

## **Bampton WI**

February 10<sup>th</sup> was our first meeting of 2015 as the January meeting was cancelled because of the weather. As our speaker for February was ill we discussed items from the newsletter and invitations from Kings Meaburn and Tebay & Orton WIs. For the March meeting we were to have Emma Marshall from the 'Jigsaw' (Cumbria's Children's Hospice) but she was ill too! At the last minute Belinda Artingstoll came. Belinda has worked for Radio Cumbria for quite a lot of years and last year helped them to promote the 'Jigsaw' appeals: Cumbria's Children's Hospice costs around £800,000 to run each year. On 14<sup>th</sup> April we have Jan Berry with her Sugar Craft: this is a joint meeting with other WIs in our group and also **an open meeting**, so everyone is welcome. At the meeting on 12<sup>th</sup> May Anne Timmins will be with us to go through the choice of resolution for the Royal Albert Hall, London in June. The meeting is also to celebrate 100 years of the WI.

*Elsie Mounsey*

## **Update on Bomby Green**

Did you see the snowdrops on the common? As spring approaches and the grass is turning greener, Bomby is looking good.

We hope to continue keeping the green tidy, to preserve it as an area which can be enjoyed by walkers, riders and wild-life. There are grants available for this work and an application is being made but most of all we need able-bodied help. A heavy duty strimmer provided by the LDNP requires manpower not only for the machine but for the essential raking up and clearance. Please contact Lesley White, Maureen Barber, Susan Bowman or myself if you can spare an hour or two.

Thank you to all who attended the coffee morning. This raised funds for ongoing maintenance and provided a chance to show our work on the green over the last few years.

*Katharine Cooke for the Bomby Green Management Committee*

## **An Evening of Victorian Entertainment**

Once again it's time to start recruiting those budding entertainers in the valley – but this time not for a panto! We know it's a long time off but in November we plan to stage a Victorian Melodrama together with an Old Time Music Hall (see Marion's piece about the Village Choir). Apart from the music and singing, if anybody wishes to recite a monologue ("The boy stood on the burning deck" etc.) or perhaps somebody plays the spoons (hopefully proficiently!), then please contact us – let it be another real community event!

*Christine 713645 or Heather 716861*

## **Bampton Parish Council**

At the recent meeting of Bampton Parish Council concerns were expressed again over the safety of the Swing Bridge. Maintenance is the responsibility of Lowther and they will be urged to carry out necessary repairs that were identified in a survey carried out in 2013. There was also concern over the erosion of the riverside footpath near the bridge and it was reported that this will be addressed in the future.

Patrick Neaves from the Shap Building Group spoke about the project to provide new facilities and services at Shap Library to serve not only Shap but also surrounding parishes. They plan to have meeting rooms, tourist information and a gym among other things and they would welcome any volunteers. Further information is available from the group and there will be an open day in the future when you can see the plans and discuss how you can help. The PC was in favour of this project which will make Shap a more vibrant place for all.

There was considerable discussion of the parish web-site with some doubts expressed over its usefulness nowadays as Facebook is more often the popular method of communication. This topic will be re-visited in more detail in subsequent meetings.

Dog fouling of the Millennium Footpath, Millers Way and Bomby Green was discussed as many dog owners are not cleaning up after their pets and there is considerable concern over the resulting mess. Dog owners are reminded that not only is it illegal to allow dogs to foul public access areas it is unhealthy and unsightly. In the 30mph areas of the village anyone caught allowing their dog to foul the verges or footpaths is liable to be fined up to £1000. Be a responsible dog walker and clean up after your pet!

This year the Annual Parish Meeting will be held on the same evening as the Parish Council meeting - **Tuesday May 19<sup>th</sup>**. Please note the earlier time of **6pm**. As usual this is the meeting when it is your opportunity to bring up any topics which you want to discuss with other parishioners and councillors. There is no fixed agenda so it is your meeting. Please do come.

Reminder: the election for parish councillors will be held on Thursday May 7<sup>th</sup>.

*Marion Drinkwater*

## **Dominoes**

There will be a Domino evening on **Saturday 18<sup>th</sup> April** and on **Saturday 16<sup>th</sup> May**, both at 7.30pm in the Memorial Hall. All welcome.

*Dot Lightburn 713206*

## **Bampton Cinema – 2014-15 Season**

On **Friday 17 April at 7:30pm** to end our current season, our final film is:

***Master and Commander: The Far Side of the World*** (12A) 132 minutes, 2003  
During the Napoleonic Wars, a brash British sea captain pushes his ship and crew to their limits in pursuit of a formidable French war vessel around the South American seas. Russell Crowe commands the screen in this spectacular action period drama.

The venue is Bampton Memorial Hall, **doors opening at 7pm**. Tickets are on sale at the door, price **£4 adults, £2 U16**. Or, a **film plus supper ticket can be bought in advance at Bampton Post Office, price £8 adults; £6 for U16**. Supper is served at **6pm**. The bar is open and ice-cream and confectionery are on sale at the interval.

For next season, there is an exciting new development: REMOTE has teamed with Cine North to put in a bid to the British Film Institute (BFI) Neighbourhood Scheme to enable local cinema events to continue running. If successful, we would need to commit to 80% British and specialised films which might be less difficult than it may appear, or so we are encouraged to think! The carrot is more subsidy and purchase of new equipment. We will keep you posted on the outcome. Have a wonderful summer and we hope to see our ever faithful audience and new faces in the autumn.

*Hazel Eccles for Bampton REMOTE cinema committee*

## **Various events in Shap**

**Chris Bannister – Performing the music of JOHN DENVER – Saturday 25<sup>th</sup> April** in Shap Memorial Hall. **Tickets £8** available from 01931 716671 or 07973 802637. A must for the fans of John Denver and his music. Doors open at 7.30pm. Bar and refreshments available.

Shap Mothers Union Open Meeting. **Living Matters: Suicide is Everyone's Business – Thursday 21<sup>st</sup> May** 7:00pm in The Green Room, Shap Memorial Hall. Speaker: Juliet Gray, Training Officer, Carlisle Eden Mind. All are welcome.

Worship for everyone at Shap Memorial Hall – Informal service organised jointly by the churches in Shap. **Pentecost Praise – Sunday 24th May** 6pm, accompaniment by members of Appleby Town Band. Come and join us to celebrate the birthday of the worldwide church! All are welcome!

*Janet Wood*

## **Shap Community Enterprise.**

The aim of the Enterprise is to raise funds for the new charity shop which is in the process of being established in Shap. Although the Abbey tea shop is closed on **Mondays**, for those seeking light refreshments on that day there are soup, sandwiches, cakes, tea and coffee available from **11.30am to 1.30pm in the Green Room at the Memorial Hall in Shap.**

*Elizabeth Grose*

## **Update re The Old Courthouse - Shap Library**

The group are pleased to report that they have now been granted charitable status, registered name 'Shap Community CIO'. At the time of going to print the proposals from Cumbria County Council re the terms of the Community Asset Transfer and the future provision of library services are being scrutinised by our solicitor.

We have been told that at some point in the future, library provision at Shap will be a self-service system managed from Penrith Library. When this happens we wish to have a team of volunteers ready to ensure that there will continue to be a friendly face and support for those visiting Shap Library. Eden District Council has expressed an interest in us having a base for Tourist Information in the building which we hope would increase the number of visitors using the facilities.

We have been encouraged by the number of people who have pledged to help to date but more are needed! If you can help in any way either by volunteering in the library, helping with decorating or building maintenance or if you have expertise and are interested in joining one of our working groups (fundraising, publicity, building management) please contact us via the details below.

We are holding an Open Evening in the near future please keep an eye on our website, [www.shapbuildinggroup.wordpress.com](http://www.shapbuildinggroup.wordpress.com), Facebook, Twitter or posters for details.

[shapbuildinggroup@gmail.com](mailto:shapbuildinggroup@gmail.com) or call 07555 021295

## **Exciting New Courses starting Now!**

Shap CDC is offering the following range of new courses over the next few months.

**Fun Fitness**

Thursdays 7.30pm-8.30pm

**Hand Building with Clay**

Tues. 14<sup>th</sup> April for 6 wks

**Exploring Photography Beginners-DSLR**

Wed. 15<sup>th</sup> April for 6 wks

**Mindfulness**

Mon. 20<sup>th</sup> April for 5 wks

<b>Dressmaking</b>	Thurs. 23 <sup>rd</sup> April for 5 wks
<b>History of the Home</b>	Saturday 25 <sup>th</sup> April
<b>1 Day Art Workshop—Pastels</b>	Tuesday 12 <sup>th</sup> May
<b>Dip-Dyed Scarves</b>	Saturday 16 <sup>th</sup> May
<b>Landscape Photography</b>	Saturday 16 <sup>th</sup> May
<b>1 day Holiday French Workshop</b>	Saturday 23 <sup>rd</sup> May
<b>Exploring Photography Intermediate-DSLR</b>	Wed. 3 <sup>rd</sup> June for 6 wks
<b>Art for Improvers</b>	Tues. 2 <sup>nd</sup> June for 6 wks

For more details please check the website [www.shapcdc.org.uk](http://www.shapcdc.org.uk) and contact us at [cdc@shap.cumbria.sch.uk](mailto:cdc@shap.cumbria.sch.uk) or call 01931 716447

### **Thank you!**

As this is the first edition I have produced totally on my own I want to take this opportunity, on your behalf, to extend a very big “thank you” to my predecessor. Morag took on the job of Editor of the Newsletter over 8 years ago and, having now produced one, I know just how much work it all involves – how much time she has put in over those years. Her dedication and flair has evolved over this period and she will be greatly missed. The Newsletter is now a comprehensive one, overflowing with news of our lively community.....and long may it continue to do so!

*Heather Pitt, Editor*

### **The local bus**

The bus is run by Fellrunner and operates every **Thursday**. It will leave **Burnbanks at 10.00am**, travelling via **Grange Bridge (10.07am)** and leave **Bampton at 10.14am** to arrive at **Penrith Bus Station at 10.48am**. The return bus will leave **Penrith Bus Station at 1.30pm** to arrive back in **Bampton at 2.02pm** and **Burnbanks at 2.16pm**. Bus passes can be used. Use it or lose it!

### **Bampton Village Website - [www.bamptonlakedistrict.org.uk](http://www.bamptonlakedistrict.org.uk)**

Please send any updates for the website to Chris Cant on [chris@phdcc.com](mailto:chris@phdcc.com) or 713240. Any new photos very welcome.

## PARISH DIARY (Note MH = Memorial Hall)

### APRIL

- We 1<sup>st</sup> Yoga, MH, 2.30-4.30pm. All welcome.  
Indoor Bowls, MH, 7.30pm
- Th 2<sup>nd</sup> Passover Supper, Church Hall, 7pm
- Fr 3<sup>rd</sup> Good Friday. Short service for the day, 10am.  
Walk from St. Michael's to Shap Abbey and Keld Chapel and back to St. Michael's, 12 noon-3pm.
- Sa 4<sup>th</sup> Eastingle service, 6pm. Blessing the Easter Garden and bringing in the Easter Candle.
- Su 5<sup>th</sup>** Easter Sunday. Holy Communion with Bishop Alec, **10am.**
- Mo 6<sup>th</sup> Pilates, MH, 7-8pm and 8-9pm.
- Tu 7<sup>th</sup> BDLHS, MH, 7.30pm, Cattle Droving through Cumbria 1600-1850 by Peter Roebuck
- We 8<sup>th</sup> Drop in for Coffee, Church Hall, 10.30-12noon.  
Yoga, MH, 2.30-4.30pm. All welcome.  
Indoor Bowls, MH, 7.30pm
- Fr 10<sup>th</sup> Red Squirrels Toddler Group, MH, 9.45-11.15am.
- Sa 11<sup>th</sup> Orton Farmers' Market, 9.30am-2pm.
- Su 12<sup>th</sup>** Bampton Amblers. Meet MH, 9.30am  
Holy Communion with Sandra Ward, 6pm.
- Mo 13<sup>th</sup> French Group, Church Hall, 2-3pm.  
Annual Public Meeting of Bampton PCC, in Church, 7pm.  
Pilates, MH, 7-8pm and 8-9pm.
- Tu 14<sup>th</sup> Village Choir, Church Hall, 6-7pm.  
WI meeting, MH, 7.15pm, Sugar Craft. Open meeting. All welcome
- We 15<sup>th</sup> Yoga, MH, 2.30-4.30pm. All welcome.
- Fr 17<sup>th</sup> Bampton Cinema, MH. "Master and Commander – The Far Side of the World". Door open 7pm.
- Sa 18<sup>th</sup> Dominoes, MH, 7.30pm. All welcome.
- Su 19<sup>th</sup>** Holy Communion with Clive Pattinson, 9.15am.
- Mo 20<sup>th</sup> Bampton Amblers. Meet MH, 9.30am  
French Group, Church Hall, 2-3pm.  
Tinclar's Library, Church Hall, 7-9.30pm.  
Pilates, MH, 7-8pm and 8-9pm.
- We 22<sup>nd</sup> Yoga, MH, 2.30-4.30pm. All welcome.
- Fr 24<sup>th</sup> Red Squirrels Toddler Group, MH, 9.45-11.15am
- Sun 26<sup>th</sup>** Informal service with Diana and Neil, **10am**



Mon 27<sup>th</sup> French Group, Church Hall, 2-3pm.  
Pilates, MH, 7-8pm and 8-9pm.

Tu 28<sup>th</sup> Bampton Amblers. Meet MH, 9.30am  
Village Choir, Church Hall, 6-7pm.

We 29<sup>th</sup> Yoga, MH, 2.30-4.30pm. All welcome.  
CAMEO, Church Hall, 7.30pm.

## MAY

**Su 3<sup>rd</sup>** Holy Communion with Sandra Ward, 9.15am.

Mo 4<sup>th</sup> NO Pilates

Tu 5<sup>th</sup> Bampton Amblers. Meet MH, 9.30am

We 6<sup>th</sup> Yoga, MH, 2.30-4.30pm. All welcome.

Fr 8<sup>th</sup> Red Squirrels Toddler Group, MH, 9.45-11.15am.

Sa 9<sup>th</sup> Orton Farmers' Market, 9.30am-2pm.

**Su 10<sup>th</sup>** Sung Evensong with Beverley, 6pm

Mo 11<sup>th</sup> Tinclar's Library AGM, Church Hall, 6.30pm followed by usual  
open evening until 10pm if required.  
Pilates, MH, 7-8pm and 8-9pm.

Tu 12<sup>th</sup> Village Choir, Church Hall, 6-7pm.  
WI Meeting, MH, 7.15pm. Resolutions meeting.

We 13<sup>th</sup> Drop in for Coffee, Church Hall, 10.30-12noon.  
Yoga, MH, 2.30-4.30pm. All welcome.

Th 14<sup>th</sup> Bampton Amblers. Meet MH, 7pm.

Sa 16<sup>th</sup> Dominoes, MH, 7.30pm. All welcome.

**Su 17<sup>th</sup>** Holy Communion with Clive Pattinson, 9.15am.

Mo 18<sup>th</sup> Pilates, MH, 7-8pm and 8-9pm.

Tu 19<sup>th</sup> Bampton Parish Council Annual Meeting, MH, 6pm. All welcome.

We 20<sup>th</sup> Yoga, MH, 2.30-4.30pm. All welcome.

Th 21<sup>st</sup> Bampton Amblers. Meet MH, 9.30am

Fr 22<sup>nd</sup> Red Squirrels Toddler Group, MH, 9.45-11.15am.

**Su 24<sup>th</sup>** Holy Communion with Sandra and Diana, **10am.**

Mo 25<sup>th</sup> Pilates, MH, 7-8pm and 8-9pm.

Tu 26<sup>th</sup> Village Choir, Church Hall, 6-7pm.

We 27<sup>th</sup> Yoga, MH, 2.30-4.30pm. All welcome.  
Bampton Amblers. Meet MH, 7pm.  
CAMEO, Church Hall, 7.30pm.

**Su 31<sup>st</sup>** Holy Communion with Bishop Alec. Joint service with Shap at  
Bampton, **10.30am**

**Copy deadline for the June/July issue is 5pm on Saturday  
23<sup>rd</sup> May.**

Contributions please to Heather Pitt [pathfinders2509@btinternet.com](mailto:pathfinders2509@btinternet.com)  
(01931 716861) or to the Post Office. Thank you.

**Mobile foot care in your own home**

Do you have toenails you can't reach or cut anymore? Or corns, hard skin,  
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