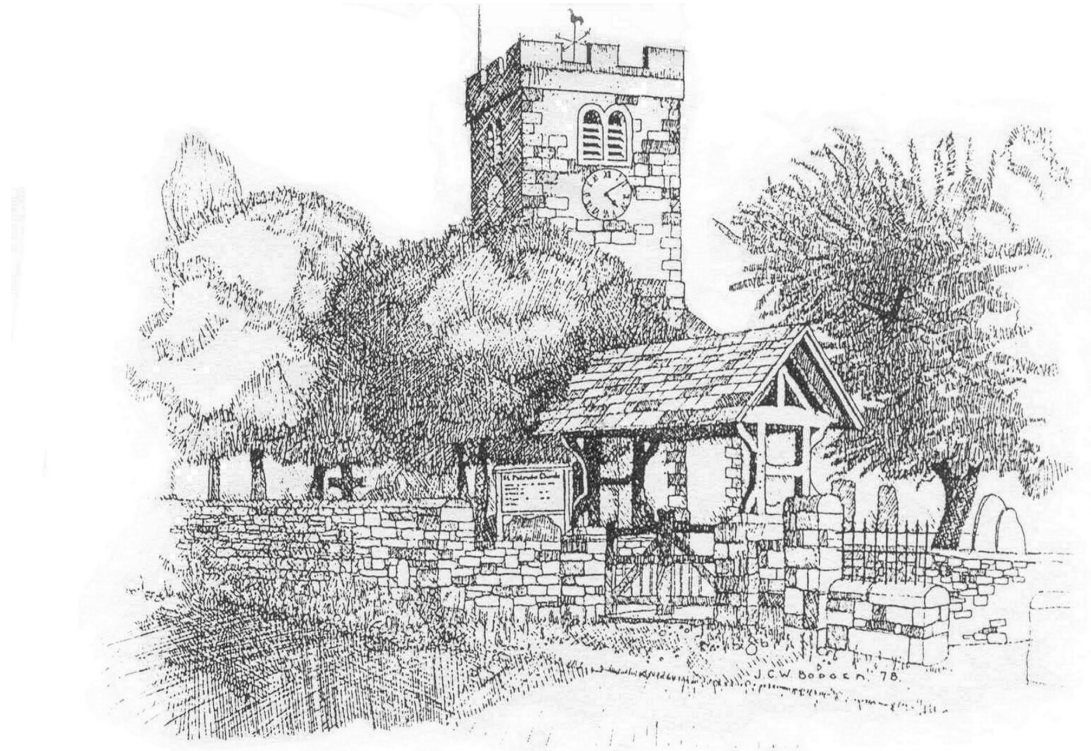


Bampton Parish Newsletter

AUGUST - SEPTEMBER 2016



Dear Friends

If you were able to come to the concert in St. Michaels to celebrate the Queen's 90th birthday you would have seen the almost complete alterations. The new kitchen area is a great improvement for when we want to make a cuppa! All that is needed now is for the hatch doors to be put in place. We are all now wondering how we managed without a toilet. The new loo is certainly being well used. Quite a relief! All of these facilities are new to us at Shap, whereas Bampton have had access to the church hall for these essentials and they were in use for the barbecue which followed the Service on 12th June to celebrate the Queen's birthday.

In the last edition I wrote about people moving on. I was looking forward to telling you that a new Archdeacon had been appointed, unfortunately the candidate withdrew, so it will be readvertised. Interviews have been held for the post of priest in charge of our 5 parishes. No appointment was made. Whilst this is a little disappointing it is better to wait until the right person comes along. So please continue to pray for a good man or woman to be our vicar and lead us into the future.

Meanwhile we will all continue to do our best to ensure that those who wish to come to church will have a suitable service available. In Shap we will continue to work closely with our Methodist colleagues, and thoroughly enjoyed Shap Village service in July led by Mr Bill Wright of the Methodist Church. It is really uplifting when we all worship together.

Don't forget to prepare your entries for the Shap village Show on 3rd September. If you have lost your schedule you can get another at Anderson's news and post office or from St. Michael's Church.

God Bless,

Elaine

Contact Details

Stewart Fyfe, Rural Dean	01931 714620
Sandra Ward, Curate	01539 624125
Tony Hall, Church Warden	01931 713204
Elizabeth Coy, Church Warden	01931 713211
Kathy Jenkins, Church Warden	01931 714400

Knipe Road Cemetery

The cemetery on the Knipe road has been in use for over a century since the closure of the churchyard at St. Patrick's church in Bampton Grange. All residents of the parish are entitled to be buried there, and the names of many generations of Bampton families are inscribed on the tombstones as memorials to loved ones.

As a "closed churchyard", the churchyard at St. Patrick's in Bampton Grange is maintained by Eden District Council at the expense of all Council tax payers in the district, but the Knipe road cemetery is owned, operated and maintained by the local Parochial Church Council (PCC) of St. Patrick's church.

The maintenance of the cemetery, (mainly grass cutting), has traditionally been carried out by volunteers, often on "Boon Days", and in recent years, under the leadership of Chris Holme. Together with a diminishing band of helpers Chris has done a wonderful job in overseeing the maintenance of the cemetery, but due to increasing infirmity, feels that he can no longer carry on with this role at the same level. The PCC is extremely grateful to Chris for the dedication which he has brought to this task for many years.

The PCC is seeking to increase the number of helpers willing to assist in keeping the cemetery under control, and invites all of those willing to help to make contact with one of the churchwardens or any member of the PCC.

Andrew Yates PCC. Secretary 01931 713 343

Drop in for Coffee

Our drop-in mornings are continuing to be a great success, providing opportunities for a warm drink and a catch-up. Our drop-in dates for the next two months are **Wednesday 10th August** and **Wednesday 14th September**, any time between **10.30am** and **12 noon** in the Church Hall. As before, this is not a fund raising event; it is just an opportunity to get out and meet people. If you would like to come and need a lift, then please contact me. We look forward to seeing you.

Diana Nicholson 713194

Church Bells

The Diocesan Advisory Committee (DAC) has confirmed their agreement for the Faculty application. Final approval will be confirmed from the Diocesan Chancellor when the period of public consultation has expired. Over the coming weeks work will continue on developing the appeal for financial support with further details to be set out in a forthcoming issue of the Parish Newsletter.

In anticipation of a successful appeal for the new bells, the present bell chimers (and apprentice bell ringers!) are making progress in acquiring the necessary skills to be able to do justice to the new bells.

We have been having tuition from the bell captain at St. Michael's, Shap and also the bells' sponsor Jim Crowther. Recently, at the invitation of Ron East the Diocesan Bell Adviser, we visited a bell ringers practice at Carlisle Cathedral where we were made very welcome and left with positive vibes.

New recruits to our team would be most welcome and should contact Bridget Kelly on 01931 716822 or email@bridgetkelly.me

One interesting aspect to the new bells project is the information emerging about the church bells, exemplified by the poem below which was found very recently by Marilyn Bowness among some papers that originally came from her great aunt, Renee Ridley, who kept the Helton 'jerry' around the time of World War II. How Renee came to have this poem from over a century earlier is unknown.

The writer has, though, been identified as John Foster Parr – the son of a Liverpool surgeon who was born in Liverpool on 23rd November 1818 and christened at St. Mark's Church, Liverpool on 23rd December 1818. Some time before the 1841 census John came to Bampton as a boarder with the then Vicar, William Hodgson, was still there in 1851 but by the 1861 census had moved to Drax in Yorkshire – still a boarder, with the Vicar there. He continued to live there, as a boarder for many years before moving into alternative accommodation before his death in early 1902 aged 83.

It is perhaps no surprise therefore that having lived for around 20 years within the sound of 'Bampton Bells' he should come to write this lovely poem:-

The Bampton Bells

The lark sings merrily in the sky,
When the blossom is on the thorn,
But merrier far are the Bampton Bells,
In the calm of a Sabbath morn.
Sweet in the grove is the blackbirds' song,
In the lull of the evening air.
But sweeter the sound of the Bampton Bells,
When they ring to the Vesper Prayer.
On Sabbath morn and on Sabbath eve,
The sound of sweet church bells,
With a tremulous music floats away,
O'er the brows of the rocky fells.
And far, far off by the lone lake's shore,
Their plaintive cadence falls,
Where the whispering wave, with its
silvery voice,
To the spirit of Solitude calls.
Bright shines the sun, sweet sound the
bells,
And the village folk, all clad
In their best array, at the summons come
With lightsome step and glad.
There one of three-score years and ten,
Goes bent with the weight of time,

And he thinks of his youth, and his
friends who are dead,
As he hears the old Bells chime.
And there comes a maid by that
hawthorn hedge,
As fresh and fair as a rose,
But her thoughts not with the old man's go
To the past, where the dead repose.
Her fancy paints, in brightest hues,
The future hours of her life,
And little she dreams of the woes
wherewith
Those future hours are rife.
Long, long have you rung, sweet Village
Bells,
While ages have come and gone,
And each generation hath flourished in
turn,
And faded, one by one.
Blest is your call, for you summon to
God,
And blest those souls that hear;
When the world's last funeral peal shall
be rung,
Those souls shall have nought to fear.
Bampton Feb. 11th, 1858

J.F.P.

Bomby Green in flower

We have reached the time of year when the grasses on the green are flowering, a fine sight as you drive past. If you stop and walk on to the green you will see that there are plenty of other flowers, too. It seems to have been a good year for the meadow cranesbill, all sorts of bedstraws and the flamboyant poppies which reappear each summer around the site of the bonfire. There is a really good selection, so please have a look for yourselves. Of course, it will not stay so beautiful for long and in due course the green will be cut and the wilder parts strimmed. This should allow the wildflowers to set seed and prevent the coarse growth from suffocating their efforts next year. Meantime, Seamus and a team of helpers will remove some of the scrub around the area which we hope will be suitable for picnics by the river.

The green is a common and as such belongs to the community, so please feel free to make any comments, suggestions or offers of help.

STOP PRESS

A picnic area is now ready for enjoyment, thank you Seamus and team. So take your children, dogs and picnic to make the most of the summer weather. In keeping with the character of the Green, there is no seating and no bin, so also take a rug and a bag for your litter.

Katharine Cooke for the Bomby Green Management Committee

Macmillan Coffee Morning

Date for the next morning is **Friday 30th September 10am – 12 midday**. Once again I would like to invite everyone to this important event. I have had pleasure in running this for 17 years at Beckfoot and this will be my 2nd year **at Bampton Memorial Hall**. I look forward to seeing you there. Helpers would be very welcome on the day to sell raffle tickets, give out coffee, biscuits and cake and run the white elephant stall. Thanking you in advance.

Lesley White

Bonfire Night

Once again it's time to discuss Bonfire Night. A meeting is to be held on **Monday 19th September at 8pm** in the Crown and Mitre. Suggestions and volunteers are needed to continue with this very enjoyable event so please come along to the meeting.

It is important to wait until mid-October before leaving items on the green and these should only be environmentally friendly items – the Environment Agency do check and can stop the Bonfire from taking place.

Maureen Barber 713314

Bampton Memorial Hall

Annual Report of the Trustees for the Year 1st April 2015 to 31st March 2016

The Memorial Hall has had another successful year, continuing the high level of usage evident in recent years. Events take place on most days with a very wide range of activities involved. The Parish Council, WI, Bampton Local History Society, Indoor Bowls, Pilates, Yoga and a Dominoes Group continue their regular use although we are sorry that lack of toddlers in the village has resulted in the Red Squirrels Toddler Group coming to a close after 10 years; further action required perhaps? Bampton Cinema goes from strength to strength and provides a valued regular social occasion. Bampton First Responders use the Hall for their regular training sessions and a hugely successful Big Breakfast was held during the year as a fund raising event for the team. A refresher First Aid course was held in December and 12 participants from around the village all gained their Outdoor Emergency First Aid certificates. And a Macmillan Coffee Morning at the Hall produced an outstanding response. As part of its role as a community resource, the Hall is a regular venue for private celebratory and memorial events.

The Hall also provides the base for Bampton Sports Day, for the Raft and Duck races on the river and for the Winter Sports.

Regular users of the hall facilities from outside the parish included the RSPB, Mountain Rescue, Scouts and United Utilities. Once again the Eden Runners' Half Marathon was based at the Hall, this year in excellent conditions for running. A team of Hall and WI volunteers again provided a wide range of refreshments and the event was deemed a great success. The event provides a welcome income to the Hall as well as achieving good publicity for the village and the Hall facilities. The field adjacent to the Hall is now a popular venue for camping groups who welcome the combination of Hall facilities and open air space.

This was not a 'pantomime year' but an Olde Time Music Hall was held in November – a Victorian evening of singing, dancing, melodrama, monologuesa myriad of merrymaking for delectation and delight proved a great success. The next Pantomime follows in January 2017.

As in recent years significant sums of money were spent on maintenance and improvements to the two Halls. The outside windows and doors in both Halls were repainted and the inside of the large Hall and the kitchen were also redecorated. New security lighting was fitted and a new fire alarm system installed in the Main Hall. A further 50 new chairs were purchased during the year so we now have 100 new chairs of two different designs so as to fit various shapes and sizes of users. A new bench was installed in the adjacent play area, purchased with the funds remaining from the Jubilee events.

The cost of maintaining the Hall continues to rise and so it is vital that the many sources of income keep growing. These include Hall lettings (£4,840 this year),

the 50:50 Club (a net income after distribution of prizes of £576), income from the PV panels on the roof (£1,963), from the recycling facility (£499) and car parking fees (£182). Major expenses included insurance (£970), water, electricity and gas (£1,075), decorating and other repairs (£5,421) and purchase of equipment including the chairs (£2,025). The total income during the year was £12,980 while expenditure was £14,568, a 'loss' of £1,588. This compares with a surplus of £2,629 in the previous year. The Hall has a reserve fund of about £10,000 and so is in reasonable financial shape.

During the year the committee agreed to simplify the way in which electricity use is charged to hirers of the hall by doing away with separate charging for electricity and to include the cost of electricity within the hire charge. No change was made in the hire charge for local hirers, so resulting in a small overall reduction in the total cost of hiring the Halls for local hirers. For hirers from outside the local area a small increase in hire charge was agreed, this being calculated to maintain the total hiring income to the Hall plus electricity costs at their current levels.

The committee was delighted that Julian Russell has agreed to act as Health and Safety Advisor to the committee. Julian will carry out regular safety inspections and bring any matters of concern to the committee, as well as regularly reviewing the Hall documentation related to Safety Policy, Risk Assessment and the Fire Emergency Plans. Julian has considerable expertise in these areas and we are grateful for his involvement in these important areas for the Hall.

Fortunately the floods around the turn of the year did not do any damage to the fabric of the Halls although the car parking areas were left with a large amount of debris. A grand turnout of volunteers helped to clear this up and demonstrated the community commitment to the Halls.

As always the Hall can only continue to operate because of the voluntary help of many in the village. The Trustees wish to thank all who have contributed to the success of the Hall during the past year. Particular thanks are due to the Trustees and Committee members who devote much time to ensuring the continuing success of the Hall.

John Garside, Chair, Bampton Memorial Hall

Bampton Cinema: 2016-2017

We're in the middle of selecting films and dates for 4 films to run from October to January; details will be ready for the next edition of the parish newsletter. Then there will be a further 3 films to follow till April. The nice brochure we had last season showing all venues' films is being cut down to a 4 page leaflet; along with this there is less subsidy for film licences so we are having to consider costs and ticket prices.

We're looking forward to seeing our regular audience and new faces in the autumn. We're on Facebook ([facebook.com/Bamptonvillagecinema](https://www.facebook.com/Bamptonvillagecinema)) and the parish website where you can enjoy photographs from last season's events.

Hope you are enjoying the summer!

*Hazel Eccles (713311), Katharine Cooke (713392), Mike Jones (713555),
for Bampton cinema committee*

Thank You

Barbara Fox and Gwenda Gofton would like to thank everyone who came along to their launch party for 'When the War Is Over' – the story of Gwenda's evacuation to Bampton during the Second World War – in the Memorial Hall on Tuesday 12 July. Barbara says, "I wanted to celebrate the publication of the book in Bampton, the village where most of the story is set and which remains a special place to all our family, but had no idea how many people would come. We were delighted with the turn-out and so enjoyed meeting everyone. Thank you to all those who bought a book – and I hope they enjoy reading it! We look forward to meeting you all again on future visits!"

The Bampton Endowed Schools Endowment

This is just a reminder that the closing date for applications for an educational grant this year is **30th September 2016**.

The Trustees invite applications for financial support from those who will be undertaking courses at any University, college or institution of higher or further education in Autumn 2016. Consideration will also be given to applications from those who will be undertaking other forms of education (including the study of music or other arts) to prepare for entry into any occupation, trade or profession.

To be eligible to apply for a grant the applicant must be:

- Under the age of 25 on 1st September 2016 and
- Resident in the civil parish of Bampton, Cumbria or to have attended Bampton Endowed School.

An application form, and further information, can be obtained from: Nigel Eccles, Bryham Croft Barn, Knipe, Penrith CA10 2PU (01931 713 311) or preferably by email from neccles@btinternet.com

Bampton WI

In June ten members visited Ivan Day's home in Shap. He cooked a leg of lamb, a potato dish and also made fresh strawberry ice cream. We sat in the garden eating our lovely lunch – it was a perfect day, with lovely flowers all around us and spectacular views to the Lakeland fells.

July brought Joanne from Grasmere Gingerbread together with guests from Pooley Bridge WI, two ladies from Shap and our two faithful ladies from Bampton. Joanne told us the history of how Sarah Nelson started making the gingerbread – to this day it is still made in the same way in a little room behind the shop in Grasmere. A small business meeting concluded the evening.

There will be no meeting in August (our holiday month) but on **13th September** Laura Harker will demonstrate 'Autumn Cooking' and on **11th October** our friend Chizzer Childs will present part 1 of 'The Land of the Pharaohs'.

If anybody would like to join the WI or just come to any of the meetings you will be most welcome.

Elsie Mounsey

The 106 Bus Partnership

The 106 bus partnership is seeking contributions from residents to keep the 106 service on the road. Communities along the route were devastated when the bus was withdrawn from service in 2014 following local authority cuts to the transport budget. Reacting to the loss, a group of activists got together to 'bring back the 106'. Following months of hard work the bus eventually ran again from February 2015, with one 'there and back' run per day for just three days a week. Following a successful first year the partnership extended the service to 5 days a week and commission an additional run back from Kendal in the holidays when the college service (506) does not run. The new service is financially underwritten by the 106 Partnership, a group of dedicated volunteers who raise money to pay the shortfall between the money the service takes from passengers and the cost to run the bus.

Many residents recognise the value of a regular bus service to their community but are not always bus users. Most would like to help to keep the bus running either via a one off donation or a regular subscription. The 106 Partnership invite residents to make a financial donation to help keep the bus running. This can be done by a number of different methods. Either by sending a cheque (payable to '106 Partnership') to The 106 Treasurer, Chris Battersby, Aysgarth, Eamont Bridge, Penrith, CA10 2BH or setting up a standing order to make a regular donation (a few pounds per month could make a real difference). Please telephone Chris (01768 866670) for account details if you would like to set up a regular donation. Alternatively you can leave a donation at Shap Charity Shop in an envelope marked for the 106 Bus Service.

The 106 Bus service is currently supported by Parish Councils from along the route of the service, plus Eden Housing Association, Penrith Town Council and Kendal Business Improvement District. The 106 Partnership needs to raise £10,000 to keep the service running and every little helps so please give what you can to secure this vital service for a long-term future. More details can be found on www.106bus.co.uk *Libby Bateman, Kirkby Stephen*

Neil Hughes

Crown and Mitre

Opening hours during the Winter 2016/17

For various reasons, this winter we need to try slightly different opening arrangements.

After October half term, until Christmas, we will **open Thursday, Friday, Saturday and Sunday evenings**, and on **Wednesdays** for home darts matches. Our restaurant will be available where there is demand, so please do contact us. For Christmas week, we will be open on **Friday 23rd and Saturday 24th December**. We are not proposing to open the restaurant except for bookings, so again please do contact us.

We will then be open from **Boxing Day through to the bank holiday on Monday 2nd January 2017**, including the restaurant.

We will be delighted to open for parties or other events at other times on request, in the same way as for home darts fixtures. Please contact us if you would like to organise such an event.

From 3rd January we will close for a period, and reopen no later than mid March 2017. We will let you know precise dates in due course.

We hope this will cause as little inconvenience as possible and look forward to seeing you.

Best wishes from all at the Crown and Mitre

Pilates

With the exception of the August Bank Holiday pilates will continue on **Monday** evenings with classes at **7-8pm and 8-9pm**. Either just come along or contact Alexis for further information on 07411 902674 or email penrithpilates@gmail.com

Yoga

Classes take place in the Small Hall, **Tuesday evenings 5pm-6.30pm from 13th September**. They run in 6 week blocks and are tailored to suit all abilities. We have now been running for 12 weeks and have a nice group of people with space for just a few more. If anybody is interested in joining, please contact me at elliepog@hotmail.co.uk

Ellen Pogson

Bampton Amblers

Once again we're half way through summer and our thoughts turn to the autumn programme – the evening walks will continue to the end of August only. During the past couple of months our harder day walks have taken us over Clough Head, Great Dodd and part of the Grasmoor range in Buttermere. We also enjoyed several easy ambles including Aira Force to Glenridding, returning by the ferry and a very entertaining walk to Shap followed by supper at the chippy for 18 amblers – a record turnout!

Why not dig your boots out and join us on the following dates!

- Wednesday 3rd August** Meet at **8.30 am** Andrew (713343)
[Hard: Fairfield Horseshoe – 10 miles – 3,525 feet of ascent]
- Tuesday 16th August** Meet at **2.30 pm** Alison (713350)
[Mod: Whalemoor & The Squadrons – 6¼ miles – 650 feet of ascent]
- Tuesday 23rd August** Meet at **7.00 pm** Alison (713350)
[Easy: Butterwick via Gillhead – 3¾ miles – 500 feet of ascent]
- Wednesday 31st August** Meet at **7.00 pm** Alison (713350)
[Easy: Drybarrows & Stanegarth – 3¾ miles – 650 feet of ascent]
- Wednesday 7th Sept** Meet at **8.30 am** Mike & Marion (713555)
[Hard: Glaramara & Allen Crag – 9 miles – 3,000 feet of ascent]
- Friday 16th Sept** Meet at **2.00 pm** Ruth (713197)
[Easy: Knipe Scar from Bampton – 3½ miles – 600 feet of ascent]
- Tuesday 20th Sept** Meet at **9.30 am** David & Heather (716861)
[Mod: Knipescar Common & the River Leith – 9 miles – 1,150 feet of ascent]
- Wednesday 28th Sept** Meet at **10.00 am** Mike & Marion (713555)
[Easy/Mod: Johnny's Wood & Millican Dalton's Cave – 5¼ miles – 1,200 foa]

Meet at the Memorial Hall in Bampton and bring a packed lunch, unless advised otherwise. Please note that start times may vary from those quoted depending on the nature of the walk, so please see the notice board in Bampton Post Office for full details of/changes to all walks. In the event of bad weather please contact the above leaders.

Heather Pitt and Alison Jones

Village Choir

The choir has met regularly over the last two months, enjoying music-making with folk songs, music from ‘the shows’ and short attempts at part singing. The aim is to meet on alternate Monday evenings but in view of holidays, meetings over the summer will only take place on **22nd August** and **12th September** from **6pm – 7pm** at **Bryham House**. All are welcome – do get in touch if you would like to join us; there is no need to be able to read music, just to enjoy singing!

John Garside

Annual Raft Race

Rafters of Bampton, start building! Our annual afternoon of silliness will take place, as tradition dictates, on **August Bank Holiday Sunday, the 28th**. As ever, the start is at **2pm**.

If you are not participating please come and admire the ingenuity of the rafters and cheer them on. They always provide a fun afternoon.

On a more serious note, just a gentle reminder that this is a fun event which you enter at your own risk. Young rafters should be equipped with a buoyancy aid

and accompanied by a responsible adult. The event is always run subject to the state of the river so let's hope for ideal conditions.

I could really use some volunteers to barbeque for the afternoon or sell drinks etc. If you are free please consider helping out for the afternoon. It would be greatly appreciated. Give me a call.

The raft race will be followed by the annual duck race. Ducks are for sale in the Post Office and also on the day. Get in quick to get your lucky numbers.

Look forward to seeing you all on Sunday 28th!!

Tim Ward 713127

Cameo

The dates and times of our meetings vary so if anybody wishes to come along why not give me a ring for full details. All are welcome.

Maureen Ostle 713349

Heart-warming afternoon at Bampton Sports

The weather was decidedly chilly but this didn't deter a good crowd at the gates. The fell race and the junior cross country races were well supported, providing a fine sight for those who were happy just to watch. Cups were presented to the winners by this year's openers, Pat and John Garside. This year we saluted also those who try and don't win – there'd be no races without them. Tony Hall presented a cup for sportsmanship in memory of Liz, which was awarded to Colby Bousfield. As we have come to expect, there were plenty of eager competitors in the fun races and tug of war, some of them old enough to know better. For the second year and this time kindly donated by Cumbrian Adventures there was a bouncy castle.

Although we were missing a few stalwarts, with the help of the younger generation the field was prepared in good time and the sideshows and events went smoothly. There will be pictures on the village website. I'd like to thank all those who made this year's sports so successful but the list would be very long and the editor might have words to say so please understand that the committee is very grateful to all who helped.

Katharine Cooke for the Bampton Sports Committee

Bampton Parish Council

At the recent meeting of the Parish Council Mike Dyke was co-opted to fill the vacancy left by the resignation of Bethany Leckie and he was welcomed by the other councillors.

Mr Carruthers reported that the application to LDNPA for a grant towards the cost of the upgrading of the parking area by Grange Bridge had been successful and that £1,000 would be given when the work had been completed. Highways will be carrying out the work when they can.

The state of the village notice boards was discussed and it was agreed that a wood effect one would be ordered to replace the one by the Church which is in poor repair. Please remember that notice boards are there to serve the community as a place for advertising events and for public information. Bus shelters will be cleaned and freshened up shortly.

Library users will have noticed that the mobile service has now been withdrawn because the vans have become too old to economically keep in service. There has been a suggestion that there could be a book drop service instead so that those library users who cannot get to Penrith or Shap libraries could have a selection of books somewhere in the village. Anyone who is interested in running this should contact Kay Metcalfe of Cumbria Library Service – contact details should be on the CCC web-site. Alternatively the Old Courthouse in Shap is open for some hours every day of the week for the self service library. Opening times are on the Memorial Hall notice board.

The Council was asked to sign a petition to Parliament requesting the designation of the Coast to Coast Walk as a National Trail. This could lead to more funding for the upkeep of the route and perhaps greater usage and economic benefit to places along the way. The Council agreed to sign.

The next meeting of the Council will be on **Wednesday 21st September** and all are welcome.

Marion Drinkwater (Clerk)

French Conversation Group

Many thanks to Roger Storey who has kept the French group active while I disappeared up to Scotland. Now that Mike and I are back in the valley I shall co-ordinate the meetings once more. Because of our house move we've decided to have "une petite pause" and the French sessions will resume on **Monday 15th August from 2-3pm in the Church Hall** and then continue at fortnightly intervals. New members are always welcome.

Marion Jones 713555

Bowls

Indoor bowls will begin on **Wednesday 5th October** and continue on a weekly basis. New players are always welcome – why not come along and have a go!

Malcolm Evans

Bampton Community First Responders

Bampton CFR team hosted a very successful defibrillator awareness drop in session on Saturday 4th June in the Post Office tea room. The objective of this session was to de-mystify defibrillators and encourage people to use one as soon as possible in the event of someone having a cardiac arrest. This could be before the arrival of an ambulance or perhaps even a CFR team member. We looked at when a defibrillator should be used, what comes with the defibrillator, how to use it (switch it on and follow the prompts!) and basic chest

compression. Two trainer defibrillators and an 'Annie' dummy were available to allow some 'hands-on' practice. Between 15 and 20 people attended and all said it had been very beneficial and they were now much more confident in using the defibrillator if necessary. Should anyone else like a talk through on its use please contact Christine Hill. A big thank you to John and Janet at the Post Office for the use of the tea room and to all the CFR team members who helped on the day and with advertising prior to the event.

The Bampton CFR team are also very pleased to welcome a new member to the team. Vickie Haddock has successfully completed the CFR training and is now a fully fledged team member. If you think you'd like to join the team and help provide essential emergency cover for the local community please feel free to get in contact with me for an informal chat or look at the NWS CFR page <http://www.nwas-responders.info/>

To help the BCFR raise further funds we are going to produce a calendar which will be on sale this autumn. This is where we need your help. We are holding a photography competition, which will be independently judged, and a prize will be awarded to the winners. All we ask is that you enter photos of the local area, be it flora, fauna, animals, buildings, anything really of the local area but not of people. The closing date has now been extended to 14th August, and the winners will be notified shortly after. Please enter actual photos no bigger than 7" X 5" in an envelope marked BCFR photo competition to John or Janet at the post office. On the back of the photo please put your name, age if under 18, location of the photo and a contact telephone number. If you are a winner we will ask for a digital copy. Good luck!

If you feel unwell and think it is a medical emergency DIAL 999 or 112 and ask for AMBULANCE. Any on call CFR's will then be tasked by Ambulance control to attend if appropriate.

*Christine Hill, Bampton CFR Team,
07771 934996/01931 713210 christinehillski@gmail.com*

Tinclar's Library

The Library will be open in the Church Hall on **Monday 1st August and Monday 5th September** from 7pm – 9.30pm.

The Trustees

Bampton and District Local History Society

Since the end of May, members of the BDLHS have explored many aspects of Bampton history in locations across the parish. Vaugh Steel was the focus of the 'summer walk' courtesy of Catherine Lacey and members were intrigued to see how a relatively modest farmhouse and outbuildings had been transformed into a modern eco-friendly home with global impact. A great contrast with this was the final talk of this session. Barry McKay described the role of 'The Cumbrian Chapman' who in the 18th century brought news of the wider world to places like Bampton by distributing news on foot or by word of mouth. They

were the internet of their day through which information, political manifestos and gossip passed in ballads and broadsheets, many printed in Penrith.

This year's BBQ and summer party was held in blustery conditions on Tuesday, July 5th at Nick and Lizzie Lindwall's in Rosgill. In the last parish newsletter I flagged up that we were planning some innovations this year. As it happened, by supreme effort, the committee produced an event very much up to the standard of previous years. Nick Lindwall provided an excellent and very entertaining history of 'The Thorn' and its place in Rosgill. However, for a number of reasons, numbers attending were rather down and perhaps it is time for new ideas about where the BDLHS goes in future.

Enjoy the summer and give some thought to coming to the BDLHS AGM on **Tuesday October 4th at 7.30pm**. We will hear our sponsored MA student, David Morgan, making a presentation on his latest research into the Haweswater Action Committee and the proposals in the 1970s to raise the level of the reservoir and dam.

Pat Garside, BDLHS

Police Update

Crime Trends and Patterns: Over the past month there has been a report of criminal damage in Shap and two reported thefts of push bikes. There has also been a reported theft of 43 sheep – Kendal Rough fell and Highlanders from common land in the Bampton area. The sheep have been taken between the end of May and 08/07/2016. The ear tag numbers will be either UK104033 or UK 108811 with a further ear tag with an individual number on. If you have any information or have seen anything suspicious in the area please contact Police on 101 Incident number 153 of the 8th July 2016.

There have been a number of suspicious incidents and vehicles reported over the past month, we would like to thank you for this as the information helps to build up a bigger picture. Please continue to report suspicious vehicles, people or activity. If anyone has any information regarding any of the above incidents or sees anything suspicious please contact Police via 101.

Please ensure property is left secure and keys are kept out of sight.

Farmwatch and Country Watch Eden: If you are interested in getting involved with Farm Watch or would like further information on the nights of action or the trespass then please Contact PCSO Dakin or PCSO Allinson on 101 or karen.dakin@cumbria.police.uk and janet.allinson@cumbria.police.uk You can also keep up to date with this initiative and rural crime on Facebook by liking Country Watch Eden.

If you are interested in becoming a Special Constable please get in touch or enquire through the Cumbria Constabulary website www.cumbria.police.uk

You can also get information by signing up to Cumbria Community Messaging to get information from Cumbria police and our partners, including the environment agency for flood alerts - www.cumbriacommunitymessaging.co.uk

Events in Shap

Annual Summer Service at Keld Chapel – Sunday 21st August 3pm

All Welcome

St Michael's Village Show – Saturday 3rd September in the Memorial Hall

Schedules available from Anderson's Newsagents and The Old Courthouse

Entries must be submitted by **8.30am-9.45am** Entries 20p each (max of £5)

Children's entries FREE; Show open to Public at **12.30pm**; Auction at **2.30pm**

The Old Courthouse

Summer activities for children - see the website for details

Thu 8th September 7-8.30pm Poetry Evening

If you enjoy the spoken word bring a poem or reading to share or just come to listen. Admission £2 Teas/Coffees available

Sat 10th September to Sunday 21st September

Highlights Contemporary Craft Tour –'Paperscissorsbook'

A stunning exhibition of paper art and storytelling

Sun 11th September Makers Market 10am-4pm in the Memorial Hall

Craft, Art, Upcycling, Plant and Food stalls, Refreshments

FREE Crafts for Kids, Street Entertainment at The OC during the day

Sat 17th September Masterclass workshop on the art of Papercut Sculpture

with Andy Singleton **10am-4pm** Places limited

To book please contact: Karen@highlightsnorth.co.uk

Sat 17th September Talk by Christian Barnes 4.30pm

The impact that the Wet Sleddale reservoir and Hardendale quarry have on the local landscape

Grab yourself a freebie at the **Freegle Give and Take** at the Old Courthouse on Saturday **1st October from 10am to 2pm**. Why not clear your clutter and bring anything unwanted to give away for free. No furniture please. More info at www.penrithedenfreegle.org.uk or phone Chris on 01931 713240. Anything left over will be Freegled or given to a charity shop to sell.

Janet Wood

Farewell

The interval since the last Newsletter has seen the departure from our community of Nicholas and Morag Lloyd and Bernard and Mary Kirkbride. They have made a significant contribution to the maintenance and development of village life and we wish them good health and happiness in their new homes.

Editor

The local bus

The bus is run by Fellrunner and operates every **Thursday**. It will leave **Burnbanks at 10.00am**, travelling via **Grange Bridge (10.07am)** and leave **Bampton at 10.14am** to arrive at **Penrith Bus Station at 10.48am**. The return bus will leave **Penrith Bus Station at 1.30pm** to arrive back in **Bampton at 2.02pm** and **Burnbanks at 2.16pm**. Bus passes can be used. Use it or lose it!

Bampton Village Website - www.bamptonlakedistrict.org.uk

Please send any updates for the website to Chris Cant on chris@phdcc.com or 713240. Any new photos very welcome.

PARISH DIARY (Note MH = Memorial Hall)

AUGUST

- Mo 1st Pilates, MH, 7-8pm and 8-9pm
Tinclar's Library Open Evening, Church Hall, 7-9.30pm
- We 3rd Bampton Amblers. Meet MH, 8.30am
Prayer Group at 65 Burnbanks, 10.30am
- Su 7th Service of the Word with Chris Bland, **10am**
- Mo 8th Pilates, MH, 7-8pm and 8-9pm
- We 10th Drop In For Coffee, Church Hall, 10.30-12 noon
- Sa 13th Orton Farmers' Market, 9am-2pm
- Su 14th Garden Service at Aragon led by Chris Jenkin followed by a bring and share supper, **6pm**
- Mo 15th French Group, Church Hall, 2-3pm
Pilates, MH, 7-8pm and 8-9pm
- Tu 16th Bampton Amblers. Meet MH, 2.30pm
- Su 21st Holy Communion with Sandra, 9.15am
- Mo 22nd Village Choir, Bryham House, 6-7pm
Pilates, MH, 7-8pm and 8-9pm
- Tu 23rd Bampton Amblers. Meet MH, 7pm
- Su 28th Informal service with Neil, **10am**
Raft Race, 2pm followed by Duck Race. Water permitting!
- Mo 29th French Group, Church Hall, 2-3pm
No pilates
- We 31st Bampton Amblers. Meet MH, 7pm

SEPTEMBER

- Su 4th Holy Communion by extension with Diana, **10am**
- Mo 5th Pilates, MH, 7-8pm and 8-9pm
Tinclar's Library Open Evening, Church Hall, 7-9.30pm
- We 7th Bampton Amblers. Meet MH, 8.30am

Prayer Group at 65 Burnbanks, 10.30am
 Sa 10th Orton Farmers' Market, 9am-2pm
 Su 11th Holy Communion by extension with Neil, **6pm**
 Mo 12th French Group, Church Hall, 2-3pm
 Village Choir, Bryham House, 6-7pm
 Pilates, MH, 7-8pm and 8-9pm
 Tu 13th Yoga, Small Hall, 5-6.30pm
 WI meeting, MH, 7.15pm, 'Autumn Cooking' by Laura Harker
 We 14th Drop In For Coffee, Church Hall, 10.30-12 noon
 Fr 16th Bampton Amblers. Meet MH, 2pm
 Su 18th Holy Communion with Chris Jenkin, 9.15am
 Mo 19th Pilates, MH, 7-8pm and 8-9pm
 Bonfire meeting, Crown and Mitre, 8pm
 Tu 20th Bampton Amblers. Meet MH, 9.30am
 Yoga, Small Hall, 5-6.30pm
 We 21st Bampton Parish Council Meeting, MH, 7.30pm. All welcome
 Su 25th Informal service with Neil, **10am**
 Mo 26th French Group, Church Hall, 2-3pm
 Pilates, MH 7-8pm and 8-9pm
 Tu 27th Yoga, Small Hall, 5-6.30pm
 We 28th Bampton Amblers. Meet MH, 10am
 Fr 30th. Macmillan Coffee Morning, MH, 10-12 noon

OCTOBER

Su 2nd Informal lay led service, **10am**
 Mo 3rd Pilates, MH, 7-8pm and 8-9pm
 Tinclear's Library Open Evening, Church Hall, 7-9.30pm
 Tu 4th Yoga, Small Hall, 5-6.30pm
 BDLHS, MH, 7.30pm, AGM followed by a presentation on
 'The Haweswater Action Committee Project' by David Morgan
 We 5th Prayer Group at 65 Burnbanks, 10.30am
 Indoor Bowls, MH, 7.30pm

Copy deadline for the October/November issue is 5pm on Friday 23rd September. Please send all items to Heather Pitt (Tel no: 01931 716861) pathfinders2509@btinternet.com; Jane Storey (Tel no: 01931 713490) roger_storey@btinternet.com; or leave at the Post Office. Thank you.