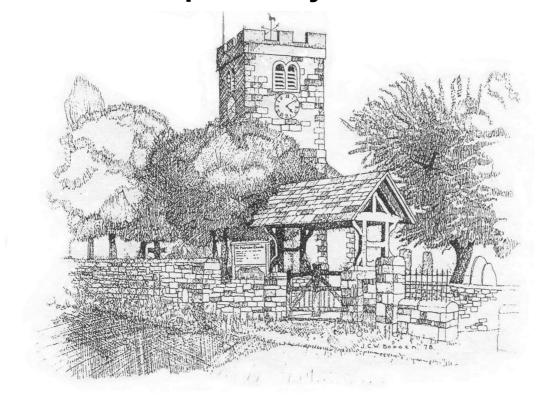
Bampton Parish Newsletter April – May 2016



Dear Friends

New Life for our current life!

Hi all,

As I write this in early March, it's cold and snow is lying on the fell tops. It doesn't feel much like spring. But I know that spring *is* coming. I can see its beginnings - the bulbs sprouting up into flower, and its new life starting to dawn. There is hope! New life has *already* begun!

It's always been this way, of course. We know that winter always gives way to spring, and spring to summer. We know the story – it's part of creation's grand design and isn't that the reality of the Easter story that we celebrate?

When Jesus hung on a cross it looked to all the world that here was just another failed Messiah. But then we have Easter Sunday, and a risen Jesus. With Easter, God's new creation is launched upon a surprised world, pointing ahead to the renewal, the rebirth, of the entire cosmos. Hope has been born – hope that things can be different – that things *will* be different. It's hope for a new life – and a new life that has already begun!

The hope of Easter is not just for a different life one day — when we die. It's much, much more than that. Because Easter gives us new life now! It offers us a relationship with God that was always God's plan.

So as you're reading this, may you know and experience this amazing life for yourself today and may you know your winter giving way to spring, and the reality of a God who loves you so much that he died to make that love a reality for you right now!

With every blessing,

Rev. Tim

Methodist Minister for Shap and Bampton

tim.cooke@methodist.org.uk

Contact Details

Stewart Fyfe, Rural Dean	01931 714620
Sandra Ward, Curate	01539 624125
Tony Hall, Church Warden	01931 713204
Elizabeth Coy, Church Warden	01931 713211
Kathy Jenkins, Church Warden	01931 714400

Following Beverley Lock's departure to take up her new role in Ambleside, and during the interregnum while her replacement is being sought, the clergy in the five High Westmorland parishes are being led by the Rural Dean, Stewart Fyfe, ably supported by Curate Sandra Ward. We are trying to reduce Sandra's substantial workload, so Stewart will be the first point of contact for births, marriages and deaths. His contact number is 01931 174620.

Another Farewell

Clive Pattinson is leaving us in April to move closer to his family down in Clifton near Bristol. Clive has done splendid work supporting the five parishes and taking services to ensure that as many of our churches as possible may have regular clergy-led services. He is leading our service on Easter **Sunday March 27**th at 10am (a change to current newsletter entry) and Clive's last service in **Bampton** will be on **Sunday April 17**th, Holy Communion at 9.15am. His wife Mandy has also been a committed supporter of St Michael's in Shap, from their home at High Buildings. We take this opportunity of thanking Clive for the generosity of his time here and wish them both a fond farewell with the hope that he and Mandy may enjoy every happiness in their new home.

Red Cross Donations

A big vote of thanks to all those who joined us as the traditional Lent Lunches over the past 5 weeks in the Church Hall. Tasty soups of an amazing variety were on offer, along with the usual friendly chat at these sociable gatherings.

There is no charge for the lunches, but voluntary donations are welcomed in aid of the Red Cross. A splendid overall total of £476 was raised and our grateful thanks go to those generous donors.

Salvation Army Food Bank

Many thanks to all who have contributed to the non-perishable goods collected in the church box. As usual, these will go to the Salvation Army in Penrith for their food bank, and we know that this support is much appreciated by them.

The Churchwardens

Wine, Nibbles and Slide Show

There will be a wine and savoury nibbles evening in the Church Hall on Friday **22**nd **April**, **7.30pm** with a slide show by Chizzer Childs on 'Wonder Trails of the Western States'

Drop in for Coffee

Our drop-in mornings are continuing to be a great success, providing opportunities for a warm drink and a catch-up. Our drop-in dates for the next two months are 13th April and 11th May, any time between 10.30am and 12 noon in the Church Hall. As before, this is not a fund raising event; it is just an opportunity to get out and meet people. If you would like to come and need a lift, then please contact me. We look forward to seeing you.

Diana Nicholson 713194

Church Bells

By 1291 Bampton with Mardale was a parish in its own right with a stipendiary vicar. It was one of only three such parishes in the Lake District at that time. For around 850 years, at the heart of life there, has been St. Patrick's church. Rebuilt in 1726 the church houses a ring of 5 bells cast in the eighteenth century, the earliest in 1729, and hung in an oak frame of similar date. The bells are hung for English full circle ringing but have not been heard ringing in that style since the 1980s when concern about the stability of the bell frame led to a decision that the bells should only be chimed.

The bells can be heard, however, striking the quarters and the hours for the church clock when they ring out an unusual chime known as the Stoke St. Gregory's chime so called after the place where this chime was first installed in 1897. The bells and their chime are part of the heritage of the parish but it would require a substantial amount of money to restore them fully and the results would be indifferent at best in view of the bells' poor tonal quality.

Last summer an appeal in the Parish Newsletter for volunteers to swell the very small band of existing bell chimers led to 3 people coming forward to whose numbers a further 2 have been added from new people moving into the valley.

The revival of interest in the bells coincided with a proposal from a business man and bell ringer of many years who has come to love this part of the Lake District and Bampton in particular, to support significantly a scheme to restore full bell ringing capability to St. Patrick's.

The Parochial Church Council are considering a proposal for the installation of a new set of 6 bells for full change ringing whilst retaining and preserving the historic eighteenth century bells and their frame to chime out the quarters and hours for the clock. A new bell chamber would be constructed below the existing bell chamber to house the ring of six bells which would also have the effect of reducing the length of bell ropes so enabling easier and more accurate ringing.

At present a feasibility study is being undertaken by the Parochial Church Council and, if acceptable, a faculty for the work will be applied for from the Diocesan Chancellor following which an appeal will be launched.

Christian Aid Week 15th – 21st May 2016

The money collected by Christian Aid each year is used for emergency relief where necessary, at this time, for instance, for the refugees in the Middle East, but it goes also to some of the poorest communities in the world to help with long term development. Help is given to people of all faiths or none, wherever there is need.

Christian Aid always works with carefully selected local partners to ensure that the money given is used effectively.

This year, we cannot organise a house to house collection, but envelopes will be available at the Post Office or at the back of St Patrick's Church. Filled envelopes can be returned to the Post Office or to 65 Burnbanks.

We do hope that you will feel able to give generously again this year.

Bampton PCC

Tinclar's Library

The Library will be open in the Church Hall on **Mondays 4th April and 9th** from **7pm – 9.30pm**.

The Trustees

Memorial Hall: Change to electricity charges.

At its last committee meeting, the Memorial Hall Committee agreed to simplify the way in which electricity use is charged to hirers of the hall.

Up to now hirers have been asked to take electricity meter readings at the start and end of their hire period. This is irksome, is sometimes forgotten and is bureaucratic for the Hall Treasurer. The Committee has therefore decided to do away with separate charging for electricity and to include the cost of electricity within the hire charge. There will be no change in the hire charge for local hirers (those groups and individuals living within the parish), so resulting in a small overall reduction in the total cost of hiring the Hall for local hirers.

For hirers from outside the local area a small increase in hire charge will be applied. This has been calculated to maintain the total hiring income to the Hall plus electricity costs at their current levels.

These changes are now being applied and will be reviewed in one year's time to ensure that electricity consumption has not increased unreasonably. Can we ask all hirers of the Hall to continue to do all they can to minimize electricity use, taking special care with heating where the greatest electricity use occurs.

The Hall Committee

Bampton Recreational Field

In 2010 the Bampton Recreational Field Group acquired the ex school playing field with the aid of grant funding together with strong financial support from the local community. The field is available for use by the residents and visitors to the area and is currently used for a variety of leisure and sporting activities. Children's football matches are regularly held, as well as five-a-side adult matches. Last year an exercise "Trim Trail" was provided. All animals, especially dogs, are specifically banned from entry, as well as motor cycles and bicycles. It has recently been brought to our attention that dogs have been taken onto the Recreation Field for exercise purposes. This is an example of irresponsible dog ownership, bearing in mind that dog mess is not only unpleasant, but presents a known risk to eyesight and health, especially for children. We would be grateful if dog owners would respect the Bampton Recreation Field and exercise their dogs in a more responsible manner.

Rob Leckie (Chairman) & Andrew Yates (Treasurer): Bampton Recreational Field Group

Peter Pan seen over Bampton!

Various sightings have been made and rumour has it that Peter Pan is to star in a post-Christmas Show in **January 2017**! So to all the old regulars and anybody interested in becoming involved – be it in an acting capacity or helping with one of the many backstage jobs – please contact either of us. The first read-through will be sometime during the summer and there will be a reminder in the next newsletter.

Heather (716861) and Alison (713350)

Huddersfield North Scouts return to Bampton for Summer Camp 2016

It seems strange in these times of package holidays and cheap international flights that any self-respecting 10–14 year old would be planning 7 days in a canvas army tent in the middle of a field in Cumbria as part of their summer holiday. Even stranger to think 12–14 adults (who should know better) will be

giving up their time to run the camp! The Scouting movement started with a summer camp back in 1907 and there must be something special about the activity because it still survives today. From a young person's point of view the attraction is that:-

- You're not with your parents
- You're with your mates
- It's kind of Bear Gryll's stuff
- Sometimes it's not raining

This year we will be holding summer camp on the Bampton Memorial Hall field from 23–29th July so that should give anyone who has a strong objection to Scouts plenty of time to book a holiday! The Hall Committee have been very welcoming and we hope to be able to undertake a community project for the village whilst we are here. We are also hoping that Shap Scouts will be able to join in our activities again this year.

Seamus Quinn, Huddersfield North Scouts

Spring & Summer Events at RSPB Haweswater

As the birds start finding their voices, and the trees start to show us some greenery, it's a good time to look forward to the arrival of spring and summer. To help you enjoy some of the wildlife on your doorstep, the RSPB will once again be running a programme of events around Haweswater. All of these events are free, but we ask that you contact us to let us know you are coming:-

A Dawn Chorus Extravaganza
Open Farm Event

Sat 14th May 5am meet at Naddle Farm
Wed 8th June 4pm meet at Swindale

Cattle Grid

Moths & More
A Guided Walk through Swindale

Sat 2nd July 8am meet at Naddle Farm
Sun 3rd July 10am start meet at Swindale

Cattle Grid

In Search of Mountain Ringlets Sat 9th July 10am meet at Mardale Head

Car Park

Moths & More

Sat 20th Aug 8am meet at Naddle Farm

Bat Night

Fri 9th Sep 7.30pm meet at Naddle Farm

For more information, or to book a place, please contact <u>vanessa.moss@rspb.org.uk</u> or call 01931 713376

Village Choir

Practices will continue on an irregular basis on various **Monday evening**s at **Bryham House** from **6pm–7pm**. Please see the diary section for scheduled dates.

Anybody interested in joining/obtaining more information please contact me on 713294.

John Garside

Indoor Bowls

The Indoor Bowls sessions will close for the summer at the end of March. It has been another enjoyable season, interrupted as usual by bad weather but this year by floods rather than snow and ice. As well as our club nights on Wednesday we have played matches with a number of other local village teams. For the first time on record we have actually won more than we lost! Our standard must be improving. At the time of writing we still have one match to play - away to a team who usually have the advantage on their own turf (or mat). Hopefully we can pull off a major triumph! Many thanks to all (including some `on loan` players from Shap) who have played this year. Next season will start at the end of September - details nearer the time. We always welcome new members, with or without any experience.

Bernard Kirkbride.

A New Growing Season on Bomby Green

The snowdrops have been replaced by celandine and we can look forward to more flowers as the Spring progresses. Malcolm Evans has kindly agreed to take photos of the changing seasons on Bomby and these will be available to view on the website. Better still, come and look for yourselves.

The donations bucket in the Post Office raised £20+ which will help fund our maintenance work. Thanks to John for this and Susan who made such an eyecatching display for it.

As you can read elsewhere the Scouts are coming to Bampton at the end of July and we hope to make the most of their offer to do us a good turn with some work on a project on the Green.

Our next meeting will be on the Green itself on **July 19th at 7.30pm**. This will give us a chance to review the work we need to do. Anyone who is interested in keeping this village amenity is very welcome to come along.

Katharine Cooke for the Bomby Green Management Committee

Bampton Winter Sports- another great occasion

Indeed, the Winter Sports, although they were held on a day warm enough for the fun to continue outside on the playground once the indoor games were over, were well attended. It was good to see the familiar faces joined by newcomers, one only weeks old! There was plenty of competitive spirit in the snowballing, grown-ups as keen as the youngsters to land a ball on the opposite side. The chocolate game was its own sweet reward, if you could cut the chocolate with gloves on using only a knife and fork.

An excellent array of home-made cakes washed down with tea or squash kept energy levels high. Thanks go to all those who kindly baked for the event. Also thanks to those who lent games.

Next up is the summer event, **Sunday July 3**rd. Plans are being made to ensure that this is as good as ever. We are still looking for helpers on the day, especially someone to run the burger stall. Just contact any of the committee members or me on 01931 713392.

Katharine Cooke for the Bampton Sports committee

Bampton Amblers

It was almost inevitable that, after all this winter rain, at least some of the Amblers walk dates would be wet – but surprisingly not bad enough to cancel! In contrast, on some occasions we have walked in glorious weather, with blue skies and snowy tops all around. One such walk was over Arthur's Pike and Loadpot Hill when 5 intrepid ladies managed 11 miles, only getting their boots muddy during the last mile! In contrast a recent walk near St. Johns in the Vale revealed some of the devastation caused by Storm Desmond.

Why not walk off those winter blues and join us on one of the following dates:

Tuesday 5th April Meet at 9.30am David & Katharine (713392)

[Mod: Branstree from Mardale $-3\frac{3}{4}$ miles -1,600 feet of ascent]

Sunday 17th April Meet at 10.00am Leader required

[Easy: See PO notice board for details]

Saturday 23rd April Meet at 9.30am Leader required

[Mod/Hard: See PO notice board for details]

Wednesday 27th April Meet at 3.30pm Leader required

[Easy: See PO notice board for details]

Monday 9th May Meet at 9.30am David & Heather (716861)

[Mod: Catbells via Lodore ferry $-4\frac{3}{4}$ miles -1,640 feet of ascent]

Monday 16th May Meet at 10.30am Leader required

[Easy: See PO notice board for details]

Meet at the **Memorial Hall in Bampton** and bring a packed lunch, unless advised otherwise. Please note that start times may vary from those quoted depending on the nature of the walk, so please see the notice board in Bampton Post Office for full details of/changes to all walks. In the event of bad weather please contact the above leaders.

Heather Pitt and Alison Jones

Pilates

Pilates will continue to be held on **Monday** evenings with classes at **7-8pm** and **8-9pm**. However, over Spring and Summer classes will not be held on the following dates:-

Monday 9th May Monday 18th July

Monday 25th July

French Conversation Group

The group will continue to meet mainly at fortnightly intervals, on **Mondays** at **2pm**, in the Church Hall. In Marion's absence I will co-ordinate the meetings. New members are always welcome.

Roger Storey 713490 or <u>roger_storey@btinternet.com</u>

Bampton Community First Responders

A huge thank you to everyone in the community who supported Bampton CFR team by coming along to the Big Breakfast in February. It was a massive success with approximately twice as many breakfasts served as expected and over £400 raised for the team. The level of support from the community is both very humbling and encouraging for the team members.

I'd like to take this opportunity to thank all the team members who gave up their Saturday to help but especially Petra Russell and her family who organised, cooked and helped serve approximately 80 breakfasts. It would not have been possible without Petra's organisational skills, drive and enthusiasm.

Bampton CFR team has obtained funding and purchased a public access defibrillator which will be installed on the north facing wall of the Post Office in the near future. This will mean that a life saving defibrillator will always be available even if no CFR team members are on call. The defibrillator will be registered with the ambulance service who will also be able to advise on first aid. Always call 999 for an ambulance in a medical emergency!

Thank you all for your continued support, without which we wouldn't be able to continue helping the community. Look out for more fundraising events happening later in the year.

If you feel unwell and think it is a medical emergency DIAL 999 or 112 and ask for AMBULANCE. Any on call CFR's will then be asked by Ambulance control to attend if appropriate.

Christine Hill, for Bampton CFR Team christinehillski@gmail.com

Bampton WI

Two excellent meetings, well-attended by visitors, in February and March saw everyone spell bound. John Forrester from Blood Bikes in Cumbria explained that this new charity is delivering blood where it is needed on behalf of the NHS and the Great North Air ambulance. Stephen Ball recounted *Nightmare on McKinley*, the story of his dramatic climb on this Alaskan mountain, only to miss the summit by a whisker because of appalling weather. Frost-bitten and severely injured during an attempt to summon help for his two companions,

Stephen was himself rescued by chance. Both evenings raised donations for Blood bikes and Penrith Mountain rescue.

The April meeting will be Jean Scott-Smith on *Weather Forecasting the Country Way* which may come in useful for next winter's weather. Please join us for this on **April 12**th. The centenary scrapbook will be available to view, a record of the WI's activities in 2015. The May meeting will discuss the resolutions for this year's national AGM in Brighton.

A good collection of silver and gold stars was awarded for members' entries at the Appleby Show on March 12th at the Market Hall in Appleby. Well done to all participants.

Elsie Mounsey

Bampton and District Local History Society March 2016

History usually gets more serious as we move into Spring and we have held three meetings since the beginning of February. In different ways, these showed how Cumbria has reacted to unfamiliar and potentially disruptive events.

The first meeting on February 2nd saw Rob David giving a fresh and unfamiliar twist to our series marking World War One. Rob spoke on the 'waiters, miners, butchers and "spies" whose ordinary lives after 1914 were transformed by suspicions that they were, in fact, 'enemy aliens'. There were about 150 Germans and Austrians who found themselves in Cumbria during the Great War. The largest group were employed as miners in Alston and they, with others, were interned in camps at Lancaster and the Isle of Man.

We held two meetings in March – on March 1st Andy Connell discussed the many false histories of the Appleby Horse Fair – he showed there was no Royal Charter, that the fair took place on a hill outside Appleby and that horses had by no means been the major element in the event. Divided political and social loyalties were also highlighted, including the 'gypsy strand' in Lowther heritage. Finally on March 15th there was a drop in session for viewing and discussing a substantial collection of historic photos relating chiefly to Haweswater. This was an enjoyable and relaxed afternoon and much local knowledge was shared.

Our next meeting, **April 5th**, is on Quakerism in Cumbria given by Alan Clowes, a Quaker and proprietor of the temperance hotel the Cross Keys in Cautley, near Sedbergh.

We look forward to seeing old friends and new members!

Pat Garside, BDLHS

Yoga

Our new teacher, Ellen Pogson will be taking the first class on **Tuesday 3rd May, 5-6.30pm**, Small Hall. The class will be tailored to suit all abilities. There are still a couple of places available so if you want to give it a go, give me a ring.

Bampton Cinema

For the finale this season we present:

Saturday 9 April: Dark Horse (UK, 2015) cert PG, 84 mins, genre: documentary.

And 2 short computer animated films:

Ain't No Fish and Timber from the Best of Bradford Animation festival.

This is Grand National Day! So if you are celebrating or drowning sorrows, why not come along for your last chance this season to have a candlelit supper before the film. Supper will have a delayed start at **6:15pm** to allow for watching the race at home. Bar and ice-creams as always.

The venue is Bampton Memorial Hall, doors opening at 7pm; film starts at 7:30pm. Tickets are on sale at the door on the night, price £4 adults, £2 U16. Film plus supper ticket can be bought in advance (please book early) at Bampton Post Office, price £8 adults; £6 U16.

A word about *Dark Horse*: This is different. First, the star is a horse, *Dream Alliance*; second, the director is a woman, Louise Osmond and third, it is a documentary about a small Welsh ex-mining community which had the dream and drive to do something extraordinary and breed a racehorse. The film won the World Cinema Documentary Award at the Sundance Film Festival in 2015 and is a gem.

We're on Facebook, Twitter and the Parish website where you'll find details and a link to the film trailer. Thanks to all who have bought tickets and helped out in many ways on cinema nights this season. Take a look at Cine North's promo video https://vimeo.com/157423018 filmed on *Annie Hall* night in February at the Memorial Hall.

More films coming to your "cinema on the doorstep" next season, we hope! If you would like to find out more about Bampton cinema and can commit some time and enthusiasm to help out on the night please contact:

Hazel Eccles (713311), Katharine Cooke (713392), Mike Jones, Bampton REMOTE Cinema Committee.

Events in Shap

The Old Courthouse

Wednesday 25th May, 10.15-11.15am, Wordsworth Trust, Rucksack of Rhymes, 'Bugs and Butterflies' for parents with pre-school/nursery children. £1 contribution to costs per child.

Highlights Rural Touring at Shap Memorial Hall

Belshazzar's Feast Sunday 15th May at 7.30pm

Belshazzar's Feast are coming to Shap with their humorous take on traditional music played on oboe, violin and accordion. Known as much for their sense of humour as their impressive musicianship, the duo will be playing an evening of intimate, entertaining and wickedly inventive music.

Paul Sartin (on oboe and violin and of Bellowhead and English music trio Faustus) and Paul Hutchinson (on accordion and of Hoover The Dog) have been together for over 20 years and have wowed audiences across the UK and USA – from village halls to the BBC proms - with their eclectic and eccentric mix of tunes and between-songs chat that always sends audiences home with smiles on their faces. Belshazzar's Feast were BBC Radio 2 Folk Award Nominees for the Best Duo Award 2010.

'Their music is breathtaking and wickedly inventive and the between-tunes interchange as intelligent and hilarious as the music.' Mike Harding, BBC Radio 2

Tickets: Adult £9, Conc £8 Child £5 Family £23 (Adults and 2 Children or 1 Adult and 3 Children Tel: 01931 716273

Can you support this Community Initiative?

From 21st March The Old Courthouse, Shap will be open for several hours each day of the week (including Sundays). We are looking for more volunteers to provide a welcome for visitors using our services: library, computers, visitor info – training will be given. If you could spare a few hours on a regular basis then we would like to hear from you.

Email: <u>admin@theoldcourthouse.org</u> or tel 07555021295# For further details of all activities visit: http://theoldcourthouse.org

Open Garden at The Hermitage

Sunday 29th May 1-4.30pm. Admission £2, children free. Afternoon teas, Bric-a-brac, raffle. Proceeds for St Michael's Church

Boutique Fashion Show

St Michael's Church presents Kitty Brown Fashion Show. Shap Memorial Hall, **Saturday 23rd April, 7.30pm**. tickets £5 includes savouries. Wine/soft drinks available. Tel 01931 716273

Shap Medical Practice

Opening times: 8.30am – 6.30pm Mon/Tues/Wed/Fri; 8.30 – 1.00pm Thurs. Please note the dispensary is closed for lunch between 1.30pm and 2pm Mon/Tues/Wed/Fri and closes at 1.00pm on Thursdays. Surgery times may vary during holiday periods. The surgery is closed on public holidays and for protected learning time sessions for staff training on Thurs 21st January 2016.

Emergency arrangements: Outside normal surgery hours please dial 111 the NHS 111 service.

Telephoning for results: Please phone for the results of test or investigations after one week. If you have made an appointment with a GP to review the results please check that they have been received before attending.

Ordering medication: In addition to handing in repeat prescriptions at the Surgery, you can now order online and book appointments too. Please go to www.shapmedicalpractice.co.uk for more information. You must still allow 2 full working days notice.

Child Health Clinic: Our health visitor Sharon Coates runs this clinic in the Old Courthouse Library, Shap on the first Thursday of every month 1.15pm to 3pm. She can be contacted on 01768 245615.

NEW Hearing Aid Cleaning and Maintenance clinic is held at Shap Surgery on the 2nd Wednesday of the month between 10.30pm and 12pm. If you would like to volunteer to help with this clinic (full training will be provided) please contact Sue Graham, Practice Manager.

NEW Optician Clinic – for NHS eye test patients only – please ring 017683 53199 for an appointment.

The local bus

The bus is run by Fellrunner and operates every **Thursday**. It will leave **Burnbanks at 10.00am**, travelling via **Grange Bridge (10.07am)** and leave **Bampton at 10.14am** to arrive at **Penrith Bus Station at 10.48am**. The return bus will leave **Penrith Bus Station at 1.30pm** to arrive back in **Bampton at 2.02pm** and **Burnbanks at 2.16pm**. Bus passes can be used. Use it or lose it!

Bampton Village Website - www.bamptonlakedistrict.org.uk

Please send any updates for the website to Chris Cant on chris@phdcc.com or 713240. Any new photos very welcome.

PARISH DIARY (Note MH = Memorial Hall)

APRIL

Su 3 rd	Holy Communion with Neil, 10am
Mo 4 th	French Group, Church Hall, 2pm-3pm
	Village choir, Bryham House, 6pm-7pm
	Tinclar's Library Open Evening, Church Hall, 7-9.30pm
	Pilates, MH, 7-8pm and 8-9pm
Tu 5 th	Bampton Amblers. Meet MH, 9.30am
	BDLHS, MH, 7.30pm "Quakerism in Cumbria" by Alan Clowes,
Sa 9 th	Orton Farmers' Market, 9.30am–2.30pm
	Bampton Cinema, MH, "Dark Horse" Doors open 7pm
Su 10 th	Holy Communion with Sandra 6pm
Mo 11 th	Village choir, Bryham House, 6pm-7pm
	Pilates, MH, 7-8pm and 8-9pm

Tu 12 th	W.I Meeting, MH, 7.15pm, 'Weather Forecasting the Country Way'
W/2 12th	Open Meeting, all welcome
We 13 th Su 17th	Drop In For Coffee, Church Hall, 10.30-12 noon
Su 17	Holy Communion with Clive 9.15am Remoter Amblers Most MIL 10am
Mo 18 th	Bampton Amblers. Meet MH, 10am Fronch Group, Church Holl, 2nm, 3nm
1010 10	French Group, Church Hall, 2pm-3pm Pilates, MH, 7-8pm and 8-9pm
Fri 22 nd	Wine and Nibbles, Church Hall, 7.30pm
Sa 23 rd	Bampton Amblers, Meet MH, 10am
Su 24 th	Informal service with Diana and Neil 10am
Mo 25 th	Village choir, Bryham House, 6pm-7pm
We 27 th	Bampton Amblers, Meet MH, 10am
MAY	
Su 1st	Holy Communion with Ian Elliot and Neil 10am
Mo 2 nd	French Group, Church Hall, 2-3pm
	Pilates, MH, 7-8pm and 8-9pm
Tu 3 rd	Yoga, Small Hall, 5-6pm
Su 8 th	Holy Communion with Neil, 6pm
Mo 9 th	Bampton Amblers, Meet MH, 9.30am
	Tinclar's Library Open Evening, Church Hall, 7-9.30pm
Tu 10 th	W.I. Meeting, MH, 7.15pm
We 11 th	Drop In For Coffee, Church Hall, 10.30-12 noon
Sa 14 th	Orton Farmers' Market, 9.30am-2.30pm
Su 15 th	Holy Communion with Chris Jenkin, 9.15am
Mo 16 th	Bampton Amblers. Meet MH, 10.30am
	French Group, Church Hall, 2pm-3pm
G aand	Pilates, MH, 7-8pm and 8-9pm
Su 22 nd	Informal service with Chris Jenkin, 10am
Mo 23 rd	Pilates, MH, 7-8pm and 8-9pm
Su 29 th	A joint Holy Communion with Shap at Bampton with Ian Elliot,
Ma 20th	10.30am
Mo 30 th	French Group, Church Hall, 2pm-3pm
	Pilates, MH, 7-8pm and 8-9pm

Editors note – Copy deadline

As I shall be away for the next issue of the Newsletter, could all copy for the June/July edition be forwarded to Jane Storey (Tel no: 01931 713490) roger_storey@btinternet.com or left at the Post Office. Copy deadline is 5pm on Sunday 22nd May.

Julian Russell Fdsc. Arb – Tree & Garden Services

All aspects of tree work, large and small, including pruning, felling, hedge cutting and planting. Wide range of gardening services also available.

Free specialist advice and quotations.

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