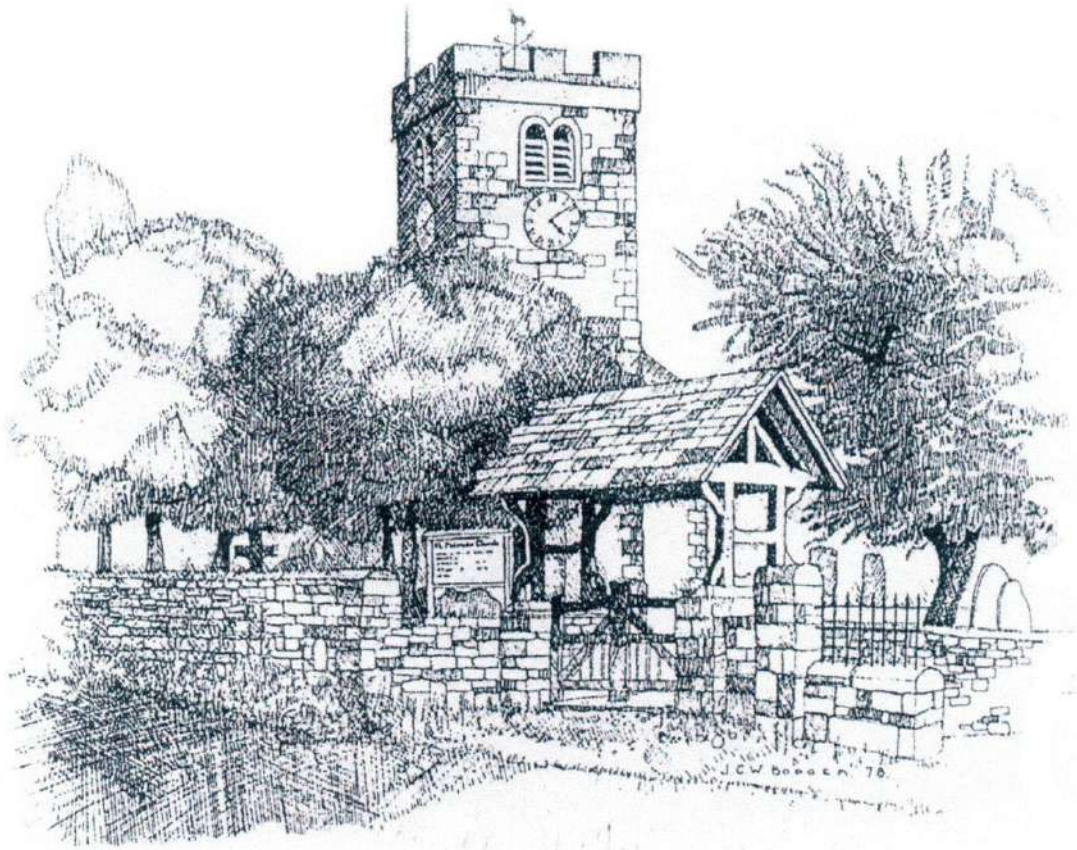


BAMPTON PARISH NEWSLETTER AUGUST – SEPTEMBER 2024



Hello,

“*Suffer the children to come unto me...*” said Jesus, depending on which translation of the Bible you use. As a child, I found this old-fashioned translation very puzzling. The story, of which it was part, was clearly about Jesus being *more* child-oriented than the other grown-ups, not *less*. I had a vague sense that ‘suffer’ meant ‘undergo or endure’ but I didn’t know (and no-one explained) that it could also mean ‘allow’.

If Jesus felt that he had to ‘endure’ the company of children then, even as a child, I could see some fairness in that. After all, I felt that I often had to endure the company of adults, including my parents’ friends and relatives. It seemed to me that adults did an awful lot of making children undergo or endure things.

Very occasionally, we had to undergo or endure a trip to church. The reality of church seemed much duller than the stories of Jesus had led me to believe it should be, which was disappointing. Those stories, and the opportunity to understand and explore what they might mean to me, seemed not to feature very much in church.

Ruth and I recently conducted some surveys with our youth groups, to find out what young people want. Unsurprisingly, we found that they sometimes just want to spend time out of the house, either quietly, or with friends and acquaintances. We probably all remember hanging around the streets as children: not because we

wanted to graffiti bus shelters or terrorise elderly residents, but because we just wanted to be out, under our own steam. We also remember when it was too wet, too cold, or too dark to be outside. We probably remember times when we wanted to lark about and let off steam with our friends. We probably remember times when we wanted to have a serious chat with someone about something serious: how the world worked, how life worked, how it was treating us.

I'm ambitious to continue to serve young people in the name of Jesus. So, next term, we will be adding drop-in youth groups in Shap and Crosby Ravensworth, where we believe there is already demand. We will experiment with the times, places and content until we get it right. And, if you think there is demand in your village too, let us know.

We will also grow our work with the schools that welcome us, offering after-school clubs, deep engagement with the curriculum, governance and collective worship. The government will be pressing ahead with Children's Wellbeing programme, including free breakfast clubs. Who knows what opportunities there may be for the church to get involved?

We also spent time in July bidding for national funding to deliver a whole new experience of church for young people: one that they, rather than adults, design and deliver. It will certainly offer time out of the house, both quiet and with friends. But it will also offer what young people expressed to us: *"We hope to create a relaxed church, where we can pay attention to God, hear what other people believe and discuss it. We hope to see who God is in real life for us. By creating a place which is accessible and exciting for us, with fun and food, we can invite other people, especially people who aren't religious. We hope to translate some of the things that adults do and say in church to make it more interesting, relevant and make more sense for people our age."*

If someone had offered that to me, at that age, I'd have jumped at it!

Stephen

Contact Details

Stephen Tudway, Vicar

01931 719210

Elizabeth Coy, Church Warden

01931 713211

Maureen Barber, Church Warden

01931 713314

COME AND JOIN US

for

ST PATRICK'S CAFE CHURCH

at 9.45am on Sunday, 11th August to discuss the life and work of Olivia Hill - the late 19th/early 20th C social reformer and joint founder of the National Trust

On Sunday, 8th September at 9.45am we will discuss Celtic Christianity.

St Patrick's Church warmly invites you to come to the service at **6pm on 1st September** in the garden of Chizzer Childs at Aragon, Naddlegate, Burnbanks CA10 2RL and then to join with us afterward in a Bring and Share supper in the garden.

Services for August and September

4th August – Holy Communion **9.45am**.

11th August – Café church **9.45am**.

18th August – No service at Bampton this week, but services are available at Askham – Holy Communion at **11.15am**; Shap – family service at **10.30am**; and Crosby Ravensworth – Evening Prayer at **6pm**.

25th August – Holy Communion **9.45am**

1st September – Service at Aragon followed by Bring and Share supper

8th September – Café church **9.45am**.

15th September – No service at Bampton this week, but services are available at Askham – Holy Communion at **11.15am**; Shap – family service at **10.30am**; and Crosby Ravensworth – Evening Prayer at **6pm**.

22nd September – Holy Communion **9.45am**

29th September – Joint benefice service of Holy Communion at Shap, **10.30am**.

Confirmation

Ruth and Stephen will be offering Confirmation preparation this Autumn, starting weekly in September. Confirmation is an ideal opportunity to discover what faith really means, and whether it is for you. There will be a Confirmation service in December, but no obligation to be confirmed unless you really want to be. You are welcome to attend as an explorer simply to find out more. Please get in touch with stephen@northwestmorland.church to find out more.

Bell Ringing

Visiting ringers and anyone who might be interested in learning how to ring are always welcome. Practice dates (see Diary Dates) are subject to change. Please contact the Tower Captain in advance on Tel: 01931 716822 in order to confirm a date and time before your visit. Thank you.

Bampton PCC

Raft Race 2024

Sunday 25th August, 2.00pm at Bampton Grange Bridge is where you need to be for the best participation and spectator event of the year. A staple of the local community calendar coupled with the annual duck race. Come along, get involved and keep this event going. Still only £3 per mariner, children under 16 MUST have a buoyancy aid and be accompanied by an adult. A disclaimer needs to be signed for all participants. Meat or veggie burger and hot drink for all finishers. Once again the Mardale Inn pop-up will be there so what's not to like?

Spectators, please bear in mind that the public footpath down to the swing bridge has been damaged and involves two stiles so not straightforward for pushchairs etc.

Tim Ward

Annual Duck Race

The Duck Race will take place on **Sunday 25th August** at the swing bridge from **3pm**. From the beginning of August you will be able to purchase ducks at the Village shop or Mardale Inn. We hope the weather will be kind to the ducks so they can have an uneventful swim!

Bampton Memorial Hall Committee

Macmillan Coffee Morning

Hello once again. The Macmillan Coffee Morning will be at the Hall on **Friday 27th September 10am until 12 midday**. The raffle will be drawn at 11.30am. Anything for the White Elephant stall, books, puzzles, ornaments or costume jewellery, (please no clothes or shoes) would be gratefully accepted. If we do not sell them please let us have your permission to take them to charity shops. If anyone would like to bake for our cake stall we would be delighted. If required, I will pick up your goods or you can drop them off at my porch. Looking forward to seeing you all once again at this special event which helps so many.

Lesley lesleyawh@aol.com

Community Enterprise Catalyst (Cumbria - Eden)

Do you want to work for yourself and make a difference to people's lives?

People in Eden need extra help to live the way they want to, perhaps because they are older, disabled or have a long-term health condition. Community Catalysts is seeking people who would like to provide care and support to people on a self-employed basis. You will help people to be more independent with things, such as cleaning, cooking, or help with washing and dressing and taking trips out in the local area. And you don't need any care or business experience, just to know what good care looks like.

We provide clear and simple guidance to set up as self-employed, or as a community micro-enterprise as we like to call it. Running your own micro-enterprise can be flexible and fits around family life, hobbies and interests.

We can also signpost you to a start-up grant of up to £500!

Our support is free to you, as the project is funded by Westmorland and Furness Council. Please get in touch for an informal chat to find out more.

Call 07435 943901 or email hannah.turner@communitycatalysts.co.uk

Hannah Turner

Bampton Indoor Bowls

Our Indoor Bowls session will start on **Wednesday 2nd October**. Anyone wishing to "have a go" is welcome to join us at **7pm** in the Memorial Hall. For further information contact me at kenarmstrong396@gmail.com or 01931 713309.

Ken Armstrong

Bampton & District Local History Society

The society (BDLHS) meets on the first Tuesday of the month. The 2024/2025 season commences on **Tuesday 1st October at 7.30pm**, with a short Annual General Meeting, in Bampton Memorial Hall. The AGM will be followed by a talk on Thomas Martindale, a nine year old boy, who, in 1907, was lost on the local

fells for five days. The presentation will be given by Mr. John Little, who has recently published a book on the story, titled "The Lost Boy".

Meetings are open to members and visitors alike and anyone interested in joining the Society should make contact with the Membership Secretary, Heather Pitt (01931 719187 or at pathfinders2728@gmail.com).

Andrew Yates, Chair BDLHS

Le groupe français

Août et septembre à venir. L'année passe vite et nous avons eu peu d'occasions de nous asseoir dehors ou de jouer aux boules. On espère qu'en septembre, Alexa (Weymouth) pourra nous raconter son année passée au Sénégal. Ce sera très intéressant pour nous et pour tous ceux qui souhaitent nous rejoindre. Nous nous réunissons tous les quinze jours, dates en fin de newsletter.

Marion Jones (713555) mjoneskili@gmail.com

The Bampton Endowed Schools Endowment

This is just a reminder that the closing date for applications for an educational grant this year is **30th September 2024**.

The Trustees invite applications for financial support from those who will be undertaking courses at any university, college or institution of higher or further education or at sixth-form level, in autumn 2024. Consideration will also be given to applications from those who will be undertaking other forms of education (including the study of music or other arts) to prepare for entry into any occupation, trade or profession.

To be eligible to apply for a grant the applicant must be:

- Under the age of 25 on 1st September, 2024 and
- Resident in the civil parish of Bampton, Cumbria or to have attended Bampton Endowed School.

An application form, and further information, can be obtained from (and returned to): Hazel Eccles by email: hecclles@btopenworld.com

Bampton Community First Responder Team

The team training this month featured a discussion on ensuring patient assessment information is accurately handed over to an ambulance crew, ensuring continuity of patient care is continued.

If you think you'd like to join the team and help provide essential emergency cover for the local community please feel free to get in contact with me for an informal chat.

If you feel unwell and think it is a medical emergency DIAL 999 or 112 and ask for AMBULANCE. Any on call CFR's will then be tasked by Ambulance control to attend if appropriate. CFR's will not be tasked to attend all 999 calls but will be asked to attend the following type of emergencies: abdominal pain, severe allergic reaction, breathing problems, fitting, diabetic emergency, chest pain, stroke, loss of consciousness, collapse, cardiac arrest, respiratory arrest, some trauma. We will not normally be tasked to any incident involving children under 12.

Christine Gillespie, Bampton CFR Team 07771934996 christinehillski@gmail.com

Bampton Summer Sports

With all the rain the day before the summer sports, it looked like it was not going to happen but we were fortunate and managed to avoid the rain. Shap School opened the day with singing and dancing. The dog show was very popular and the judge really entered into the spirit of the event, all dressed up as Mr Fox! It was brilliant to see everyone enjoying themselves and taking part, and good to see the return of the fell race.

The committee would just like to thank everybody for their help in getting the field ready, helping out on the day or just coming along to support and making it a successful sports event.

We have a vacancy for sports secretary which we urgently need to fill otherwise will be unable to run the event next year. If you are interested in the secretary's position or joining the committee, please contact Vickie Haddock at shoequeen346@btinternet.com

Tinclar's Library

One of the great joys of being part of the Tinclar Library is hearing from people all over the World who are looking for information about their family.

The story we need help with started as an email to Sue Bletcher from Chrissie and Ian Lawson who live in Aymstrey near Ludlow, Herefordshire, after a visit to Bampton in 2019. Their email states that 'after calling at the garage the very helpful proprietor sent us to the church' where they located the family gravestones. Her husband had found an old wooden caravan in a poor state of repair by a river bank and restored it about 25 years ago. Inside the caravan was a message signed Wilson Ewbank and stated 'I built the caravan all by myself in 1914'.

On talking to the shopkeeper in their village they discovered that he was buried in the local churchyard. He died July 1949. From the funeral notice in the local paper more information was discovered. Wilson was the son of Mr. Noble Ewbank, Walmgate, Bampton. He was a very skilled craftsman in carving, and restored some 13th century carved oak screens in the church. 'He passed without suffering at the ripe old age of 87, a few minutes after completing a beautiful table which he had promised as a wedding present'. His whole life was giving happiness to others. Among the large attendance of mourners were Mrs. Hodgkin (niece), Penrith; Mr. Holme, Bassenthwaite; and Mr. Tom Powley, Edinburgh. He seemed to have made a good life for himself in Herefordshire but what made him leave Bampton? Was it work? Or, according to Chrissie Lawson, there was a rumour he had a relationship with a lady from Shobdon Court!

A mystery to be solved! Any information or stories you have would be great. You can see photographs of the caravan, his gravestone and the burial notice at the Tinclar Library.

We are open every **Monday from 12 noon until 2pm**. In case of any queries, please contact Tinclarlibrary@icloud.com.

Sue Bletcher, Trustee

Bampton Pilates

Pilates is continuing in Bampton Memorial Hall at **5.30pm and 6.30pm on Monday evenings**. Every class has a different focus, and we use different

equipment to facilitate improving our strength, mobility and flexibility. All equipment is provided. Please contact Alexis on 07411 902674 or penrithpilates@gmail.com

Qigong at the Health Barn

If you'd like to invest in your health so you can enjoy your daily life activities with more energy, less stress, tension and tightness in the body, Qigong will absolutely help you to achieve this.

Qigong is an ancient Chinese medicine mind/body practice that combines gentle movements, breathing techniques and mindfulness. No matter your age or abilities, Qigong can support health and vitality in all areas of life, physical, mental, emotional and spiritual. Classes are specifically designed with this in mind. If you'd like to book your place or find out more, please send me a message. Classes are in the **Health Barn, Askham** on the **last Saturday of each month, 9.30-10.30am.**

Claire Gray www.cgfitness.uk 077950 36090

Bampton Valley Stores

Thank you to everybody who has been supporting Bampton Valley Stores over the last few months.

The shop has been reliably open 7 days a week staffed by hard working, local volunteers. In the months of July and August we are opening for extended hours from 9am to 2pm.

Over the Summer, we are delighted to be welcoming more visitors in for a coffee or a pasty, many of whom comment on the friendliness of the area and how amazingly lucky we are to have a functioning shop, pub and garage!

Please pop by when you can for a chat and to pick up your vital items (eggs, milk, stamps, stuffing mix, cake, fly spray, paracetamol etc!), and help ensure that the local Stores are here for many years to come.

Bampton Valley Stores Volunteers

Bampton REMOTE cinema

A big welcome back to Bampton Cinema at Bampton Memorial Hall!

We start the new season on **Saturday 14th September** with **“Wicked Little Letters”** (Cert 15, 2023, 97 minutes). It stars big names: Jessie Buckley, Olivia Colman and Timothy Spall. It's based on the real story of the Little Hampton letters scandal that rocked Britain in the 1920s, trolling in nineteen twenties style. Pious Edith and fellow residents begin to receive letters full of unintentionally hilarious profanities; their raucous neighbour Rose becomes the prime suspect. It's a slightly shocking (!) but really funny film, a period piece but only too relevant in today's world. (Confirmation of this film choice awaited meantime.)

Supper plus film tickets will be on sale from **Wednesday, August 28th to Wednesday 11th September** at our brilliant Bampton Shop and tearoom; tickets are £12 adult; £9 under 16. Film only tickets are available on the door on the night at £5 adult; U16 £2. Posters will be going up, look out for these.

All our trademark entertainment is available: bar courtesy of the village hall, ice-creams from Abbott Lodge, but best of all some good craic from the audience as

that's what it's about – bringing people together to enjoy film together....on your doorstep!

Screening starts at **7.30pm** and supper is served, (in the village hall) **at 6pm**.

Here are all the **film dates** again for your diary:

Saturday October 19th; Saturday November 16th; Saturday December 14th; Saturday January 18th; Saturday 15th February; Saturday 15th March; Saturday 12th April. The confirmed film programme will be ready for the next newsletter.

If you have been thinking over joining the film committee then please do get in touch with Hazel at heccl@btopenworld.com or phone/text 07895354486. For general cinema enquiries please phone 01931 713311.

Hazel, Mike, Dave, Sue: Bampton REMOTE cinema committee

Mardale Inn Summer Update

To enjoy the summer months, the pub is offering extended opening and meal service times during July and August. Evening meal sittings are now available Monday to Saturday from 5pm to 8.30pm. The pub opens everyday at 2pm for drinks only.

Our latest Summer Menu is proving popular with a number of emerging favourites. The Sharing Plates, which can just be taken on their own, provide an interesting new option for a light snack along with an end of afternoon drink.

While we welcome more visitors from afar to the pub over the summer, remember that the Mardale Inn Loyalty Card is available to locals to sign up to and receive an effective 10% discount on all food and drink purchases at the pub. Most folks seem to enjoy accruing their points from purchases – and then taking their drinks or a meal for free every now and again. We really don't mind what you do – as long as you get to enjoy the locals' benefit! If you are not yet signed up, please visit www.themardaleinn.com/loyalty or ask for a form at the pub.

Finally, on **Saturday August 10th** we will be holding a 'Summer Music and BBQ Afternoon' at The Mardale. Burgers, sausages and other things will be available from just a fiver a pop from 12.30pm onwards. We'll get to enjoy music from Crook Morris and Billy Burrell. No entry fee – just pop along between **noon and 4pm** or so to enjoy a relaxed Bampton Valley summer afternoon.

The Mardale Inn Team

Bampton Mobile Post Office

Bampton Post Office operates from the Memorial Hall on **Wednesdays between 9.00 – 10.30am**: most postal services continue to be available from this mobile unit.

The local bus

Face masks are now optional on the Fellrunner bus weekly **Thursday** service. The bus will go down **Rosgill Hill at 10.10am**, then travel via **Bampton Grange (10.18am)** to **Burnbanks (10.25am)** and leave **Bampton at 10.34am** to arrive (via Morrisons) at **Penrith Bus Station at 11.05am**. The return bus will leave **Penrith Bus Station at 1.15pm** to arrive back in **Bampton at 1.42pm**, **Burnbanks at 1.53pm** and **Rosgill at 2.08pm** (subject to passenger requirements). Bus passes can be used and children under 16 years travel free.

Bampton Village Website www.bamptonlakedistrict.org.uk

Please send any updates for the website to Chris Cant on chris@phdcc.com or 713240. Any new photos very welcome.

Copy deadline for the October/November issue is 5pm on Monday 23rd September. Please send all items to:

Heather Pitt (Tel no: 01931 719187) pathfinders2728@gmail.com or

Jane Storey (Tel no: 01931 713490) Jane_storey@btinternet.com

PARISH DIARY

(Note MH = Memorial Hall)

AUGUST

Th 1 st	Bell Ringing practice, from 2pm Aerial Yoga, Askham, 7.30-9pm
Sa 3 rd	Aerial Yoga, Askham, 9-10.30am
Su 4th	Holy Communion, 9.45am
Mo 5 th	Tinclar's Library, Church Hall, 12-2pm Pilates, MH, 5.30pm and 6.30pm
We 7 th	French Group, Small Hall, 2.30-3.30pm
Th 8 th	Bell Ringing practice, from 2pm Aerial Yoga, Askham, 7.30-9pm
Sa 10 th	Aerial Yoga, Askham, 9-10.30am 'Summer Music and BBQ Afternoon', Mardale Inn, noon-4pm
Su 11th	'Café Church', Church Hall, 9.45am
Mo 12 th	Tinclar's Library, Church Hall, 12-2pm Pilates, MH, 5.30pm and 6.30pm
Th 15 th	Bell Ringing practice, from 2pm Aerial Yoga, Askham, 7.30-9pm
Sa 17 th	Aerial Yoga, Askham, 9-10.30am
Su 18th	No service
Mo 19 th	Tinclar's Library, Church Hall, 12-2pm Pilates, MH, 5.30pm and 6.30pm
We 21 st	French Group, Small Hall, 2.30-3.30pm
Th 22 nd	Bell Ringing practice, from 2pm Aerial Yoga, Askham, 7.30-9pm
Sa 24 th	Aerial Yoga, Askham, 9-10.30am
Su 25th	Holy Communion, 9.45am Raft Race, 2pm followed by Duck Race at 3pm. Water permitting!
Mo 26 th	Tinclar's Library, Church Hall, 12-2pm Pilates, MH, 5.30pm and 6.30pm
Th 29 th	Bell Ringing practice, from 2pm Aerial Yoga, Askham, 7.30-9pm
Sat 31 st	Qigong, Askham, 9.30-10.30am

SEPTEMBER

Su 1st	Service at Aragon 6pm followed by Bring & Share supper
Mo 2nd	Tinclar's Library, Church Hall, 12-2pm Pilates, MH, 5.30pm and 6.30pm
We 4th	French Group, Small Hall, 2.30-3.30pm
Th 5th	Bell Ringing practice, from 2pm Aerial Yoga, Askham, 7.30-9pm
Sa 7th	Aerial Yoga, Askham, 9-10.30am
Su 8th	'Café Church', Church Hall, 9.45am
Mo 9th	Tinclar's Library, Church Hall, 12-2pm Pilates, MH, 5.30pm and 6.30pm
Th 12th	Bell Ringing practice, from 2pm Aerial Yoga, Askham, 7.30-9pm
Sa 14th	Aerial Yoga, Askham, 9-10.30am Bampton Cinema, MH. "Wicked Little Letters". Doors open 7pm
Su 15th	No service
Mo 16th	Tinclar's Library, Church Hall, 12-2pm Pilates, MH, 5.30pm and 6.30pm
We 18th	French Group, Small Hall, 2.30-3.30pm
Th 19th	Bell Ringing practice, from 2pm Aerial Yoga, Askham, 7.30-9pm
Sa 21st	Aerial Yoga, Askham, 9-10.30am
Su 22nd	Holy Communion, 9.45am
Mo 23rd	Tinclar's Library, Church Hall, 12-2pm Pilates, MH, 5.30pm and 6.30pm
Th 26th	Bell Ringing practice, from 2pm Aerial Yoga, Askham, 7.30-9pm
Fr 27th	Macmillan Coffee Morning, MH, 10.30-12 noon
Sa 28th	Qigong, Askham, 9.30-10.30am
Su 29th	Joint Benefice service at Shap, 10.30am.
Mo 30th	Tinclar's Library, Church Hall, 12-2pm Pilates, MH, 5.30pm and 6.30pm

Music Lessons

Face-to-face or online tuition in percussion, drums, piano, brass and theory. 20 years experience teaching (Guildhall, Royal College of Music, Trinity/Laban) and performing (London Symphony Orchestra, Philharmonia, Adele, Kanye West and the Kings Consort). Beginners, advanced students and those who want to brush up their skills are all welcome!

Steve and Katie 07946 328806 Shap
stephen.burke.mail@gmail.com

Wild Haweswater

A rugged Lake District landscape where nature restoration works alongside hill farming, to benefit wildlife, water and people.

Visit our website for events and experiences in nature:

wildhaweswater.co.uk

