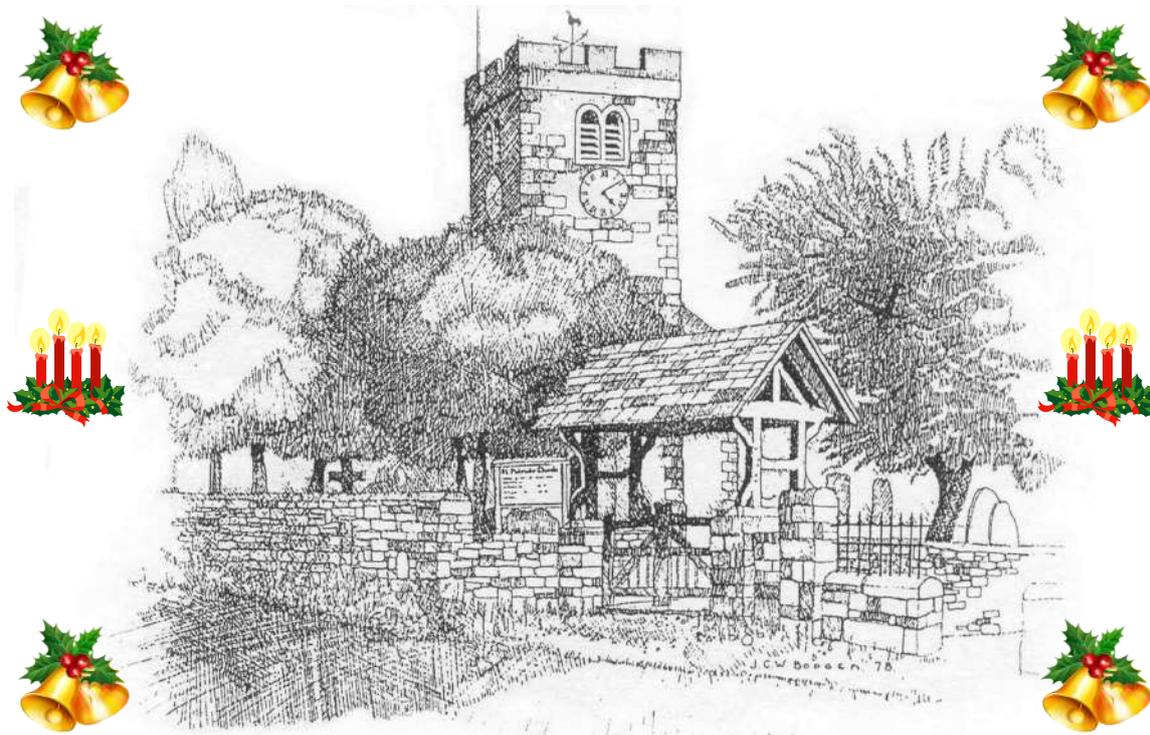


BAMPTON PARISH NEWSLETTER DECEMBER 2022 – JANUARY 2023



Dear Friends

Traditions and their origins

It is curious how some cherished traditions are still enthusiastically followed by thousands or even millions of people, who actually care little about how it all started, or even why. Take Hallowe'en: when I was a child we bobbed for apples (I have no idea why!) but knew nothing of dressing up in spooky costumes, or knocking on doors to “trick or treat” – these customs have come from America in more recent years, and give everyone a lot of fun (and some vandalism). But how many people know or care that “Hallowe'en” is actually “All Hallows Eve”, or the day before All Saints’ Day? Or bonfires and bangs on 5th November: probably most people have vague memories of being told about Guy Fawkes and the Gunpowder Plot of 1605 – but are hardly bothered in 2022 to celebrate that actual historical event! It is just an excuse for a bit of fun and fireworks.

I suspect that Christmas is much the same for many people. Earnest Christians may wear badges proclaiming “Jesus is the reason for the season” (have you seen that slogan?), but for most people Jesus scarcely enters their minds as they display fairy lights on Christmas trees, hang up stockings for the children, buy presents, and plan to eat and drink far too much! Now I don’t want to join the chorus of religious killjoys, with their annual moans of “It’s all too

commercialised...!” Personally I love Christmas trees (even though they have the most marginal connection with the birthday of Jesus Christ) and we will certainly have one decorated and lit in our home as usual! And almost all churches will have one too – and Orton Church will have about fifteen as part of our Christmas Tree Festival! (Do come along and have a look!)

But for me, as a believer in Jesus, the central focus of the whole season IS that it is the official birthday of Jesus (though whether his actual birthday was 25th December is doubtful; but our monarch has an official birthday as well as an actual one, so why not Jesus too?). Singing “Jingle Bells” is all very well, but honestly a bit meaningless. But singing “O come let us adore him” – that really does mean something – to me, anyway, and to others who have a faith in the one we are singing about. And there is no doubt that large numbers of people, even those who would hesitate to call themselves Christian believers – and some who would frankly admit to being unbelievers – still find that church at Christmas, with the traditional Bible readings and prayers, and carols both ancient and more modern, give them a very precious and meaningful experience.

They love the decorations, the well-loved music, the sonorous language of the familiar story of the baby in the manger. So what, if it is all nothing but a legend? It still sends a tingle down the spine, and even prompts the odd tear; it reminds us of happy memories of our childhood, and gives us a moment to reflect in the midst of the frantic Christmas busy-ness.

But I am personally convinced – as are millions around the world – that it is no legend, but a wonderful truth. Whenever I plan or lead a Carol Service, I pray that for someone there, this may be a moment when they find more than they expect; not just pretty lights, lovely music and comforting nostalgia, but meeting the One whose name is Emmanuel, which means “God With Us”!

Chris Jenkin

Contact Details

Kathy Jenkins, Church Warden	01931 714400
Elizabeth Coy, Church Warden	01931 713211

From the Registers

Baptism

Alistair John Mounsey

Sunday, 23rd October

Christmas at St. Patrick’s

The Carol Service this year will be held on **Sunday, 18th December at 6pm**
and the Christmas Eve Service will begin at **9pm**.

There will be mulled wine and mince pies after each service.

All enquiries for Baptisms, Funerals and Weddings
should be referred first to the Deanery Administrator,
Joyce Keetley on 07741 327318 or applebymc@carlisle-diocese.org.uk

Bell Ringing

Visiting ringers and anyone who might be interested in learning how to ring are always welcome. Practice dates (see Diary Dates) are subject to change. Please contact the Tower Captain in advance on Tel: 01931 716822 in order to confirm a date and time before your visit. Thank you.

Food Bank

The rising cost of living, together with increased fuel and energy prices, is causing much concern to all of us, our family and friends, and to the wider community. The Salvation Army in Penrith has seen demand for help soar and is appealing for donations to their food bank. If you would like to donate food or household items but don't want to travel to Penrith you can now leave non-perishable donations in the porch at St. Patrick's. The church is unlocked during the day so you can drop items off easily when you're passing. We'll ensure the donations are taken up to Penrith.

Bampton PCC

Memorial Hall 50/50 Club

So just the Bumper December Prize draw to go (1st prize £61, 2nd £20, 3rd £15), may you have the lucky numbers!

Congratulations to the November winners: Trevor Barber, Stead & Marilyn Bowness and Marion Drinkwater. Thank you to everyone who purchased numbers this year, lucky numbers for some!! The money raised helps towards the maintenance of the village hall, including items such as a new fan in the kitchen.

Would you like a lucky number or two for 2023? The 50/50 Club is open to everybody and costs **£12 per year** – i.e. £1 per month. Full details are on the application form.

For the 2023 Draw you can apply for your numbers in a variety of ways:

- Apply directly online via trybooking. By doing it this way you may be able to 'bag' the number you want. <https://www.trybooking.co.uk/BJZC>
- Email Lucinda for a form, info@cumbriahorsetrials.com
- Fill in the form included in this December Newsletter

Some numbers have already been purchased, thank you. Please return all forms to Lucinda, directly or handed in at the Village Shop. Online purchases to be completed by **5th January 2023**. Best of luck to everybody for 2023.

Lucinda Weymouth 713245, Bampton Hall

Bampton REMOTE Cinema

It's on with the season!

10th December 2022 The Railway Children Return (2022, PG)

14th January 2023 Elvis (2022, 12A)

The Railway Children Return will be a family and child-friendly matinee at **5pm, doors open 4.45pm**, no meal this time but children are free entry! Tickets on the door on the night for adults only – just turn up, no booking needed. Bar courtesy of the village hall and ice-creams at the interval. What's not to like with a 95 minute amiable and ingenious tribute to the spirit of the original. And Jenny Agutter is in it....

Elvis: From the director who brought us the visually spectacular adaptations of Romeo and Juliet and Moulin Rouge, Elvis is high-excess marvel with a stunning performance from newcomer Austin Butler as the legend himself. Brighten up January blues – come along!

Tickets for **Elvis** will be on sale from **Wednesday 28th December to Wednesday 11th January**, courtesy of Bampton Village Shop. **Adult meal + film: £12; U16 meal + film: £9. Supper** is served at **6pm** and the **film** starts at **7:30pm**. Tickets are on sale at the door on the night for film only as usual. It's useful for us all to have a contact list for those buying a supper ticket plus film so please record that. If you wish a vegetarian option that can be recorded then too.

Thank you for two great nights at Phantom of the Open and Top Gun Maverick. It was a joy to hear all the laughter at Phantom and to see a real crowd back in the hall for Top Gun.

See the next newsletter for the Spring film programme – can't wait!

Call Hazel (713311) or Dave (713586) for any questions about cinema matters.

Bampton REMOTE cinema committee: Hazel, Mike, Vickie, Sue and Dave

Soup & Pudding Lunches

The soup & pudding lunches will be continuing on the dates below. Doors of the Memorial Hall will open **at 12 noon**. The price remains at £5 for a bowl of soup with bread, a pudding and tea & coffee. The dates are as follows:-

Wednesday 7th December

Wednesday 11th January

If there is anyone who wants to come but needs a lift please ring Jane Storey on 01931 713490. We look forward to seeing you all!

Une petite pause

Le groupe français se retrouvera en décembre avant une pause pour Noël et le Nouvel An. Si votre résolution du Nouvel An est de pratiquer le français, rejoignez-nous! Toutes les dates sont dans l'agenda à la fin. Joyeux Noël et bonne année.

Marion Jones (713555)

The Village Choir

The choir has started meeting again in the Church Hall once a fortnight. Our vocal chords are a little rusty after a 2-year break but we're enjoying each other's company once more. A few more singers would be very welcome so please check the dates we meet and, if it appeals, come along.

Marion Jones (713555)

Bampton Community First Responder Team

The team have recently passed their annual assessments; all with flying colours! Well done to them all. We are continuing to train and respond when tasked.

If you think you'd like to join the team and help provide essential emergency cover for the local community please feel free to get in contact with me for an informal chat or look at the NWSA CFR page <http://www.nwas-responders.info/> All applications are submitted through the web page and are confidential.

If you feel unwell and think it is a medical emergency DIAL 999 or 112 and ask for AMBULANCE. Any on call CFR's will then be tasked by Ambulance control to attend if appropriate. CFR's will not be tasked to attend all 999 calls but will be asked to attend the following type of emergencies: abdominal pain, severe allergic reaction, breathing problems, fitting, diabetic emergency, chest pain, stroke, loss of consciousness, collapse, cardiac arrest, respiratory arrest, some trauma. We will not normally be tasked to any incident involving children under 12.

Christine Hill, Bampton CFR Team 07771934996 christinehillski@gmail.com

Macmillan

A fantastic result – £802 was collected on the Macmillan coffee morning!

A big THANK YOU to everyone who contributed in any way – I could not have done it without you all.

Lesley White

Bampton & District Local History Society

The 2022/2023 season of meetings of the Bampton & District Local History Society (BDLHS) continues with the popular annual Christmas Quiz on **Tuesday 6th December**. This is to be held in the Bampton Memorial Hall from **3pm to 5pm**. The following meeting will be held on **Tuesday 10th January**, when the subject of the talk will be Shap Abbey, to be given by Mrs. Jean Jackson, the well known and respected local historian. On **7th February**, Professor Michael Mullett will be giving a presentation on the subject of "Penrith & the Jacobites". As always, refreshments will be served. Please note that the **January and February meetings will be held in the afternoon from 2pm**. Meetings of the BDLHS are open to members and visitors. Anyone interested in joining the Society should make contact with the Membership Secretary, Heather Pitt (716861).

Andrew Yates, Chair BDLHS

Tinclar's Library

The library will be closed during December but will reopen on **9th January**, continuing as usual **every Monday from 12 noon until 2pm**. We are holding our **AGM on 30th January at 1pm** and all members are invited to attend.

The trustees wish everybody a very happy Christmas.

The Trustees

Bampton Pilates



Pilates is continuing in Bampton Memorial Hall at **5.30pm and 6.30pm on Monday evenings**. Every class has a different focus, and we use different equipment to facilitate improving our strength, mobility and flexibility. All equipment is provided. Please contact Alexis on 07411 902674 or penrithpilates@gmail.com

The Coronation!

A meeting will take place at the Mardale Inn on Wednesday **1st February at 7pm** to arrange events for the coronation of King Charles. If anybody has any ideas please come along and let's talk about them. Everybody is welcome and we will be pleased to see you.

Maureen Barber

Events in Shap

Christmas at St Michael's

Christmas Eve Crib Service at **5.30pm**

Christmas Day Family Communion at **10am**

All Welcome

The Old Courthouse, Shap

Looking for Presents – Support local artisans and shop local!

Art * Photography * Cards * Handicrafts

2023 Calendar of local scenes £7.00 each or 3 for £18 (*includes envelopes*)

Library and Gallery opening Times from 1st December

Sun/Tue/Thu/Fri 1-4pm Mon 10am -1pm Sat 10am -12noon

Please note there will be **no Sunday opening during January/February**

Christmas Holidays

Closed Saturday 24th to Tuesday 27th December

Open Thu 29th Dec, Fri 30th Dec, Sat 31st Dec

Closed 1st Jan, 2nd Jan, 3rd Jan

Reopens Thu 5th Jan

Friday Music Nights at The Old Courthouse

20th January Mrs Knox and the Goodtime Boys 7.30pm

www.theoldcourthouse.org

Extracts from ‘100 Years Ago’ in the Herald – November 1922

Cold, frost, snow (by the 4th), stormy.

General Election, Conservatives won by 79 seats but Mid-Cumberland (Penrith etc.) returned a Liberal for the first time since 1886, beating Sir Cecil Lowther (Conservative) by 378 votes; turnout 85%.

The Mardale Shepherds’ Meet took place on Saturday 18th as usual, at the Dun Bull. There were lots there. Many had walked over the mountains to it.

The Ullswater Foxhounds had a good day, as did those with the Hound Trail and in the Dun Bull after.

I remember the Mardale Meet in the 1970s, on a drizzly mid-November Saturday at what is now the Mardale Inn. The Hunt had set off and many watched from the road or followed it on foot over the fell. The strayed sheep (a few) were in a pen at the side of the pub, awaiting their owners.

Jeremy Godwin

The local bus

Face masks are now optional on the Fellrunner bus weekly **Thursday** service. The bus will go down **Rosgill Hill at 9.47am**, then travel via **Bampton Grange (9.55am)** to **Burnbanks (10.02 am)** and leave **Bampton at 10.11am** to arrive (via Morrisons) at **Penrith Bus Station at 10.40 am**. The return bus will leave **Penrith Bus Station at 1.00pm** to arrive back in **Bampton at 1.27pm**, **Burnbanks at 1.38pm** and **Rosgill at 1.53pm** (subject to passenger requirements). Bus passes can be used and children under 16 years travel free.

Bampton Village Website www.bamptonlakedistrict.org.uk

Please send any updates for the website to Chris Cant on chris@phdcc.com or 713240. Any new photos very welcome.

Copy deadline for the February/March issue is 5pm on Monday 23rd January. Please send all items to Heather Pitt (Tel no: 01931 716861) pathfinders2728@gmail.com or Jane Storey (Tel no: 01931 713490) roger_storey@btinternet.com. Thank you.

PARISH DIARY

(Note MH = Memorial Hall)

DECEMBER

Su 4th	Sunday Worship, 10am
Mo 5th	Pilates, MH, 5.30pm and 6.30pm
Tu 6th	BDLHS, MH, Christmas Quiz, 3-5pm
We 7th	Soup & Pudding Lunch, MH, 12 noon Village Choir, Church Hall, 2pm
Th 8th	Bell Ringing practice, 2-4pm & Saturdays by prior arrangement

- Sa 10th Bampton Cinema, MH. "The Railway Children Return". Doors open 4.45pm
- Su 11th** Sunday Worship, **10am**
- Mo 12th Pilates, MH, 5.30pm and 6.30pm
- We 14th French Group, Small Hall, 2.30-3.30pm
- Th 15th Bell Ringing practice, 2-4pm & Saturdays by prior arrangement
- Su 18th** Carol Service, **6pm**. All welcome. Mulled wine & mince pies in Church afterwards
- Mo 19th Pilates, MH, 5.30pm and 6.30pm
- Sa 24th Christmas Eve Service, **9pm**. Mulled wine & mince pies in Church afterwards
- Su 25th** Christmas Day Family Communion, **10am**, at Shap

JANUARY

- Su 1st** Sunday Worship, **10am**
- Mo 2nd Pilates, MH, 5.30pm and 6.30pm
- Th 5th Bell Ringing practice, 2-4pm & Saturdays by prior arrangement
- Su 8th** Sunday Worship, **10am**
- Mo 9th Tinclar's Library, Church Hall, 12-2pm
Pilates, MH, 5.30pm and 6.30pm
- Tu 10th BDLHS, MH, 2pm. Talk on Shap Abbey by Jean Jackson
- We 11th Soup & Pudding Lunch, MH, 12 noon
French Group, Small Hall, 2.30-3.30pm
- Th 12th Bell Ringing practice, 2-4pm & Saturdays by prior arrangement
- Fr 13th Village Choir, Church Hall, 2pm
- Sa 14th Bampton Cinema, MH. "Elvis". Doors open 7pm
- Su 15th** Sunday Worship, **10am**
- Mo 16th Tinclar's Library, Church Hall, 12-2pm
Pilates, MH, 5.30pm and 6.30pm
- Th 19th Bell Ringing practice, 2-4pm & Saturdays by prior arrangement
- Su 22nd** Sunday Worship, **10am**
- Mo 23rd Tinclar's Library, Church Hall, 12-2pm
Pilates, MH, 5.30pm and 6.30pm
- We 25th French Group, Small Hall, 2.30-3.30pm
- Th 26th Bell Ringing practice, 2-4pm & Saturdays by prior arrangement
- Fr 27th Village Choir, Church Hall, 2pm
- Su 29th** Sunday Worship, **10am**
- Mo 30th Tinclar's Library, Church Hall, 12-2pm with the AGM at 1pm
Pilates, MH, 5.30pm and 6.30pm

FEBRUARY

- We 1st Coronation events meeting, Mardale Inn, 7pm

The Abbey Kitchen

Main Street, Shap, Penrith, CA10 3NQ

Tel: 01931 719177 Email: info@theabbeykitchen.co.uk

CAFÉ TAKEAWAY GIFTS

JENNY AND THE TEAM LOOK FORWARD TO SERVING YOU

Wednesday to Saturday 8.30am to 4.30pm

Sunday 10.00am to 3.00pm

Music Lessons

Face-to-face or online tuition in percussion, drums, piano, brass and theory. 20 years experience teaching (Guildhall, Royal College of Music, Trinity/Laban) and performing (London Symphony Orchestra, Philharmonia, Adele, Kanye West and the Kings Consort). Beginners, advanced students and those who want to brush up their skills are all welcome!

Steve and Katie 01931 716749 Rosgill

stephen.burke.mail@gmail.com

Penrith Physio Pilates

Experienced physiotherapist Alexis Dykes, specialising in injury rehabilitation, scarwork, pelvic and spinal pain, myofascial release and 1:1 Pilates.

Clinic based in Motherby; CA11 0RJ. Contact Alexis on: **07411 902674**

penrithpilates@gmail.com www.penrithphysiopilates.co.uk



