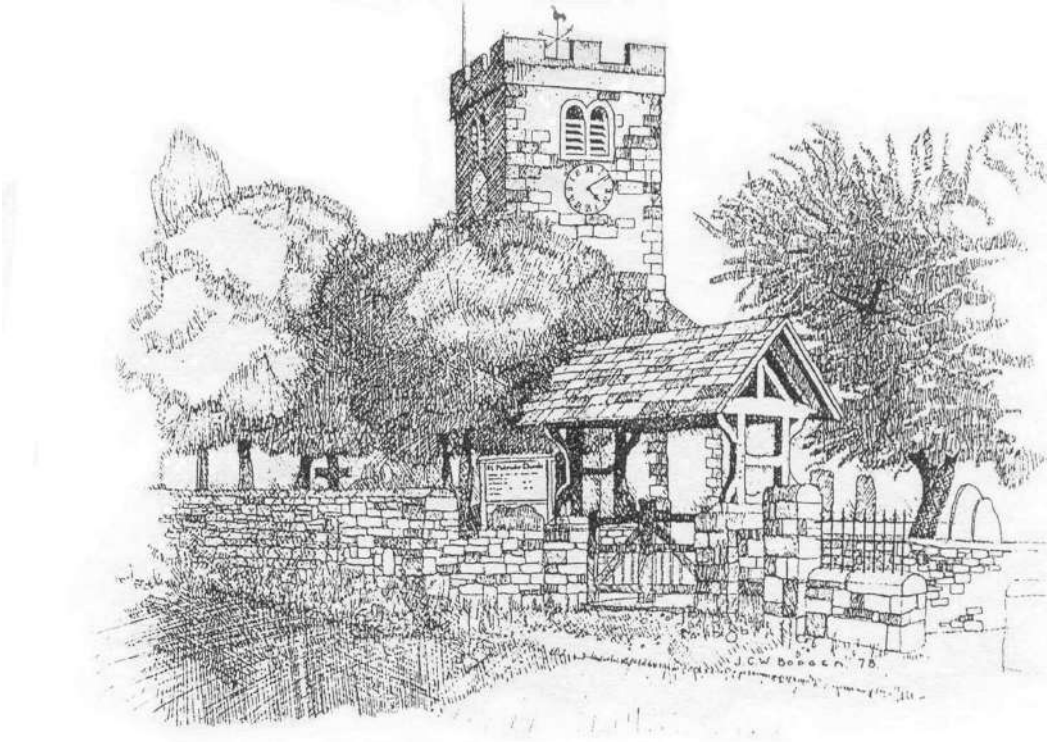


# BAMPTON PARISH NEWSLETTER JUNE – JULY 2022



## *Dear Friends*

Looking back and looking forward.

As I write, we are all looking forward to celebrating the 70 year reign of her majesty Queen Elizabeth. Those of us who are old enough to remember the coronation preparations will, as we look back, bring to mind toy golden coaches complete with horses; every child being given a coronation mug, Dickie Valentine singing ‘In a golden coach is a heart of gold’, street parties and so on.

As we look back with fond memories, we also reflect on how things have changed. Members of the Royal Family seem nowadays not so distant, participating in walkabouts where it is possible to shake hands or give a bunch of flowers. Family photographs of the royal children taken informally by their Mum being available for us to enjoy. There is of course a serious side – the duties that they are trained for; we recently saw Prince George and Princess Charlotte shaking hands with a line of people at their great grandpa’s memorial service. We are also aware that the Queen now delegates things to other members of the family – investitures and even the opening of parliament – things that would not have been thought of earlier in her reign.

Similar changes are taking place throughout professional services – for instance we don’t always need to see a doctor, others with the important training are able to help us instead – nurse practitioners, who can prescribe medications and

recommend treatments; paramedics who can perform lifesaving treatments prior to admission to hospitals. These things also would not have been thought of earlier in the Queen's reign.

The church has also changed, looking back, people are often remembering with great affection various vicars who served in the parish, visiting them at home and in hospital, meeting them informally and so on as well as taking services. This has also changed; vicars recently have had a responsibility for 5 or more parishes, even more parishes perhaps in the future. This means that others will need to take over some of those duties and lead services. Our parishes of Shap and Bampton are part of the High Westmorland parishes, a group of 5, which is part of Appleby Deanery – a group of 33 churches. Deaneries are usually led by a rural dean, this post is vacant at the moment; the post of vicar of the high Westmorland parishes is also vacant. Change is unlikely within the next few months. So we are relying on retired clergy, self-supporting clergy, readers and lay ministers to keep things going. If you need anything, it's best to contact your churchwardens who will be able to advise and help you. You can help by praying that the reorganisation and recruitment goes smoothly and by being patient.

We ask for God's blessing at these changing times, and 'God save the Queen' as we celebrate.

*Elaine*

### **Contact Details**

Kathy Jenkins, Church Warden

01931 714400

Elizabeth Coy, Asst. Church Warden

01931 713211

### **Lent Lunches**

It was good to be able to reintroduce the lunches after a 12 month absence and once again they proved to be successful. A variety of homemade soups were available and a total of £375 was raised which, this year, was donated to the Red Cross Ukrainian Crisis Appeal.

<p style="text-align: center;"><b>COME AND JOIN US</b> at <b>ST PATRICK'S CAFE CHURCH</b> on Sunday, 12<sup>th</sup> June and Sunday, 10<sup>th</sup> July at 10am in the Church Hall Themes still to be arranged Do come and share in our fellowship</p>
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### **Platinum Jubilee Service**

We shall be holding a service on **Sunday, 5<sup>th</sup> June at 10am** to celebrate the Queen's Platinum Jubilee and her 70 years as head of the Church of England.

## **Bell Ringing**

Visiting ringers and anyone who might be interested in learning how to ring are always welcome. Please contact the Tower Captain in advance on Tel: 01931 716822 in order to confirm a date and time before your visit. Thank you.

*Bampton PCC*

## **Queen's Jubilee Celebration – 2<sup>nd</sup> June to 5<sup>th</sup> June**



Hurrah! Nearly there, to celebrate the Queen's Jubilee in a few day's time.

The first event will be the lighting of the beacon on the top of Knipe Scar on **Thursday, 2<sup>nd</sup> June at 9.45pm.**

The second event will be a get-together in the Memorial Hall on **Friday, 3<sup>rd</sup> June starting at 6.30pm.**

A £5 admission fee will be charged – tickets are available from Maureen Barber (713314). There will be a meal and a celebration cake. Afterwards we will

celebrate with music, dancing and there will be singing to listen to. The bar will be open all evening.

The third event will be on **Sunday, 5<sup>th</sup> June from 2pm.** This will be a bring-and-share picnic with games in the hall and events on the field. Cars will be parked on the adjoining field. Tea and coffee will be served and orange juice for the children.

Let's hope we all have an enjoyable time with lasting memories from this four day event.

*Maureen Barber*

## **Jubilee Celebrations in Butterwick**

We are planning on having our own "street party" on **Saturday, 4<sup>th</sup> June** on Butterwick Green. If you would like to join us, please contact Suzanne Stolberg on 07377 526411 for more information.

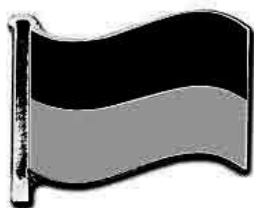
## **Bampton REMOTE Cinema 2022**

Another season quickly passed....that's twice we've managed 6 films between September/October to January 2022 and once we've succeeded to show another 4 films to May. This is great progress, especially as the screenings bracketed Covid. We wish to thank all the audience for their responsibility and participation this season, the cooks (simply the best), the bar, the hall, Bampton PO and Shop. It's worth repeating that all proceeds go towards Bampton Memorial Hall funds but the main purpose is to get together for an evening's great meal and entertainment on your doorstep with friends, family, neighbours and visitors.

We'll see you again in the autumn. Please keep ideas coming in (already got one film request in the pipeline) and warmest wishes for a brilliant summer.

*Bampton REMOTE cinema committee: Hazel, Mike, Vickie, Sue and Dave*

## Big Breakfast in aid of Ukraine



On **Sunday, 3<sup>rd</sup> July** Petra and Dawn will be holding a big breakfast in the Village Hall from **9am – 1pm** with all proceeds going to the Ukrainian appeal. Tickets are £8 and can be obtained from the post office; from Dawn on 01931 713163; or you can email Petra at [pcrussell@btinternet.com](mailto:pcrussell@btinternet.com) or send a text on 07855 966542. Please also note there will be a plant stall too, with lots of different plants grown by Dawn.

We look forward to seeing you there.

*Petra & Dawn*

## Educational Grants: The Bampton Endowed Schools Endowment

Last year the Charity made 10 grants totalling £3500 to local young people. These awards were mainly to help them financially while they took part in a variety of post-16 educational courses at college, university, sixth-form or while undertaking apprenticeships.

The Trustees now invite applications for financial support from those who will be undertaking courses at any university, college or institution of higher or further education or at sixth-form level, in autumn 2022. Consideration will also be given to applications from those who will be taking part in other forms of post-16 education (including the study of music or other arts) to prepare for entry into any occupation, trade or profession.

To be eligible the applicant must be:

- Under the age of 25 on 1<sup>st</sup> September 2022
- Resident in the civil parish of Bampton, Cumbria or have attended Bampton Endowed School.

*An application form can be obtained from: David Cooke, Mill Craggs, Bampton, Penrith, CA10 2RQ (01931 713392) or by email from [cooke856@btinternet.com](mailto:cooke856@btinternet.com)*

Completed application forms must be received by **30<sup>th</sup> September 2022**.

## Le groupe français

Nous avons décidé de ne pas faire de pause cet été. Nous avons réservé la petite salle comme d'habitude mais, s'il fait vraiment chaud et ensoleillé, nous nous assoirons dehors et ferons comme si nous étions en France. Merci de nous joindre si vous passez par là.

You will be very welcome to join us – dates in the calendar.

*Marion Jones 713555*

## Tinclar's Library

The library is now open as normal, **every Monday 12-2pm**

*The Trustees*

## **Knit and Knatter!**

I am hoping to set up a little group for those of us who love all things knitting and crocheting. The plan is to meet once a month on the **first Wednesday of the month**, starting on the **6<sup>th</sup> July**.

Dan and Justin have very kindly allowed anyone interested to meet at the Bampton Tea Rooms from **10am until 11.30am**. Just bring along your current project – needle, hooks and yarn – and let's get creative over a cup of coffee! The idea is that we can hopefully be able to share patterns, tips and generally enjoy ourselves.

If you're interested then please contact Suzanne Stolberg on 07377 526411 or email [suzanne@wordofmouthassociates.co.uk](mailto:suzanne@wordofmouthassociates.co.uk)

## **I'll Take the High Road**

The High Street Roman Road stretches from Brougham Roman Fort, to the south of Penrith, over the Lake District Fells to Ambleside Roman Fort. 17 km of the route in the Lake District National Park is scheduled, designated as a nationally significant site, 5 km of which cross Bampton Common. It reaches elevations of c.820m (2,690ft) – the highest Roman road in England.

The High Street suffers from various causes of erosion but efforts to manage it and prevent damage are hampered by a lack of precise information about the route and extent of the monument, the mapped depiction of which is ultimately derived from an OS six-inch map hand annotated to mark the extent of the scheduling in the 1970s.

This summer (8<sup>th</sup> – 21<sup>st</sup> August) we are undertaking a community archaeology project on Bampton Common, aiming to uncover new information about the Roman Road and landscape development of the area through a programme of surveys, research, excavation and interpretation.

The work will be carried out by volunteers under the direction of professional archaeologists. Can we determine where the road actually went? Did the Romans build a formal route or did they just use a trackway, which has been in use since prehistoric times? Would you like to join us and help us find out the answers?

If you would like to find out more we are holding an Introductory Session from **10am until 12pm** on **Saturday, 25<sup>th</sup> June** at Bampton Grange Church Hall. Come along and meet the team and find out what we are planning.

If you can't make that date but would like to find out more please email me at [archaeology@lakedistrict.gov.uk](mailto:archaeology@lakedistrict.gov.uk)

This project is possible due to the funding from a National Lottery Heritage Fund grant to the 'Our Common Cause: Our Upland Commons' project. Details can be found here: <https://foundationforcommonland.org.uk/our-upland-commons>

*Eleanor Kingston, Lead Strategy Adviser: Historic Environment  
Lake District National Park Authority*

## **Land needed for eco-friendly grass cutters!**

I've been given the chance to take on 4 Ryland lambs but I need somewhere for them to graze and live their best life.

Do you have a secure field or paddock that you would be happy to rent out to a newbie hobby farmer?

We live in Butterwick so somewhere local would be ideal.

Please call Suzanne on 07377 526411 or email [suzannestolberg@gmail.com](mailto:suzannestolberg@gmail.com)

## **Bampton Community First Responder Team**

The team have recently met up to train, with this training session consisting of scenarios based around common presentations such as difficulty in breathing, chest pain and Sepsis. The next team meeting will be coming up soon and we will continue to train to be ready to help the community when needed.

If you think you'd like to join the team and help provide essential emergency cover for the local community please feel free to get in contact with me for an informal chat or look at the NWSA CFR page <http://www.nwas-responders.info/> All applications are submitted through the web page and are confidential.

**If you feel unwell and think it is a medical emergency DIAL 999 or 112 and ask for AMBULANCE. Any on call CFR's will then be tasked by Ambulance control to attend if appropriate. CFR's will not be tasked to attend all 999 calls but will be asked to attend the following type of emergencies: abdominal pain, severe allergic reaction, breathing problems, fitting, diabetic emergency, chest pain, stroke, loss of consciousness, collapse, cardiac arrest, respiratory arrest, some trauma. We will not normally be tasked to any incident involving children under 12.**

*Christine Hill, Bampton CFR Team 07771934996 [christinehillski@gmail.com](mailto:christinehillski@gmail.com)*

## **Bampton Parish Council**

### **Scoop the Poop!**

The Parish Council would like to remind dog owners to scoop the poop!

Our village is a beautiful place to live in so please keep it clean and safe.

### **30mph Speed Limit**

The Council have made a request to Cumbria County Council to place a 30mph zone between Bampton and Bampton Grange following reports of speeding.

### **Councillor Vacancy**

Your Village Needs You!

Would you like to be involved in the decision making in the village?

Are you looking for an opportunity to shape the area in which you live?

Following a resignation, the Parish Council currently has a Parish Councillor vacancy. If you are interested and want to find out more, you can speak to one of the Councillors, contact the Clerk or come along to the next meeting on **Tuesday, 19<sup>th</sup> July at 7.30pm** in Bampton Memorial Hall.

No experience is necessary and training is available. Any person wishing to serve as a Councillor should write to the Council at Rundale, Dufton, Appleby in Westmorland, CA16 6DF or email [clerkbamptonpc@gmail.com](mailto:clerkbamptonpc@gmail.com) with a short CV and their reasons for becoming a Parish Councillor by **11<sup>th</sup> July**. The Parish Council will consider applications at the meeting on Tuesday, 19<sup>th</sup> July.

A parish councillor must be 18 years or over, a British subject or a citizen of a member state of the European Union and be (a) an elector of the parish; or (b) a person who over the whole of the last twelve months has been owner or tenant of land or premises in the parish or has lived in the parish or within three miles or has had their principal place of work in the parish.

*Sandie Watson (Clerk)*

## **Bampton Pilates**



Pilates is continuing in Bampton Memorial Hall at **5.30pm and 6.30pm on Monday evenings**. Every class has a different focus, and we use different equipment to facilitate improving our strength, mobility and flexibility. All equipment is provided. Please contact Alexis on 07411 902674 or [penrithpilates@gmail.com](mailto:penrithpilates@gmail.com).

## **Bampton & District Local al History Society.**

The BDLHS has had another successful season of meetings during 2021/2022. Meetings were held on the first Tuesday of each month, and included a diverse and wide range of subjects; Ancient Paths in Cumbria; the art collector Helen Sutherland; Border Reivers; the lost community of Mardale; motor transport in Westmorland; and Communists at Howtown.

The new season will commence in October, when it is hoped that both existing and new members will join the BDLHS for another interesting range of subjects and speakers in 2022/2023.

The Society welcomes new members, and those interested in joining should make contact with the Membership Secretary, Heather Pitt (716861).

*Andrew Yates, Chair BDLHS*

## **Extracts from ‘100 Years Ago’ in the Herald – May 1922**

Cold and wet; frosts daily till 17<sup>th</sup>; snow on the tops 12<sup>th</sup>; deluge 23<sup>rd</sup>.

The Fell Pony Show of Stallions to choose a champion to travel the Shap, Bampton, and Orton district was held at Shap and won by Heltondale Victor for 3<sup>rd</sup> successive year; his breeder Mr. J. Metcalfe won the Government’s £100 prize (now £8,000). 3<sup>rd</sup> was Mr. J. Relph, Drybarrows – his entry was a first timer.

There are two Mr. Wilson Lowises locally. One farms at Fieldgate, Bampton, the other is from Shap, and Station Master at Garstang.

Shap Football Club hosted the Medal Competition for teams from Shap, Bampton, Orton, and Crosby Ravensworth. Two Shap teams reached the final.

Died at Carhullan, 7<sup>th</sup>, Alice, widow of Fenwick White of Forest Hill (near Bowscar) Penrith, and of Greenfield House (Brunswick Road) Penrith. She was 57. She was buried at Askham, Wednesday, 10<sup>th</sup> May.

*Jeremy Godwin*

### **The local bus**

**Face masks are now optional** on the Fellrunner bus weekly **Thursday** service. The bus will go down **Rosgill Hill at 9.47am**, then travel via **Bampton Grange (9.55am)** to **Burnbanks (10.02 am)** and leave **Bampton at 10.11am** to arrive (via Morrisons) at **Penrith Bus Station at 10.40 am**. The return bus will leave **Penrith Bus Station at 1.00pm** to arrive back in **Bampton at 1.27pm**, **Burnbanks at 1.38pm** and **Rosgill at 1.53pm** (subject to passenger requirements). Bus passes can be used and children under 16 years travel free.

### **Bampton Village Website [www.bamptonlakedistrict.org.uk](http://www.bamptonlakedistrict.org.uk)**

Please send any updates for the website to Chris Cant on [chris@phdcc.com](mailto:chris@phdcc.com) or 713240. Any new photos very welcome.

**Copy deadline for the August/September issue is 5pm on Saturday 23<sup>rd</sup> July. Please send all items to Heather Pitt (Tel no: 01931 716861) [pathfinders2728@gmail.com](mailto:pathfinders2728@gmail.com) or Jane Storey (Tel no: 01931 713490) [roger\\_storey@btinternet.com](mailto:roger_storey@btinternet.com). Thank you.**





## PARISH DIARY

(Note MH = Memorial Hall)

### JUNE

- We 1<sup>st</sup> French Group, Small Hall, 2.30-3.30pm  
Th 2<sup>nd</sup> Queen's Platinum Jubilee lighting of the beacon, 9.45pm  
Fr 3<sup>rd</sup> Queen's Platinum Jubilee 'get-together', MH, 6.30pm  
Sa 4<sup>th</sup> Queen's Platinum Jubilee 'street party' on Butterwick Green  
Su 5<sup>th</sup> Platinum Jubilee service, **10am**; preceded by celebration ringing  
Bampton Walking Group, meet MH, 10am  
Queen's Platinum Jubilee activity afternoon, MH, 2pm  
Ringing the bells to mark end of Jubilee Celebrations, 17.52-18.22pm
- Mo 6<sup>th</sup> Tinclar's Library, Church Hall, 12-2pm  
Pilates, MH, 5.30pm and 6.30pm
- Sa 11<sup>th</sup> Bell Ringing practice, 11am-1pm  
Su 12<sup>th</sup> 'Café Church', Church Hall, **10am**
- Mo 13<sup>th</sup> Tinclar's Library, Church Hall, 12-2pm  
Pilates, MH, 5.30pm and 6.30pm
- We 15<sup>th</sup> French Group, Small Hall, 2.30-3.30pm  
Sa 18<sup>th</sup> Bell Ringing practice, 11am-1pm  
Su 19<sup>th</sup> Holy Communion by Extension with Diana, **10am**
- Mo 20<sup>th</sup> Tinclar's Library, Church Hall, 12-2pm  
Pilates, MH, 5.30pm and 6.30pm
- Sa 25<sup>th</sup> LDNPA High Street archaeology project, Church Hall, 10am-12pm  
Bell Ringing practice, 11am-1pm
- Su 26<sup>th</sup> Holy Communion with Chris Jenkin, **10.30am**. Joint service at Tebay
- Mo 27<sup>th</sup> Tinclar's Library, Church Hall, 12-2pm  
Pilates, MH, 5.30pm and 6.30pm
- We 29<sup>th</sup> French Group, Small Hall, 2.30-3.30pm

### JULY

- Sa 2<sup>nd</sup> Bell Ringing practice, 11am-1pm  
Su 3<sup>rd</sup> Big Breakfast in aid of Ukraine, MH, 9am-1pm  
Holy Communion with Chris Jenkin, **10am**
- Mo 4<sup>th</sup> Tinclar's Library, Church Hall, 12-2pm  
Pilates, MH, 5.30pm and 6.30pm
- We 6<sup>th</sup> Knit and Knatter, Tea Rooms, 10-11.30am  
Sa 9<sup>th</sup> Bell Ringing practice, 11am-1pm  
Su 10<sup>th</sup> 'Café Church', Church Hall, **10am**
- Mo 11<sup>th</sup> Tinclar's Library, Church Hall, 12-2pm  
Pilates, MH, 5.30pm and 6.30pm
- We 13<sup>th</sup> French Group, Small Hall, 2.30-3.30pm

Sa 16<sup>th</sup> Bell Ringing practice, 11am-1pm  
 Su 17<sup>th</sup> Holy Communion by Extension with Neil, **10am**  
 Mo 18<sup>th</sup> Tinclar's Library, Church Hall, 12-2pm  
 Pilates, MH, 5.30pm and 6.30pm  
 Tu 19<sup>th</sup> Bampton Parish Council Meeting, MH, 7.30pm. All welcome  
 Sa 23<sup>rd</sup> Bell Ringing practice, 11am-1pm  
 Su 24<sup>th</sup> Morning Prayer with Diana, **10am**  
 Mo 25<sup>th</sup> Tinclar's Library, Church Hall, 12-2pm  
 Pilates, MH, 5.30pm and 6.30pm  
 We 27<sup>th</sup> French Group, Small Hall, 2.30-3.30pm  
 Sa 30<sup>th</sup> Bell Ringing practice, 11am-1pm  
 Su 31<sup>st</sup> Holy Communion with Chris Jenkin, **10.30am**. Joint service at Shap

### **The Abbey Kitchen**

Main Street, Shap, Penrith, CA10 3NQ

Tel: 01931 719177 Email: [info@theabbeykitchen.co.uk](mailto:info@theabbeykitchen.co.uk)

**CAFÉ TAKEAWAY GIFTS**

**JENNY AND THE TEAM LOOK FORWARD TO SERVING YOU**

**Wednesday to Saturday 8.30am to 4.30pm**

**Sunday 10.00am to 3.00pm**

### **Music Lessons**

Face-to-face or online tuition in percussion, drums, piano, brass and theory. 20 years experience teaching (Guildhall, Royal College of Music, Trinity/Laban) and performing (London Symphony Orchestra, Philharmonia, Adele, Kanye West and the Kings Consort). Beginners, advanced students and those who want to brush up their skills are all welcome!

**Steve and Katie 01931 716749 Rosgill**

**[stephen.burke.mail@gmail.com](mailto:stephen.burke.mail@gmail.com)**

### **Penrith Physio Pilates**

Experienced physiotherapist Alexis Dykes, specialising in injury rehabilitation, scarwork, pelvic and spinal pain, myofascial release and 1:1 Pilates.

Clinic based in Motherby; CA11 0RJ. Contact Alexis on: **07411 902674**

**[penrithpilates@gmail.com](mailto:penrithpilates@gmail.com) [www.penrithphysiopilates.co.uk](http://www.penrithphysiopilates.co.uk)**