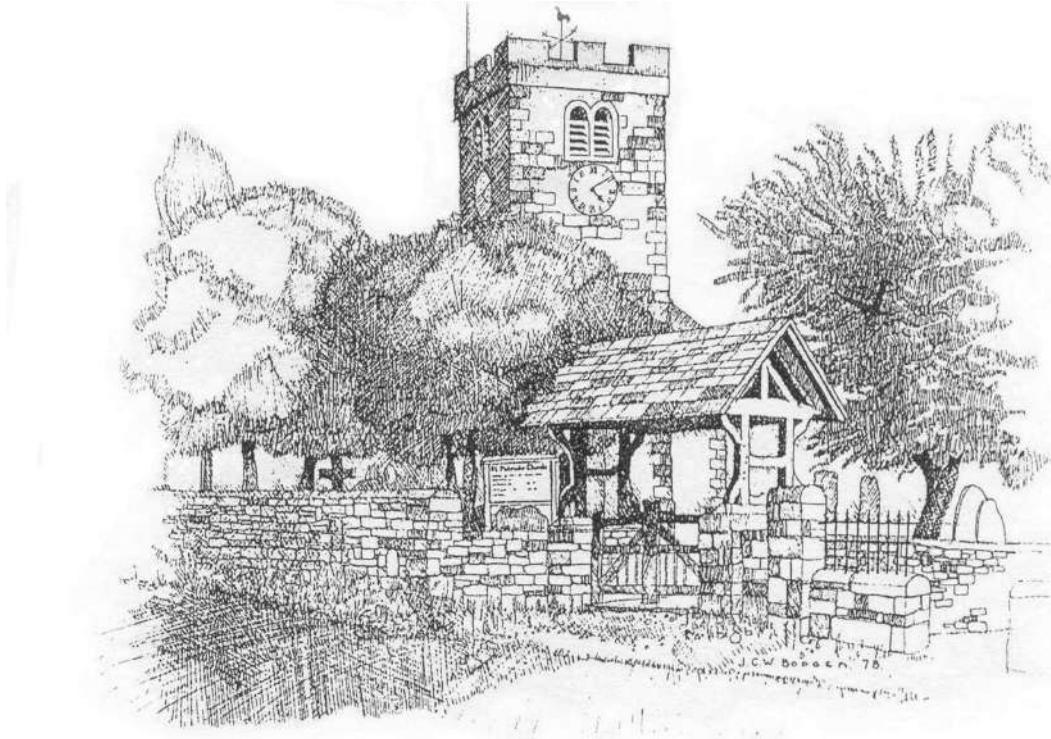


BAMPTON PARISH NEWSLETTER APRIL – MAY 2022



Dear Friends

It is a beautiful, sunny March day as I write this and I can see the snowdrops and daffodils in my garden, there is a nuthatch on the birdfeeder and a red squirrel just ran across the lawn. What a beautiful world we live in and how lucky I am to live here in Burnbanks, I thought.

Then I glanced down at the newspaper which had further dreadful headlines about the Ukraine and the Russian invasion, about the killing of civilians including children, the attempts to starve cities into submission, and my heart sank. What a terrible world we live in, I thought – how can we stop man's inhumanity to man, and his lack of care for our planet?

The last few years have been a great shock to all of us – a worldwide pandemic which has killed millions of people, followed by a Russian dictator willing to invade another country and threaten the use of nuclear weapons, as well as crushing any resistance in his own country. To have these things happen in Europe rather than in Africa, Myanmar or China has made all of us feel very insecure.

There has always been good and evil in the world, suffering and joy, beauty and ugliness, natural disasters as well as human wickedness and all our wishing and praying will not change this. But there are things we can do, of course, to alleviate some of the suffering and it has been heartwarming to learn about all the help given to Ukrainian refugees as neighbouring countries open their borders and people all over the world send money and goods to enable them to survive, to join their families in other countries and to start a new life. I am sure that most of you who read this have already done this.

We can also do more to hold our government to account for its actions and not complain about increased prices due to sanctions, while at the same time ensuring that the poorest members of our society do not have to choose between eating and heating.

One of the Bible verses which keeps running through my mind is a very familiar one, because we hear it at so many Christmas services. It is from John's gospel chapter one "The light shines in darkness and the darkness has never mastered it." It is a promise that, in the end, it is good, not evil that will prevail, that it is Jesus' message of love and peace which will outlast all evil empires.

So don't despair but continue to enjoy the good things in life alongside helping those in need wherever and whoever they may be.

Diana

Contact Details

Kathy Jenkins, Church Warden	01931 714400
Elizabeth Coy, Asst. Church Warden	01931 713211

From the Registers

Interment and Service of Thanksgiving for the life of

Annie Elizabeth Routledge Monday, 24th January

Baptism

Eva Juliet White Sunday, 6th March

Lent Discussion Group

Our last discussion will take place from **2.30-4pm** on **Monday 4th April** at 65 Burnbanks hosted by Diana Nicholson. We have been following the York course "**Daring To See God Now**". The discussion group is open to everyone and we should very much value your input.

Lent Lunches

Our final lunch will be held in the Church Hall on **Tuesday 5th April** and we would love to see you there – delicious home-made soup and plenty of chat!

This year all donations will be given to the Ukrainian Crisis Appeal.

Palm Sunday Service

Come and join us at an ecumenical service led by Church in the Barn on **Sunday, 10th April** at the later time of **3pm**.

Easter Services

Good Friday 15th April at 10am

Quiet service in church to reflect on the Passion

Easter Sunday 17th April at 10am

Holy Communion with Alun

COME AND JOIN US

at

ST PATRICK'S CAFE CHURCH

on Sunday 8th May at 10am in the Church Hall

Theme still to be arranged

Do come and share in our fellowship

Annual Parochial Public Meeting

The annual meeting of St. Patrick's PCC will be held on **Tuesday 19th April at 7pm** in the Church Hall. It is hoped that as many people as possible will attend, to learn what the Church has done during 2021 and proposes to do within the parish in the future.

Platinum Jubilee Service

We shall be holding a service on **Sunday, 5th June at 10am** to celebrate the Queen's Platinum Jubilee and her 70 years as head of the Church of England.

Bell Ringing

Visiting ringers and anyone who might be interested in learning how to ring are always welcome. Please contact the Tower Captain in

advance on Tel: 01931 716822 in order to confirm a date and time before your visit. Thank you.

Bampton PCC

Le groupe français

Si vous voudriez nous rejoindre, les dates pour nos rendez-vous en avril et mai sont dans la section au dos de la newsletter. Nous serions très heureux de vous voir.

..... and we'd be very pleased to see you.

Marion Jones 713555

Community Lunches

The final date for the “Soup & Pudding” lunch is **13th April 12 noon to 1.30pm.**

All age groups are welcome. If you would like to come along but need transport, please contact Jane Storey on 713490 and we will arrange for a lift to and from the hall.

*Alison Jones, Alison Kitchen, Vickie Haddock, Rita Jones,
Jane Storey*

Bampton Valley Community Pub

As many will already know, February was an amazing month for the Community Pub. In less than 28 days, £400,000 was raised in Shares from over 500 people who contributed locally, regionally and internationally to 'Save a Pub for the Valley'.

A really big thank you is appropriate to everybody who has helped us on the way. These include the earliest attendees at our public meetings in July 2021; our expert helpers who volunteered to do assessment work; Seb who supported us very practically; our social media followers who amplified our story; those who distributed our leaflets and posters; James at Askham Stores; Dan & Justin at Bampton Stores and Jenny at Abbey Cafe who hosted our drop-ins; our earliest backers who gave us a solid financial base in the first weeks of February; and finally, all of our Shareholder Members who invested to make this happen.

Details on purchase and refurbishment plans will be published shortly on our website and Facebook pages. Please subscribe there for more details.

Phil Sweetland 01931 338754

50/50 Club

Thank you to everyone who has purchased numbers for this year's 50/50 club, may you have a '*Lucky Number*'. Your numbers are displayed in the Post Office. The January, February and March draws have taken place, with Dan and Nick Pocock drawing the March Numbers. Congratulations to the lucky winners so far.

Winning Numbers			
	1 st - £20.00	2 nd - £12.00	3 rd - £10.00
January	No. 13 Ian & Brenda Hargreaves	No. 63 Adam Lucas	No. 16 Shanna Sheridan- Johnson
February	No. 20 Andrew Yates	No. 7 Maureen Ostle	No. 48 Pat Holme
March	No. 31 Joyce Thompson	No. 21 Andrew Barber	No. 77 Marion & Mike Jones

Please do get in touch if you would still like to purchase a number, there is a draw once a month, around the 15th.

What happens to the money? 50% of the entry monies received is given in prizes and 50% is donated to Bampton Memorial Hall. The amount of the monthly cash prize is worked out depending on the number of numbers purchased, with a bigger cash prize for the December Draw.

Lucinda Weymouth, 713245; info@cumbriahorsetrials.com

Welcome Pack

A few years ago the PCC, the Parish Council and the Bampton Trust collaborated to produce a *Welcome Pack* for newcomers to the parish. Then Covid struck and, along with so many things that were suspended, the pack ceased to be distributed. We have now formed a small team that will ensure the pack is delivered to those who might find it useful. We rely on people to let us know if they have a new neighbour so, if you know of any newcomers to Bampton, please contact any of us listed below and we'll prepare a pack for them.

*Marion Jones 713555; Joan and Ray Bruin 713172;
Alison Jones 713350; [Felicity Rogers frogerstx@gmail.com](mailto:FelicityRogers@gmail.com)*

Bampton REMOTE Cinema 2022

Saturday April 23rd: *The Last Bus* (2021, 12, 86 mins): Join us for this road movie, best of British style, with Tom Harper (played by the redoubtable Timothy Spall) as he travels the length of the UK by bus on an epic mission. Not to be missed.

Saturday May 7th: *Mothering Sunday* (2021, 15, 104 mins): Starring Colin Firth, Olivia Colman, Josh O'Connor and Odessa Fairchild, this drama takes us back to 1924 on a warm spring day. The housemaid and foundling Jane Fairchild finds herself alone on Mother's Day. Her employers are out and she has the rare chance to spend time with her secret lover. But events that neither can foresee will change the course of Jane's life forever.

Tickets are on sale at Bampton Shop and Post Office for film and meal (£10 full, £7 U16). Please book tickets early to avoid disappointment! Dates these are available are on posters around the parish, generally 2 weeks before the film, up to the preceding Wednesday. Or for film only, tickets are available at the door on the night (£5 full £2 U16). Bar and ice-creams of course are on sale and there is a short interval. The **meal** is served at **6pm** and the **film** starts at **7:30pm**. Film titles are correct at time of going to press...titles may change at short notice.

Big thanks to all our audience, to the brave cooks for the marvellous meals (how lucky we are), to Dan and Justin at the Post Office, to the hall bar run by Lesley and Maureen, and finally to Angela for the upkeep and cleaning of the hall.

Keep being Covid aware at film evenings and depart quickly by the double doors at the fire exit when leaving the hall at the end of the evening. There is no need to help tidy up at the end but thank you for the thought as always!

Call Hazel (713311) or Dave (713586) for any questions about cinema including menus and Lesley for hall (713530).

*Bampton REMOTE cinema committee: Hazel, Mike, Vickie,
Sue and Dave*

Tinclar's Library

The library is now open as normal, **every Monday 12-2pm**

The Trustees

Queen's Jubilee Event

The following events will take place during the Bank Holiday period:
Thursday, 2nd June at 9.45pm there will be a beacon lit on the top of Knipe Scar.

Friday, 3rd June from 6.30pm onwards there will be a get-together in the Memorial Hall. We will celebrate with a meal and music. There will be a £5 admission fee and the bar will be open. Why not come along and enjoy yourself!

Sunday, 5th June from 2pm onward there will be activities on the field next to the Memorial Hall. In the hall there will be a curling game. Bring your own drink as the bar will not be open. Will people please also bring a donation of food for a communal tea which will take place during the afternoon get-together. Come along and have a nice time!

Maureen Barber

Bampton Sports

Now that life is returning it would be good to get the sports committee going again but we need to have people who are willing and able to come up with new ideas and get involved. Without people the sports cannot continue. If you are interested contact Vickie on 713466 or Shoequeen346@btinternet.com

Bampton & District Local History Society

The current season of monthly meetings of the Bampton & District Local History Society (BDLHS) continues with the next meeting to be held on **Tuesday 5th April at 7.30pm** in Bampton Memorial Hall. The speaker is Dr. Rob David, whose talk is entitled "A Hotbed of Communist Activity: The Summer of 1940 in Howtown". This promises to be a most interesting evening for both members and visitors alike. The final meeting of the season will take place on **Tuesday 3rd May**. This will take the form of an outdoor visit to Howtown, led by Dr. David, and will be a follow-up to his April talk to the BDLHS. Members should assemble at the Memorial Hall at **6.30pm** for shared transport to Howtown.

The Society welcomes new members, and those interested in joining should make contact with the Membership Secretary, Heather Pitt (716861).

Andrew Yates, Chair BDLHS

Bampton Pilates



Pilates is continuing in Bampton Memorial Hall at **5.30pm and 6.30pm on Monday evenings**. Every class has a different focus, and we use different equipment to facilitate improving our strength, mobility and flexibility. All equipment is provided. Please contact Alexis on 07411 902674 or penrithpilates@gmail.com.

Bampton Community First Responder Team

The team have been continuing to meet up to train with our last training session seeing members of Penrith and Hackthorpe team and Crosby Ravensworth team joining us for CPR and choking practice which got quite competitive! It was good to see our NWS Community Resuscitation Development Officer Jane, after almost 2 years of COVID restrictions, and take the opportunity to have a good catch up, ask questions etc. The next team meeting will be coming up soon and we will continue to train to be ready to help the community when needed.

If you think you'd like to join the team and help provide essential emergency cover for the local community please feel free to get in contact with me for an informal chat or look at the NWS CFR page <http://www.nwas-responders.info/> All applications are submitted through the web page and are confidential.

If you feel unwell and think it is a medical emergency DIAL 999 or 112 and ask for AMBULANCE. Any on call CFR's will then be tasked by Ambulance control to attend if appropriate. CFR's will not be tasked to attend all 999 calls but will be asked to attend the following type of emergencies: abdominal pain, severe allergic reaction, breathing problems, fitting, diabetic emergency, chest pain, stroke, loss of consciousness, collapse, cardiac arrest, respiratory arrest, some trauma. We will not normally be tasked to any incident involving children under 12.

*Christine Hill, Bampton CFR Team 07771934996
christinehillski@gmail.com*

Bampton Walking Group

Meet at Bampton Memorial Hall at **10am** unless a different time is stated by walk leader. In the event of inclement weather contact the walk leader to check if the walk is going ahead. All welcome including well behaved dogs.

Friday, 1st April – Moderate walk. Naddle Valley, visiting Hugh Laithes Pike. Approx 5 miles. Take a packed Lunch.

Walk leaders: Rita and Ken Jones, (01931 713201/07831 190417)

Tuesday, 19th April – Hard walk. From village hall, along river to Whale, to Helton, Moor Divock, Scales Farm, Roughill, then to Carhullan. Return down the road past Hulloch Howe, Millcraggs and back to hall.

Approx. 9½ miles but without going high. Take a packed lunch.

Walk Leader: Andrew Yates (01931 713343)

Tuesday, 26th April – Easy walk. Smardale Viaduct from Brownber. Flat walk, following old railway line. 4 miles.

Walk Leader: Jan Shepherd (01931 713541)

Saturday, 14th May – Moderate walk. From Burnbanks to Four Stones Hill; Low Kop. Return via Measand Beck and along lakeside. Approx. 4 miles. Take a packed lunch.

Walk Leader: Margaret Lightburn (01931 713325)

Thursday, 26th May – Hard walk. Leader and route required.

Sunday, 5th June – Moderate walk. Leader and route required.

These dates and classification of walk are only suggestions. Anybody can lead a walk. If you have a favourite walk, easy/moderate or hard, that you would like to share on any date above or one of your choosing please contact Rita Jones on 01931 713201/07831 190417 or Alison Jones on 01931 713350 with details etc.

Extracts from ‘100 Years Ago’ in the Herald – April 1922

Cold and snowy: Easter 9th April

Concert in and by Bampton School, Friday 24th and Saturday 25th March. Big audience. Acts included ‘The Rainbow’, with the girls dressed in individual colours of the rainbow. Two children sang ‘The Keys of Heaven’: dressed in early Victorian clothes and two comic sketches finished the evening. Then came the audience’s vote of thanks to the teachers with prolonged applause.

Joke

Father to son: What's your teacher say about all these maths homework mistakes?

Son: That you'd better stop helping me with it!

Jeremy Godwin

Trustee and Treasurer vacancies for Bampton Endowed School Trust

Bampton Endowed School Trust is a registered Charity with seven trustees. Every year, the trust makes educational grants to young people in the community. The grant is available to students who live in the parish and/or have attended Bampton School. Students selected are in education and between the ages of 16 and 25.

The scheme has been running very successfully since the closure of Bampton Endowed School and now due to retirement, needs to appoint two new trustees to continue to flourish.

The Trustees have one meeting per year in October to make decisions about the level of grants to be allocated. Other necessary business can be done by email or telephone and is co-ordinated by the Clerk to the Trustees.

No experience is necessary for a trustee's role and a knowledge of accounts would be beneficial for the treasurer's role.

Please email Sandie Watson, Clerk to Bampton Parish Council, clerkbamptonpc@gmail.com for further information.

The local bus

Face masks are now optional on the Fellrunner bus weekly **Thursday** service. The bus will go down **Rosgill Hill at 9.47am**, then travel via **Bampton Grange (9.55am)** to **Burnbanks (10.02 am)** and leave **Bampton at 10.11am** to arrive (via Morrisons) at **Penrith Bus Station at 10.40 am**. The return bus will leave **Penrith Bus Station at 1.00pm** to arrive back in **Bampton at 1.27pm**, **Burnbanks at 1.38pm** and **Rosgill at 1.53pm** (subject to passenger requirements). Bus passes can be used and children under 16 years travel free.

Bampton Village Website

www.bamptonlakedistrict.org.uk

Please send any updates for the website to Chris Cant on chris@phdcc.com or 713240. Any new photos very welcome.

Copy deadline for the June/July issue is 5pm on Monday 23rd May. Please send all items to Heather Pitt (Tel no: 01931 716861) pathfinders2728@gmail.com; Jane Storey (Tel no: 01931 713490) roger_storey@btinternet.com. Thank you.



PARISH DIARY

(Note MH = Memorial Hall)

APRIL

- Fr 1st Bampton Walking Group, meet MH, 10am
Sa 2nd Bell Ringing practice, 11am-1pm
Su 3rd Holy Communion by Extension with Neil, **10am**
Mo 4th Tinclar's Library, Church Hall, 12-2pm
Lent Discussion Group, 65 Burnbanks, 2.30-4pm
Pilates, MH, 5.30pm and 6.30pm
Tu 5th Lent Lunch, Church Hall, 12.00-1.30pm. All welcome
BDLHS, MH, 7.30pm, "A Hotbed of Communist Activity:
The summer of 1940 in Howtown, Westmorland"
Sa 9th Bell Ringing practice, 11am-1pm
Su 10th Palm Sunday, Ecumenical service led by Church in the
Barn, **3pm**
Mo 11th Tinclar's Library, Church Hall, 12-2pm
Pilates, MH, 5.30pm and 6.30pm
We 13th Community 'Soup & Pudding' lunch, MH, 12-1.30pm
French Group, Small Hall, 2.30-3.30pm
Fr 15th Good Friday service **10am**
Sa 16th Bell Ringing practice, 11am-1pm
Su 17th Easter Day, Holy Communion with Alun, **10am**
Mo 18th Tinclar's Library, Church Hall, 12-2pm
Pilates, MH, 5.30pm and 6.30pm
Tu 19th Bampton Walking Group, meet MH, 10am
Annual Public Meeting of Bampton PCC, Church Hall,
7pm
Sa 23rd Bell Ringing practice, 11am-1pm
Bampton Cinema, MH, "The Last Bus". Doors open 7pm
Su 24th Joint Holy Communion service at Ravenstonedale with
Sandra, **10am**
Mo 25th Tinclar's Library, Church Hall, 12-2pm
Pilates, MH, 5.30pm and 6.30pm
Tu 26th Bampton Walking Group, meet MH, 10am
We 27th French Group, Small Hall, 2.30-3.30pm
Sa 30th Bell Ringing practice, 11am-1pm

MAY

- Su 1st** Service, **10am**
Mo 2nd Tinclar's Library, Church Hall, 12-2pm
Pilates, MH, 5.30pm and 6.30pm
Tu 3rd BDLHS: Outdoor visit to Howtown – A follow up to last month's meeting. Assemble at MH car park 6.30pm
Sa 7th Bell Ringing practice, 11am-1pm
Bampton Cinema, MH. "Mothering Sunday". Doors open 7pm
Su 8th 'Café Church', Church Hall, **10am**
Mo 9th Tinclar's Library, Church Hall, 12-2pm
Pilates, MH, 5.30pm and 6.30pm
Sa 14th Bampton Walking Group, meet MH, 10am
Bell Ringing practice, 11am-1pm
Su 15th Service, **10am**
Mo 16th Tinclar's Library, Church Hall, 12-2pm
Pilates, MH, 5.30pm and 6.30pm
We 18th French Group, Small Hall, 2.30-3.30pm
Sa 21st Bell Ringing practice, 11am-1pm
Su 22nd Service, **10am**
Mo 23rd Tinclar's Library, Church Hall, 12-2pm
Pilates, MH, 5.30pm and 6.30pm
Th 26th Bampton Walking Group, meet MH, 10am
Sa 28th Bell Ringing practice, 11am-1pm
Su 29th United Zoom service, **10.30am**
Mo 30th Tinclar's Library, Church Hall, 12-2pm
Pilates, MH, 5.30pm and 6.30pm

JUNE

- We 1st** French Group, Small Hall, 2.30-3.30pm
Th 2nd Queen's Platinum Jubilee lighting of the beacon, 9.45pm
Queen's Platinum Jubilee celebration ringing, 9.45pm
Fr 3rd Queen's Platinum Jubilee celebration ringing during the morning
Queen's Platinum Jubilee 'get-together', MH, 6.30pm
Sa 4th Bell Ringing practice, 11am-1pm

Su 5th Queen's Platinum Jubilee service, **10am**; preceded by celebration ringing
Bampton Walking Group, meet MH, 10am
Queen's Platinum Jubilee activity afternoon, MH, 2pm

The Abbey Kitchen

Main Street, Shap, Penrith, CA10 3NQ

Tel: 01931 719177 Email: info@theabbeykitchen.co.uk

CAFÉ TAKEAWAY GIFTS

JENNY AND THE TEAM LOOK FORWARD TO SERVING YOU

Tuesday to Saturday 8.30am to 4.30pm

Music Lessons

Face-to-face or online tuition in percussion, drums, piano, brass and theory. 20 years experience teaching (Guildhall, Royal College of Music, Trinity/Laban) and performing (London Symphony Orchestra, Philharmonia, Adele, Kanye West and the Kings Consort). Beginners, advanced students and those who want to brush up their skills are all welcome!

Steve and Katie 01931 716749 Rosgill

stephen.burke.mail@gmail.com

Penrith Physio Pilates

Experienced physiotherapist Alexis Dykes, specialising in injury rehabilitation, scarwork, pelvic and spinal pain, myofascial release and 1:1 Pilates.

Clinic based in Motherby; CA11 0RJ. Contact Alexis on: **07411 902674**

penrithpilates@gmail.com www.penrithphysiopilates.co.uk