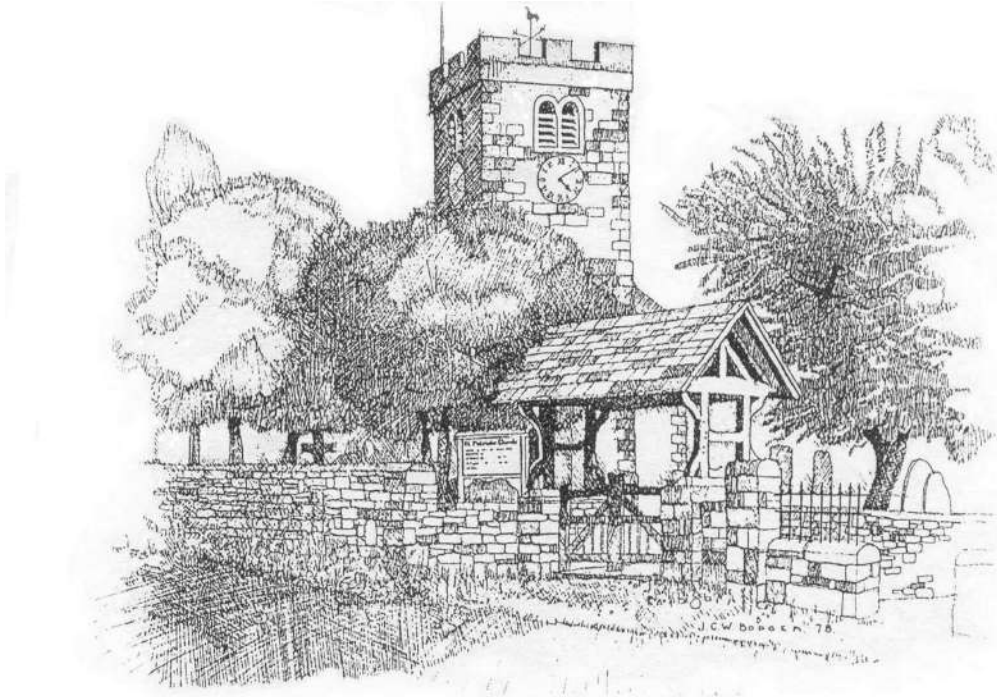


BAMPTON PARISH NEWSLETTER FEBRUARY – MARCH 2021



Dear Friends

I wonder how this letter finds you.

I wonder too how you are managing to survive in these dark days that we find ourselves in.

As we watch in dismay the continuing, heart-breaking news about the effects of Covid-19, the tensions in American politics that have exploded into public riots, the depressing statistics about the state of our environment and the gloomy weather forecasts that seem to keep us locked in the constant damp and darkness, it does make me wonder, how we will keep going?

And yet, there is much to be grateful for in the communities in which we live. For those people who care for us and help to keep us safe. For those helping with our shopping, or delivering our shopping, or even cooking and delivering our meals (you know who you are!). For those who are wrestling with the wonders of technology so that we can ‘gather’ even though we can’t meet. For those sending a lot of love online through messages or music. For those dedicated to serving in the NHS to save precious lives. For those who are continuing to publish magazines, like this one, to help keep us connected.

And there are also signs of new life beginning to peep through the gloom, like the picture of a friend’s early snowdrops, that little-bit-more-light at the end of each afternoon as the nights draw out again, the news of another family member who has received the vaccine, and the promise of Easter as the clock keeps turning and the earth continues its faithful rotations around the sun.

And this is the answer to the question that I find myself coming back to again and again.

How do we keep going? *One day at a time.*

And as I write that line I can feel a song coming on ! I'm just about old enough to remember the Lena Martell version that hit the charts in 1979 <https://www.youtube.com/watch?v=8Ba7vasQSBU>

but some of you may know the original by the country singer Marilyn Sellars in 1974?

It's perhaps not the 'spiritually enlightened' answer you'd expect from a church minister, but it's the one that resonates with me at the moment. Losing a loved one suddenly last autumn put the whole idea of time and days into sharp relief. I realised, very powerfully, that none of us know whether we have a tomorrow, all that we have is today, this gift of grace at the hand of God

The bible reminds me that God provided manna for the Israelites 'one day at a time' and in the prayer Jesus taught we ask, 'give us *this day* our daily bread'. We are encouraged neither to live in the past, nor to worry about the future, because doing either of these will mean we are missing the present, this gift of today.

This one day. Where we are right now.

And where we are is tough, and it may feel like a never-ending trial, but we are here together, as one community, and we are not on our own. And while we can't choose our circumstances, we can choose how we will respond to them.

Do I hear a song coming on?

*One day at a time sweet Jesus
That's all I'm asking of You
Just give me the strength
To do every day what I have to do
Yesterday's gone sweet Jesus
And tomorrow may never be mine
Lord help me today, show me the way
One day at a time*

Fran

Contact Details

Alun Hurd, Vicar	01931 714812
Fran Parkinson, Curate	015396 23393
Tony Hall, Church Warden	01931 713204
Kathy Jenkins, Church Warden	01931 714400
Elizabeth Coy, Asst. Church Warden	01931 713211

Retirement

We are sorry to announce that Alun is retiring, officially, at the end of April but his last service will be on Sunday 11th April.

Church Services

The church may be closed for worship, but St. Patrick's is still active and offering support for all. Services are held by Zoom on Sunday mornings at 10.30am and Tuesday mornings at 9.30am. There is also a weekly Zoom coffee morning on Wednesdays. Please contact the Vicar, Alun Hurd, for further information on 01931 714812 or alunjhurd@gmail.com

Thank you!

The PCC wish to thank everyone whose generous financial support during the last year has enabled St Patrick's to retain a relatively stable financial position and to maintain its charitable donations in spite of the unprecedented circumstances prevailing.

Bampton PCC

Village Choir

I didn't imagine, way back in April, that I would still be trying to find some entertainment until we could meet and sing in person. But still, here goes for this month, (and as a special treat it's four songs this month).

First, one of the songs we have sung, but in an arrangement by Benjamin Britten – 'Sally in our Alley':

<https://youtu.be/GnBRIJP-GfY>

Then to get us in the mood for a seaside holiday and also to practice your French, 'La Mer', a French favourite:

https://youtu.be/ka--QM_tJ-s

The next Newsletter will be for April, surely it will then be Spring, so the next song is 'Loveliest of trees, the cherry now...'. This is a setting by George Butterworth (who was killed in the first World War in 1916) of one of the poems from A E Housman's 'A Shropshire Lad':

<https://youtu.be/lchJ3h-4U4w>

And finally, a bit of fun and very different from all the above, 'Ain't Misbehavin' with Fats Waller:

<https://youtu.be/PSNPpssruFY>

Hope you enjoy these.

John Garside (713294)

French Group

Sadly we haven't met together for a while now but I hope we'll be able to re-ignite our enthusiasm for the French language later in the year. In the past we've enjoyed reading stories about *Le Petit Nicolas*, written by Sempé - Goscinny. If you search on-line you will find free pdf copies of the books and, in YouTube, film snippets and cartoons with English subtitles.

À bientôt, j'espère.

Marion Jones (713555)

Bampton & District Local History Society

The society continues to meet monthly on Zoom following the 2020/2021 programme.

December's meeting featured a presentation on the role of women in influencing events in Britain over the past 100 years and on 12th January we learned about the history of the corpse roads in Cumbria, with a special reference to our local one from Mardale to Swindale. The next meeting is to be held by Zoom on **Tuesday 2nd February at 7pm**, with a presentation on a Viking period longhouse at Kentmere; and then on **2nd March**, the subject will be Lime Kilns.

New members are always welcome to join the BDLHS and enquiries regarding membership should be directed to Heather Pitt (716861).

Andrew Yates, Chair BDLHS

Pilates

The Pilates classes that were running in Bampton are continuing to run online - they are live on **Mondays and Thursday at 7pm** or they can be accessed via catch up for up to a week after the live class. New for 2021, I have started up Pilates for Runners. These are running live at **7.30am on a Saturday**, or again can be accessed via catch up.

If you are interested in joining any of these sessions please contact me on 07411 902674 or penrithpilates@gmail.com

Bampton REMOTE Cinema January 2021

Sadly, our cinema screening for January had to be cancelled because of national lockdown laws. At this point it's best to be patient until visits to the cinema are allowed again. You will be the first to know when we are back with a first-class cinema programme. Once again thank you for helping to keep everyone safe at our October screening by observing all the hall guidelines with your usual good humour and patience.

With the rather wet, cold and snowy weather called winter, it's that ideal time to snuggle up to the fire and watch films. Cine North recommends for lockdown 3 some latest releases and here is a selection of these:

Tenet (2020): thriller/sci-fi from Christopher Nolan: trailer: <https://youtube/LdOMOXOxDMo>

Subsequent Movie Film (2020): comedy/mockumentary: trailer: <https://youtube/JvPTCvUnNQA>

My Octopus Teacher (2020): nature documentary: trailer: <https://youtube/3sOLTDhge5A>

All of the films are available across the digital platforms.

Whatever you are watching and enjoying we hope you have a very Happy New Year. Keep safe. Call Hazel (713311); Dave (713586) for any cinema questions; and Lesley (713530) for hall questions.

Bampton REMOTE cinema committee

Rainfall 2020 – Mill Craggs – Bampton – A Very Wet Year but Warm

What were your meteorological highlights of 2020? Not February, June or August unless you are a rain lover. No, it had to be April and May when we were all in “lockdown” but could enjoy warm and dry weather in our gardens and on the fells surrounding us.

The year as a whole is the second wettest I have recorded since 1993: 2,102 mm which was 140% of average. Only 2015 has been wetter. The coldest night of the year was 13th/14th April when the thermometer fell to -5.0c. So no really cold nights all year – January 2021 has already registered -7.9c.

February brought Storms Ciara, Dennis and Jorge and contributed to be the wettest February and 1st Quarter on record. April and May followed the trend of recent years and were dry with chilly nights.

There followed 3 months of mostly damp and mild weather which I expect will be remembered as a poor summer, but punctuated by the first 2 weeks of August which were exceptionally hot. September was perfect for walking.

The last 3 months of the year were wetter than average but relatively mild, in fact very mild in the run up to Christmas, with double digit day time temperatures.

January 2021 has been a mixed bag to mid-way but now Storm Christoph is forecast to bring heavy rain and floods. Ironic the first storm since exiting the EU should have been so named. Someone has a sense of humour.

	Rainfall mm	% of Average 1993-2019	Min Temp
January	213	114	-4.0c
February	468	345	-2.5c
March	155	148	-4.0c
January-March	836	196	
April	23	30	-5.0c
May	46	53	-4.0c
June	198	238	5.0c
April-June	267	108	
July	112	128	7.7c
August	203	190	4.0c
September	75	68	0.2c
July-September	390	128	
October	181	123	0.6c
November	185	113	-2.6c
December	243	121	-4.7c
October-December	609	117	
January-June	1104	163	
July-December	999	121	
Year 2020	2102	140	

David Cooke

Tinclar's Library

The library is still closed but we are looking forward to lockdown ending and the library opening as soon as possible. Opening details will be published in the newsletter when appropriate.

The Trustees

Bampton Community First Responder team

The team are continuing to respond as and when they can and furthermore all the active team members have volunteered to become Covid19 vaccinators. They have started the training and hope to be fully trained to give Covid 19 vaccinations soon.

If you think you'd like to join the team and help provide essential emergency cover for the local community please feel free to get in contact with me for an informal chat or look at the NWSA CFR page <http://www.nwas-responders.info/>

All applications are submitted through the web page and are confidential.

If you feel unwell and think it is a medical emergency DIAL 999 or 112 and ask for AMBULANCE. Any on call CFR's will then be tasked by Ambulance control to attend if appropriate. CFR's will not be tasked to attend all 999 calls but will be asked to attend the following type of emergencies: abdominal pain, severe allergic reaction, breathing problems, fitting, diabetic emergency, chest pain, stroke, loss of consciousness, collapse, cardiac arrest, respiratory arrest, some trauma. We will not normally be tasked to any incident involving children under 12.

*Christine Hill, Bampton CFR Team, 07771 934996/01931 713210
christinehillski@gmail.com*

50/50 Club

Thank you to everyone who has purchased numbers for this year's 50/50 club, may you have a '**Lucky Number**'. Your numbers are displayed in the Post Office however please do get in touch if you would like to know what number/numbers you have.

The January draw took place on Saturday 23rd in the Post Office with Dan drawing the following numbers, congratulations.

1st Prize £20 No 65, Harrison Gardner

2nd Prize £10 No 53, Adam Lucas

3rd Prize £7 No 66, Stead and Marilyn Bowness.

Please do get in touch if you would still like to purchase a number, there is a draw once a month, around the 23rd.

What happens to the money? 50% of the entry monies received is given in prizes and 50% is donated to Bampton Memorial Hall. The amount of the monthly cash prize is worked out depending on the number of Numbers purchased, with a bigger cash prize for the December Draw.

Lucinda Weymouth (713245) info@cumbriahorsetrials.com

Bampton Parish Council

Summary of items discussed at the last meeting of Bampton PC:

- Parishioners are still encouraged to apply for Covid Grants through Bampton PC.
- Grass cutting for Bampton PC will be going out to tender to start this spring. If anyone is interested, please email me, at the address below, with quotes.
- Road Closure at the top of the hill at Rosgill for 4 weeks commencing 1st February.

Charlene Bell (07747587635) lakesclerk@icloud.com

The local bus

Face masks must be worn on the Fellrunner bus weekly **Thursday** service. The bus will go down **Rosgill Hill at 9.47am**, then travel via **Bampton Grange (9.53am)** to **Burnbanks (10.00 am)** and leave **Bampton at 10.14am** to arrive (via Morrisons) at **Penrith Bus Station at 10.48 am**. The return bus will leave **Penrith Bus Station at 2.00pm** to arrive back in **Bampton at 2.32pm**, **Burnbanks at 2.46pm** and **Rosgill at 3.00pm** (subject to passenger requirements). Bus passes can be used and children under 16 years travel free.

Bampton Village Website - www.bamptonlakedistrict.org.uk

Please send any updates for the website to Chris Cant on chris@phdcc.com or 713240. Any new photos very welcome.

Copy deadline for the February/March issue is 5pm on Saturday 23rd January. Please send all items to Heather Pitt (Tel no: 01931 716861) pathfinders2728@gmail.com; Jane Storey (Tel no: 01931 713490) roger_storey@btinternet.com; or leave at the Post Office. Thank you.



Eden Valley Bespoke Tiling Services

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Please call Laila on **01931 713280**

<p>J Henderson Forestry & Gardens All aspects of tree work undertaken, also grass cutting, spraying, hedge cutting, soft landscaping & general garden tidy up Contact Jordan on: 07703 318277 or e/m: jordanhenderson2511@gmail.com</p>	<p>MPH Plumbing & Heating <i>GAS SAFE and OFTEC registered</i> <i>WRAS PLUMBING approved</i> <i>All plumbing & heating</i> <i>installations, servicing & repairs</i> <i>incl.</i> <i>LPG, OIL & NATURAL GAS</i> <i>Martin at Butterwick:</i> <i>07795085811</i></p>
<p>Motor repairs, Fuels, Oils, Gas, & Taxi Bridge End Garage 01931 713226 (JS & MG Bowness)</p>	<p>Fell View Hair and Beauty For all your hairdressing and beauty needs, from cutting and colouring to waxing and nails Open 'til 9pm Tue, Wed & Fri 01931 716069 or 07527863034</p>
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