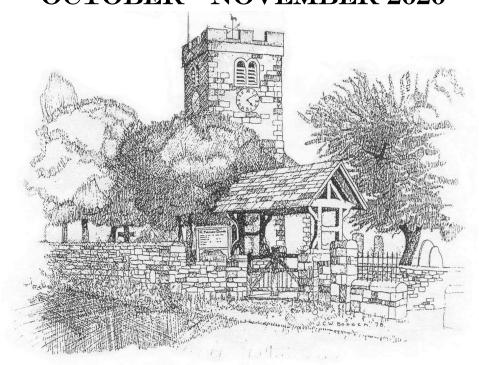
BAMPTON PARISH NEWSLETTER OCTOBER - NOVEMBER 2020



Dear Friends

The earth and the environment we inhabit on it are precious. Had the final temperature of this planet's surface, after creation, settled at just a few degrees either side of where it finally did, humankind might not have come into existence at all so not a few scientists say. No supermarkets, no county shows, no Bible nor gospels; High Westmorland and Cumbria existing geographically, but not populated by human life. The earth's surface either arid and desertified or permanently stormy; possibly both. We might reasonably assume – even if we never read scripture – that a creator God did greatly wish humanity to exist and that therefore – as the book of Genesis tells us – God 'created man in His own image'.

As Shakespeare's Hamlet comments

"What a piece of work is man! How noble in reason! How infinite in faculties! In form and moving, how express and admirable! In action how like an angel!"

Which is why we have to look after both our genus and our surroundings properly, living within all those conditions necessary for both to survive. The Swedish professor whose work so inspired school strike campaigner Greta Thunberg predicted that only ten years remained throughout which action could be taken to prevent that imminent 2°C temperature rise which would lead, fairly soon, to widespread climate disaster and species extinction. We do all need to be prepared to roll our sleeves up but the Christian church especially so. It was to His earliest-recorded votaries in the Bible that God (then known as 'Yahweh') committed stewardship of the earth and we all remain under that command even now, perhaps more so given the circumstances just referred to.

What kind of practical things can we all do? Clearly there are straightforward habits like not over-filling kettles, using slightly less power source when we cook, turning

off unwanted lights or lowering heating whilst we're away. On a slightly larger scale we can reduce use of any private vehicle we may own and – if practicable – share more of its journeys with family, friends or perhaps work colleagues. We may even want to exchange over-polluting transport or domestic heating for something cleaner that perhaps uses less energy. All this will depend on our personal circumstances; some of these steps are far easier to consider in an armchair than to put into practice, I accept! At a higher level still one can get involved with organisations who campaign for the environment such as CAfS (Cumbria Action for Sustainability), Greenpeace or Friends of the Earth.

Nobody is too irrelevant to make at least a small contribution.

It is because God values us all and knows each of us individually – Jesus in Matthew's gospel says that He 'knows every hair of your head' – that He doesn't want us to perish on a planet running out of natural resources. There is still time – if we act. But it will take a group – even pan-human – effort. Swedish schoolgirl protestor Greta Thunberg set an excellent example. Jesus' command that we 'love (y)our neighbour as (y)ourselves' indicates that there isn't a 'cop-out' – for any of us. But we need to get on with this since time is running short.

Hamlet also comments, in the same speech referred to earlier, that the entire earth is a 'foul and pestilent congregation of vapours'.

We must never let things get to this stage for any of our friends, neighbours or families, now or to come.

Neil

Contact Details

Alun Hurd, Vicar	01931 714812
Fran Parkinson, Curate	015396 23393
Tony Hall, Church Warden	01931 713204
Kathy Jenkins, Church Warden	01931 714400
Elizabeth Coy, Asst. Church Warden	01931 713211

Change of contact detail

Please note that the Vicar's telephone number is now as quoted above.

Private Prayer

As from the end of September the church is no longer open on Wednesday afternoons until after the winter.

Bampton PCC

Bampton Band of Bell Ringers

During lockdown, as a means of entertainment and to further our ringing techniques, we have been meeting via Zoom every Saturday morning to ring bells 'virtually'. The Carlisle Guild recently held a Virtual Striking competition in which 7 teams took part and we are pleased to announce that Bampton came out winners – we even managed to beat Carlisle Cathedral's team!

Bampton Bells Team

Bampton Village Shop & Post Office

Too much to say for this issue really, but here goes!

At 'sometime' in mid October our partition wall between the café and the shop is finally coming down. This means we will be on a limited function for a few days: the Post Office will operate as normal with essentials and newspapers also still unaffected. We are looking into the possibility of setting up a temporary café in a marquee at the 'car park' end of the building, but that's still in the pipeline. Dates for the limited operation will be clearly advertised outside the shop as soon as they are known. In conjunction with the building works, Dan and I will be undertaking several other improvements to the shop facilities: a new counter housing newspapers and magazines will stretch across the back of the shop; next to it a larger 'display' fridge so we can stock more of the things you're looking for; and new shelving and freezers will also feature. So if there are any new stock lines you would like to see then please let us know.

Some of you may have noticed that we now offer milk in traditional glass bottles – despite the odd person poo-pooing the possibility of its success, it seems well received and you are all kindly returning the empties too! With the concept of reducing waste in mind, we aim to be 90% plastic free by this time next year. You can help us to achieve this by telling us what you "can do without" and re-using packaging wherever you can. So we will have oils and vinegar in re-usable glass bottles that you bring in here to fill up with us. Who uses Ecover or similar? Would you like a Village based top-up system for laundry liquid etc?

Dan and I are aiming to have grocery products that are in glass, card or metal only – and do feel free to used our re-cycling bins at the front of the shop. Please, please tell us what you want: help to support our village in an even more sustainable 2021 – no grumblers or doom-sayers please...let's give this a go!

Justin & Dan (713351)

Village Choir

Another three songs with links that I hope you will enjoy and help to keep past choir meetings in mind.

First, since we are all trying to get our hair cut why not try Figaro from the Barber of Seville?

https://youtu.be/-ipb9xbXSAY

And then a quiet Cornish folk song that we might try with the choir once we can meet again – Sweet Nightingale:

https://youtu.be/JfugHsd2lmI

And for all our many ramblers one with a Manchester theme, The Manchester Rambler:

https://youtu.be/YENYMwuCG2Y

Play, listen and enjoy!

John Garside

Bampton Parish Council

The bi-monthly meeting of Bampton PC was held on the 15th September 2020 in the Village Hall. It was going to be followed by the presentation to Marion Drinkwater as thanks to her service as Clerk to Bampton PC for 30 years and Askham PC for 15 years but due to the new Government guidelines on COVID, we regrettably had to postpone the event – once again. Previous Chair to Bampton PC, Jim Campbell, delivered the gift to Marion – a beautiful painting by Christine Longmire. Bampton PC hopes to host the event in the spring if Covid guidelines allow.

Bampton PC would encourage community groups such as the Plant Fair, Christmas Lunch, Bonfire, Raft Race, Summer Sports and the Remote Cinema to contact the clerk to apply for funding.

A new parishioner has been co-opted onto Bampton PC, filling the last seat. Welcome Catherine Lacey, a registered nurse and foot health practitioner.

Bampton PC await feedback from BT and Eden District Council regarding the removal of phone boxes The PC objected to the decommission of the Burnbanks phone box as it is vital for fell users during emergencies.

Charlene Bell (07747587635) <u>lakesclerk@icloud.com</u>

Bampton & District Local History Society

Hope this finds you well. As the pandemic is on-going and large meetings are, as yet, prohibited by government restrictions I thought I should share with you the committee's thoughts on how best to plan for the year ahead and the Society AGM which normally takes place in October.

The Society's constitution states that we should have one AGM per year. This normally takes place in October but the committee are considering postponing it until later in the year and having it as an online ZOOM meeting (without speaker), instead of the usual short AGM meeting followed by a speaker. The committee would like the membership's opinions on this suggestion, all would be welcome to attend, items for the Agenda would be asked for and a link would be sent out in advance of the AGM.

The Committee would also like to remind the members that the annual subscriptions are due on the 15th October. Those of you who have already set up a standing order need do nothing as the payment will be taken our automatically. We hope that members will be happy to continue their subscriptions to the Society despite the ongoing uncertainty created by COVID19. With this in mind the Committee would also like to hear the members' opinions regarding the possibility (assuming a speaker can be arranged) of holding one or more online public meetings, with a speaker giving a lecture, through an online format such as ZOOM or similar.

Thank you in advance for any thoughts you have on this. Please feel free to email them to me at: christinehillski@gmail.com or call me on 07771 934996.

Christine Hill, Chair BDLHS

French Group

The French group resumed its fortnightly meetings in August and September and were fortunate to be able to meet outside in the sunny weather. We plan to continue through October and November, meeting in the Small Village Hall if the weather is poor. We would like to say "merci" to the Hall Committee who have ensured that everything is in place to keep us safe and well. Realistically we cannot expand our group at the moment but we are deriving some pleasure in each other's company.

Marion Jones (713555)

Bampton Community First Responder team

With lockdown easing but COVID 19 still very much 'out and about' Bampton CFR team has not yet been able to resume our monthly training. However, North West Ambulance Service is planning some extra training soon to help teams get back up to speed and I hope this will also signify a return to more normal operations. The team are still available to help people in Bampton and the surrounding area but call outs are down significantly as CFR's are not currently being sent to anyone with suspected coronavirus.

Alison Jones has decided to step down from her role as a CFR and I'd like to thank Alison for her support of the team since its foundation and the considerable amount of time and effort she has put into the team and the role of CFR. Thank you Alison!

If you think you'd like to join the team and help provide essential emergency cover for the local community please feel free to get in contact with me for an informal chat or look at the NWAS CFR page http://www.nwas-responders.info/

All applications are submitted through the web page and are confidential.

If you feel unwell and think it is a medical emergency DIAL 999 or 112 and ask for AMBULANCE. Any on call CFR's will then be tasked by Ambulance control to attend if appropriate. CFR's will not be tasked to attend all 999 calls but will be asked to attend the following type of emergencies: abdominal pain, severe allergic reaction, breathing problems, fitting, diabetic emergency, chest pain, stroke, loss of consciousness, collapse, cardiac arrest, respiratory arrest, some trauma. We will not normally be tasked to any incident involving children under 12.

Christine Hill, Bampton CFR Team, 07771 934996/01931 713210 <u>christinehillski@gmail.com</u>

Tinclar's Library

The library is now open every **Monday** from 12 - 2pm but only 4 people will be admitted and face masks and disposable gloves must be worn. If you intend coming please contact Margaret (713325) or Sue (713434) in order that no one will be disappointed.

The Trustees

Panto

Sadly we have decided that it will not be possible to produce a panto this season. With Covid once more on the increase, any thoughts of possible rehearsals, let alone the actual staging of a production, seem totally unrealistic.

Never mind: the script is written and we feel sure that all the usual cast will be raring to go next year so that the usual excellent performance can be achieved in January 2022!

Alison (713350) & Heather (716861)

Bonfire and Firework Night

It is with deep regret that we have had to cancel the Bampton Bonfire and Firework display this year due to the current pandemic.

Jacqui and I have been talking and we have decided to put on a firework display from our garden, so the children of Bampton and Bampton Grange do not miss out. The plan is to set the fireworks off at **7pm** on **5**th **November**, **2020** which many will be able to see from their own properties. So that there will be no breach of Covid restriction we ask that people act responsibly, do not congregate in large groups and follow the guidance on social distancing.

We are not able to fund the event on our own, so we are asking if you would kindly make a donation towards the cost of the fireworks. We have spoken with the committee and if we make enough money they are happy to contribute to the event as well.

We must stress that this is just for the enjoyment of the local Bampton community and not a public invitation. WE DO NOT WANT a large mass gathering involving visitors to the village. This is not the idea. It is a firework display for the local community, especially the children so they do not miss out on what is usually an amazing display of fireworks. We hope you understand and will support our idea. If you would like to contribute, this can be done by either popping your donation (cash or cheque payable to Mr T Barber) in an envelope and posting it through the door of Maureen Barber at Leyton Barn, Bampton Grange, or putting it in the donation bucket situated within Bampton Village Store.

Thank you for taking the time to read this letter and hopefully you will support this event. We will keep you updated as to how much we have raised and hopefully there will be enough to put on an amazing display for our community.

Kind Regards and best wishes to you all at this difficult time.

Trev and Jacqui

Indoor Bowls

Normally at this time of year we would be anticipating the start of our Winter Indoor Bowls Season. Sadly given the current increasing level of COVID19 and consequent restrictions it will not be possible to go ahead. It has been decided to postpone the start of the season and review the situation later in the year.

Ken Armstrong

Bampton REMOTE Cinema Summer 2020

And we're up and running at Bampton Memorial Hall!

Saturday 17th October: Military Wives (12) 2019 113 mins

The feel good film of the year, *Military Wives* is inspired by the incredible true story of The Military Wives Choirs, a heartfelt story of friendship and support on the home front.

Arrangements will be different: The film will start at 7pm; doors open at 6:15pm. There is no meal but the hall bar will be open and ice-creams on sale during the short interval. Tickets will be at the usual price of £5 adults; £2 U16. Tickets will have to be bought in advance at Bampton PO and Shop where details of name, address and phone number will be taken. Tickets will be available from Wednesday 30th September to Saturday 10th October. There will necessarily be fewer tickets on sale than usual and no ticket sales at the door on the night. The week's gap between the close of ticket sales and the film night will allow time to order both bar stock and ice-creams depending on the number of tickets sold and for arrangements in the hall for seating and table layouts thereby. All Covid safety precautions are in place in the hall and we respectfully ask that you bring your own personal protection in the way of face coverings, your ticket and respect social distancing. Waitress service will be in place so there is no need to queue at the bar or move around more than necessary. Entrance to the hall will be by the side door as usual but exit by the fire doors at the back of the hall. There is no need to help with chairs, tables or cinema kit at the end of the evening as you kindly usually do. All we ask is that you have a jolly good evening out, however many of us there are. We hope there will be no need to postpone or cancel but of course, we would abide by national or local guidelines, if it became necessary to do so.

Posters will appear in two parts in all the usual places around the parish with all you need to know for the evening's event. You can also phone to ask any questions as follows: for arrangements within the hall: Lesley White (713530); for cinema arrangements: Hazel (713311); Dave (713586).

'SPRING TO SEA' – Our Parish is connected to our oceans Bampton Parish and Plastic Pollution: One Windy Day!!!

If you remember in March and April to keep me sane during lockdown (a) and to exercise I slowly litter picked all the verges and roadsides of Bampton Parish and a bit beyond. From this task 'Spring to Sea' evolved, an initiative to reduce plastic pollution in the Lowther Valley.

Next, after obtaining permission from farmers and landowners, I have been cleaning any plastics and litter from our beautiful River Lowther and her surrounding banks and becks. To my great delight I was joined by another local volunteer in June, with social distancing observed of course.

'Spring to Sea' found the following:

- Silage wrap in large quantities, black, green and a wee bit of pink!
- Dumpy bags and terram (geotextile) disintegrating into tiny pieces
- Feed bags and broken buckets

- Tree tubes galore (thank you United Utilities)
- Orange string, hazard and gaffer tape
- Drainage pipes
- Electric fencing and 1 old battery
- Clothing and fabrics

This indicates the following: (as no one is purposefully chucking this plastic into the water)

- 1. All it takes is **ONE WINDY DAY** to blow loose plastics accidentally to our river and becks.
- 2. All it takes is **HEAVY RAINFALL** and **FLOODING** to take loose plastic to our sea via our river.

(Does this sound like our weather? I like a good storm but now I worry when the wind blows)

3. Plastic has been accumulating in our River Lowther and her becks. Much has now been removed.

So what can we do? Start Plastic Hygiene! Make it our new normal!

- We can tend to our own home and work patch. Check our gardens, compost heaps, drives, yards, drains, ditches, fields, fences, trees, everywhere for any plastic left out. Talk to employees. If you feel overwhelmed and/or need help, ask 'Spring to Sea'.
- Having building works done? Watch that skip and what waste is being left outside.
- Got any aged silage bales starting to shed their wrapper? Maybe Dalefoot will take it for compost or one of the anaerobic composters in Cumbria?
- Check and manage any tree guards on your land. Sun and weather break them down. Beware the style of guard which eventually shatters into little pieces spreading plastic all over the ground and into the soil. It is made of a green plastic grid with a clear polyethylene inner liner.
- We can think about reducing our use of plastic. Look at 'City to Sea' website https://www.citytosea.org.uk/ and 'Break Free From Plastic' https://www.breakfreefromplastic.org/ which deals with the real source of the global plastic pollution crisis the petrochemical industry. Unless emissions from plastic production fall, global greenhouse gases will not slow down.

If you want to get involved or have questions please email cat glendinning@yahoo.com

I would like to thank all the farmers and landowners who have helped with allowing access and collecting heavy bags from remote places. The kind folk who have cheered us on. Eden District Council for taking away the smaller plastic and my friends and neighbours for recycling and all those spare blue bags. Biggest thank you to Nicky for her positive energy and helping fish out the plastic.

Catriona Glendinning, 'Spring to Sea' (713653)

Bampton Memorial Hall

Chairperson's Report

The last year being 2019 was good for the hall, having a Cinema once a month during Winter and Spring, a break in Summer and returning in Autumn and Winter. Several functions took place: Quiz Nights, Summer Sports, Community Soup Lunches and a Christmas Community lunch were enjoyed by all.

The hall was hired out throughout the year: Pilates, Bowls, History Society, Half Marathon every first Sunday in March, Folk Camps in the Summer, Funeral Teas and Weddings. The Plant Fair for Hospice at Home and Macmillan Coffee mornings were also held. The small hall had repairs to 2 windows and a door, was decorated and a new non slip flooring was installed in the kitchen in the main hall. A subcommittee was set up to enable us to look at the viability of the hall and what was needed for the future. A survey has been done and now we have to look at this and see how we can implement these findings.

A grant was given by the Dicken Trust of £2,000 to enable us to change the electric heaters with safety guards in the large hall. This was completed and signed off.

Then the end of March arrived and we were on lockdown due to COVID-19. So the hall was closed until future notice and our village became a very quiet community. However, good community spirit prevailed with neighbours helping the ones who were isolated and organising deliveries of food where needed.

I wish to thank everyone and especially Angela our cleaner who rose to the challenge of deep cleaning our halls.

Looking forward to our hall being in a better position than it is at present.

Lesley White (713530)

The local bus

Face masks must be worn on the Fellrunner bus weekly Thursday service. The bus will go down Rosgill Hill at 9.47am, then travel via Bampton Grange (9.53am) to Burnbanks (10.00 am) and leave Bampton at 10.14am to arrive (via Morrisons) at Penrith Bus Station at 10.48 am. The return bus will leave Penrith Bus Station at 2.00pm to arrive back in Bampton at 2.32pm, Burnbanks at 2.46pm and Rosgill at 3.00pm (subject to passenger requirements). Bus passes can be used and children under 16 years travel free.

Bampton Village Website - www.bamptonlakedistrict.org.uk

Please send any updates for the website to Chris Cant on chris@phdcc.com or 713240. Any new photos very welcome.

PARISH DIARY (Note MH = Memorial Hall; SMH = Small Hall)

OCTOBER

Su 4th No Service

Mo 5th Tinclar's Library, Church Hall, 12-2pm

French Group, SMH, 2-3pm

Su 11 th	Service of the Word, lay led, 10am
Mo 12 th	Tinclar's Library, Church Hall, 12-2pm
Sa 17 th	Bampton Cinema, MH. "Military Wives". Doors open 6.15pm
Su 18 th	Holy Communion with Ian Elliott, 10am
Mo 19 th	Tinclar's Library, Church Hall, 12-2pm
	French Group, SMH, 2-3pm
Su 25 th	Service of the Word, lay led, 10am
Mo 26 th	Tinclar's Library, Church Hall, 12-2pm

NOVEMBER

Su 1 st	Holy Communion by Extension with Diana, 10am
Mo 2 nd	Tinclar's Library, Church Hall, 12-2pm
	French Group, SMH, 2-3pm
Su 8 th	Remembrance Sunday Service 10.55am, including the 2 minutes'
	silence at 11am and the reading of the names
Mo 9 th	Tinclar's Library, Church Hall, 12-2pm
Su 15 th	Holy Communion with Alun, 10am
Mo 16 th	Tinclar's Library, Church Hall, 12-2pm
	French Group, SMH, 2-3pm
Su 22 nd	Service of the Word with Diana, 10am
Mo 23 rd	Tinclar's Library, Church Hall, 12-2pm
Su 29 th	United Zoom service from Tebay, 10.30am.
Mo 30 th	Tinclar's Library, Church Hall, 12-2pm
	French Group, SMH, 2-3pm

Copy deadline for the December/January issue is 5pm on Monday 23rd November. Please send all items to Heather Pitt (Tel no: 01931 716861) pathfinders2728@gmail.com; Jane Storey (Tel no: 01931 713490) roger_storey@btinternet.com; or leave at the Post Office. Thank you.