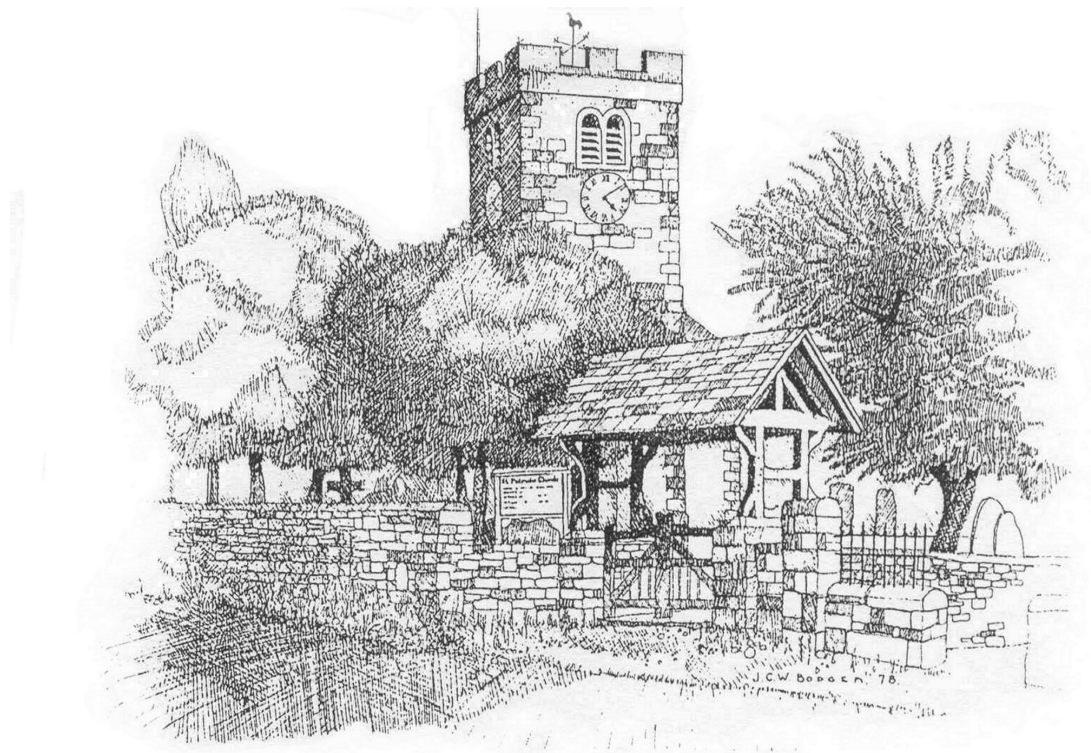


# BAMPTON PARISH NEWSLETTER AUGUST – SEPTEMBER 2020



## *Dear Friends*

They think it's all over...it is now...!! Those are the famous words that the football commentator Kenneth Wolstenholme uttered in the final moments of the 1966 world cup final as Geoff Hurst, of England, scored his third and England's fourth goal to seal the victory over West Germany.

They might also have been the words exclaimed by many in the UK as the pandemic, which has dominated our lives in the past few months, potentially comes to an end with many lockdown restrictions eased.

We of course know that it is not the end, but to quote Winston Churchill ***“Now, this is not the end. It is not even the beginning of the end. But it is, perhaps, the end of the beginning”*** This quote was made by him during World War II after the battle of El Alamein and General Montgomery's victory over the Afrika Corps in the desert. In other words, even though the situation has been going on for a long time, the situation has changed and there is still a long way to go.

That is true for us as we all adapt to a new and less restrictive way of life. It is a bit 'normal' but not completely as we still have to observe social distancing or if fortunate gather in 'bubbles' or extended groups. Each of us will in our own way make the best of it. However, many will not be able to: through bereavement, particularly families of those who died from Covid19, loss of income or loss of jobs, mental health issues, domestic abuse and others who are vulnerable or slipped

through the social care net. The joy of an eased lockdown may be tempered by these factors and may not be easily resolved or significantly reduced due to the consequences of those circumstances.

Our help, support and prayer are needed at this tricky time, both in general, and for anyone known personally to us in our communities who has or is suffering. For them it will not be over and as the Bishop of Carlisle, Rt Revd James Newcombe reminded us when he preached at our online Zoom service some weeks ago, we must be compassionate as Jesus himself was, in relating to people's lives and situations.

Jesus recognised the spiritual 'lostness' of those around him who were longing for security and meaning in life. Likewise, he responded to people's physical pain and emotional sorrow. He healed and comforted them, giving them hope and continues to do so in this world as we experience all the uncertainties that have surrounded us. Jesus life and teaching taught us much and provides an example of how to live with our neighbours and love one another. But what makes him more than just another good man and teacher with good ideas and philosophy of life, is that Jesus offered a meaning and purpose for our existence, best exemplified in his resurrection from the grave to that glorious hope of eternal life and a deep relationship with our Creator God.

In that resurrection, God through his Son Jesus, showed that his death on the cross was not the end, it wasn't all over as the spectators who ran on the pitch at the very end of the World Cup Final discovered. There was more, another goal, and for us all there is more, and not least as our church buildings have got the green light to open and resume services of worship. For us, that started on the 12<sup>th</sup> July in the High Westmorland Parishes at St James Tebay, cascading down, to include all the other churches, so that on the 2<sup>nd</sup> August all our buildings will be open – subject to Risk Assessments being completed. With all preparations made we will be ready, with social distancing and advisory caps on numbers, to receive all members of our communities to join with us in worship.

If however you are not feeling quite comfortable and secure about coming back or attending church for the first time, that is absolutely fine. Certain groups of people may be at increased risk of severe disease from COVID-19, including people who are aged 70 or older, regardless of medical conditions. Individuals who fall within this group are advised to stay at home as much as possible and, if they do go out, to take particular care to minimise contact with others outside of their household.

Come when it suits and not before. A warm welcome awaits you whenever that might be. There is also the option of joining us online with Zoom Church at 10am for the immediate future. Just email me [alunjhurd@gmail.com](mailto:alunjhurd@gmail.com) and I will send you an invite.

In the meantime, may I wish you all good health and all God's blessings as we continue to journey together through this pandemic and with trust in God through to the other side.

*Alun*

## Contact Details

Alun Hurd, Vicar	01931 716048
Fran Parkinson, Curate	015396 23393
Tony Hall, Church Warden	01931 713204
Kathy Jenkins, Church Warden	01931 714400
Elizabeth Coy, Asst. Church Warden	01931 713211

## Church opening and services

The church is now open for private prayer every **Wednesday from 2 – 4pm** and on **Sunday mornings at 10am** for services – these will be shorter than usual and there will not be any singing. In between these two events the church will be closed. In accordance with church guidelines a Covid 19 Risk Assessment has been completed for the church and hygiene measures are in place.

## Face Masks

The following guidance has been received from Bishop James:

“Face coverings are currently mandatory on public transport and will be mandatory in shops and in supermarkets from **24<sup>th</sup> July**. People are also encouraged to wear face coverings in enclosed public spaces where there are people they do not normally meet, **such as a place of worship**.” So you will need to bring your own mask from this Sunday onwards although there will be limited supplies available at church. Relevant guidance on face coverings is available on the [www.gov.uk](http://www.gov.uk) website.

## Return to Ringing

After an interval of 4 months we are pleased to say that St. Patrick’s bells will be ringing again but not like parishioners have become used to hearing. Restrictions due to COVID-19 mean that it will only be possible for 3 of the 6 bells to be rung which will sound different from normal ringing. The restrictions also mean that the total permitted time will be 15 minutes and occasionally may involve the ringing of a single bell.

## Thank you

On behalf of the Church the PCC wish to thank the Community Support Group for everything they have done for the community during the lockdown period.

*Bampton PCC*

## Mill Craggs Rainfall

We needn't have worried about a drought: rainfall at 198mm was the second highest for the month of June in 28 years and was almost 2½ times the average. The period January to June was the wettest first half year I have recorded and at 1,103mm was the first over 1,000mm.

*David Cooke*

## **Bampton Post Office/Shop – questionnaire evaluation results**

You may recall a little while ago we asked you to complete a questionnaire telling us what services you value at the shop/post office; asking you for ideas for possible new services which we could pass to the new tenants. I am delighted to say that you did not let us down! We received 40 responses which is about 20% of the community (and we know that some of you replied for the whole household!) So THANK YOU. We captured all your ideas and suggestions and these were passed to Justin and Dan, the new tenants, to consider and, if appropriate, give a try.

The main headlines were probably no surprises. The overwhelming majority of respondents valued the shop and post office and those of you that had not used the services in the past 6 months mainly said this was down to opening times and lack of variety of products. You asked for the shop to be open longer hours and in terms of products you asked for milk, bread, locally produced items, home baking and also beer!

In terms of ideas and suggestions your creative juices flowed and here are some ideas:

- Pop up evening meals was a very popular suggestion
- Using the café for local events for things like coffee morning, breakfasts, knitting groups, book clubs etc was also high on your wish list
- Having a local notice board – to share local events/promote local activities along with being able to purchase tickets for local events at the shop was important to a lot of you
- To improve the outside area with more seating

We are delighted that Justin and Dan seem very in tune with these ideas and hopefully many of you have noticed the beautiful new seating area and pots outside, the amazing café menu including home baking.

Now, it is very much back to you all – in order for the shop and Post Office to go from strength to strength and deliver some of the ideas and suggestions you told us you wanted, we need you to support our fantastic local shop and Post Office wherever possible, tell your friends, and make the most of what is on offer on our doorstep. Thank you.

*The Bampton Trust*

## **French Group**

The French Group will resume its **fortnightly** meetings from **Monday 10<sup>th</sup> August**. We are a small group of Francophiles who support each other in developing confidence to communicate effectively in French. We expand our vocabulary chiefly through a variety of activities and, if we happen to get the grammar correct, we take that as a bonus! None of us are experts and we are happy to experiment with different ways of learning. If you think you'd like to join us then please give me a ring and I'd be pleased to tell you about the group. We are holding our sessions in the Small Village Hall so we can manage our social-distancing.

*Marion Jones (713555)*

## **Post Office at Bampton Village Shop**

The Post Office is open on:

<b>Monday</b>	<b>9am – 1pm</b>
<b>Tuesday</b>	<b>9am – 12 noon</b>
<b>Wednesday</b>	<b>9am – 12 noon</b>

Mandy Watson, temporary sub postmistress, will continue to run the Post Office until Dan has completed his training. Do call in to see Mandy and Dan for information regarding the range of services available at the Post Office including:

### **Banking**

- Pay in cash and cheques
- Withdraw cash using your debit card and PIN

### **Postal Services**

- Sale of postage stamps – stamps can be purchased in the shop outside of Post Office opening hours
- Posting of letters and parcels – standard delivery, special delivery and signed for, international track and trace

### **Bill Payments**

- Council tax, electricity, telephone, TV licence etc can all be paid for at the Post Office
- Top up your pay as you go mobile phone with a voucher

We hope you will continue to support our local Post Office. Thank you.

*The Bampton Trust*

## **The Bampton Endowed Schools Endowment**

This is just a reminder that the closing date for applications for an educational grant this year is **30<sup>th</sup> September 2020**.

The Trustees invite applications for financial support from those who will be undertaking courses at any University, college or institution of higher or further education in Autumn 2020. Consideration will also be given to applications from those who will be undertaking other forms of education (including the study of music or other arts) to prepare for entry into any occupation, trade or profession.

To be eligible to apply for a grant the applicant must be:

- Under the age of 25 on 1<sup>st</sup> September 2020 and
- Resident in the civil parish of Bampton, Cumbria or to have attended Bampton Endowed School.

An application form, and further information, can be obtained from:

David Cooke, Mill Craggs, Bampton, Penrith, CA10 2RQ (01931 713392) or by email from: [cooke856@btinternet.com](mailto:cooke856@btinternet.com)

## **Tinclar's Library**

The Library will open soon: look out for the 'A' board!

Annual subscriptions are now due and your support in these troubled times is much appreciated. We hope to see you soon.

*The Trustees*

## **Thank you**

We would like to say a huge 'thank you' to everyone for enquiries, offers of help, cards, flowers and all the delicious food ranging from soup, scones, cake, lasagne, ham joints, quiches, plated salads, even VE Day cream scones, during Marilyn's illness. What a wonderful, caring community we live in. I'm still not 100% but, hopefully, now going in the right direction.

Thank you all so much.

*Stead and Marilyn*

## **Bampton Community First Responder team**

With lockdown easing but COVID 19 still very much 'out and about' Bampton CFR team has not yet been able to resume our monthly training. However, North West Ambulance Service is planning some extra training soon to help teams get back up to speed and I hope this will also signify a return to more normal operations. The team are still available to help people in Bampton and the surrounding area but call outs are down significantly as CFR's are not currently being sent to anyone with suspected coronavirus.

If you think you'd like to join the team and help provide essential emergency cover for the local community please feel free to get in contact with me for an informal chat or look at the NWAS CFR page <http://www.nwas-responders.info/>

All applications are submitted through the web page and are confidential.

**If you feel unwell and think it is a medical emergency DIAL 999 or 112 and ask for AMBULANCE. Any on call CFR's will then be tasked by Ambulance control to attend if appropriate. CFR's will not be tasked to attend all 999 calls but will be asked to attend the following type of emergencies: abdominal pain, severe allergic reaction, breathing problems, fitting, diabetic emergency, chest pain, stroke, loss of consciousness, collapse, cardiac arrest, respiratory arrest, some trauma. We will not normally be tasked to any incident involving children under 12.**

*Christine Hill, Bampton CFR Team, 07771 934996/01931 713210  
[christinehillski@gmail.com](mailto:christinehillski@gmail.com)*

## **Lockdown Recipe Book**

You may have read in the last Community News Sheets that we are hoping to create a Bampton Lockdown Recipe Book, partly as a fund raiser and also as a memory of this strange 2020. We would like you to share a recipe of something that has been a favourite of yours over these last few months. It might be an old favourite of your family or something new which you tried out and enjoyed, savoury or sweet. Children might like to share something which they have learned how to make for the first time.

If you have a recipe which you are happy to share, please let me know as soon as possible. Either ring on 713350 or email [scj1942@hotmail.com](mailto:scj1942@hotmail.com) Many thanks.

*Alison Jones and the Community Support Group*

### **Macmillan Coffee Morning**

I have had a lot of enquires about this and, at present, the provisional date is **Friday the 25<sup>th</sup> September** from **10am – 1pm**. However, due to obvious circumstances beyond our control, this may have to be held at a later date. We would, however, love to have donations of any kind for the White Elephant stall etc., but please do not send books or magazines. Please ring me on 713530 or bring any donations to the Small Hall on 5<sup>th</sup> September between 10am and 12 midday (so that I can put them in the IT room) or on the day, whenever that may be. I will put notices up as soon as I know. Thank you.

*Lesley White*

### **Bampton Parish Council**

At our meeting last week the councillors decided to seek ideas from the community as to how to spend the recent COVID grant monies they have received: these must be COVID related. Parishioners are asked to get in touch with the clerk: [lakesclerk@icloud.com](mailto:lakesclerk@icloud.com)

The Memorial Hall committee did an excellent job at creating a safe environment for the Parish Council to hold their first meeting back.

There is a spare seat on the Parish Council and we would like to co-opt a new councillor at the next meeting on the **15<sup>th</sup> September at 7pm**. If you are interested please email the clerk ([lakesclerk@icloud.com](mailto:lakesclerk@icloud.com)) with a short letter stating why you want to join and what you have to offer.

At the above meeting we will be presenting a gift to the previous clerk, Marion Drinkwater, for her 30 years service to the community and invite any parishioner who wishes to attend to say 'thank you'.

*Charlene Bell (07747587635)*

### **Bampton & District Local History Society**

Due to COVID 19 the History Society took the decision to postpone all the early summer meetings and although lockdown has eased it has not yet eased enough for the committee to reconsider this decision for the autumn meetings yet. However, the Committee will continue to monitor Government guidance on social distancing and the easing of the lockdown and hope to get the Society meetings up and running again as soon as it is safe to do so. We will certainly let you know!

*Christine Hill, Chair BDLHS*

### **Bampton Pilates**

Pilates in Bampton is having to continue online via ZOOM at present, as current guidelines still do not allow for classes to take place on a face to face basis. So I shall continue to enjoy seeing your faces and catching up on **Monday and Thursday evenings** online. If anyone would like to join in these Physiotherapy led Pilates classes then please contact me on 07411 902674 or [penrithpilates@gmail.com](mailto:penrithpilates@gmail.com)

*Alexis [www.penrithphysiopilates.co.uk](http://www.penrithphysiopilates.co.uk)*

## **Village Hall**

Along with Government guidelines the halls will now be open for use as follows: small meetings of up to 8 people socially distancing in the Small Hall, with the Main Hall being available for larger meetings. There is availability in the large hall for private parties of up to 30 people, once again with social distancing. On entering either hall you will see sanitisers on the wall; masks, gloves, surface cleaner and disposable cloths are available for you to use after touching door handles, tables etc., and a pedal bin for rubbish has been provided.

All halls have been sanitised and thoroughly cleaned by Angela Murphy who has done a great job: 'thank you' from the hall committee. Please leave any chairs, tables etc. as you have used them so that they can be sprayed by Angela. Please book with Lucinda on 713245 and she will advise on your booking.

*Lesley White [lesleyawh@aol.com](mailto:lesleyawh@aol.com)*

## **Village Choir**

And still no singing together, but as much as you like at home. So here are a few more links to songs that we have sung over the past year. For all to enjoy, not just those who come to the Choir meetings.

First, a classic recording of 'Summertime' by Ella Fitzgerald and Louis Armstrong: <https://youtu.be/xHAFhPrrKHA>

'Westering Home' we always enjoyed so here is a gentle version, rather quiet and thoughtful: <https://youtu.be/eg0w3XJmq2Q>

For the romantics 'My Love is like a Red Red Rose', Robbie Burns in a wild Scottish setting: <https://youtu.be/oUs-5dHFksw>

And as a special bonus 'The Hippopotamus Song' (Flanders and Swann): [https://youtu.be/AjnOj9O16\\_I](https://youtu.be/AjnOj9O16_I)

Hope you like these. Keep singing and look forward to a meeting soon

*John Garside*

## **Bonfire and Fireworks**

Hope you have all kept well and safe. We (Mum and myself) have decided that we need to ask all volunteers if they are willing to work next to each other serving food and drink on the night. Also, we would like the local community to have their say as to whether they would like it to go ahead, taking into account the number of people outside the valley that turn up on the night. There are mixed feelings as to whether the evening of November 5<sup>th</sup> 2020 should be cancelled. We would be very grateful for the opinions, suggestions, concerns, worries and ideas that everyone has.

We will be having a meeting in September to make the final decision: time and date to be confirmed but it will be in Mum's garden. Please either phone us, put a letter through the door or email before 1<sup>st</sup> September. Please let us know your thoughts and feelings as to whether it should go ahead. Thank you.

*Maureen (713314) & Trev (713439) [shadow2rider@aol.com](mailto:shadow2rider@aol.com)*



## **Panto**

Although we are still in very uncertain times we do hope that it will be possible to rehearse a panto which will be performed at the end of January/beginning of February 2021. So, will anybody who is still interested in being involved please let either of us know – or just let us have your thoughts. Obviously things may change over the next couple of months but we think it would be a good idea to at least ‘get a feel’ for things earlier rather than later.

*Alison (713350) & Heather (716861)*

## **Bampton REMOTE Cinema Summer 2020**

Progress is in the air and hopefully will translate to a big screen for the autumn when, in some form or other, we can have a new season of films at Bampton cinema. There are many practicalities involved to make a visit to our cinema safe as well as enjoyable for everyone. It is unlikely we can resume a meal plus film for instance at this point, so while we may have to start small it's getting started again which is the main thing. Bampton Memorial Hall is all for it and we are very lucky to have a venue which is supportive and encouraging.

Look for details on how it will all work in the October-November 2020 newsletter. In the meantime, we will be planning and organising. It will be so exciting to make a go of this again for a 9<sup>th</sup> year. Fingers crossed!

*Hazel (713311), Katharine (713392), Mike (713555), Vickie (713466)  
David (713586) Bampton REMOTE cinema committee*

## **Village Hall**

Whilst cleaning the hall Angela and myself noticed there are two missing folding tables. If you have borrowed them please could you return them, along with your donation for their use. Thank you.

*Lesley (713530)*

## **Raft Race 2020**

I have given long and hard thought to whether holding this year's event was possible given all the challenges posed by social distancing and concluded that, regretfully, I must cancel it.

After the length of time we have all endured listening to the do's and don'ts associated with socialising I am not going to bore you with the fine details associated with the organisation of the raft race. Needless to say it presents challenges which, despite looking for ways around, have proven 'risky' to the extent that I don't feel that it can be held with the level of safety anyone would want.

I realise that this will be a disappointment to many and yet another event, albeit small, which has fallen victim to this crazy situation and marred our usual social activities. I am sure that we will all hope that 2021 will give us back a more 'normal' life, including Bampton Raft Race!

*Tim Ward*

## **The local bus**

The Fellrunner bus will resume its weekly service on **Thursday 6<sup>th</sup> August** but **face masks must be worn**.

The bus will go down **Rosgill Hill at 9.47am**, then travel via **Bampton Grange (9.53am)** to **Burnbanks (10.00 am)** and leave **Bampton at 10.14am** to arrive (via Morrisons) at **Penrith Bus Station at 10.48 am**. The return bus will leave **Penrith Bus Station at 2.00pm** to arrive back in **Bampton at 2.32pm**, **Burnbanks at 2.46pm** and **Rosgill at 3.00pm** (subject to passenger requirements). Bus passes can be used and children under 16 years travel free.

## **Bampton Village Website - [www.bamptonlakedistrict.org.uk](http://www.bamptonlakedistrict.org.uk)**

Please send any updates for the website to Chris Cant on [chris@phdcc.com](mailto:chris@phdcc.com) or 713240. Any new photos very welcome.

## **PARISH DIARY** (Note MH = Memorial Hall)

### **AUGUST**

<b>Su 2<sup>nd</sup></b>	Holy Communion with Chris Jenkin, <b>10am</b>
<b>Sa 8<sup>th</sup></b>	Orton Farmers' Market, 9.30am-2pm
<b>Su 9<sup>th</sup></b>	Service of the Word with Fran, <b>10am</b>
<b>Mo 10<sup>th</sup></b>	French Group, Small Village Hall, 2-3pm
<b>Su 16<sup>th</sup></b>	Holy Communion with Alun, <b>10am</b>
<b>Su 23<sup>rd</sup></b>	Service of the Word with Richard, <b>10am</b>
<b>Mo 24<sup>th</sup></b>	French Group, Small Village Hall, 2-3pm
<b>Su 30<sup>th</sup></b>	United Zoom service led by Alun, <b>10.30am</b> .

### **SEPTEMBER**

<b>Su 6<sup>th</sup></b>	Holy Communion with Ian Elliott, <b>10am</b>
<b>Mo 7<sup>th</sup></b>	French Group, Small Village Hall, 2-3pm
<b>Sa 12<sup>th</sup></b>	Orton Farmers' Market, 9.30am-2pm
<b>Su 13<sup>th</sup></b>	Service at <b>10am</b> , Minister to be arranged
<b>Tu 15<sup>th</sup></b>	Bampton Parish Council Meeting, MH, 7pm.
<b>Su 20<sup>th</sup></b>	Service at <b>10am</b> , Minister to be arranged
<b>Mo 21<sup>st</sup></b>	French Group, Small Village Hall, 2-3pm
<b>Fri 25<sup>th</sup></b>	Macmillan Coffee Morning, MH, 10am-1pm
<b>Su 27<sup>th</sup></b>	Service at <b>10am</b> , Minister to be arranged

**Copy deadline for the October/November issue is 5pm on Wednesday 23<sup>rd</sup> September. Please send all items to Heather Pitt (Tel no: 01931 716861) [pathfinders2728@gmail.com](mailto:pathfinders2728@gmail.com); Jane Storey (Tel no: 01931 713490) [roger\\_storey@btinternet.com](mailto:roger_storey@btinternet.com); or leave at the Post Office. Thank you.**