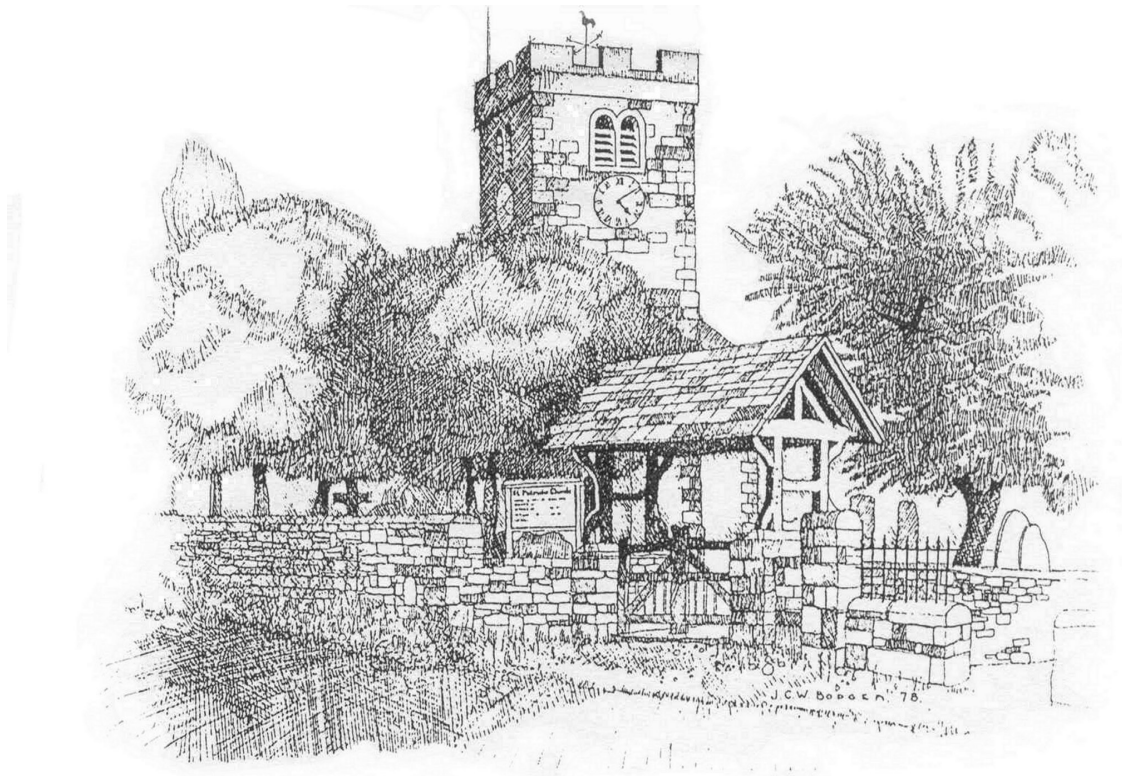


BAMPTON PARISH NEWSLETTER AUGUST - SEPTEMBER 2019



Dear Friends

A reporter with a clipboard and a microphone was doing a survey in the street – what they call a “Vox Pop”. “Do you believe in God?” she was asking people. Some replied firmly, “No!” Others were not sure. But when one man answered, “Yes!” the reporter asked, “Does it make any difference to the way you live?” The man shrugged and admitted, “No!”

I think that that kind of “belief” or “faith” – that makes no difference to your daily life – isn’t worth a lot. Of course, it depends *what* you believe about God. If he is, to you, just some vague “force” out beyond the galaxies, then, well, no – this would not make much difference. But if God is as the New Testament describes him – the God that Jesus Christ called “Father” – then if I believe he is real, and there at all times, and that one day I will meet him face to face.... Then, wow! This faith will profoundly affect my daily living. That’s the faith I claim to have. Well, most of the time. Sometimes it gets a bit wobbly! But mostly I feel pretty certain that God is real, and the most important factor in my life.

How does it affect my daily life? First, my system of ethics – my sense of right and wrong. There’s no way I can tell lies, or steal things, or cheat, if I am living my life before him. Second, my attitude to people. Now this I am not so good at! I know I should “love my neighbour as myself”, but honestly, some people are not easy to love, are they? I get irritated with people, and find myself thinking critical thoughts – and sometimes, I fear, saying critical words! This is work in progress. But what about the hard times? The hurts, the disappointments, the worries? I believe that God knows all about them, and that he watches me with love. He does not guarantee a trouble-free life; he never promised that things would be easy. But he does promise that in the hardest and darkest times, he is there beside me. As the verse from Psalm 23 says, “Though I pass through the valley of the shadow of death, you are with me!”

Suppose I have really difficult decisions to make; I honestly do not know what to do! How does my faith help then? I pray for guidance! I ask my God to show me the way. I don’t expect an angelic voice from heaven, or a shimmering signpost – but I ask him to make me sensitive to his leading. It may come through some helpful words from a friend, or through circumstances opening or closing a door. Quite often I find he guides me through the words of the Bible – I could tell you some stories about that! And sometimes I just ask that he helps me to make a wise decision, and not a foolish one, using the intelligence he has given me.

And at the end of the journey? I’m nearly 83. I don’t know how much longer I’ve got, but the final lap must be nearer than it was. But if I trust him; if I believe that Jesus died on the cross so that I might be forgiven; if I believe his promise, “That where I am, you will be also!” (*John 14:3*), then there is nothing to be afraid of. The process of dying may be painful and unpleasant; but to die – as Paul wrote – “is to depart and be with Christ – which is far better!” (*Philippians 1:23*) Far better than even the most wonderful things of this life.

Yes, as I say, my faith sometimes is shaky; and quite often I do not live up to my principles, and I have to say “Sorry!” and ask his forgiveness. But ever since I said to Jesus, 62 years ago, “Come into my life as my Lord and friend!” this is what it has meant to me.

Chris Jenkin

Contact Details

Alun Hurd, Vicar	01931 716048
Tony Hall, Church Warden	01931 713204
Kathy Jenkins, Church Warden	01931 714400
Elizabeth Coy, Asst. Church Warden	01931 713211

From the Registers

Wedding

Milena Vannahme to Edward Nicholas Parr

Saturday, 20th July

ST PATRICK'S CAFE CHURCH COME AND JOIN US!

WHAT IS IT? An informal service starting with coffee and cake!!

WHEN IS IT? Normally on the third Sunday of each month starting at **10am**

WHERE IS IT? In the Church Hall

In August the theme will be "Climate Change" and in September there will be a speaker from the charity working for Christians in the Middle East

Church Bells

We are now in the happy position of being able to say that the Bells Appeal project has been completed following the repainting of the clock faces and the introduction of sound control to minimize the bells' side effects on neighbouring properties of Saturday bell ringing practice.

It has been a significant event in the life of the church and parish and will be a witness to the village's vibrancy, sense of purpose and community spirit for many generations to come.

Our thanks go out to everyone who has helped in so many ways to the successful conclusion of the Appeal.

We would love to hear from anyone in the parish or even further afield who would like to learn bell ringing on our new light, but beautifully sounding, bells. Contact the Bell Captain, Bridget Kelly: email@bridgetkelly.me for more information.

Mention was made in the last newsletter to the production of an illustrated booklet describing the history of the Bells Appeal project and should anyone wish to have a copy (at just the cost of its printing) then please contact David Pitt on 01931 716861 or email: pathfinders2728@gmail.com

Thank you!

The PCC would like to thank the Bampton Trust who has kindly given their support towards the cost of production of this edition of the newsletter.

Bampton PCC

Drop in for Coffee

Our drop-in dates for the next two months are **Wednesday 14th August** and **Wednesday 11th September**, any time between **10.30am** and **12 noon** in the Church Hall. This is not a fund raising event; it is just an opportunity to get out and meet people so do come and join us. If you would like to come and need a lift, then please contact me. We look forward to seeing you.

Diana Nicholson (713194)

The Bampton Endowed Schools Endowment

This is just a reminder that the closing date for applications for an educational grant this year is **30th September 2019**.

The Trustees invite applications for financial support from those who will be undertaking courses at any University, college or institution of higher or further education in autumn 2019. Consideration will also be given to applications from those who will be undertaking other forms of education (including the study of music or other arts) to prepare for entry into any occupation, trade or profession.

To be eligible to apply for a grant the applicant must be:

- Under the age of 25 on 1st September 2019 and
- Resident in the civil parish of Bampton, Cumbria or to have attended Bampton Endowed School.

An application form, and further information, can be obtained from: David Cooke, Mill Craggs, Bampton, Penrith, CA10 2RQ (01931 713392) or by email from cooke856@btinternet.com

Bampton Pilates

Pilates is continuing throughout the summer on **Monday evenings at 6.30pm and 7.30pm**. I will not run Pilates on 19th & 26th August and there is a possibility I may condense the classes to one in the middle of summer if it is quiet, so please contact me if you are wanting to start, just to check the times.

I shall also be teaching Pilates at the top of High Pike on **Saturday 31st August** in support of the charity's Another Weigh Wainwright day. If you would like to join us for that please contact me on: penrithpilates@gmail.com or 07411902674

Alexis Dykes, APPI certified matwork instructor

Sports Teas

On behalf of the Hall Committee I wish to thank all my helpers, bakers and most of all, our customers. You were a delight to serve and natter to.

We took £370 towards Hall Funds – thank you.

Lesley White

Bampton REMOTE Cinema

It's great to be back! We have an exciting new film programme:

Saturday October 5th: Fisherman's Friends (2019) 12A, 112 minutes

Saturday November 2nd: The Sisters Brothers (2018) 15, 122 minutes

Saturday November 30th: Pond Life (2017) 15, 100 minutes

Saturday December 8th: Smallfoot (2018) PG, 96 minutes

Saturday January 11th: Yesterday (2019) 12A, 116 minutes

Saturday January 25th: Mary Queen of Scots (2018) 15, 125 minutes.

Yes, really 6 films, because you're worth it. And with the film comes the **supper served at 6pm. All films apart from Smallfoot, will start at 7:30pm; Smallfoot is a family/children's matinee at 4pm and there is no meal.** The venue is of course Bampton Memorial Hall. The popularity of our community cinema and the fantastic meals is growing and sometimes demand exceeds supply as we can only cater for 36. More films mean more chance of a ticket, which must be bought at Bampton PO and Shop, courtesy of Olivia and Graham for both film and meal. Film only tickets of course can be bought on the night at the door. Prices stay the same: **£10 for film and meal; £5 for film only. If under 16, tickets are £2 for film and £7 for meal plus film.** Posters giving the dates when tickets are available will be on noticeboards locally. Generally, 2 weeks before the film with a cut-off date of the Wednesday before the film to allow time for the splendid cooks to get preparing. Menu details in the Post Office; ice-creams served at the interval and the bar for a selection of beers and wines and soft drinks. And if anyone would like to volunteer their services to cook a main or pudding dish then please speak to us, details below.

Fisherman's Friends: There is nothing better than a true underdog story: Daniel Mays (*Vera Drake*, *Line of Duty*) plays Danny a fast-living, London-based music exec who stumbles across the most unlikely of "buoy band" success stories whilst on a detox holiday in Port Isaac, Cornwall. Like Bill Forsyth's *Local Hero* this is brimful of feel-good vibes and humour.....and songs of the sea.

The Sisters Brothers: In 1850s Oregon the eponymous duo of assassins are on the trail of a rogue gold prospector. It's a while since we've had a good Western, now is your chance, perfect for a November evening.

We look forward to another season sharing good films with you. Films will be confirmed in the next newsletter with dates to book your tickets.

Hazel (713311), Katharine (713392), Mike (713555), Vickie (713466)

David (713586) Bampton REMOTE cinema committee

Tinclar's Library

The Library will continue to be open **each Monday throughout August & September**, in the Church Hall, from **12noon – 2pm.**

The Trustees

French Group

We are having a break through August but will resume our French meetings on the **2nd September**. We meet fortnightly, in the Church Hall, from **2 – 3pm** and, through listening, reading and conversation, we support each other in building confidence to communicate in French. If you would like to join us for a gentle introduction to French, please do come along.

Marion Jones

Bampton CFR

The CFR team has arranged and paid for defibrillator signs to be attached to the Bampton village signs to raise awareness of the public access defibrillator at the Post Office. We felt people should be made as aware as possible of the location of the public access defibrillator, particularly with the poor quality of mobile phone coverage in the village and surrounding area. Look out for the green and white signs at either end of the village!

If you think you'd like to join the team and help provide essential emergency cover for the local community please feel free to get in contact with me for an informal chat or look at the NWAS CFR page <http://www.nwas-responders.info/>

All applications are submitted through the web page and are confidential.

If you feel unwell and think it is a medical emergency DIAL 999 or 112 and ask for AMBULANCE. Any on call CFR's will then be tasked by Ambulance control to attend if appropriate. CFR's will not be tasked to attend all 999 calls but will be asked to attend the following type of emergencies: abdominal pain, severe allergic reaction, breathing problems, fitting, diabetic emergency, chest pain, stroke, loss of consciousness, collapse, cardiac arrest, respiratory arrest, some trauma. We will not normally be tasked to any incident involving children under 12.

Christine Hill, Bampton CFR Team, 07771 934996/01931 713210

Flowers in profusion on Bomby Green

It has been a splendid spring and summer so far for wild flowers and Bomby Green has looked really lovely. A recent walk showed just how much variety there is now. There are too many to list but you could see betony and orange hawkweed along with great burnet. Not so showy but also there is eyebright, bedstraw and crosswort. If you look you'll see lots more, too.

This all needs a certain amount of maintenance. An annual cut makes sure any coarser grasses are kept in check which allows the flowers to seed for another year. In the autumn there will be a working party to keep the ditch clear so that it can help take away excess water and help prevent flooding. More details about this later.

Katharine Cooke for the Bomby Management committee

Bampton Amblers

Already we're half way through summer and our thoughts are turning to the autumn programme – the evening walks will finish after the first week of August. During the past couple of months we have had one or two local, easy ambles, mainly around Askham and its Common; and walks further afield to Seatoller, Whinlatter and in Eskdale. Why not dig out your boots and join us on some or all of the following dates:

Tuesday	6th August	Meet at 6.00 pm	See PO notice board
Sunday	11th August	Meet at 9.30 am	See PO notice board
Wednesday	21st August	Meet at 10.30 am	See PO notice board
Saturday	31st August	Meet at 9.00 am	See PO notice board
Friday	6th September	Meet at 10.00 am	Heather & David (716861)

[Mod: Rispa Pike from Gaisgill – 5¾ miles – 1,000 feet of ascent]

Tuesday	10th September	Meet at 10.30 am	David & Katharine (713392)
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[Easy: Elterwater & Selwith Bridge]

Monday	16th September	Meet at 9.00 am	See PO notice board
Monday	23rd September	See PO board	David & Katharine (713392)

[Easy: Along Morecambe promenade – combined with some bird watching and refreshments at the Midland Hotel]

Meet at the Memorial Hall in Bampton and bring a packed lunch, unless advised otherwise. Please note that start times may vary from those quoted depending on the nature of the walk, so please see the notice board in Bampton Post Office for full details of/changes to all walks. In the event of bad weather please contact the above leaders.

Heather (716861) and Alison (713350)

Bonfire Meeting

Bonfire Night is on the horizon so there will be a meeting on **Wednesday 11th September at 7.30pm** at Leyton Barn. Everyone is welcome to come and discuss the set-up plan for this year's bonfire event. Thank you for your support.

Maureen Barber

Summer Sports

The tents are down and once more the Summer Sports is over. A great day was had by all and the committee would like to thank everyone for their help in setting up and running the events; or by just coming along for the day. We will now take a break but remember the recreation field is available for anyone to use so make the most of it over the summer.

Vickie Haddock

Bampton Parish Council

A large number of parishioners came to a meeting organised by the Parish Council to listen to David Bliss, Lowther estates manager and George Heritage, consultant geomorphologist, explaining the future management of that part of the River Lowther that flows through Setterah Park.

Following the recent retirement of the tenants of the farm at Setterah Park the land is to be taken back 'in house' and the farm run in a more 'environmentally friendly' way. This involves less intensive grazing, the removal of many kilometres of fencing, planting of broadleaved trees and arable crops for fodder purposes only. Many of these initiatives apply to the whole of the Lowther estate not just Setterah with longhorn cattle replacing sheep – watch out when crossing Lowther Park! – wildflower meadows instead of crops and deciduous trees not conifers.

What chiefly interested Bampton people though were the plans for the river with fears expressed that alterations might exacerbate the floods that cause so many difficulties. The proposed changes to the river would be made only in that part of the river in Setterah Park starting at Heltondale Beck on the parish boundary and would mean a reversal of the canalisation that was done in the past to speed water flow. It is now received wisdom that it is better to slow flow in a more natural way. Raising the river bed in some places will enable the water to flow once again into the old, now dry, channels and allow natural spread over flood plain or water meadows at some times of the year. Slower water flow allows silt to be carried downstream and in turn it is spread over the land enhancing the natural environment and helping wildlife flourish. At present the river is not in a good condition and it is hoped that changes will improve this situation. Mr Heritage explained that the modelling process had been very complex but that it had shown that the changes would not have much impact on the river upstream – through Bampton – or on the large infrequent floods, such as that caused by Storm Desmond, but would change the effects of small seasonal floods in the area of the alterations. The effect of release of water from Haweswater dam was considered equivalent to very heavy rainfall and had been taken into account in the modelling which had looked at events referred to as a 1000 year flood as well as 1 or 2 year events. (A 1000 year event is one that might happen only once every millennium! It is to be hoped that this never happens as Bampton would not exist afterwards!) The seasonal floods that would occur following the 'rewinding' would only affect the Setterah land and other Lowther land but if any privately owned land was affected Lowther would accept responsibility. The engineering works to be carried out would require planning permission from the LDNPA but other work would be done in consultation with Natural England. There would be further consultation when the application for planning permission was made and Mr Bliss said that he was willing to talk to anyone who had concerns. Heritage impact assessments had been done in connection with the UNESCO World Heritage Site.

A final intriguing suggestion was that beavers could be re-introduced onto some of the smaller streams on the estate. They would be 'captive released' meaning they would be confined to particular areas, not allowed freedom to move to the main river. Something to watch out for, as well as other once commonplace wildlife.

It was a very interesting and informative evening.

Marion Drinkwater, Clerk (716054)

Village Hall

In order to maintain the life of our Village Hall, the Hall committee has been looking at the current status. We have had a full structural survey carried out and as a result a number of recommendations have been identified to sustain the hall. Not only do we plan to resolve the recommendations but we aim to build on these to improve and future-proof the hall, looking at things like heating and insulation. We will be developing the plans and sharing them in the future with you all, but this will be a long term programme of work. For us to be able to improve our hall we ask for your support in fund raising and supporting the use of the hall.

The Hall Committee

Annual Raft Race & Duck Race

Rafters of Bampton, start building! Our annual afternoon of fun will take place on August Bank Holiday **Sunday, 25th August, at 2pm.**

If you are not participating please come and cheer on those that have taken time and effort to stretch their imagination and build their rafts. See if they can survive the length of the course.

I really am hoping for better weather than last year so we can run the race but just a gentle reminder that this is a fun event which you enter at your own risk. Young rafters should be equipped with a buoyancy aid and accompanied by a responsible adult. The event is always run subject to the state of the river so let's hope for ideal conditions.

I could really use some volunteers to lend a hand for the afternoon. If you are free please consider helping out. It would be greatly appreciated. Give me a call.

The Raft Race will be followed by the annual Duck Race. Ducks are for sale in the Post Office and also on the day. Get in quick to get your lucky numbers.

Look forward to seeing you all on Sunday 25th!!

Tim Ward 713127

Macmillan Coffee Morning

A date for your diaries – **Friday 27th September** for the coffee morning from **10am – 12 midday** in the Village Hall. Yes it is that time again so if anyone has anything for the White Elephant, Cake and book stalls, all will be gratefully received. Items for the raffle and help on the morning would also be much appreciated. Please ring me on 713530 if you need anything collected. Thanking you in advance.

Lesley White

Bowls

Our indoor winter season will start on **Wednesday 2nd October at 7pm** in the Memorial Hall. New players are always welcome, so why not come and have a go on our first introductory evening on 2nd October. Bring light shoes or slippers – we supply the bowls etc., plus tea and biscuits and quite a bit of social chat and friendly banter. Hope to see you there.

Ken Armstrong 713309

The Rockabilly Rednecks

The Rockabilly Rednecks will be performing an evening of Country Music and Rock ‘n’ Roll at the Memorial Hall on **Saturday 10th August**. There will be a cheap bar, nibbles on the tables, a £5 entry fee and doors open at **7.30pm**. Please come and enjoy the evening.

Trevor Barber

Bampton & District Local History Society

August and September is a quiet period for the History Society as our meetings programme is still on summer break. The next event is on **1st October** when it is our AGM and a presentation by Val Corbett on Arts and Crafts Houses. From the 5th to the end of August our mini exhibition on the Haweswater Action Group will be on display at Kendal Library.

As always we welcome new members with an interest in local history and anybody with a particular area of interest, please contact me.

Roger Storey (713490) roger_storey@btinternet.com

Events in Shap

“The Life and Source of the Lowther Valley” Exhibition at The Old Courthouse, Shap. 13th July – 4th August

Paintings, photography, ceramics and glass work by local artists.

‘Steam over Shap’

Shap Local History Society present at The Heritage Centre, an exhibition to mark the 175th anniversary of the commencement of construction of the Lancaster and Carlisle Railway. Railway archive including records, images, newspaper cuttings and recollections.

Open 1-4pm each weekend in August (plus as below from 10th August)

Donations appreciated. Email: jeanjackson_hermitage@btinternet.com

Shap Community CIO present An Exhibition of Railway Art and Photography at The Exhibit ‘A’ Gallery, The Old Courthouse: 10th August to 1st September paintings and photographs by past and present day artists. Admission Free. Donations appreciated. Open: Mon 10am-2pm, Tue 2-5pm, Wed 12-2pm, Thu & Fri 2-5pm, Sat 10am-4pm, Sun 2-5pm

Saturday 10th August 7.30pm: ‘Steam over Shap’ talk by Jean Scott-Smith at The Old Courthouse. Places limited. Please book in advance. Tickets: £3

Sunday 18th August 10.30am-4.30pm: Model Railway Exhibition at Shap Memorial Hall. Admission: £3; 16 and under FREE. Layouts, static models, hands-on opportunities for children.

Monday 19th August: Talk by Stevenson Locomotive Society with images from the Percy Duff collection. Places limited. Please book in advance. Tickets: £3

Sat 24th August 2.30pm: ‘Railway sites in Shap’- guided walk with Jean Scott-Smith. Meet at The Old Courthouse. Places limited. Please book in advance. Tickets: £3

Sunday 1st September 7.30pm: An evening to celebrate our railway heritage. Musical entertainment from Bill Lloyd, readings and poetry. Places limited. Please book in advance. Tickets: £5

Full info at www.theoldcourthouse.org / email: janet@theoldcourthouse.org

Shap Village Show in Shap Memorial Hall: Saturday 31st August

Entries taken 8.30-9.45am on show day. Open to the public from 12.30pm, auction of produce 2.30pm. Schedules available at The Old Courthouse, Andersons Newsagent and Second Chance Charity Shop in Shap.

Extracts from ‘100 Years Ago’ in the Herald – August 1919

Wet, 1st – 3rd (the Bank Holiday weekend), then fine, hot, bone dry.

Sheep dipping by 20th; back-end feel by then. Rationing continues for meat, sugar and butter.

The War Office has written to the parents of Guardsman John Thompson (Coldstream Guards), their youngest son, at Eastward Farm, the pre-War postman for Bampton. Missing since 13th April 1918 and is now very probably dead. Photo of him, in civilian dress, page 3, 16th August.

Mr. Isaac Dufton, Mill Crag, died on Tuesday 19th, aged 79. He had been there for over 50 years. His wife died 10 months ago, soon after their Golden Wedding. Big funeral, Friday 29th.

Mr. John Lowis, Bampton Hall, was kicked in the stomach by a foal on 17th: he was operated on at the Cumberland Infirmary and again, for peritonitis, but died soon after. A genial man, he was 46, born at Keld (the Lowises’ place for 8 generations) and farmed at Bampton Hall (his father John’s farm) then Field Gate, then Bampton Hall 11 years ago on the death of his father.

Jeremy Godwin

The local bus

The bus is run by Fellrunner and operates every **Thursday** – please note this new variation to the route. The bus will go down **Rosgill Hill at 9.47am**, then travel via **Bampton Grange (9.53am)** to **Burnbanks (10.00am)** and leave **Bampton at 10.14am** to arrive (via Morrisons) at **Penrith Bus Station at 10.48am**. The return bus will leave **Penrith Bus Station at 2.00pm** to arrive back in **Bampton at 2.32pm**, **Burnbanks at 2.46pm** and **Rosgill at 3.00pm** (subject to passenger requirements). Bus passes can be used and children under 16 years travel free.

Bampton Village Website - www.bamptonlakedistrict.org.uk

Please send any updates for the website to Chris Cant on chris@phdcc.com or 713240. Any new photos very welcome.

PARISH DIARY (Note MH = Memorial Hall)

AUGUST

Su 4th	Service of the Word with the Church Wardens, 10am
Mo 5th	Tinclar’s Library, Church Hall, 12-2pm Pilates, MH, 6.30pm and 7.30pm
Tu 6th	Bampton Amblers. Meet at MH, 6pm
We 7th	Yoga, Small Hall, 6-7.30pm

Sa 10th Orton Farmers' Market, 9.30am-2pm
 Bell Ringing practice, 11am-1pm
 Rockabilly Rednecks evening, MH, 7.30pm
Su 11th Holy Communion with Chris Jenkin, **6pm**
 Bampton Amblers. Meet at MH, 9.30am
 Mo 12th Tinclear's Library, Church Hall, 12-2pm
 Pilates, MH, 6.30pm and 7.30pm
 We 14th Drop In For Coffee, Church Hall, 10.30-12 noon
 Yoga, Small Hall, 6-7.30pm
 Sa 17th Bell Ringing practice, 11am-1pm
Su 18th 'Café Church', Church Hall, **10am**
 Mo 19th Tinclear's Library, Church Hall, 12-2pm
 We 21st Bampton Amblers. Meet at MH, 10.30am
 Yoga, Small Hall, 6-7.30pm
 Sa 24th Bell Ringing practice, 11am-1pm
Su 25th Holy Communion with Alun, **10am**
 Raft Race, 2pm followed by Duck Race. Water permitting!
 Mo 26th Tinclear's Library, Church Hall, 12-2pm
 We 28th Yoga, Small Hall, 6-7.30pm
 Sa 31st Bampton Amblers. Meet at MH, 9am
 Bell Ringing practice, 11am-1pm

SEPTEMBER

Su 1st Holy Communion by Extension with Diana, **10am**
 Mo 2nd French Group, Church Hall, 2-3pm
 Tinclear's Library, Church Hall, 12-2pm
 Pilates, MH, 6.30pm and 7.30pm
 We 4th Yoga, Small Hall, 6-7.30pm
 Fr 6th Bampton Amblers. Meet at MH, 10am
 Sa 7th Bell Ringing practice, 11am-1pm
Su 8th 'Café Church', Church Hall, **10am**
 Mo 9th Tinclear's Library, Church Hall, 12-2pm
 Pilates, MH, 6.30pm and 7.30pm
 Tu 10th Bampton Amblers. Meet at MH, 10.30am
 We 11th Drop In For Coffee, Church Hall, 10.30-12 noon
 Yoga, Small Hall, 6-7.30pm
 Bonfire/fireworks meeting at Leyton Barn, 7.30pm
 Sa 14th Orton Farmers' Market, 9.30am-2pm
 Bell Ringing practice, 11am-1pm
Su 15th Holy Communion, **6pm**
 Mo 16th Bampton Amblers. Meet at MH, 9am

	Tinclar's Library, Church Hall, 12-2pm
	French Group, Church Hall, 2-3pm
	Pilates, MH, 6.30pm and 7.30pm
We 18 th	Yoga, Small Hall, 6-7.30pm
Sa 21 st	Bell Ringing practice, 11am-1pm
Su 22 nd	Lay led service, 10am
Mo 23 rd	Bampton Amblers. Meet at MH, see PO for time details
	Tinclar's Library, Church Hall, 12-2pm
	Pilates, MH, 6.30pm and 7.30pm
We 25 th	Yoga, Small Hall, 6-7.30pm
Fr 27 th	Macmillan Coffee Morning, MH, 10am-12 midday
Sa 28 th	Bell Ringing practice, 11am-1pm
Su 29 th	Holy Communion, 10.30am . Joint service at Shap
Mo 30 th	Tinclar's Library, Church Hall, 12-2pm
	French Group, Church Hall, 2-3pm
	Pilates, MH, 6.30pm and 7.30pm

OCTOBER

Tu 1 st	BDLHS, MH, 7.30pm, presentation by Val Corbett on Arts and Crafts Houses followed by the AGM
We 2 nd	Yoga, Small Hall, 6-7.30pm
	Indoor Bowls, MH, 7pm

Copy deadline for the October/November issue is 5pm on Monday 23rd September. Please send all items to Heather Pitt (Tel no: 01931 716861) pathfinders2728@gmail.com; Jane Storey (Tel no: 01931 713490) roger_storey@btinternet.com; or leave at the Post Office. Thank you.