BAMPTON PARISH NEWSLETTER APRIL - MAY 2019



Dear Friends

Spring is a strange time – a transition between winter and summer – supposed to start in March and end in May. Of course, the weather is unpredictable. In late February this year you could have been forgiven for thinking summer had come – for a few days at least. Lovely sunshine and blue skies. When looking back to the previous year, at almost the same dates, we were afflicted by the 'Beast from the East', unable to travel without difficulty. I remember the big snowdrifts.

But now the earth is beginning to wake up, green shoots appearing, the snowdrops have been, daffodils were very early this year. This season has inspired many poets, encouraging us to go out and about and look at the beauty of Spring, where the creative powers of new life are at work in the rising sap in the trees, the egg laying birds, maybe even a few fledglings in the nests, the unfurling of tight buds. It is a fresh start and new beginnings.

During our lifetime we have many opportunities for new beginnings – transitions from what was – to what will be. It begins at birth when we go from being a 'bump' to becoming a separate little individual – the start of our journey through life. We go to school, maybe university; get a job; commit to a long-term relationship or marriage; maybe move house. The whole thing begins again when a new generation is given birth and we have to adjust to a whole new lot of new beginnings. It doesn't end there, for before too long we may enter the grandparent

stage with all its delights and concerns. You might like to reflect on the chain of fresh starts that have been part of your life; just as each winter gives way to spring, you may be able to trace times when one pattern of life gave way to another.

So it was at Easter, when the disciples had been spending time with Jesus, seeing him performing miracles; enjoying his teaching and his companionship. Then they had the sorrow of his crucifixion and death – having the thought of a new phase of life without his guiding presence. They then had the wonder of meeting the risen Jesus, later to watch him depart from them again as he went to heaven. They had his promise of course – the last words in Matthew's gospel; where Jesus said "And surely I am with you always, to the very end of the age".

Those words can be of great comfort to us, as we can be confident that whatever stage of life's journey we are at, particularly if it is a difficult time, he is always there with us to give us strength to cope.

My sister gave me a wall plaque for my birthday which says, "Lord teach me to realise that nothing will happen today that you and I can't handle."

Remember, you only have to ask.

God bless

Elaine Allison

Contact Details

Alun Hurd, Vicar	01931 716048
Tony Hall, Church Warden	01931 713204
Elizabeth Coy, Church Warden	01931 713211
Kathy Jenkins, Church Warden	01931 714400

From the Registers

Interment of ashes and Service of Thanksgiving for the life of

Margaret Butterfield (who died on 1st December 2018) Monday, 4th February

Interred at a Graveside Service

Neville Burn Robinson (who died 26th January)

Tuesday, 5th February

Interment and Service of Thanksgiving for the life of

John Thompson (who died 27th February)

Thursday, 7th March

Interment and Service of Thanksgiving for the life of

Nigel Eccles (who died 10th March)

Monday, 25th March

St. Patrick's Day Supper

Twenty four hardy parishioners braved the March storms to celebrate our Patronal Saint's Day at a splendid supper in the Church Hall on Friday, March 15th.

An Irish-themed event was enjoyed by all in pleasant company, with good food and drink. As ever, sincere thanks are due to the busy band of helpers who make these events go so well, both in "front of house" and behind the scenes. £370 was raised for much needed church funds, and we take this opportunity to thank all those who supported the event so enthusiastically.

The Churchwardens

Lent Lunches

The last two lunches will be held in the Church Hall on Mondays 1st & 8th April from 12 noon to 1.30pm. Homemade soup, rolls and coffee or tea will be provided. There is no charge but all donations will be shared equally between Bampton First Responders and the International Red Cross.

Lent Discussion Group

The remaining meetings are given below and will be held from **2.30pm to 4pm.** Again we are following the York Lent Course with the title this year being "Daring to see God now". The venues are:

Tuesday 2nd April – Scar View, Butterwick – Elizabeth Coy

Tuesday 9th April – Bridge End, Bampton Grange – Andrew Yates

Easter Services

Monday 15th April – Service of Morning Prayer at 9.30am

Maundy Thursday 18th April at 7pm

Service in the Church Hall to celebrate the Last Supper. This will include a bring and share supper. If you are planning to come, if possible please contact Kathy Jenkins on 01931 714400 in advance. But please don't be put off from coming if you are unable to do this.

Good Friday 19th April at 10am

Quiet service in church to reflect on the Passion.

Easter Sunday 21st April at 10am

Holy Communion by Extension with Diana

ST PATRICK'S CAFE CHURCH COME AND JOIN US!

WHAT IS IT? An informal service starting with coffee and cake!!
WHEN IS IT? Normally on the third Sunday of each month starting at 10am
WHERE IS IT? In the Church Hall

On 19th May the theme will be "Faith or Fiction"

Annual Parochial Public Meeting

The annual meeting of St. Patrick's PCC will be held on **Monday 8th April at 7pm** in the Church Hall. It is hoped that as many people as possible will attend, to learn what the Church has done during 2018 and proposes to do within the parish in the future.

Bampton PCC

Drop in for Coffee

Our drop-in dates for the next two months are Wednesday 10th April and Wednesday 8th May, any time between 10.30am and 12 noon in the Church Hall. This is not a fund raising event; it is just an opportunity to get out and meet people

so do come and join us. If you would like to come and need a lift, then please contact me. We look forward to seeing you.

Diana Nicholson (713194)

Dear Friends

It is good to be able to thank you at last for all your good wishes on my move to Lorton and Loweswater with Buttermere and say how much I am missing the High Westmorland Benefice. I have to say that I was certainly not expecting to break my leg in three places the day after I moved and spend the first months confined to the vicarage. However, I have been overwhelmed by the warmth and care that I have received from the Churchwardens, congregations, neighbours and people from the valley. Not forgetting the local Mission Community ministry team and retired clergy who have assisted with covering services. They are very much like High Westmorland Benefice. Also I cannot thank **you** all enough for **your** visits and very kind gifts and cards. They have been appreciated and most welcome. You have not forgotten me as I have not forgotten you. You are often in my thoughts and prayers.

"A new command I give you. Love one another. As I have loved you, so you must love one another. By this all people will know that you are my disciples, if you love one another." (John 13: 34-35)

When I am able to drive again I hope to visit you and I am pleased to say that the plaster was removed yesterday and with physiotherapy the consultant feels that it will not be long before I can walk independently and drive again. However, I was given a rather enigmatic phrase recently, "Give time time". I must be patient.

Thank you all for your continued love and care and I hope to be able to visit you again soon. God bless.

Revd. Sandra Ward

There are signs of spring on Bomby Green

Walking along Bomby recently, I saw a few celandines and then a sprinkling of coltsfoot. Welcome signs that spring is on its way. The snowdrops which were lovely earlier are now over. These flowers would not be there if the green wasn't maintained and the committee is looking forward to seeing more wildflowers as the season progresses before we embark on annual tidying later in the year. We are aware of the importance of keeping the green tidy and accessible but also of the need to ensure that the habitat of precious insects, small animals and birds is preserved.

Plans are under way to install a stone seat on the green near the river, which should make it easier for everyone to enjoy the surroundings in comfort.

It was good to see how well the bonfire site is recovering - as, indeed, it always does. Thank you to the bonfire committee for making this happen.

The committee is always willing to add extra helpers to our maintenance team just let me know.

Katharine Cooke for the Bomby Management Committee

3rd Bampton Plants and Produce Fair in aid of Hospice at Home Sunday 19th May from 10am – 3pm

Last year's Fair was a resounding success, raising just over £3,000 for Hospice at Home, a remarkable achievement. The Fair will be back again this year and promises to be even bigger and better than before. The Plants stall will feature four categories: Herbs, Veg/Fruit Plants, Annuals and Perennials. If you are a gardener, we would welcome contributions of healthy, well-presented plants in any of the four categories. These can be dropped off to Jeannie at the Old Chapel (07771 652427) in the build-up to the day. The **Produce** stall will again be very special with all manner of hand-made, home-made baking, savoury and sweet, chocolates, granola, eggs, honey, many preserves and much besides. If you can help in any way with baking, preserves and so on, please get in touch with Vickie on 713466 or Jane on 713490 and you can discuss with them what your specialities are. The Café will be serving the usual delicious locally and home-made fare of fresh soups, sandwiches and more of that wonderful baking. There will be specialist artists' and makers' stalls and a Raffle with really excellent prizes. It's a great day out and a wonderful way to raise much-needed funds for Hospice at Home whose work has provided care and comfort to many local families. We look forward to seeing you all there. Get the date in your diaries and follow us on Facebook - www.facebook.com/BamptonPlantsandProduceFair

The Bampton Plants and Produce Fair Team

Janis Leedam

When Ian and I moved into Grange Farm in 1993 we soon became close friends with Janis and Pip Leedam who came regularly on holiday to the Coach House next door. After Pip died Janis often came up alone and she and I became very close friends. She was a much loved part of our extended family, especially when she moved full-time into the Coach House. We had many holidays together, shared convivial meals with family, friends and neighbours, and she even persuaded me to sing in the church choir (Janis was a trained classical singer). Our favourite trip together was a cruise on The Hebridean Princess through the Western Isles to celebrate reaching her 80th year.

An accomplished needlewoman, she was a gifted quilter, loved reading historical novels and was a mean Scrabble player. She enjoyed visits to and from her family – James and family in Monmouth and Sarah in France. After moving south, she enjoyed being close to her other son, Ollie, who lived next door in Walton on the Hill. And she took great pleasure in his adorable little terrier, Harriet.

Although her health and mobility deteriorated Janis never lost her sense of fun and adventure and our last holiday together was with our dear friend Maureen Cummings to a cottage in Laycock, Wiltshire. As usual it was great fun. I miss her very much and treasure lots of happy memories.

There will be a memorial service for Janis on her birthday **April 25th** in St Patrick's Church at **2pm**, followed by refreshments at the Coach House.

Jane Gregg

Nigel Eccles, clerk to the Trustees of Bampton Endowed School

It was with great sadness that the Trustees of Bampton Endowed School learned of the passing of their clerk, Nigel Eccles.

Nigel had a long association with the school, first as a parent, then governor, followed by the joint role of clerk to the governors and school secretary. Nigel was a valued colleague in both of these roles. In his school duties, he ran a very efficient office and supported other staff members and volunteers in their own varied roles, promoting a very cheerful and positive approach even when there were problems to be resolved. It was also not unusual to find him in a boiler suit clearing a blocked drain or doing maintenance jobs around the school and grounds! Following the closure of the school in 2005, a new Trust Deed was needed which would establish the appropriate use of any remaining Endowment funds. Nigel, in his role as clerk to the Trustees, was instrumental in liaising between them and the Charity Commissioners, in order to implement a scheme which would benefit young people under the age of 25 years who had either attended Bampton School, or were resident in the parish, or both. In this way, the current grant scheme for applicants undertaking post-secondary courses was established. Nigel worked tirelessly to verify that the scheme operates properly and fairly, including locating eligible former pupils who had left the area.

Nigel will be sorely missed by the Trustees. His legacy will be the systems he put in place to ensure the smooth continuation of this scheme which has been accessed by a number of young people in their continuing education.

The Trustees

Bampton Shop and Tea Room Summer opening hours

Olivia and Graham are now in their third year in Bampton (just beginning to settle in!), and we are always looking for ways to maintain the best balance of lifestyle and business, while doing our best to cater to the needs of our regular, local customers. This year, we are changing our hours slightly.

From 1st April we will be open as follows:

Shop: Mon to Weds: 8.30am–1pm. Thurs to Sat: 8.30am–5pm. Sun: 10am–4pm

Tea Room: Thurs to Sun: 10am–4pm.

Post Office hours remain unchanged: Mon: 9am-1pm; Tues & Weds: 9am-12 noon.

Take away drinks and cakes will always be available in the shop, and if there's room and it's horrible outside, you can always sit at the table in the shop when the tea room is closed.

Don't forget, we have lots of fresh and local produce, as well as staples and store cupboard essentials, plus treats, snacks and drinks. And if there's anything that you would like to see in the shop, please do let us know.

Thank you all for your custom and support.

Olivia and Graham (713351)

Bampton Amblers

During that lovely spell of weather in March we did manage to pick one of the glorious days for a walk in the Potts Valley and around Little Asby, soaking up the sunshine and views — on the other hand a couple of walks had to be cancelled because of wintry weather! Other forays took in local walks around Askham, Naddle and an ascent of Beda Fell.

Why not walk off those winter blues and join us on one of the following dates:

Friday 5th April Meet at 2.00pm Katharine & David (713392)

[Easy: Moorahill & Willdale $-3\frac{1}{2}$ miles -650 feet of ascent]

Sunday 14th April Meet at 9.00am Andrew (713343)

[Hard: Selside Pike & the waterfalls – 7 miles – 1,800 feet of ascent]

Tuesday 23rd April Meet at 10.00am Katharine & David (713392)

[Easy: Ascent of High Rigg $-4\frac{1}{2}$ miles -1,240 feet of ascent]

Tuesday 30th April Meet at 9.30am Andrew (713343)

[Mod/Hard: Styhead Tarn & Sprinkling Tarn – 5½ miles – 1,825 feet of ascent]

Tuesday 7th May Meet at 10.00am See PO notice board Sunday 12th May Meet at 9.30am Andrew (713343)

[Mod: Wether Hill -7 miles -1,300 feet of ascent]

Tuesday 21st May Meet at **9.30am** Andrew (713343)

[Easy: A walk around Loweswater $-5\frac{1}{4}$ miles -1,100 feet of ascent]

Tuesday 28th May Meet at 9.30am See PO notice board

Meet at the Memorial Hall in Bampton and bring a packed lunch, unless advised otherwise. Please note that start times may vary from those quoted depending on the nature of the walk, so please see the notice board in Bampton Post Office for full details of/changes to all walks. In the event of bad weather please contact the above leaders.

Heather (716861) and Alison (713350)

Cameo

The Cameo group meets on the **last Wednesday of each month** for lunch out at varying places. On **24**th **April** we will be going to Rheged so if you would like to join us please contact Ruth (713197) or Sue (713434) for more information.

Tinclar's Library

We are currently in the process of digitalising our catalogue which, when finished, will enable searches to be made by computer. In this connection, if anybody has an unwanted laptop, in working order, could you please contact Sue on 713434. Whilst working on the project we have made many interesting discoveries – a 1790's bible contained a pamphlet on the consequences of drunkenness! Why not come along and see our local history books – some of them are gems. The library will now be open each Monday throughout April & May, in the Church Hall, with times as follows: 1st & 15th April 3 – 4pm; 8th April 1.30pm – 3pm; then each Monday until the end of May 12noon – 2pm.

The Trustees

Bampton REMOTE Cinema

Saturday April 13^{th:} Bohemian Rhapsody (2018) 12A

The venue is Bampton Memorial Hall: film begins at 7:30pm, doors opening at 7:15pm. Tickets are on sale at the door on the night, price £5 adults, £2 U16. Or, a film plus supper ticket can be bought at Bampton Post Office, price £10 adults, £7 for U16, from 27th March to 10th April; (apologies for the error on the leaflet which says 23rd March). We must try to restrict numbers for supper to 36; as you may know, some films prove very popular and we apologise if you are unlucky. It's a question of food safety and not overwhelming our amazing volunteer cooks. Menu details are in Bampton Post Office, courtesy of Olivia and Graham; supper served at 6pm; bar, ice-creams and an interval.

A word about the first film:

It's the Freddie Mercury/Queen biopic you've always wanted to see. Rising star Rami Malek, Oscar winner for best actor, takes on the role of "The Great Pretender" in Bryan Singer's long-awaited life and times of Farrokh Bulsara, also known as Freddie Mercury.

Thanks to all our audiences for coming along and making our Bampton film evenings so much fun. The meals have been outstanding – a heartfelt **thanks** to the cooks for volunteering. Thanks to the Memorial Hall for the lovely venue....keep watching this space for future film surprises!

Bampton REMOTE cinema committee.

Bampton Parish Council

The last meeting of the current council was held as elections are due to be held on May 2nd and all of the councillors have to resign. If there are no more than seven candidates standing – there are seven councillors – those standing will be elected unopposed meaning that there will be no actual election on the day.

Before the meeting proper Rose Lord, a Conservation Officer with LDNPA, spoke about the conservation areas in Bampton and Bampton Grange which are due for review and renewal. It is hoped that she will come to give a larger presentation at the Annual Parish Meeting on Thursday April 25th as she would like to gather opinions and thoughts from as many parishioners as possible. 'What are conservation areas and what is their purpose?' are questions that you might consider.

A litter picking and general village tidying up 'boon day' has been agreed for May 18th, to be organised by India Tuer. This will include taming of the rampant willows in the playground and work on the flood walks as well as clearing out of litter in hedgerows and elsewhere. Everyone, whatever their age, is welcome to join in.

Several planning applications were discussed and opinions expressed by councillors will be sent to LDNPA planners. Attempts had been made to have paper copies of applications obtained for access by parishioners but they have to be displayed somewhere public that is accessible at most times and there seemed to be nowhere suitable in the parish so plans are now only available on line in Bampton.

They are, however, displayed in paper form in Askham Community Centre and can be inspected there and are posted on the village website.

The annual contract for the supply of the green waste skip has been signed and it will be sited in the hall car park as in previous years monthly between April and October. Please remember that if this facility is abused it will be withdrawn. Anything other than green compostable waste is unacceptable and nothing left outside the skip will be collected. Any mess that is left has to be cleared up by someone so try to keep the site tidy.

Just a reminder of dates for the next couple of months: Annual Parish Meeting (with refreshments) – Thursday April 25th 7.30pm: Boon day – Saturday May 18th 10.00am: Parish Council AGM – Tuesday May 14th 7.30pm. All welcome!

Marion Drinkwater, Clerk (716054)

40 Years of Fellrunner Service

This year Fellrunner celebrates serving the community for 40 years. The first service was launched in 1979 following the withdrawal of commercial bus services from the East Fellside.

The Langwathby Minibus Scheme was started by volunteers with one bus leased from the County Council and support from local councils. Since then as more villages were isolated from public transport, we evolved to meet the growing need. The organisation registered as a Charity and limited Company and expanded its fleet to the current three blue minibuses. All have wheelchair access and are owned by Fellrunner. Routes have expanded to include the East Fellside, Lyvenett Valley, Lowther Valley and villages to the North West of Penrith. Fellrunner is still totally run by volunteers, and in addition to fare income we are grateful for ongoing financial support from Cumbria Council, Penrith Town and Parish councils. We help many to remain living independently in their village, providing access to hospitals, main line transport and retail facilities in Penrith and Carlisle. In addition each journey is a social occasion for people in neighbouring villages to

Fellrunner now serves Bampton each Thursday to and from Penrith – times are given at the end of the newsletter and on our website www.fellrunnerbus.co.uk. For more information or if you are interested in volunteering please call our contact number 07734 529 432.

Various initiatives are planned this year to publicise our achievement of 'Serving the Community for Forty Years' and we are already looking forward to our Golden Anniversary!

Village Choir

The Village Choir will meet on 1st & 15th April then 6th & 20th May at 6-7pm at Bryham House.

Do come and join us, it's a most enjoyable and friendly hour together. Give me a ring if you would like to discuss further.

John Garside (713294)

Wednesday Art Group in Tirril

I would like to invite anyone from Bampton Parish to join our **Wednesday** Art group. We meet at **1.30pm** – **4pm**, any ability welcome. We have demonstrations and workshops and a programme if anyone wants to follow or just join like minded people. For any further information please contact Joan Lowis on 01768 486332

Bampton & District Local History Society

Looking back at the previous two months for the Society we had two extremely interesting and entertaining speakers during the period. February's presentation was on the History of the Postal Service in Cumbria by Mike Mapleton and was extremely informative and entertaining and also of specific local interest thanks to Mike's choice of exhibits. On 5th March Ian Hodkinson spoke on a surprising and, I suspect, a little understood subject of Indigenous Malaria in Cumbria.

Work on the Society's exhibition project on the Haweswater Action Group has progressed very well and the design of the exhibition panels has been completed. Cumbria County Council who funded part of the project are pleased with the result and have marked the project as complete. It remains for us to plan the exhibition schedule over the next 12 months.

Looking ahead, the next Society event is on **Tuesday 2nd April at the earlier time** of 1pm with a visit to the Carlisle Archives (Carlisle Records Office). The Record Office staff have kindly promised to set out a variety of archive material of interest to Bampton, as well as organising a back-room tour on the workings of the Records Office. A list of members wishing to attend has already been started, but if anybody wishes to sign up and has not yet done so, please contact me. The May meeting is scheduled for **Tuesday 14th May** and will comprise of a visit to Truss Gap to understand something of its history and present status. Meet at the Memorial Hall at **7.15pm** for car sharing.

Roger Storey (713490) roger storey@btinternet.com

Bampton CFR

Both of Bampton's ECFRs have recently taken up the opportunity to go out on an NWAS Emergency Ambulance for a shift as an observer. This gives them the opportunity to gain experience with some of the conditions that they may be asked to attend but also provides a greater understanding of what happens in terms of assessment and treatment after the patient is handed over to an ambulance crew and, if appropriate, the A&E department at hospital. ECFR's are encouraged to observe on 3 ambulance shifts a year and CFR's 1 shift. They are generally found to be very helpful in gaining confidence and experience with patients and are considered a worthwhile day.

If you think you'd like to join the team and help provide essential emergency cover for the local community please feel free to get in contact with me for an informal chat or look at the NWAS CFR page http://www.nwas-responders.info/

All applications are submitted through the web page and are confidential.

If you feel unwell and think it is a medical emergency DIAL 999 or 112 and ask for AMBULANCE. Any on call CFR's will then be tasked by Ambulance control to attend if appropriate. CFR's will not be tasked to attend all 999 calls but will be asked to attend the following type of emergencies: abdominal pain, severe allergic reaction, breathing problems, fitting, diabetic emergency, chest pain, stroke, loss of consciousness, collapse, cardiac arrest, respiratory arrest, some trauma. We will not normally be tasked to any incident involving children under 12.

Christine Hill, Bampton CFR Team, 07771 934996/01931 713210

Pilates

Physio led Pilates in Bampton is back on a **Monday** night at the Memorial Hall with Alexis. Sessions are at **7pm and 8pm**. If you want to come along then please feel free to join us. You can come for a block or for individual sessions if that suits you better.

For more details have a look at: www.penrithphysiopilates.co.uk or contact me on: penrithpilates@gmail.com or 07411902674

Sports Committee

Just a reminder we are planning to hold a Spring Games afternoon on **Sunday 14th April from 1.00pm** (weather permitting) in the recreation field. The committee will provide some equipment but we hope that everyone will come along with enthusiasm and also organise your own activities. Bring a picnic and seating and let's see what fun we can create.

Vickie Haddock 713466

Haweswater Half Marathon

On behalf of Bampton Memorial Hall Committee a big "thank you" to everyone who helped at the half marathon. A great response, although there were only 340 runners I appreciate you all turned up. Normally we would have 500. So please keep it in mind for next year as we do need your help. Runners and Eden organisers are very grateful; they sent an e-mail of thanks.

Lesley White (Chairperson)

Events in Shap

At The Old Courthouse

12th April – 5th May 'Material Worlds'

10th May - 2nd June '100 things of Shap'

'Reimagining Wordsworth' On Tour – The Wordworth Trust - Thursday 2nd May 2pm Free admission

Visit our website for details of workshops, other activities and opening times www.theoldcourthouse.org

Highlights at Shap Memorial Hall - Saturday 4th May 7.30pm 'Eglantyne'

Tickets: Adults £10 Conc. £9 Tel. 01931 716273 or online at www.highlightsnorth.co.uk

Extracts from '100 Years Ago' in the Herald

By 8th March over 70 objectors to Manchester Corporation's Haweswater Bill to drown Mardale had been received – mostly from councils north of Manchester.

All farm hands are to be paid at least £1 per week by Government order: 'loud groans' from the farmers!

50 years earlier in April 1869, Mr. Ewbank's Uncle Wilson, aged 95 and a yeoman, went ploughing with him during the week, in Bampton.

Jeremy Godwin

The local bus

The bus is run by Fellrunner and operates every **Thursday** – please note this new variation to the route. The bus will go down **Rosgill Hill at 9.47am**, then travel via **Bampton Grange (9.53am)** to **Burnbanks (10.00am)** and leave **Bampton at 10.14am** to arrive (via Morrisons) at **Penrith Bus Station at 10.48am**. The return bus will leave **Penrith Bus Station at 2.00pm** to arrive back in **Bampton at 2.32pm**, **Burnbanks at 2.46pm and Rosgill at 3.00pm** (subject to passenger requirements). Bus passes can be used and children under 16 years travel free.

Bampton Village Website - www.bamptonlakedistrict.org.uk

Please send any updates for the website to Chris Cant on chris@phdcc.com or 713240. Any new photos very welcome.

PARISH DIARY (Note MH = Memorial Hall)

APRIL

Mo 1 st	Lent Lunch, Church Hall, 12.00-1.30pm. All welcome
	French Group, Church Hall, 2-3pm
	Tinclar's Library, Church Hall, 3-4pm
	Village Choir, Bryham House, 6-7pm
	Pilates, MH, 7-8pm and 8-9pm
Tu 2 nd	Lent Discussion Group, Scar View, Butterwick, 2.30-4pm
	BDLHS, Visit to Carlisle Archives, 1pm
We 3 rd	Yoga, Small Hall, 6-7.30pm
_	Indoor Bowls, MH, 7pm
Fr 5 th	Bampton Amblers. Meet at MH, 2pm
Sa 6 th	Bell Ringing practice, 11am-1pm
Su 7 th	Holy Communion with Alun, 10am
Mo 8 th	Lent Lunch, Church Hall, 12.00-1.30pm. All welcome
	Tinclar's Library, Church Hall, 1.30-3pm
	Annual Public Meeting of Bampton PCC, Church Hall, 7pm
	Pilates, MH, 7-8pm and 8-9pm
Tu 9 th	Lent Discussion Group, Bridge End, Bampton Grange, 2.30-4pm
We 10 th	Drop In For Coffee, Church Hall, 10.30-12 noon

	Yoga, Small Hall, 6-7.30pm
Sa 13 th	Indoor Bowls, MH, 7pm Orton Farmers' Market, 9.30am-2pm
Sa 13	Bell Ringing practice, 11am-1pm
	Bampton Cinema, MH, 'Bohemian Rhapsody'. Doors open 7.15pm
Su 14 th	Bampton Amblers. Meet at MH, 9am
	Spring Games, Recreation Field, 1pm
	Holy Communion with Chris, 6pm
Mo 15 th	Service of Morning Prayer, 9.30am
	French Group, Church Hall, 2-3pm
	Tinclar's Library, Church Hall, 3-4pm
	Village Choir, Bryham House, 6-7pm
th	Pilates, MH, 7-8pm and 8-9pm
We 17 th	Yoga, Small Hall, 6-7.30pm
TL 10th	Indoor Bowls, MH, 7pm
Th 18 th Fr 19 th	Maundy Thursday service, 7pm , with bring-and-share supper
FF 19	Good Friday service 10am Walk of witness from St Michael's to Shap Abbey, Keld Chapel
	(time for Hot Cross Buns & tea) & back to St. Michael's, 12 noon
Sa 20 th	Bell Ringing practice, 11am-1pm
Su 21 st	Easter Day, Holy Communion by Extension with Diana, 10am
Mo 22 nd	Tinclar's Library, Church Hall, 12noon-2pm
	Pilates, MH, 7-8pm and 8-9pm
Tu 23 rd	Bampton Amblers. Meet at MH, 10am
We 24 th	Cameo trip to Rheged
	Yoga, Small Hall, 6-7.30pm
mi osth	Indoor Bowls, MH, 7pm
Th 25 th	Bampton Parish Council Annual Meeting, MH, 7.30pm. All welcome
Sa 27 th Su 28th	Bell Ringing practice, 11am-1pm Holy Communicativity Alua 10am
Mo 29 th	Holy Communion with Alun, 10am Tinclar's Library, Church Hall, 12noon-2pm
100 27	French Group, Church Hall, 2-3pm
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	BDLHS, Visit to Truss Gap, MH for car sharing, 7.15pm
We 8 th	Drop In For Coffee, Church Hall, 10.30-12 noon
	Yoga, Small Hall, 6-7.30pm
	Indoor Bowls, MH, 7pm
Sa 11 th	Orton Farmers' Market, 9.30am-2pm
	Bell Ringing practice, 11am-1pm
Su 12 th	Bampton Amblers. Meet at MH, 9.30am
	Holy Communion with Alun, 6pm
Mo 13 th	Tinclar's Library, Church Hall, 12noon-2pm
	French Group, Church Hall, 2-3pm
	Tinclar's Library Open Evening, Church Hall, 7-9.30pm
	Pilates, MH, 7-8pm and 8-9pm
Tu 14 th	Parish Council AGM, MH, 7.30pm. All welcome
We 15 th	Yoga, Small Hall, 6-7.30pm
	Indoor Bowls, MH, 7pm
Sa 18 th	Parish Council 'Boon Day', from 10am. All welcome
	Bell Ringing practice, 11am-1pm
Su 19 th	'Café Church', Church Hall, 10am
	Plants & Produce Fair, MH, 10am-3pm
Mo 20 th	Tinclar's Library, Church Hall, 12noon-2pm
	Village Choir, Bryham House, 6-7pm
	Pilates, MH, 7-8pm and 8-9pm
Tu 21 st	Bampton Amblers. Meet at MH, 9.30am
We 22 nd	Yoga, Small Hall, 6-7.30pm
	Indoor Bowls, MH, 7pm
Sa 25 th	Bell Ringing practice, 11am-1pm
Su 26 th	Holy Communion by Extension with Neil, 10am
Mo 27 th	Tinclar's Library, Church Hall, 12noon-2pm
	Pilates, MH 7-8pm and 8-9pm
Tu 28 th	Bampton Amblers. Meet at MH, 9.30am
We 29 th	Cameo trip
	Yoga, Small Hall, 6-7.30pm
	Indoor Bowls, MH, 7pm
Th 30 th	Deanery Ascension Day service at St. Columba, Warcop, 7.30pm
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JUNE

Sat 1st Bell Ringing practice, 11am-1pm **Su 2nd** Holy Communion with Ian Elliott, **10am**

Copy deadline for the June/July issue is 5pm on Thursday 23rd May. Please Heather (Tel all items to Pitt no: 01931 716861) pathfinders2728@gmail.com; Storey (Tel Jane 01931 713490) no: roger_storey@btinternet.com; or leave at the Post Office. Thank you.