BAMPTON PARISH NEWSLETTER FEBRUARY - MARCH 2019



Dear Friends

As Tina Turner once sang 'What's love got to do with it?' – well, as it happens, quite a lot really if you are a Christian or follow a Christian lifestyle. Love, they say, makes the world go round whatever that means, but the concept of love does play an important part in everyday life in some form or shape and it is at the heart of the Christian faith and message. Yet it is probably one of the most difficult aspects of our beliefs to truly live out on a daily basis. Week by week in church services we extol the virtues of the Christian life and utter the words of Jesus himself to love our neighbour as yourself and of course one another. This is most significantly experienced around the Lord's Table during Holy Communion or Mass depending on your viewpoint: where we remember and celebrate the supreme act of love demonstrated on the cross through Jesus death by eating and drinking the bread and wine that represent his body and blood and his sacrifice.

We are told that this happened because God the Father wants us to know how much he loves us and calls us into a relationship with him by this act of love.

It is a theology that if truth be told can be hard to fully understand and see how it relates to our everyday life, but is the pinnacle of what we believe. That although we are, as the bible puts it, in a state of sin, meaning not in a relationship with God, we have the opportunity to make a relationship by doing our best to follow Jesus as a disciple (a learner) and accept God's love as our Creator, redeemer and sustainer.

The Beatles also once sang 'All you need is love' back in the sixties, if only it was that easy. The hippy, psychedelic dream collapsed as have many other ideals and philosophies down the years.

As you read these meandering thoughts it will be the time in the church calendar and general society when many of our thoughts may turn to love through the day remembered on the 14th February, St Valentine's Day. This is an opportunity, perhaps, for some to make money and for others to genuinely express their love.

Valentine died for his faith. Amongst other things he supposedly conducted Christian weddings for Roman soldiers and healed his jailer's blind daughter to whom he wrote, signing off with his name Valentine.

The truth and legend are perhaps not that important so much now except for believing that love is an important emotion and expression of our inner feelings for someone else, individually, or in general for our fellow human beings.

For those of us who profess to be Christians it is the bedrock of our very existence and should be the dominant focus of who and what we are. A cursory reading of 1 Corinthians 13 can leave us in no doubt that love is the greatest gift God can give to you and me - I hope so.

Perhaps you may have the time to read through this scripture from the New Testament part of the Bible and see what you think – so Happy Valentines and a happy read....

Alun

Contact Details

Alun Hurd, Vicar	01931 716048
Tony Hall, Church Warden	01931 713204
Elizabeth Coy, Church Warden	01931 713211
Kathy Jenkins, Church Warden	01931 714400

From the Registers

Interment and Service of Thanksgiving for the life of

Richard Howard 'Dick' Ostle (who died 3rd December) Tuesday, 11th December

Christmas Coffee Morning

As usual, the church was thronged with folk from near and far and a most enjoyable morning was appreciated by all.

Coffee and cakes, Christmas gifts across a wide range, raffle and auction were all so successful that the result was one of the best fund-raising results of recent years — so important as this continues to be the most significant event in our financial year. The church has of course to be self-sufficient and that it is owes thanks to the unending generosity of our parishioners and visitors.

So, big thanks to all our friends and neighbours in the parish who helped us to achieve an excellent result of £1,045.

And the organizing group, whose unstinting efforts make this enjoyable event so successful, also deserve a big vote of thanks.

Christmas Carols and The Children's Society

As always, our Christmas Carol Service was well supported with traditional carols and readings and, as ever, our collection was in aid of others in need. This year we were able to send The Children's Society £130.

The Churchwardens

Lent at St Patrick's

Lent begins on Ash Wednesday 6th March and during Lent we shall, as in previous years, be holding Lent lunches and a Lent Discussion group

Lent Lunches

These will be held in the Church Hall every Monday during Lent from 12 noon to 1.30pm. The first one will be on 11th March and the last on the 8th April. Homemade soup, rolls and coffee or tea will be provided. There is no charge but all donations will be shared equally between Bampton First Responders and the International Red Cross. We do hope that many people in the village will take this opportunity both to enjoy a sociable lunch and also to support the two charities.

Lent Discussion Group

This will be held on five **Tuesday** afternoons from **2.30pm to 4pm** and again we shall be following the York Lent Course. The title this year is "Daring to see God now". It is an ecumenical course and, as always, the contributors are leading Christian thinkers. There is plenty of opportunity for discussion and different opinions. If you can only come to some of the meetings this does not matter. We should very much welcome people who are not regular churchgoers or, indeed, are not Christians, so we can all get to understand each others viewpoints more clearly. The venues are:

Tuesday 12th March – Irving House, Sleagill – Kathy Jenkins

Tuesday 19th March – 65 Burnbanks – Philip and Diana Nicholson

Tuesday 26th March – Leyton Barn, Bampton Grange – Maureen Barber

Tuesday 2nd April – Scar View, Butterwick – Elizabeth Coy

Tuesday 9th April – Bridge End, Bampton Grange – Andrew Yates

Evensong at Carlisle Cathedral – 10th March at 3pm

Our parish has been invited to evensong at the cathedral. This will be followed by refreshments. There will be no service at Bampton on this Sunday. If you would like to come then please let one of the churchwardens know by 17th February as the cathedral wants to know how many people to provide refreshments for. Arrangements to share lifts and possibly to have lunch in Carlisle first will be sorted out later.

Thank you!

The PCC would like to thank Ann Taylor who has kindly sponsored the cost of production of this edition of the newsletter.

ST PATRICK'S CAFE CHURCH COME AND JOIN US!

WHAT IS IT? An informal service starting with coffee and cake!!
WHEN IS IT? Normally on the third Sunday of each month starting at 10am
WHERE IS IT? In the Church Hall

On 17th February the theme will be "What is Love" and on 17th March it will be "St Patrick"

On 31st March there will be a special Café Church service for Mothering Sunday

Women's World Day of Prayer Service – Friday 1st March

You are warmly invited to this service at St Michael's, Shap at 2pm.

The service this year has been prepared by Christian Women in Slovenia and is entitled **Come – Everything is Ready.** Although the service is always prepared by women – often giving them a rare chance to take an active and upfront role in their churches – it is meant for everyone, not just women. This is the one service in the year when we have the opportunity to worship with Christians of all denominations all over the world and to learn more about one particular nation and its people. If you have never been before, do come this year.

If you would like a lift, please contact Diana Nicholson on 713194.

St Patrick's Day Supper – Friday 15th March 7pm

A jolly celebration of our patronal saint – a good meal and a tot of whisky! Cost £15. Please book your place by contacting Maureen Barber on 01931 713314

St Patrick's Bells

We are now into the last lap!! The main outstanding item is the much awaited painting of the church clock faces but this will have to await some early fine spring weather. There will also be alterations to the ringing chamber windows to provide for them opening to give the ringers more ventilation especially in summer during hot weather. In the meantime an oak sponsorship plaque has been ordered to be displayed in the ringing chamber but a framed copy of this will be displayed in the church along with a framed list of project donors.

We are grateful to Stead Bowness for making a 'spider' – a device to hold the bell ropes together, via a pulley, centrally below the ring chamber ceiling – which was made very appropriately for this farming parish from old horse shoes. Ron East put up the spider and also made a 'rope warmer' which during very cold spells makes the ropes more flexible and easier to handle by our ringers.

The completion of the bells project will be marked by the compilation of an illustrated book telling the story of the Bampton bells with their history and details of each stage of the steady progression towards their installation and the formation of the Bampton band of bell ringers. There will be two copies – one on permanent display within the church and another to be lodged at the Tinclar's Library.

Bampton PCC

Drop in for Coffee

Our drop-in dates for the next two months are Wednesday 13th February and Wednesday 13th March, any time between 10.30am and 12 noon in the Church Hall. This is not a fund raising event; it is just an opportunity to get out and meet people so do come and join us. If you would like to come and need a lift, then please contact me. We look forward to seeing you.

Diana Nicholson (713194)

Digital Keyboard

The PCC has purchased a new keyboard for services and would like to pass on the keyboard that has been used up to now to someone who can make good use of it. In the past it was used by the school, the Memorial Hall and then the church. If you are interested please contact Marion Jones on 713555.

Bampton Amblers

Once again the weather has been quite kind to us over the past few months allowing our walks to continue unaffected. In November local walks were supplemented with walks in the north Lakes including a visit to Mike and Marion's wood near Bassenthwaite. We had two 'Christmas' walks: the first around the village of Wreay, with visits to the Heritage Centre, unique church and a hearty meal rounded off a very varied and interesting day; and the second on Boxing Day with an exhilarating ramble above the fells to the east of Haweswater. Our New Year walks have been local ones beginning with another visit to Mardale but this time to ascend High Street via Riggindale. Why not help shed those few extra Christmas pounds by joining us on any of the forthcoming walks. Dates for your diaries are as follows:

Tuesday	5 th February	Meet at 11.00am	Ruth (713197)
[Easy: Ascent of Knipe Scar – 3½ miles – 600 feet of ascent]			
Sunday	10 th February	Meet at 9.00am	See PO notice board
Tuesday	19 th February	Meet at 10.00am	See PO notice board
Monday	25 th February	Meet at 9.30am	See PO notice board
Saturday	9 th March	Meet at 9.00am	See PO notice board
Tuesday	12 th March	Meet at 10.00am	Ken & Rita (713201)
Tuesday	19 th March	Meet at 9.30am	Ken & Rita (713201)
Friday	29 th March	Meet at 10.00am	Heather & David (716861)
[Fogy: Orton	n Scar 5 miles	600 feet of ascent	

[Easy: Orton Scar – 5 miles – 600 feet of ascent]

Meet at the Memorial Hall in Bampton and bring a packed lunch, unless advised otherwise. Please note that start times may vary from those quoted depending on the nature of the walk, so please see the notice board in Bampton Post Office for full details of/changes to all walks. In the event of bad weather please contact the above leaders.

Heather (716861) and Alison (713350)

A Tale of Two Hoods

Hopefully a lot of you reading this will have enjoyed seeing the 2019 Pantomimeand many thanks to everyone for your support. It makes all the difference. For those who may have missed it, what a shame! It's always a lot of fun and this one was no exception. It was lovely to welcome in several new children and adults; it should never be a closed group.

Written by Heather Pitt, it interwove the stories of Robin Hood and his cousin, Little Red Riding Hood. There were the predictable baddies, the wolf (Heather Pitt) who had a great appetite for Bamptonians and the witch (Vickie Haddock) who were appropriately booed, whilst there was plenty of cheering for the magically good fairies (Lily Blenkinship, Caitlin Chappelhow and Matilda Harling) and their Fairy Queen (Lucinda Weymouth).....not to mention the appallingly undisciplined fairy (Nigel Harling).

Grandma (Jim Campbell) and her old friend Ada (Nigel Harling) were the life and soul of the village and loved a chat with anyone.

Little Red Riding Hood (Alexa Weymouth), together with her sheep, (Erin Smith and George Saward), supported by Simon, a village lad (Adam Russell), and her friend, Maid Marion (Holly Saward), called on the help of her cousin Robin (Julian Russell) to rid the village of the ever more threatening wolf. Robin and his band (Kerry Harmer, Jessica Blenkinship, Andrew Yates, Finn Smith, Jonathan Saward) with the blessing of the worthy Friar Tuck (Chris Robinson) and inside information from the turncoat Baldrick (Gill Robinson), prepared for the various challenges.....including robbing the sheriff's men. The wolf and scheming witch did their best to outwit the outlaws. Delightful forest creatures added to the complexity......well it wasn't really all that hard to follow the plot! And there were real handbell ringers thrown in for our delight too.

But most important is what the Panto creates. It is a brilliant example of team work and cooperation. The actors are only half of those involved. Others share amazing skills, painting, music, light, sound, publicity, as well as helping keep the hall running......and worse, keeping the cast in order. The audience are vital tooit doesn't work well without loud participation, cheering, singing, booing and generally being there. So everyone has a part, in some way, whatever your age or talents.

It brings people together from all parts of our community, people whose paths would not normally cross. And the extra bonus – it makes a good profit for the village hall. To quote from some cast members:

"The pantomime stands for everything that is good about a rural village community...I have met people both old and young that I can now call friend...it led the pirates to do the Hospice at Home charity walk...and frequent meetings on a Friday night at the pub. Also, to see the audience reaction and hear them laugh...the comments we get after a show about how much they have enjoyed themselves. In a world that seems to be getting harder and harder to deal with, it is good to be able to escape into a pantomime world for a few hours."

"It not only brings the village closer, it allows everyone to have fun and be at ease with each other."

So if you fancy being part of it in the future, in any way, please let us know.

Alison Jones...producer 713350

Rainfall 2018 - Mill Craggs - Bampton - Another Dry Year

The driest year since 2010 saw a real mixed bag of meteorological events. Who will forget the much heralded "Beast from the East" in late February and early March which followed Storm Eleanor in early January. There followed the heatwave of mid April through May and into June, interrupted by heavy rain in the first few days of June and by Storm Hector mid June.

Overall the first half of 2018 was the fourth driest since I started keeping records in 1993.

The second half of the year continued dry through to second of week of August when damper conditions returned on and off through to mid December, including Storm Callum in mid October which brought the only significant floods to the valley of the year.

The coldest night of the year was 27/28 February when thermometer fell to -8.8c.

5	Rainfall mm	% of Average 1993-2018	Min Temp
January	160	83	-6.8c
February	80	58	-8.8c
March	59	59	-4.8c
January-March	299	69	
April	91	114	-2.7c
May	36	40	-4.0c
June	78	96	+2.8c
April-June	205	82	
July	55	63	+5.8c
August	85	82	+2.8c
September	126	116	+1.2c
July-September	266	89	
October	146	99	-6.6c
November	214	123	-4.7c
December	138	68	-5.3c
October-December	498	95	
January-June	504	74	
July-December	764	92	
Year 2018	1268	84	

January 2019 is, at time of writing, on course to challenge January 1997 as the driest start to a year, but as always there will be surprises in store.

David Cooke

Bampton REMOTE Cinema

Saturday February 23rd: The Wife (2017) 15 Saturday March 16th: First Man (2018) 12A

Saturday April 13^{th:} Bohemian Rhapsody (2018) 12A

The venue is Bampton Memorial Hall: film begins at 7:30pm, doors opening at 7:15pm. Tickets are on sale at the door on the night, price £5 adults, £2 U16. Or, a film plus supper ticket can be bought at Bampton Post Office, price £10 adults, £7 for U16. We must try to restrict numbers for supper to 36; as you may know, some films prove very popular and we apologise if you are unlucky. It's a question of food safety and not overwhelming our amazing volunteer cooks. Menu details are in Bampton Post Office, courtesy of Olivia and Graham; supper served at 6pm; bar, ice-creams and an interval. Tickets are usually available in the post office 2 weeks before the film. Dates for full tickets go on posters, leaflets and our Facebook page.

A word about the first 2 films:

The Wife (2017) 15, 100 mins: starring Glenn Close and Jonathan Pryce

Glenn Close's finest performance needs to be seen to be believed. Pryce and Close are in career-best form in this gripping drama. Joseph Castleman (Pryce) wins the Nobel Prize for literature. However what should be the culmination of a great literary career proves to be the unravelling of a relationship built around a carefully maintained secret. Those familiar with Glenn Close's career in film can be reassured that no rabbits or dalmatians are harmed in this film!

First Man (2018) 12A, 141 mins: starring Ryan Gosling

This is a biopic about the historic achievements of Neil Armstrong, the first man on the moon. Following on from the fantastic film last year "Hidden Figures" this is simply too good to miss. We promise he does no singing or dancing either! Looking forward to film evenings to share with you, we are yours truly:

Hazel (713311), Katharine (713392), Mike (713555), Vickie (713466) David (713586) Bampton REMOTE cinema committee.

50/50 Club

Very many thanks to all who have supported this fund raiser during 2018. Your allocated numbers for 2019 are now displayed on the Post Office notice board. If you have forgotten to renew your membership or you are a new member it's not too late to join. All monies collected are shared equally between cash prizes and the Memorial Hall funds. Application forms are available from Bampton Post Office or from Christine Evans at Brandscroft, Gatefoot, Bampton. The 50/50 Club is open to everybody and costs £1 per month to be paid in a lump sum for the year i.e. £11 pounds for 11 months, £10 for 10 months etc. Full details are on the application form. Remember, if you're not in, you can't win!

Christine Evans

Haweswater Half Marathon

This year's Half Marathon will be held on **Sunday 3rd March.** As always at the Memorial Hall we would love some volunteers to do an hour or two of making sandwiches, tea and coffee; serving hot food; or helping sell cold drinks and snacks on the stalls. Start time is **8am until around 3pm** so if you can help please ring Lesley on 713530. Thank you.

Lesley White for Bampton Memorial Hall.

Bampton and District Local History Society

This is my first newsletter entry since taking over as Chair of BDLHS so I would like to wish all members, and particularly new Committee members, a very Happy New Year. Although it seems an age ago now, the afternoon gathering at the Haweswater Hotel in December was a resounding success with lots of fascinating stories and recollections from Bampton's past, not to mention delicious tea and cakes!

Looking forward in 2019, our first meeting this year is on **Tuesday 5th February** to hear Mike Mapleton speak on the history of the postal service in Cumbria. Mike has asked if members can bring to the meeting any mementos, such as old letters, photographs of post offices and workers etc.

On **Tuesday** 5th **March** we have a presentation by Ian Hodgkinson on "Indigenous Malaria in Cumbria" which promises to be an interesting and intriguing topic.

I am looking forward to us having a full and interesting programme of speakers this year and our new programme of events will be released after the forthcoming Committee Meeting.

We are always looking to welcome new members to BDLHS so if you have an interest in local history please contact us and if you want to research a particular aspect of Bampton's past and tell us about it, that would be most welcome.

Finally, I cannot write 2019's first newsletter item without saying thank you to our retiring Chair Pat Garside who has done a tremendous job in making BDLHS so successful.

Roger Storey (713490) roger storey@btinternet.com

Sport Committee

A new year and a few dates for your diaries. Sunday 7th July will be the annual summer sports. Unfortunately due to a lack of support we will be unable to hold the winter sports this year, however, we are planning to hold a Spring Games afternoon on Sunday 14th April (weather permitting) on the recreation field. The committee will provide some equipment but we hope that everyone will come along with enthusiasm and also organise your own activities. Bring a picnic and seating and let's see what fun we can create.

In order to keep running events we rely on volunteers to help. If you would be available to help out with the summer sports or any of our other events or would like to join the committee please contact Vickie Haddock 713466

Tinclar's Library

Our Annual Social Evening was a great success. Over fifty members and friends enjoyed an entertaining and informative talk by Ivan Day, food historian, followed by drinks, nibbles and chat. We have had quite a few visitors to our Monday openings in October and November and were able to help them through our extensive archives.

The library will not open on Monday 4th February but alternative arrangements can be made by contacting Margaret Lightburn on 713325 or Sue Bletcher on 713434. The library will open as usual on **Monday 4th March** from **7pm** – **9.30pm**.

The Trustees

Pilates

Pilates in Bampton will be starting up again on the **Monday 11th March**. I hope you've been enjoying the video clips from New Zealand to keep you motivated to keep moving at home, and I will look forward to seeing you all again soon. If anyone new would like to join us then please come along. Monday nights **7.00pm and 8.00pm**. www.penrithphysiopilates.co.uk penrithpilates@gmail.com

Alexis

Bampton Parish Council

The extension to the Millennium Footpath is now complete and you can walk from the hall to Black Bridge and then along the beck to the Lowther. Thanks go to John Stacey for allowing his land to be used, to the LDNPA for financing and carrying out the work and to some parish councillors, past and present, who worked on the project.

At the recent council meeting footway lighting was again the main topic for debate. This extremely complicated matter has been under discussion for at least five years since EDC proposed that PCs should take over responsibility for the lights in their own parishes. Many questions raised by this are still unanswered as deadlines moved and criteria changed. Bampton PC did eventually adopt some lights – only four were 'approved' for adoption – and there are still questions to be asked about the fate of the others in the village. As mentioned before in the newsletter the adoption of the lights and the need to factor in the costs of these in the budget is the reason behind the increase in the PC element of the Council Tax this year. Some facilities we have taken for granted in the past, do now have to be paid for unfortunately.

Comments were made about the very disappointing rapid deterioration of parts of the new road surface between Bampton and Burnbanks. Highways are aware of the problem but financial constraints will probably mean that nothing will be done in the immediate future. Apparently the contractors who were employed could only carry out work directly related to storm damage so could not attend to 'peripheral' matters such as inefficient drains and culverts not immediately beside the road but which cause problems to the road.

The new hardwood notice board for the Memorial Hall will appear as soon as substantial brackets have been made and there are sufficient strong men – or women – willing to assist in hoisting it into place. Once in situ it is hoped that it will last for many years. Also at the Hall work has been done by a councillor to tame the rampant growth of the willow tunnel in the playground. More work is required and volunteer assistance would be welcome.

The last meeting of the current council will be on **Tuesday March 19th** as all of the councillors will have to resign and, hopefully, stand for re-election in May. Further details on this in the next newsletter.

Marion Drinkwater, Clerk (716054)

Bampton CFR

Call outs for 2018: 16

Vickie has successfully completed her ECFR training and is now responding as such. I'd like to congratulate her on her success and thank her for the hard work and commitment necessary to become an ECFR.

The rest of the team have successfully passed their annual assessment and have attended regular training sessions to keep skills up to date. Again, I'd like to thank everyone for their continued commitment of time and effort and know from the local community that your efforts are very much appreciated.

If you think you'd like to join the team and help provide essential emergency cover for the local community please feel free to get in contact with me for an informal chat or look at the NWAS CFR page http://www.nwas-responders.info/

All applications are submitted through the web page and are confidential.

If you feel unwell and think it is a medical emergency DIAL 999 or 112 and ask for AMBULANCE. Any on call CFR's will then be tasked by Ambulance control to attend if appropriate. CFR's will not be tasked to attend all 999 calls but will be asked to attend the following type of emergencies: abdominal pain, severe allergic reaction, breathing problems, fitting, diabetic emergency, chest pain, stroke, loss of consciousness, collapse, cardiac arrest, respiratory arrest, some trauma. We will not normally be tasked to any incident involving children under 12.

Christine Hill, Bampton CFR Team, 07771 934996/01931 713210

Bampton Memorial Hall

On **Saturday 16th February** from **7.30pm** a St Valentine's event is being held in the Memorial Hall at which 'Fire and Ice' will perform. There will be an entrance fee of £5, the bar will be open and there will be nibbles. Come along and enjoy an evening of singing and dancing.

Another event for your diaries is a Quiz Night on Saturday 23rd March at 7.30pm. The one in November was much enjoyed and amusing so please support the event again. There will be a £5 entrance fee and the bar will be open.

The profit from these two events will go towards the New Hall fund.

Bampton Memorial Hall Committee

Village Choir

The Village Choir will meet on 4th February then continue every other Monday as usual, 6-7pm at Bryham House.

Do come and join us, it's a most enjoyable and friendly hour together. Give me a ring if you would like to discuss further.

John Garside (713294)

Events in Shap

Highlights at Shap Memorial Hall

Landermason Sunday 17th February 7.30pm – folk, jazz, blues, classical etc.

St Michael's Church

Shrove Tuesday Quiz Night - Tuesday 5th March 6.30pm in Shap MH
The Herdwyck Consort presents 'I Sing of a Maiden' - Sunday 24th March 3pm
Tel. 01931 716273 for details of all the above events

The Old Courthouse, Shap

Further to our article in the last edition of 'The Link' we are pleased to say that work on improvements to the building is making good progress. In addition to the funders mentioned in the last issue of Shap Today we are very pleased to say that we have recently received a pledge from Cumbria Community Foundation – the Westmorland Community Fund. We are planning an exhibition 'Changes' for the beginning of March. In addition to artwork in the gallery this will also feature a display relating to the history of the building. We would like to hear from anyone who has memories, accounts or photographs from when the building was used as a School, a Magistrates Court or a Youth Club.

Please contact Janet Wood, janet@theoldcourthouse.org or tel. 716273

We will be organising some special events in March linked to the above so please look out for posters or visit our website www.theoldcourthouse.org for details.

Events at The Old Courthouse

Saturday 23rd February 10am – 12.30pm Writing Workshop

Friday 1st March 7pm - 'Under Milk Wood'

Friday 15th March 7.30pm – 'Beyond the Beacon'

The local bus

The bus is run by Fellrunner and operates every **Thursday** – please note this new variation to the route. The bus will go down **Rosgill Hill at 9.47am**, then travel via **Bampton Grange (9.53am)** to **Burnbanks (10.00am)** and leave **Bampton at 10.14am** to arrive (via Morrisons) at **Penrith Bus Station at 10.48am**. The return bus will leave **Penrith Bus Station at 2.00pm** to arrive back in **Bampton at 2.32pm**, **Burnbanks at 2.46pm and Rosgill at 3.00pm** (subject to passenger requirements). Bus passes can be used and children under 16 years travel free.

Bampton Village Website - www.bamptonlakedistrict.org.uk

Please send any updates for the website to Chris Cant on chris@phdcc.com or 713240. Any new photos very welcome.

PARISH DIARY (Note MH = Memorial Hall)

FEBRUARY

Bell Ringing practice, 11am-1pm
Holy Communion with Alun, 10am
Village Choir, Bryham House, 6-7pm
Bampton Amblers. Meet at MH, 11am
BDLHS, MH, 7.30pm, 'Postal History in Cumbria'
Yoga, Small Hall, 6-7.30pm
Indoor Bowls, MH, 7.30pm
Orton Farmers' Market, 9.30am-2pm
Bell Ringing practice, 11am-1pm
Bampton Amblers. Meet at MH, 9am
Holy Communion by Extension with Neil, 6pm
Drop In For Coffee, Church Hall, 10.30-12 noon
Yoga, Small Hall, 6-7.30pm
Indoor Bowls, MH, 7.30pm
Bell Ringing practice, 11am-1pm
'Fire and Ice' at the MH, 7.30pm
'Café Church', Church Hall, 10am
French Group, Church Hall, 2-3pm
Village Choir, Bryham House, 6-7pm
Bampton Amblers. Meet at MH, 10am
Yoga, Small Hall, 6-7.30pm
Indoor Bowls, MH, 7.30pm
Bell Ringing practice, 11am-1pm
Bampton Cinema, MH, "The Wife". Doors open 7.15pm
Holy Communion by Extension with Diana, 10am
Bampton Amblers. Meet at MH, 9.30am
Yoga, Small Hall, 6-7.30pm
Indoor Bowls, MH, 7.30pm

MARCH

Fr 1 st	Women's World Day of Prayer, 2pm, St. Michael's, Shap
Sa 2 nd	Bell Ringing practice, 11am-1pm
Su 3 rd	Holy Communion with Alun, 10am
	Haweswater Half Marathon, MH, 8am-3pm
Mo 4 th	French Group, Church Hall, 2-3pm
	Village Choir, Bryham House, 6-7pm
	Tinclar's Library Open Evening, Church Hall, 7-9.30pm
Tu 5 th	BDLHS, MH, 7.30pm, 'Indigenous Malaria in Cumbria'

We 6 th	Holy Communion with Alun, 10am. Joint service at Shap
	Yoga, Small Hall, 6-7.30pm
	Indoor Bowls, MH, 7.30pm
Sa 9 th	Bampton Amblers. Meet at MH, 9am
	Orton Farmers' Market, 9.30am-2pm
	Bell Ringing practice, 11am-1pm
Su 10 th	Evensong at Carlisle Cathedral, 3pm
Mo 11 th	Lent Lunch, Church Hall, 12.00-1.30pm. All welcome
	Pilates, MH, 7-8pm and 8-9pm
Tu 12 th	Bampton Amblers. Meet at MH, 10am
	Lent Discussion Group, Irving House, Sleagill, 2.30-4pm
We 13 th	Drop In For Coffee, Church Hall, 10.30-12 noon
	Yoga, Small Hall, 6-7.30pm
4	Indoor Bowls, MH, 7.30pm
Fr 15 th	St. Patrick's Day supper in the Church Hall, 7pm
Sa 16 th	Bell Ringing practice, 11am-1pm
41.	Bampton Cinema, MH, "First Man". Doors open 7.15pm
Su 17 th	'Café Church', Church Hall, 10am
Mo 18 th	Lent Lunch, Church Hall, 12.00-1.30pm. All welcome
	French Group, Church Hall, 2-3pm
	Village Choir, Bryham House, 6-7pm
th	Pilates, MH, 7-8pm and 8-9pm
Tu 19 th	Bampton Amblers. Meet at MH, 9.30am
	Lent Discussion Group, 65 Burnbanks, 2.30-4pm
TTT ooth	Bampton Parish Council Meeting, MH, 7.30pm. All welcome
We 20 th	Yoga, Small Hall, 6-7.30pm
a aard	Indoor Bowls, MH, 7.30pm
Sa 23 rd	Bell Ringing practice, 11am-1pm
c 24th	Quiz Night at the MH, 7.30pm
Su 24 th	Holy Communion with Ian Elliott, 10am
Mo 25 th	Lent Lunch, Church Hall, 12.00-1.30pm. All welcome
T 26th	Pilates, MH 7-8pm and 8-9pm
Tu 26 th	Lent Discussion Group, Leyton Barn, Bampton Grange, 2.30-4pm
We 27 th	Yoga, Small Hall, 6-7.30pm
En 20 th	Indoor Bowls, MH, 7.30pm
Fr 29 th	Bampton Amblers. Meet at MH, 10am
Sa 30 th	Bell Ringing practice, 11am-1pm Mathemia Synday Coff Chyrob Chyrob Hell 10am
Sun 31 st	Mothering Sunday Café Church, Church Hall, 10am

Copy deadline for the April/May issue is 5pm on Saturday 23rd March. Please send all items to Heather Pitt (Tel no: 01931 716861) pathfinders2728@gmail.com; Jane Storey (Tel no: 01931 713490) roger_storey@btinternet.com; or leave at the Post Office. Thank you.