BAMPTON PARISH NEWSLETTER DECEMBER 2018 - JANUARY 2019



Dear Friends

Our parish magazines are published regularly throughout the year and are hopefully a reasonable read with lots of information with forthcoming events and various articles. This edition is one of those that covers two months December and January and has to contain even more information than usual as it bridges the period between Christmas and Epiphany and beyond.

It is Epiphany the 6th January I want to reflect on briefly now. Traditionally this is when in the church calendar the Wise Men or Kings as they are often referred to, appear bringing their gifts of Gold, Myrrh and Frankincense for the infant Jesus who by this time is around two years old. Of course, we are used to the Wise Men putting in their shift at the same time more or less at Christmas as the Shepherds and not long after the birth of Jesus as many Nativity plays tell us the story. This bringing together of two separate events is no bad thing in retelling the story. We are allowed to see and recognise something more in the birth of Jesus than we might normally if left entirely to the visit of the Shepherds as wonderful as that part of the story is.

The Wise Men we are told travel a long way from the East; because of signs they have seen in God's heavens and stars they decide to follow a specific and spectacular Star. It is the sign of an extraordinary individual who will change the outlook of the world as it is known, then and now.

The gifts they bring are carefully chosen and tell us something about this child Jesus and his purpose and destiny, in the same way that we often carefully choose gifts for those we love, especially at Christmas and other occasions.

The Gold recognises the Kingship of Jesus who can be the King of our hearts to reign in Love over us. The Frankincense is a sweet perfume used in the Temple and its equivalents in some church services by the priest today, to indicate the way to God, as Jesus can and does if we let him. The Myrrh was used to embalm the dead and shows us the path that Jesus was to take in dying for us on the Cross. The Cross that gives all of us the hope of a relationship with God and eternal life.

This after all is the reason and purpose for Jesus birth all those years ago in a small town called Bethlehem. To be the Saviour of the world as God's Son who loves all his creation and us in particular.

His birth is a cause for joy, as it was when the Angels sang. Glory to God, the Shepherds stood in awe and wonder, and the Wise Men recognised him as King.

The Epiphany was a moment of understanding for those who came to see the child in a manger, when the eyes of the world were opened to the full revelation of God's love through Jesus. I pray that it may be a time of revelation for you too.

I hope your Christmas, New Year and Epiphany are a joyful time wherever and whoever you are with and please accept my invitation to join us in those celebrations at any of our churches in the High Westmorland Parishes. All the details are listed elsewhere in the magazine.

With all God's blessings....

Alun

Contact Details

Alun Hurd, Vicar	01931 716048
Tony Hall, Church Warden	01931 713204
Elizabeth Coy, Church Warden	01931 713211
Kathy Jenkins, Church Warden	01931 714400

From the Registers

Interment and Service of Thanksgiving for the life of Elizabeth Anne Mandle (who died 16th October) *Wedding* Vieralou Palang Capilitan to Simon Daniel White

Wednesday, 24th October

Thursday, 25th October

Drop in for Coffee

Our drop-in dates for the next two months are Wednesday 12th December and Wednesday 9th January, any time between 10.30am and 12 noon in the Church Hall. This is not a fund raising event; it is just an opportunity to get out and meet people so do come and join us. If you would like to come and need a lift, then please contact me. We look forward to seeing you.

Diana Nicholson (713194)

Christmas Coffee and Gifts – Saturday 1st December

We hope the Christmas coffee and gifts morning is already in your diary but if not it's from 10am - 12pm in the Church. Come and enjoy delicious coffee and cakes and then browse the stalls for Christmas decorations and gifts, books, cakes preserves and good quality bric-a-brac items. The ringers will be ringing for a short while and the Village choir will also be singing. The raffle will be drawn – tickets available at the door and there are some wonderful prizes including a Christmas hamper, a Christmas drinks hamper and £50! Entry price for **adults** is £3 (children free) and will include tea/coffee and home bakes. See you there!

Bampton PCC

ST PATRICK'S CAFE CHURCH COME AND JOIN US!

WHAT IS IT? An informal service starting with coffee and cake!!WHEN IS IT? Normally on the third Sunday of each month starting at 10am WHERE IS IT? In the Church Hall

On December 23rd there will be a special Christingle service for children of all ages (from 0 - 99!). Come and make your Christingle, enjoy your cake and join in our Christmas celebrations. All donations will be sent to the Children's Society. The theme for January will be "What a wonderful World"

St Patrick's Bells

Armistice Centenary 11th November

St Patrick's band of ringers rang out at 12.30pm on Sunday 11th November in unison with churches and cathedrals in villages, towns and cities across the country to mark the centenary and in memory of the 1,400 bell ringers who lost their lives.

Christmas and New Year Ringing Dates

The next special ringing dates for the Bampton ringers will be: Saturday 1st December: Christmas Coffee morning Sunday 16th December: Carol Service Monday 24th December: Christmas Eve Monday 31st December: New Year's Eve Check the church notice boards for times which are subject to change.

Become a Bell Ringer

Introductory learning sessions can be arranged for anyone who would like to learn bell ringing, contact the Bell Captain for more information.

Bridget Kelly <u>email@bridgetkelly.me</u>

Welcome Pack

The Parish Council and St Patrick's PCC, with financial assistance from The Bampton Trust, have produced a *Welcome Pack* for newcomers to the valley. The pack contains local contact information, facilities in the area and details of activities and clubs in Bampton. Thank you to everyone who has contributed so far, especially Bampton and District Local History Society which has donated copies of "Ploughing in Latin" to accompany each pack. The pack will be flexible so if you would like to include something in it, please let us know. Most importantly, if you have new neighbours, contact us so we can prepare a pack for them!

Marion & Mike Jones (713555); Joan & Ray Bruin (713172)

It's Panto time again!

Once again the village panto is due to be staged in January and this time it is to be 'A Tale of Two Hoods' – please pass the word round to your friends! Tickets are now on sale at the Post Office so don't delay – get them early in order not to miss out on all the traditional panto characters and hilarity. There will be three performances on 17^{th} , 18^{th} and 19^{th} January with curtain up at 7.15pm. Please don't leave it until the last minute to buy a ticket or assume you can get one on the door – you may end up missing out on all the fun!

Heather & Alison

Shop Christmas Opening Hours

Would customers please note that the shop will be **closed** on **Christmas Day** and **Boxing Day** and on **New Year's Day**. Otherwise we are open as normal till 1pm every day, with plenty of goodies for Christmas on sale. We have lovely cards from Christine Longmire, jams and chutneys from Jeannie, yummy honey from Lowther, luscious smellies from the Keswick Soap Co and lots more. Plus of course we've all your staples including milk, eggs, butter and meats and pies from Low Howgill.

The tea room is still open daily 10am-1pm Wednesday to Sunday. And Olivia will soon be making her almondy mince pies for Christmas, so do come along and try one! (Or maybe two...)

Also, Olivia has created a lovely photographic calendar with scenes of Bampton and around for 2019. The calendar will cost £11, and profits will go to Eden Animal Rescue. Supplies are limited so make sure you grab your copy from the shop asap!

Olivia and Graham

Macmillan Coffee Morning

Once again I would like to express my grateful thanks to everyone who contributed in any way to the Macmillan Coffee Morning. Once again it was a substantial collection – this time £640. All being well, see you all again next year. Thank you. *Lesley White*

Bampton REMOTE Cinema

Thanks to a certain person, the ice creams for "Film Stars Don't Die in Liverpool" arrived on time and still frozen; Storm Callum put paid to many a film-goer's night out at the Hall in October....a not-to-be-forgotten trip back through the flood at Bampton Grange, clutching ice-creams, cake, and 6 merry souls....and then "Beast" in November, a memorable film that got everyone talking....it's all happening at the hall on film nights! So come on down for the next two:

Saturday December 8th: The Greatest Showman (PG) 2017

Saturday January 26th: The Post (12) 2017

The venue is Bampton Memorial Hall: film begins at 7:30pm, doors opening at 7:15pm. Tickets are on sale at the door on the night, price $\pounds 5$ adults, $\pounds 2$ U16. Or, a film plus supper ticket can be bought at Bampton Post Office, price $\pounds 10$ adults, $\pounds 7$ for U16 from 9th January to 23rd January for 'Post' – we regret that supper tickets for 'Showman' are already sold out. We must try to restrict numbers for supper to 36 so buy early. Menu details in Bampton Post Office, courtesy of Olivia and Graham; supper served at 6pm; bar, ice-creams and an interval. A word about the films:

The Greatest Showman (PG), 105 mins, 2017 Musical Drama. Director:

Michael Gracey Stars: Hugh Jackman, Michelle Williams, Zac Efron, Zendaya. This is a joyful, life-affirming and thoroughly spectacular modern musical that has become a huge box-office success on both sides of the Atlantic. Hugh Jackman stars as P.T. Barnum, the titular greatest showman, who is determined to bring the marginalised and waylaid into society's mainstream, by making them the star performers of his human circus.

The Post (12), 112 mins, 2017 Drama/Thriller. Director: Steven Spielberg

Stars: Meryl Streep, Tom Hanks, Sarah Paulson, Bob Odenkirk.

"The Post" refers to the newspaper "The Washington Post" and tells the story of the Pentagon Papers, leaked documents exposing cover-ups and untold truths about the floundering US involvement in the Vietnam War. Richard Nixon is President and the time is a year before the Watergate scandal. The high stakes power struggle between the press and the White House over the right to publish is the stuff of legend; Tom Hanks and Meryl Streep bring Ben Bradlee the determined editor and Katharine Graham, first female proprietor, back to life.

Looking forward to film evenings to share with you, we are yours truly:

Hazel (713311), Katharine (713392), Mike (713555), Vickie (713466) David (713586) Bampton REMOTE cinema committee.

Bowls

Our Christmas break starts early this year as the hall stage will be extended at the end of November for the pantomime. Our final session for 2018 will be at **7pm** on **Wednesday 21st November**. We will restart at **7pm Wednesday 23rd January** after the panto ends. Thank you for supporting the bowls this year. We look forward to seeing you in 2019. Seasons Greetings to everyone.

Ken Armstrong

50/50 Club

We are now at the end of the 8th year of running the Memorial Hall 50/50 Club – congratulations to all this year's lucky winners. I am pleased to report that we have raised nearly £900 this year with 50% going to the Memorial Hall and 50% going in the monthly prizes. Very many thanks to everybody who has supported this fundraiser this year. Now is the time to enrol for the 2019 draws and an application form is enclosed with this newsletter so nobody will miss out. Additional forms will be available from Bampton Post Office or from Christine Evans at Brandscroft, Gatefoot. Forms should be returned by 30th December 2018 to be included in the January 2019 draw. The 50/50 Club is open to everybody and only costs £12 per year – i.e. £1 per month. Full details are on the application forms. Best of luck to everybody for 2019!

Christine Evans

Village Choir

The Village Choir will meet on 10th December then continue every other Monday as usual in the New Year on 7th and 21st January, 6-7pm at Bryham House. Do come and join us, it's a most enjoyable and friendly hour together. Give me a ring if you would like to discuss further.

John Garside (713294)

Bampton Amblers

Autumn looked kindly on us, in the main, providing some good days for our walking 'expeditions'. Routes varied from well-trod local walks to an amble/train journey in the Alston area and a venture to Geltsdale on a gloriously sunny day. The walking year was rounded off with our usual Jacob's Join supper at Alison's and proved as popular as ever! With Christmas and darker nights on the horizon our forthcoming programme is somewhat curtailed but nevertheless we hope one or two of you might be tempted to join us. Dates for your diaries are as follows: Wednesday 12th December Meet at 10.00am Katharine (713392)

[Easy: A walk around Wreay with visit to church & heritage centre, followed by lunch in the pub]

Wednesday 26th December Meet at 10.00am Ken & Rita (713201) [See PO notice board for details]

Tuesday8th JanuaryMeet at9.00amAndrew (713343)

[Mod: High Street via Riggindale $-6\frac{1}{4}$ miles -2,380 feet of ascent]

Tuesday 15th January Meet at 10.00am See PO notice board

Saturday 26th January Meet at 10.00am See PO notice board

Meet at the Memorial Hall in Bampton and bring a packed lunch, unless advised otherwise. Please note that start times may vary from those quoted depending on the nature of the walk, so please see the notice board in Bampton Post Office for full details of/changes to all walks. In the event of bad weather please contact the above leaders.

Heather (716861) and Alison (713350)

A Brief History of the Pipe Organ

An illustrated talk by Chizzer Childs at Aragon, Naddlegate on Tuesday 22nd January at 2.30pm.

Bampton and District Local History Society

As we hoped, our AGM on October 2nd did provide the BDLHS with new members to refresh the Committee *and* crucially did spur us on to find new key officeholders. Our new chair is Roger Storey, whose presentation at the November meeting on 'Forgotten Railways of Bampton' was a fascinating account of plans to bring the 'West Coast Line' in tunnels from the south emerging above Haweswater and following the Lowther valley through Rosgill, Bomby, Bampton Grange, Knipe and Askham. This was the real stuff of local history, revealing crucial, long buried events.

BDLHS

Chair: Roger Storey

Secretary: Christine Hill

Treasurer: Andrew Yates

Membership Secretary: Heather Pitt

Programme Secretary: Hazel Eccles

Meetings: Marion Drinkwater

We are fortunate to have such an active team of Committee members.

We look forward to seeing you at the Haweswater Hotel for an afternoon of 'Winter's Tales' on **Tuesday December 4th** from **3.00pm**. We will have tea, mince pies and Christmas cake and the cost will be £5 per head. We have invited several of Bampton's best storytellers to bring us their memories about winters past – on the road, on the farm, at home. We would like to invite you as well to share your accounts. Bring your Christmas mementos please – letters, Christmas cards, stockings, gifts, photos. Sharing memories is a highlight of these kinds of meetings and we look forward to the afternoon. Please share transport where possible.

After our New Year hibernation, our first meeting of 2019 will be on **Tuesday February 5th** when Mike Mapleton is speaking on the history of the post in Cumbria. He has particularly asked that members bring anything postal – letters, postcards, even PO savings books, photos of Post offices and workers etc. – to the meeting as well as any information about posties boxes – shelters where they rested during their arduous rounds.

Roger Storey (713490) <u>roger_storey@btinternet.com;</u> Pat Garside (713294) <u>plgarside26@gmail.com</u>

Bomby Green

A big thank you to those volunteers who worked hard on the Green on Saturday the 29th September clearing the coarse vegetation close to the bridge. This will undoubtedly help the wildflowers to flourish and keep the area looking tidy.

Susan Bowman for the Bomby Green management committee

Yoga

Olivia has now completed her yoga teacher training and is offering full one-and-a-half-hour classes on Wednesday evenings, from 6.00pm - 7.30pm in the Small Hall. The classes cost £8.50 drop-in rate, or £30 for four classes paid up-front.

These gentle, all-inclusive sessions are suitable for beginners and more experienced yogis, and cover breathing (pranayama), postures (asanas), some meditation techniques, and relaxation. The atmosphere is fun and informal, and this is a great opportunity to take some time out for yourself, recharge your batteries and get back in touch with your inner self.

Olivia also teaches a beginner's Ashtanga class at the Rugby Club in Penrith on **Monday** evenings from 6.15pm - 7.30pm. Ashtanga is well-known for being a physical, quite demanding practice (you can work up a sweat if you really want to!), but it is nonetheless firmly grounded in yoga philosophy and can be a very meditative and even spiritual practice.

For more information you can visit Olivia's new website, www.wildsereneyoga.co.uk, email on wildsereneyoga@gmail.com, call on 01931 713351/07801 991303 or just pop into the shop for a chat.

Bampton and Area First Aid Course

I would like to repeat a 2 day emergency first aid course for residents of Bampton and the surrounding area, first run 6 years ago and repeated in December 2015. The idea behind it is to ensure that first aiders are available for most community events. I would be pleased to hear from anyone interested in attending and would particularly welcome candidates from the various clubs and associations in the village and surrounding area.

The course would last 2 days (16 hours) and is open to reasonably fit individuals over 16 years of age. On successful completion you will receive a British Association of Ski Patrollers (BASP) certificate of completion in Outdoor Emergency First Aid which is accepted by all NGB's and is valid for 3 years. Cost would be £50 per person (normal cost approx £130) and also the cost of hiring the Memorial hall. I'm looking at possible dates in late March or April, depending on Hall availability, and need a minimum of 6 people to run the course (max. of 12).

Information on the course syllabus is available on the BASP website (<u>www.basp.org</u>) or contact me by the details given below. Please register interest in the course with me by Friday 25th January when a decision will be made on whether or not the course will go ahead.

Christine Hill 01931 713210 / 07771934996 christinehillski@gmail.com

Tinclar's Library

The Library will be open in the Church Hall on **Monday 3^{rd} December** from **7pm** – **9.30pm** but will be closed in January and February. However, if anyone wants access they can contact either Margaret on 713325 or Sue on 713434.

The Trustees

Bampton Fireworks

I would like to thank the team that once again did a very professional job in setting off the fireworks which resulted in a wonderful show: Jacqui Barber, Andy Barber, Graham White and Mike Murphy. The 15 minute display was thanks to the money collected last year in donations, food and drink sold and the generous contribution made each year by Cooke Aquaculture and Migdale Transport. The price of fireworks goes up each year and it is getting more difficult to put on an exciting show for you all on the night. If you did not get the chance to put a donation in the bucket on the night and think that you have missed the opportunity to say "thank you" by giving a couple of pounds, please put it in an envelope and give it to Maureen Barber or post it through the letter box of Leyton Barn. Thank you to all the volunteers who gave their help and time to make the evening a success. A special "thank you" to Charlie who helped set out all the blocks in the rain on Sunday; and a massive "thank you" to Murphy for clearing the blocks away and the firework boxes. We have made enough in food and drink sales, donations and contributions this year to pay for the insurance and put on a show next year. However, if Bampton Bonfire and Firework Night is to continue into the future, then I warmly ask you all to help, donate and contribute as much as you can next year so as to secure a great family night out. Thank you.

Trev Barber

I would like to add my thanks to those expressed by Trevor. A large group of people help to make Bonfire Night an enjoyable and successful evening, these include: the team who set off the delightful firework display; those who provide refreshments; and the collectors of all the donations – people we could not do without. Once again it proved to be a very successful event helped by a good, safe bonfire and a fine evening, weatherwise.

Maureen Barber

Pilates

I'm afraid there will be a longer than normal break this winter for Pilates. The last Pilates will be an early Christmas one on **Monday 10th December**. I will be back teaching in early March, so plenty of time for practice at home! Check out my website www.penrithphysiopilates.co.uk for up to date information.

Alexis

Bampton CFR

I'm pleased to say that we have another Enhanced Community First Responder in the team. Vickie has worked very hard over the summer and has passed the rigorous and demanding assessments required. She has gained enhanced assessment skills and can now attend trauma incidents. I'd like to thank Vickie for her commitment and hard work and wish her all the best as an ECFR. The whole team is continuing to attend regular team meetings to keep their skills and knowledge up to date and by the time you read this they will all have undertaken their annual assessment. If you think you'd like to join the team and help provide essential emergency cover for the local community please feel free to get in contact with me for an informal chat or look at the NWAS CFR page http://www.nwas-responders.info/

All applications are submitted through the web page and are confidential.

If you feel unwell and think it is a medical emergency DIAL 999 or 112 and ask for AMBULANCE. Any on call CFR's will then be tasked by Ambulance control to attend if appropriate. CFR's will not be tasked to attend all 999 calls but will be asked to attend the following type of emergencies: abdominal pain, severe allergic reaction, breathing problems, fitting, diabetic emergency, chest pain, stroke, loss of consciousness, collapse, cardiac arrest, respiratory arrest, some trauma. We will not normally be tasked to any incident involving children under 12.

Christine Hill, Bampton CFR Team, 07771 934996/01931 713210

Bampton Parish Council

Before the recent Parish Council meeting proper began Mr Andrew Bower and Mr Peter Scott from Hanson's Shap Beck Quarry explained the current extension proposal and the possible impact on the parish – visibility for instance. There will be further discussion when actual planning applications are made. I have copies of the plans which anyone who is interested could inspect.

In the subsequent meeting the half yearly financial report was approved, following a successful audit, and the budget for 2019/20 was agreed after considerable discussion and correction of some figures. It was decided that the precept should be raised which will result in a slight increase in Council Tax bills next year. This increase is, in part, a consequence of the Council's decision to take over responsibility for footway lights from EDC. There will be some funding from EDC initially but it was felt desirable to build up a fund for future costs such as replacement and electricity supply. You may remember that earlier this year a questionnaire was sent out asking whether parishioners wanted lights to be retained and which ones specifically. The responses received were largely in favour of retention of most of the existing lights and the Council has acted on this!

There will shortly be a 'new and improved' notice board at the Memorial Hall in the same place as the current one when it has been decided how it should be attached. It is made of sapele (tropical hardwood) by Richardsons in Penrith and should be attractive and long lasting.

Planning decisions made by LDNPA were discussed along with new applications and other matters discussed at previous meetings updated. Planning applications will be listed on the parish website and can be accessed on the LDNPA site by following the links.

There will be an election for the whole council in May next year so perhaps now is the time to start thinking about whether you would like to be a councillor. There will be two council meetings before then so do come along and see what goes on. Agendas and minutes of meetings are on the web-site.

The next meeting will be on **Tuesday January 22nd**.

Marion Drinkwater, Clerk (716054)

Events in Shap St Michael's Church

Christmas Dominoes Saturday 1st December 7.30pm, Shap Memorial Hall

Christmas Fayre **Saturday 8th December 10.30am-2pm**, Shap Memorial Hall Free Admission. Gifts, Art, Crafts, Cakes, Preserves, Café. Craft activities for children. Santa will be in attendance (no charge)

The Old Courthouse

The current building improvements taking place at The Old Courthouse will:

- render the building fully accessible giving everyone the opportunity to access services and facilities throughout the building
- increase our potential to earn a sustainable income to ensure the building is retained for the community
- increase our opportunity to offer additional activities
- improve the energy efficiency of the building

The building work includes:

- installation of an entrance porch on the north side of the building
- levelling a floor at the south side of the building
- creating a raised terrace at the front of the building
- regrading the car park

We have been awarded £86,500 from the LEADER Cumbria Fells and Dales programme towards the £115,000 cost of the improvements. We are still seeking funding to cover the remaining £9,000 of the building costs. We are grateful to all those below who have provided match funding to date for the project and to Hanson, Shap Beck Quarry who have pledged to provide the materials needed to carry out the resurfacing work of the forecourt to facilitate accessibility.

Foyle Foundation	£5000
Frieda Scott Charitable Trust	£3380
Hadfield Trust	£2500
Holehird Trust (Cumbria Community Foundation)	£1500
Shap Community Enterprise	£7120

In addition funding towards architects fees has been provided by Eden District Community Fund ($\pounds 2500$) and Shap Community Enterprise ($\pounds 2178$).

Every little helps! We would appreciate any donations towards this valuable community project. There are also several other ways that you could help us financially;

- Shopping with Amazon go to smile.amazon instead and click on 'Shap Community CIO' as your preferred charity, for every £1 you spend we will receive 0.05p.
- **5ps** we are collecting them!
- Looking for Christmas presents? we have a variety of art, photographs, crafts for sale.

• Buy one of our 2019 Calendars featuring local scenes – £6 each or 3 for £15.00

Visit our website www.theoldcourthouse.org for opening times and details of special events.

In addition to ensuring space for library and playgroup services the Old Courthouse now provides a Visitor Information Point and Gallery and organises workshops, events and facilities to help combat rural and social isolation including: a drop-in facility, computer access and WIFI with superfast broadband, Cuppa and Company, Reading, Poetry and Writing groups.

The Old Courthouse is run entirely by volunteers. Do contact us for further information if you would like to be involved. We would welcome your support to help us to improve facilities at The Old Courthouse for the benefit of the wider community.

Wishing all readers a Happy Christmas and a Peaceful New Year

Janet Wood, Chair of Shap Community CIO, admin@theoldcourthouse.org **Registered Charity Number 1160966**

Extracts from '100 Years Ago' in the Herald

Manchester Corporation voted to prepare a Bill to dam Haweswater as its next reservoir and has set aside £8 million for this project. (Report, 2nd November)

Spanish Flu beset the district in mid to late November. Died of it at Mill Crags, Bampton, 13th November, Isabella, wife of Isaac Dufton, aged 72, buried in Bampton Cemetery, Saturday 16th 2.30pm.

Died of flu at Low Hesket, Cumberland, 29th November, Thomas Henry, son of Isabella and the late Francis McKay of Bampton Grange, aged 42, buried at Hesket, 2nd December.

Died at Shanghai, China, 7th December, Steadman Bowness, eldest son of John and Mary Ann Bowness of Bampton, aged 57 (by cable) (Deaths column, 21st December)

The local bus

The bus is run by Fellrunner and operates every **Thursday**. It will leave **Burnbanks at 10.00am**, travelling via **Grange Bridge (10.07am)** and leave **Bampton at 10.14am** to arrive at **Penrith Bus Station at 10.48am**. The return bus will leave **Penrith Bus Station at 2.00pm** to arrive back in **Bampton at 2.32pm** and **Burnbanks at 2.46pm**. For those in the Rosgill area the bus reaches **Rosgill Head around 9.45am** and returns **around 3.00pm**. Fellrunner tell us it is a 'hail and ride' service i.e. the bus will stop if you flag it down. However, it would be better to ring 01768 88232 in advance so the driver has warning. Use it or lose it!

Bampton Village Website - <u>www.bamptonlakedistrict.org.uk</u>

Please send any updates for the website to Chris Cant on <u>chris@phdcc.com</u> or 713240. Any new photos very welcome.

PARISH DIARY (Note MH = Memorial Hall)

DECEMBER

Sa 1 st Su 2 nd Mo 3 rd Tu 4 th	Christmas Coffee & Gifts Morning, 10am-12 noon Holy Communion by Reservation with Neil, 10am Pilates, MH, 7-8pm and 8-9pm Tinclar's Library Open Evening, Church Hall, 7-9.30pm Prayer Group, Church Hall, 10am BDLHS at Haweswater Hotel, 3pm, 'Winter's Tales' Advent course by Neil Hughes, Church Hall, 7pm
We 5^{th}	Yoga, Small Hall, 6-7.30pm
Sa 8 th	Orton Farmers' Market, 9.30am-2pm Bell Ringing practice, 11am-1pm Bampton Cinema, MH. "The Greatest Showman". Doors open 7.15pm
Su 9 th	Holy Communion, 6pm
Mo 10 th	French Group, Church Hall, 2-3pm Village Choir, Bryham House, 6-7pm Pilates, MH. 7-8pm and 8-9pm
We 12 th	Bampton Amblers. Meet at MH, 10am Drop In For Coffee, Church Hall, 10.30am-12noon Yoga, Small Hall, 6-7.30pm Advent course by Neil Hughes, Church Hall, 7pm
Sa 15 th	Bell Ringing practice, 11am-1pm
Su 16 th	Carol Service, 6pm . All welcome. Mulled wine & mince pies in Church afterwards
We 19 th	Festive tea with carols, Church Hall, 3pm. Free admission Yoga, Small Hall, 6-7.30pm Advent course by Neil Hughes, Church Hall, 7pm
Sa 22 nd	Bell Ringing practice, 11am-1pm
Su 23 rd	Café Church Christingle, 10am
Mo 24 th	Holy Communion with the Archdeacon, 9pm . Mulled wine & mince
We 26 th	pies in Church afterwards Bampton Amblers. Meet at MH, 10am
Sa 29 th	Bell Ringing practice, 11am-1pm
Su 30 th	Holy Communion with Alun, 10.30am. Joint service with Shap at Bampton

JANUARY

We 2 nd	Yoga, Small Hall, 6.30-7.30pm
Sa 5 th	Bell Ringing practice, 11am-1pm
Su 6 th	Holy Communion with Chris Jenkin, 10am

Mo 7 th	French Group, Church Hall, 2-3pm
	Village Choir, Bryham House, 6-7pm
Tu 8 th	Bampton Amblers. Meet at MH, 9am
We 9 th	Drop In For Coffee, Church Hall, 10.30-12 noon
	Yoga, Small Hall, 6-7.30pm
Sa 12 th	Orton Farmers' Market, 9.30am-2pm
	Bell Ringing practice, 11am-1pm
Su 13 th	Holy Communion by Reservation with Diana, 6pm
Tu 15 th	Bampton Amblers. Meet at MH, 10am
We 16 th	Yoga, Small Hall, 6-7.30pm
Th $17^{\rm th}$	Pantomime, MH, 7.15pm
Fr 18 th	Pantomime, MH, 7.15pm
Sa 19 th	Bell Ringing practice, 11am-1pm
_	Pantomime, MH, 7.15pm
Su 20 th	'Café Church', Church Hall, 10am
Mo 21 st	French Group, Church Hall, 2-3pm
	Village Choir, Bryham House, 6-7pm
Tu 22 nd	'A Brief History of the Pipe Organ' talk at Aragon, 2.30pm
	Bampton Parish Council Meeting, MH, 7.30pm. All welcome
We 23 rd	Yoga, Small Hall, 6-7.30pm
	Indoor Bowls, MH, 7.30pm
Sa 26 th	Bampton Amblers. Meet at MH, 10am
	Bell Ringing practice, 11am-1pm
	Bampton Cinema, MH. "The Post". Doors open 7.15pm
Su 27 th	Service, 10am
We 30 th	Yoga, Small Hall, 6-7.30pm
	Indoor Bowls, MH, 7.30pm

Copy deadline for the February/March issue is 5pm on Wednesday 23rd January. Please send all items to Heather Pitt (Tel no: 01931 716861) pathfinders2728@gmail.com; Jane Storey (Tel no: 01931 713490) roger_storey@btinternet.com; or leave at the Post Office. Thank you.