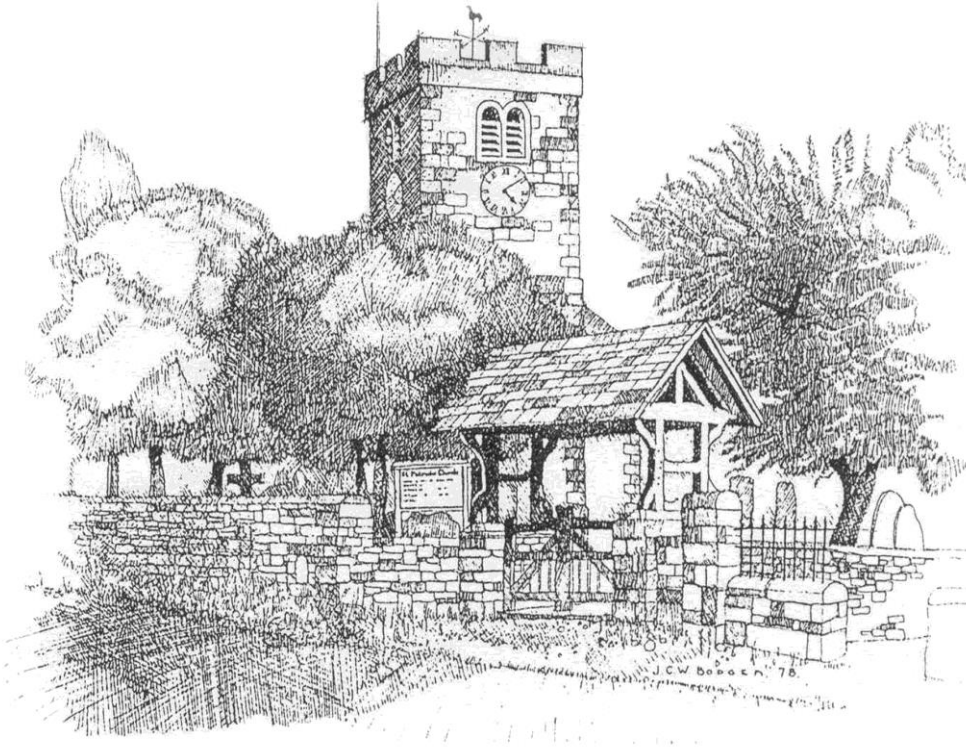


BAMPTON PARISH NEWSLETTER OCTOBER - NOVEMBER 2018



Dear Friends

I hope you have all had the opportunity for some change and relaxation over the summer and have been able to enjoy being with family and friends.

It is a principle enshrined in the Bible that we should have times of refreshment, so that we are better able to do whatever our work or responsibilities entail.

It seemed that as soon as schools had broken up notices appeared in shop windows for “Back to School”, which seems rather hard! As I write this letter in September schools have gone “Back to School”.

September and October are a time for new beginnings – starting school, moving classes, going up to a different school or soon to University, college or employment. I know that we wish all our children and young people well as they face many new challenges.

It is also the time when clubs and societies resume and it is good to join a group and meet friends old and new. In the Church we are looking forward to our Harvest Festivals and Suppers when we come together to give thanks to God for all his gifts over the year and to raise money for those in need. We all enjoyed the settled, warm, clear weather in early summer, although I know that some of us found the heat difficult and we felt for our farmers with their concerns for their livestock and dry fields. But we knew that the rain would come and the fields are green again. There are ripe blackberries for our picking in the hedgerows, apple and plum trees

are laden, vegetables are growing for harvesting, rosehips, hawthorn and rowan are glowing with berries for the birds.

It is a simple thing to let all this goodness remind us of God our Father's faithful generosity over the seasons. We may be sure that he graciously receives our thanks and that what most pleases him is that we should appreciate and care for his creation and share his gifts with others. We need to remember that we really are blessed with God's creation.

Then God said, *"I give you every seed-bearing plant on the face of the whole earth and every tree that has fruit with seed in it. They will be yours for food. And to all the beasts of the earth and all the birds in the sky and all the creatures that move along the ground – everything that has a breath of life in it – I give every green plant food"* and it was so. (Genesis 1: 29-30)

Revd. Sandra Ward

Contact Details

Alun Hurd, Vicar	01931 716048
Sandra Ward, Associate Priest	01539 624125
Tony Hall, Church Warden	01931 713204
Elizabeth Coy, Church Warden	01931 713211
Kathy Jenkins, Church Warden	01931 714400

From the Registers

Interment and Service of Thanksgiving for the life of
John Bland (who died 9th August)

Monday, 20th August

Baptism

Corran Frank Campbell Morison

Sunday, 26th August

Wedding

Emma Louise Dickinson to James Michael Hodgson

Friday, 31st August

ST PATRICK'S CAFE CHURCH COME AND JOIN US!

WHAT IS IT? An informal service starting with coffee and cake!!
WHEN IS IT? On the third Sunday of each month starting at **10am**
WHERE IS IT? In the Church Hall

In October we shall be thinking about "Aid or Trade"
and for November "Can we love our enemies?"

Drop in for Coffee

Our drop-in dates for the next two months are **Wednesday 10th October** and **Wednesday 14th November**, any time between **10.30am** and **12 noon** in the

Church Hall. This is not a fund raising event; it is just an opportunity to get out and meet people so do come and join us. If you would like to come and need a lift, then please contact me. We look forward to seeing you.

Diana Nicholson (713194)

Harvest Supper

Harvest service is at 6pm on 14th October with a hot pot supper to follow in the Church. We will be decorating the church on Saturday 13th October at 10am so please come along and help if you can. Donations will be collected for the food bank and the box will be at the back of the church all the following week for donations.

Christmas Coffee and Gifts Morning

Already it's time to think about Christmas again! This year our Christmas Coffee and Gifts Morning will be held on **Saturday 1st December at 10am till 12 noon** in the Church. There will be the usual array of goodies: scrumptious homemade cakes, preserves, gifts, books and good quality bric-a-brac items. There will be a raffle with excellent prizes for the festive season including £50 in cash and very desirable hampers of food and drink. Raffle tickets will be available in advance from PCC members, the Post Office or on the day and will be drawn at the event. Make a note in your diaries and get all your festive needs without leaving the valley!

Christmas Turkey & Tinsel Candlelit Supper

Our annual Turkey and Tinsel supper will be held on **16th November at 7pm** in the Church Hall. Why not come along for this traditional winter fayre to put you in the Christmas mood nice and early! Tickets are £15 each and can be obtained from Maureen Barber on 713314

St Patrick's Bampton Bells

A Successful Tower Open Day at St Patrick's Bampton

Thank you to all involved in helping to make St Patrick's first Tower Open Day such a great success on Saturday 25th August. It was difficult to predict how much of a footfall we would have on the day and to our delight we had visitors all the way through from start to finish, some stayed for the whole afternoon. The Tinclar Library Exhibition in the Church Hall was well attended on the day. We had a great combination of bells which enticed just about everyone to 'Have a Go'. The clarity of the beautiful handbells provided by Julia Cater; the Mini Bells provided and set up by the wonderful Carlisle crew of ringers were so much fun and a great introduction to bell ringing; and of course our Bampton Bells which had the teachers busy all afternoon with people visiting the ringing chamber to have a go at bell ringing. The refreshments, including Janet's home-made delights, went down a treat. The day was a great success because of the commitment that went into it by

so many wonderful people who were all incredibly generous with their time and guidance resulting in an enjoyable fun event for all.

Armistice Centenary

The next special date in the calendar for St Patrick's band of ringers will be on 11th November 2018 on or around 12.30pm for the Armistice Centenary. The Bampton Band will ring out in unison with churches and cathedrals in villages, towns and cities across the country to mark the final year of the First World War.

Become a Bell Ringer

Introductory learning sessions can be arranged for anyone who would like to learn bell ringing, contact the Bell Captain, Bridget Kelly email@bridgetkelly.me for more information.

Bampton PCC

Tinclar's Library

The Library will be open in the Church Hall on **Monday 1st October** and **Monday 5th November** from **7pm – 9.30pm**.

The Trustees

Bampton Memorial Hall

At the last meeting of the BMH, the Committee decided that it was time to start taking a longer term view of the future of the Hall. It is an amenity which is much enjoyed by us all but as it was built in the 1950's it now requires work to keep it functional for the use of the community. We are therefore asking for volunteers who would be interested in joining a small working party to consider how we can ensure the long term future of the Hall. We are also looking to increase the number of members on the hall committee. We'd be delighted to hear from anybody who would be interested in joining either the working party or the hall committee, particularly if you have experience of grant applications or working with public bodies. If you feel you can help, please contact Lesley White lesleyawh@aol.com, or 713530, or Jeannie Murray on 173620.

Are you planning a party or special event? Then don't forget that the Bampton Memorial Hall is available for hire for weddings, Christenings, and special celebrations. Contact Lucinda Weymouth on 713245

Lesley White

Quiz night and a Valentine's Supper!

On 3rd November we will be holding a quiz evening in BMH. Why not get a team together and test your knowledge? The teams should consist of a maximum of 6 people, but you can just turn up on the night and join another group if you wish. The bar will be open and we will be holding a raffle. Cost is £5 per person.

On 16th February we will celebrate Valentine's Day – Fire and Ice will be playing and the bar will be open – why not join us for a relaxed and enjoyable evening.

Maureen Barber

Bampton REMOTE Cinema

It's great to be back!

Saturday October 13: Film Stars Don't Die in Liverpool (15) 2017

Saturday November 10: Beast (15) 2017

Saturday December 8: The Greatest Showman (PG) 2018

Saturday January 26: The Post (12) 2018

The venue is Bampton Memorial Hall: film begins at **7:30pm**, doors opening at **7pm**. Tickets are on sale at the door on the night, price **£5 adults, £2 U16**. Or, a film plus supper ticket can be bought at Bampton Post Office, **price £10 adults; £7 for U16** from 26 September to Wednesday 10 October for Film Stars & 24 October to Wednesday 7 November for Beast. We aim to restrict numbers for supper to 36 so buy early. Menu details in Bampton Post Office, courtesy of Olivia and Graham; supper served at **6pm**; bar, ice-creams and an interval.

A word about the first 2 films:

Film Stars Don't Die in Liverpool (15) 106 mins 2017 Genre: Drama/Romance

Director: Paul McGuigan Stars: Annette Bening, Jamie Bell, Julie Walters

Based on Peter Turner's memoir, the film follows the playful but passionate relationship between Turner (Bell) and the eccentric Academy Award-winning actress Gloria Grahame (Bening) in 1978 Liverpool. What starts as a vibrant affair between a legendary femme fatale and her young lover quickly grows into a deeper relationship, with Turner being the person Gloria turns to for comfort. Their passion and lust for life is tested to the limits by events beyond their control.

https://www.youtube.com/watch?v=43_KLNaEc6M

Beast (15) 107 mins 2017 Genre: Drama/Thriller

Director: Michael Pearce Stars: Jessie Buckley, Johnny Flynn, Geraldine James

An eerily unnerving British debut shot almost entirely on the Channel Island of Jersey. A tale of young first love as Moll (Buckley) from Jersey finds the allure of Pascal (Flynn) a mysterious outsider, irresistible. But there's trouble in paradise as a series of brutal child killings occurs on the island and the finger of suspicion falls on Pascal.

Looking forward to enjoying the season's films with everyone; we are yours truly:

*Hazel (713311), Katharine (713392), Mike (713555),
Vickie (713466) David (713586) Bampton REMOTE cinema committee.*

Bomby Green, a place to relax

After a splendid summer when the Green has looked lovely and been enjoyed by all, we need to make sure it stays in good condition. Specifically we need to clear the drainage ditch which helps take away excess rainwater to ease any flooding nearby. There will be a working party on Saturday 29th September from 10am to noon. In case the weather isn't fit, then a back-up date is set for the following Saturday 6th October at the same time. If you can spare the time, please come along with gardening gloves and a rake. Work is in progress for the stone seat by the river's edge picnic spot.

Katharine Cooke for the Bomby Green management committee

Bowls

The Indoor Bowls is scheduled to start on Wednesday 10th October from 7.30pm at The Memorial Hall. Our first session will be a free night so why not come along to "have a go". It's good fun, a bit of light exercise and a chance to meet and chat. You can contact me on 713309 or kenarmstrong396@gmail.com if you need more information. See you there!

Ken Armstrong

Bampton Amblers

With the onset of darker nights our evening walks have now drawn to a close but once again we had some varied walks over the past two months. Sadly the earlier good weather did not appear on the night of the ever popular (and now annual!) Shap Chippy walk and even worse weather was encountered by the three hardy souls who found one of the Oddendale stone circles but couldn't find the other! Local easier walks were mixed with routes up fells such as Kidsty Pike, Souther Fell and Beda Fell; then further ambles took in Smardale Viaduct, Loweswater and routes from Alston to raise money for Hospice at Home. We hope you will be tempted by something in our following programme – newcomers are always welcome. Dates for your diaries are as follows:

Friday 5th October Meet at **9.00am** Andrew (713343)

[Mod/Hard: High Street via Riggindale – 6¼ miles – 2,380 feet of ascent]

Tuesday 16th October Meet at **10.00am** Ruth (713197)

[Easy/Mod: Pooley Bridge to Howtown on the ferry followed by walk back over the fell – 5¾ miles – 900 feet of ascent]

Monday 22nd October Meet at **10.00am** David & Heather (716861)

[See PO notice board for details]

Tuesday 30th October Meet at **10.00am** Andrew (713343)

[Mod: Wether Hill – 7¾ miles – 1,700 feet of ascent]

Tuesday 6th November Meet at **10.00am** Ruth (713197)

[Easy: Great Mell Fell – 1¾ miles – 900 feet of ascent]

Saturday 17th November Meet at **9.00am** David (713392)

[Hard: Geltsdale Nature Reserve walk – 9 miles – 1,300 feet of ascent]

Friday 23rd November Meet at **10.00am** Katharine (713392)

[Easy: Mill Crag, Rough Hill, Carhullan – 4 miles – 585 feet of ascent]

Tuesday 27th November Meet at **10.00am** Mike & Marion (713555)

[See PO notice board for details]

Meet at the Memorial Hall in Bampton and bring a packed lunch, unless advised otherwise. Please note that start times may vary from those quoted depending on the nature of the walk, so please see the notice board in Bampton Post Office for full details of/changes to all walks. In the event of bad weather please contact the above leaders.

Heather (716861) and Alison (713350)

Village Choir

The Village Choir will continue to meet at Bryham House, 6pm, on the following dates leading up to Christmas: 15th and 29th October, 12th and 26th November, and 10th December. Do come along and enjoy a good sing in enthusiastic company, or give Marion (713355) or me (713294) a ring to discuss further.

John Garside

Bampton and District Local History Society

Welcome to members old and new for the 2018-19 season! Your committee has been busy planning the BDLHS programme for the coming year. It will be varied, with topics such as local railways, postal services, and indigenous malaria.

Please note that the next meeting will be our **AGM on Tuesday October 2** when Jim Bownass will present 'Memories of Cumbria' using vintage film and photographs. A full programme for the year's events will also be available at this meeting. We look forward to seeing you there.

The AGM is the opportunity to refresh the Committee with new members. We are fortunate in having an active and enthusiastic team but to continue we need additional help. Several members, including myself, have given notice that they will not continue in their present Committee roles. The society has a great deal of experience that will be available to new Committee members – we are a going concern. **Why not join the Committee and keep it going?**

If you are interesting in getting involved, please contact me and I'd be delighted to help.

Pat Garside, BDLHS, 713294
plgarside26@gmail.com

Raft race 2018 – if only!

Well what a total disappointment. Everything was planned for a great afternoon. Sunday morning dawned wet and windy. For the first time since I took over co-ordinating this event the weather dictated that we need a cover for the barbeque. Despite trying for nearly 2 wet hours the wind beat us in getting a tarpaulin in place sufficiently to make the cooking environment safe for the volunteers. We have to thank Susan and Stephen for their tenacity in readily giving their utmost to make it happen. They went above and beyond! And even though it did not happen thanks are extended to the regular stalwarts who had volunteered to get involved.

I am disappointed that we could not make the afternoon happen for you; the event is always a highlight. I know that a number of people had built their rafts and were ready to throw themselves into the event (and the river). Plans have already been formulated to ensure that we won't be derailed by the weather again (unless the river is too high). Let's look forward to 2019!!

The outcome of the duck race was decided by a draw of the duck numbers and the results posted in the post office.

Tim Ward

Pilates

As the nights are sadly drawing in, physiotherapist led Pilates with Alexis is set to continue on Mondays for the Autumn. Running every Monday at 7pm & 8pm in Bampton Memorial Hall, you can join us as a weekly regular or for sessions convenient to you. A great way to work on your strength, balance and flexibility, whilst having fun in a small class environment.

[Www.penrithphysiopilates.co.uk](http://www.penrithphysiopilates.co.uk)

Bampton Fireworks

Bonfire night will soon be here and I'm sure we're all looking forward to an enjoyable evening! The bonfire will be lit at 6pm and the firework display will start at 7.30pm. A couple of reminders though – only untreated wood can be burned on the bonfire so please DO NOT put any other items on it. The environment agency will be monitoring the bonfire regularly to ensure that only untreated wood has been left and if they are unhappy then the bonfire will not be able to go ahead. Please therefore be considerate about what is left – it would be a shame if the bonfire could not go ahead.

Maureen Barber

Bampton Parish Council

At the recent meeting of the parish council, Councillors decided to take over the footway lights from EDC, subject to a contract. Following the responses to the questionnaire that asked which lights you wanted to retain it was agreed that all of them should be kept if possible. The takeover means that the PC will be responsible in future for maintenance of the lights, the supply of power and insurance, therefore the Council's precept and consequently your council tax will increase. This will not happen immediately though because EDC will decrease its funding gradually over several years. All very complicated!

It was reported to the Council that some irresponsible people are misusing the recycling centre by depositing inappropriate rubbish in the bins and, more particularly, the green waste skip. Forgive me if I sound preachy but if you abuse the facilities you risk losing them. The green skip is particularly useful for many people and it will definitely not continue to be provided if it is found to contain plastic and other non-compostable material. Fly tipping, which this is, is illegal! (Sermon over!)

Progress is being made towards the construction of an extension to the Millennium Footpath to join up with the existing path along the river and the LDNPA, who are doing the work, hope to be able to start it in the next few months. The work being done along the road to Burnbanks seems to be going smoothly up to now with the necessary closure not causing too many problems. Please remember that any road problems can be reported to the Highwaysman, Jim Campbell, who will pass them on to his CCC contact.

A new, wooden, notice board has been ordered for the Memorial Hall where it will replace the present somewhat weather beaten one. It is to be hoped that it will last for many years in spite of the battering it will get from the wind and rain.

The next council meeting will be held on **Tuesday November 20th** when the main topics for discussion will be the budget for 2019/20 and the precept requirement. All are welcome to attend.

Marion Drinkwater, Clerk (716054)

Bampton Shop & Tea Room

We have now moved to our autumn/winter opening hours, and the shop is open from **8.30am–1pm daily, except Sundays when we will open at 10am** as usual (with the exception of our fortnight's holiday – please see below). The tea room (or the table in the shop!) will be open for tea, coffee and cake during shop opening hours.

From **15th–28th October**, we will be taking our annual holiday. During this time the shop will be open **8.30am–1pm on Monday; 8.30am–12 noon, Tuesday to Saturday; and 10am–12 noon on Sunday**. The tea room will be closed during this period. The Post Office will be open as normal.

Thank you all for your continued custom and support.

Graham and Olivia, 01931 713351

Charity Fundraising

Some intrepid members of the parish are undertaking charity fundraising and are looking for sponsorship.

Ken & Rita Jones are currently walking the Camino Way, which is a Pilgrim's walk from St Jean in France to Santiago de Compostela in Spain, a total of 800km/500miles and are looking for sponsorship for Eden Valley Hospice.

Vickie and Neil Haddock are undertaking an overnight ride from Manchester to Blackpool (approximately 70 miles) on 6th October in aid of the British Heart Foundation. Both couples have 'JustGiving' fundraising pages so if you would like to sponsor either or both, the details are: www.justgiving.com/fundraising and type Kenneth's the Camino, or Vickie-neil-haddock in the search box.

Last but not least, the Bampton Amblers are participating in a charity marathon being organised by David and Heather Pitt. Dubbed 'PJ in a Day' it involves the entire 247 miles of the 'A Pennine Journey' route, with which they have been involved, being divided into sections to be walked by a variety of charities. The Amblers are walking 2 sections between Kirkhaugh and Garigill and, as in 2013 when the event last took place, will be seeking support for Hospice at Home. Donations can be given to any member of the Amblers.

Bampton CFR

I'm pleased to say that 2 of the team's members have sat and passed their annual assessment on patient assessment and management with flying colours. The remaining team members will be assessed at the next team meeting in October. If you think you'd like to join the team and help provide essential emergency cover for the local community please feel free to get in contact with me for an informal chat or look at the NWS CFR page <http://www.nwas-responders.info/> All applications are submitted through the web page and are confidential.

If you feel unwell and think it is a medical emergency DIAL 999 or 112 and ask for AMBULANCE. Any on call CFR's will then be tasked by Ambulance control to attend if appropriate. CFR's will not be tasked to attend all 999 calls but will be asked to attend the following type of emergencies: abdominal pain, severe allergic reaction, breathing problems, fitting, diabetic emergency, chest pain, stroke, loss of consciousness, collapse, cardiac arrest, respiratory arrest, some trauma. We will not normally be tasked to any incident involving children under 12.

*Christine Hill, Bampton CFR Team,
07771 934996/01931 713210
christinehillski@gmail.com*

Events in Shap

Remembering Service at St Michael's Church

Sunday 28th October 2.00pm. Anyone who would like to join us at this special service to remember loved ones will be most welcome.

Sunday 4th November 3pm at St Michael's Church– Fool's Gold present 'Beat The Drum'. A commemoration of The First Great War. This show examines the conflict through the true story of a Durham miner using songs, narrative story and projected images. All profits for 'Help for Heroes' Tel 01931 716273 for information

Saturday 20th October 7.30pm - 'No Petticoats Here'- at the Memorial Hall. Award winning singer, songwriter and musician Louise Jordan shares the stories of inspirational women who challenged expectations through original song and storytelling. From the woman who dressed as a soldier on the Western Front to the women football players banned by the FA, the ambulance drivers running the gauntlet of enemy fire in Flanders and the so-called 'surplus million' single women. **Adult £10 Conc. £9 Child £5 (10 + PG) Family £23.00 (2Ad+2Ch or 1Ad+3Ch) Tel 01931 716273**

ALSO at 5pm - Why not join Louise for a pre-performance workshop where you will learn choruses and harmonies for some of the songs. This workshop is open to all, whatever your experience of singing. You do not have to read music (although it will be available if you do). You will be invited to join Louise on stage to take part in the performance (optional). **Bring & Share refreshments at 6.30pm**

Tea/Coffee/Squash provided. There is no charge for this workshop but if you would like to make a donation towards the costs it would be appreciated

Sunday 11th November 3.30pm – at the Memorial Hall ‘**Jack and the Beans Talk**’ **Adult £6 Child £5**

Events at the Old Courthouse

Thursday 18th October 2pm - ‘*The Wordsworths and the Abolitionists*’ talk by Susan Allen, Wordsworth Trust

Please visit our website for details about events and opening times.

Tel: 01931 717539 email: admin@theoldcourthouse.org

Mob: 07555 021295 Web: www.theoldcourthouse.org

Take Positive Steps to avoid trips or falls

People of all ages fall. However, the consequences of falling for older people can be serious. Falling due to ageing is not inevitable, there are simple things we can do to minimize risk.

Get regular exercise to improve strength, fitness and balance.

Have your eyes and hearing checked. Vision and hearing play a vital role in balance and movement.

Ask your pharmacist or GP for an annual medication review. Some medicines or illnesses, such as poorly controlled diabetes, can make you feel faint or dizzy.

Look after your feet. Painful feet and ill-fitting shoes can affect your balance and increase the risk of falling.

Make sure you get enough calcium and vitamin D to keep bones strong.

Check your homes for trip hazards. Some risks are obvious, but often overlooked, such as clutter or poor lighting.

Making small adjustments in your daily life doesn’t mean that you have to limit your activities. In fact, it can give you greater freedom and confidence.

If you do have a fall or feel at risk of one, tell your GP

For more information or if you would like a talk or display, please contact Sara Bradley on 01228 536673 or e-mail sara.bradley@ageukcarlisleandeden.org.uk

The local bus

The bus is run by Fellrunner and operates every **Thursday**. It will leave **Burnbanks at 10.00am**, travelling via **Grange Bridge (10.07am)** and leave **Bampton at 10.14am** to arrive at **Penrith Bus Station at 10.48am**. The return bus will leave **Penrith Bus Station at 1.30pm** to arrive back in **Bampton at 2.02pm** and **Burnbanks at 2.16pm**. For those in the Rosgill area the bus reaches **Rosgill Head around 9.45am** and returns **around 2.30pm**. Fellrunner tell us it is a ‘hail and ride’ service i.e. the bus will stop if you flag it down. However, it would be better to ring 01768 88232 in advance so the driver has warning. Use it or lose it!

Bampton Village Website - www.bamptonlakedistrict.org.uk

Please send any updates for the website to Chris Cant on chris@phdcc.com or 713240. Any new photos very welcome.

PARISH DIARY (Note MH = Memorial Hall)

OCTOBER

- Mo 1st French Group, Church Hall, 2-3pm
Village Choir, Bryham House, 6-7pm
Pilates, MH, 7-8pm and 8-9pm
Tinclar's Library Open Evening, Church Hall, 7-9.30pm
- Tu 2nd Prayer Group, Church Hall **10am**
BDLHS, MH, 7.30pm, 'Memories of Cumbria' by Jim Bownass followed by the AGM
- We 3rd Yoga, Small Hall, 6.30-7.30pm
- Fr 5th Bampton Amblers, meet BMH, 9am
- Sa 6th Bell Ringing practice, 11am-1pm
- Su 7th** Holy Communion by Reservation with Neil, **10am**
- Mo 8th Pilates, MH, 7-8pm and 8-9pm
- We 10th Drop In For Coffee, Church Hall, 10.30-12 noon
Yoga, Small Hall, 6.30-7.30pm
Indoor Bowls, MH, 7.30pm
- Sa 13th Church decorating for Harvest 10am
Orton Farmers' Market, 9.30am-2pm
Bell Ringing practice, 11am-1pm
Bampton Remote Cinema, BMH – '*Film Stars don't Die in Liverpool*', Supper 6pm, doors open 7pm, film 7.30pm
- Su 14th** Holy Communion with Sandra, **6pm** followed by Harvest Hotpot Supper in the Church
- Mo 15th French Group, Church Hall, 2-3pm
Village Choir, Bryham House, 6-7pm
Pilates, MH, 7-8pm and 8-9pm
- Tu 16th Bampton Amblers, meet BMH 10am
- We 17th Yoga, Small Hall, 6.30-7.30pm
Indoor Bowls, MH, 7.30pm
- Sa 20th Bell Ringing practice, 11am-1pm
- Su 21st** 'Café Church', Church Hall, **10am**
- Mo 22nd Bampton Amblers, meet BMH 10am
Pilates, MH, 7-8pm and 8-9pm
- We 24th Yoga, Small Hall, 6.30-7.30pm
Indoor Bowls, MH, 7.30pm
- Sa 27th Bell Ringing practice, 11am-1pm

Su 28th Holy Communion with Chris Jenkin, **10am**
 Mo 29th French Group, Church Hall, 2-3pm
 Village Choir, Bryham House, 6-7pm
 Pilates, MH 7-8pm and 8-9pm
 Tu 30th Bampton Amblers, meet BMH 10am
 We 31st Yoga, Small Hall, 6.30-7.30pm
 Indoor Bowls, MH, 7.30pm

NOVEMBER

Sa 3rd Bell Ringing practice, 11am-1pm
 Quiz Evening, BMH 7pm
Su 4th Holy Communion with Ian Elliott, **10am**
 Mo 5th Bonfire, fire lit 6pm fireworks 7.30pm
 Pilates, MH, 7-8pm and 8-9pm
 Tinclar's Library Open Evening, Church Hall, 7-9.30pm
 Tu 6th Prayer Group, Church Hall, **10am**
 Bampton Amblers, Meet BMH 10am
 BDLHS, MH, 7.30pm, 'Lost Railways of Bampton' by Roger Storey
 We 7th Yoga, Small Hall, 6.30-7.30pm
 Indoor Bowls, MH, 7.30pm
 Sa 10th Orton Farmers' Market, 9.30am-2pm
 Bell Ringing practice, 11am-1pm
 Bampton Remote Cinema, BMH – '*Beast*'. Supper 6pm, Doors open
 7pm, film 7.30pm
Su 11th Remembrance Sunday Service **10.45am**, including the 2 minutes'
 silence at **11am** and the reading of the names
 Bell ringing 12.30pm commemorating the Armistice Centenary
 Mo 12th French Group, Church Hall, 2-3pm
 Village Choir, Bryham House, 6-7pm
 Pilates, MH, 7-8pm and 8-9pm
 We 14th Drop In For Coffee, Church Hall, 10.30-12 noon
 Yoga, Small Hall, 6.30-7.30pm
 Indoor Bowls, MH, 7.30pm
 Fr 16th Christmas Turkey & Tinsel Candlelit Supper, **7pm**, Church Hall
 Sa 17th Bell Ringing practice, 11am-1pm
 Bampton Amblers, Meet BMH 9am
Su 18th 'Café Church', Church Hall, **10am**
 Mo 19th Pilates, MH, 7-8pm and 8-9pm
 Tu 20th Bampton Parish Council Meeting BMH, 7.30pm, all welcome
 We 21st Yoga, Small Hall, 6.30-7.30pm
 Indoor Bowls, MH, 7.30pm
 Fr 23rd Bampton Amblers, Meet BMH 10am
 Sa 24th Bell Ringing practice, 11am-1pm
Su 25th Holy Communion with Alun, **10am**

Mo 26th French Group, Church Hall, 2-3pm
Village Choir, Bryham House, 6-7pm
Pilates, MH 7-8pm and 8-9pm
Tu 27th Bampton Amblers, meet BMH 10am
We 28th Yoga, Small Hall, 6.30-7.30pm
Indoor Bowls, MH, 7.30pm

Copy deadline for the December/January issue is 5pm on Friday 23rd November. Please send all items to Heather Pitt (Tel no: 01931 716861) pathfinders2728@gmail.com; Jane Storey (Tel no: 01931 713490) roger_storey@btinternet.com; or leave at the Post Office. Thank you.